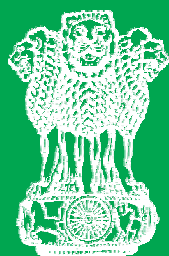


NATIONAL FORMULARY OF UNANI MEDICINE

PART - VI



सत्यमेव जयते

GOVERNMENT OF INDIA
MINISTRY OF HEALTH & FAMILY WELFARE
DEPARTMENT OF AYURVEDA, YOGA & NATUROPATHY, UNANI,
SIDDHA AND HOMOEOPATHY (AYUSH)
NEW DELHI

2011

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PART - VI



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MINISTRY OF HEALTH & FAMILY WELFARE
DEPARTMENT OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)
NEW DELHI
2011**

Ministry of Health & Family Welfare
Government of India
Department of Indian Systems of Medicine and Homoeopathy

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PREFACE



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Dr. G. N. Qazi
Vice-Chancellor

PREFACE

There are large number of Unani Educational, Research and Health Care Institutions in the country. It is a matter of pride that Unani system of Medicine forms and integral part of National Health Care delivery system. Keeping into consideration of commercialization and quality control of Unani Drugs, the Government of India, Ministry of Health and Family Welfare has constituted the Pharmacopoeia Committee consisting of Experts, Unani Physicians, Chemists, Pharmacognocists, Botanists and Pharmacologists. The main function of his Pharmacopoeia Committee is to prepare National Unani Formulary and Unani Pharmacopoeia of India. It is compilation of published, public quality standards for pharmaceutical ingredients, formulations and dosage forms. A standard may include acceptance criteria as well as test methods for determining the conformance of an ingredient, formulations or dosage form to the standard, Publication of a Pharmacopoea is often a legal mandate referenced in national law and enforced by governmental bodies. Its fundamental purpose is to maintain quality of health care system by supporting the availability of safe, effective and quality medicines.

The Part VI of National Formulary of Unani Medicine is based on the formulations given by the Dawakhana Tibbiya College, AMU, Aligarh. The committee has deliberated on all aspects of development of Unani formulations and how to make them more relevant to the needs of the present health care systems. The Part II of this Volume includes 45 monographs on Unani formulations. The first monograph Haboob and Aqras which is in the form of pills and the last one QIWAM (Consistency) for Jawarish, Majoon, Itrifal, Halwaand Dawa which is generally made based on the nature of ingredients to be used in a particular formula. It is being used either in powder or liquid form. In this Volume a brief description has been given on Unani Drugs of Animal Origin and Unani Drugs of Mineral Origin also. The main advantage of this Volume is that a registered Unani Practitioner can use is as a reference material for his/her day-to-day practice because in the last Chapter of the Volume namely Glossary of Unani Technical Terms with their modern Equivalent (A) Actionwise, (B) Disease wise, both clearly indicates aspects of the Unani Drug.

All efforts have been made to give the correct information and pharmacognosy details of the single component. The vernacular names in various regional languages for each such plant part has been also recorded in order to make it easy for people to identify the actual components in a drug. The dosage forms and the marketed compounds identified from the literature have also been included as per the requirements.

The medical practitioners will exercise his/her own judgment and act on his own responsibility in respect of the amount of the formulation he/she may prescribe or administer or on the frequency of its administration.

I hope that the publication of National Formulary of Unani Medicine Part-VI will go in a long way to help the Unani Drug Manufacturing Industry in maintaining the minimum standards.

I appreciate the efforts and perseverance by the Secretary, AYUSH and Director General, CCRUM, New Delhi and researchers and Unani Scholars associated with the Council.

A handwritten signature in black ink, appearing to read 'G.N. Qazi', is written over a horizontal line.

(G.N. QAZI)

INTRODUCTION

INTRODUCTION

The Unani system of medicine is a well established scientific system of Medicine based on the teaching of Hippocrates (Buqrat-460-377BC). Galen (Jalinoos-131-210-AD), developed it into an elaborate Medical System, AND, Arabian and Persian Physicians like Rhazes (850-925-AD) and Avicenna (980-1037-AD), gave a scientific basis to the system . Now, this system has acquired status and acceptance of a native system. the Unani System of Medicine, today, has a long and cherished impressive development record in India and abroad .India, today, is the world leader in having the largest and an organised setup of Educational, Healthcare and Research institutions in the country. At home, this system forms an integral part of National Health Care delivery system.

In view of the present trend of commercialization, the Government of India is very conscious of quality, safety and efficacy of Unani Drugs. The Manufacture and sale of Unani Drugs is being regulated through the provisions of Drugs and Cosmetics Act, 1940. For the purpose of maintaining quality of products, the provisions of this act, including enforcement of Good Manufacturing practices (GMP), are being effectively enforced. So, therefore, taking into consideration, the need of quality standards in the arena of commercialization, the Government of India, Ministry of Health & Family Welfare have setup the Unani Pharmacopoeia Committee, comprising of Experts from the fields of Unani Medicine, Chemistry, Pharmacology and Botany. The functions of this Pharmacopoeia Committee are two fold, ie preparation of National Unani Formulary (Manual of standard formulations in view of multiplicity of private formularies in vogue) and Unani Pharmacopoeia of India. (A compendium of enforceable /practical standards for single and compound unani drugs for ensuring quality of products manufactured by industry). Thus the U.P.C. is a forum indirectly responsible for enabling manufacture /availability of drugs according to specifications contained in the official documents.

The Ist Unani Pharmacopoeia Committee was constituted under the Chairmanship of Col. Sir Ram Nath Chopra, vide letter No. F-25/63-RISM dated 2nd March 1964. The 2nd, 3rd and 4th UPCs were constituted under the Chairmanship of Prof. Hussain Zaheer, vide Notification No. F-10/1/68-R&USM on 19th August 1968, Dr. M.Y. Ansari, vide letter No. X.19018/1/76-APC dated 10th February, 1977 and Dr. A.U. Azmi vide Office Notification No. U.20012/1/87-APC dated 15th June 1988 respectively. The fifth and Sixth UPC were setup vide office Notification No. U.20012/1/94-APC dated 13th September, 1994, and Office Notification No. U.20012/1/97-APC dated 6th January, 1998, under the Chairmanship of Dr. Syed Khaleefathullah respectively whereas the seventh pharmacopoeia committee was constituted under the Chairmanship of Dr. Sajid Hussain, vide Office Notification No U.20012/1/2002-APC dated 17th October, 2002. The present (eighth), Unani Pharmacopoeia Committee, was constituted, under the Chairmanship of, Dr. G.N. Qazi, the, than Director, R.R.L., (CSIR) Jammu, (presently, Vice Chancellor, Hamdard University), vide Office Notification No U.20012/6/2005-(R&P-Ay.) APC dated 24th April, 2007 consisting of following Members.

Official Members

Drug Controller General (I)
(or his representative),
DGHS, Nirman Bhawan
New Delhi

Member (*Ex-officio*)

The Director
Pharmacopoeial Laboratory of Indian Medicine
Central Govt. Office Complex,
Kamla Nehru Nagar
Ghaziabad – 201 002

Member (*Ex-officio*)

The Director
Central Council for Research in Unani Medicine
Janakpuri
New Delhi

Member Secretary

The Director
National Institute of Unani Medicine
Kottigepalya, Magadimainain Road
Vishwaneedom Post
Bangalore – 560 009

Member (*Ex-officio*)

Advisor (Unani)/Deputy Advisor (Unani)
Department of AYUSH
Ministry of Health & Family Welfare
IRCS Building
New Delhi

Member (*Ex-officio*)

Non-Official Members

Prof. Hm. S. Zillur Rehman
Ibn-e-Sina Academy
Aligarh – 202 001

Member

Dr. Tajuddin
A. K. Tibbia College
AMU, Aligarh

Member

Dr. E.H. Qureshi
TopeDarwaza
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Doharra Mafi
Aligarh

Member

Prof. Dr. M.S.Y. Khan
Hamdard University
Hamdard Nagar
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Prof. Shakir Jamil,
Hamdard University
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Prof. Dr. S.H. Afaq
P.G. Deptt. of Ilmu Advia
A.K. Tibbia College
AMU, Aligarh

Member

Prof. R.K. Khar
Faculty of Pharmacy
Hamdard University
Hamdard Nagar
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Member

Dr. Surender Singh
Department of Pharmacology
All India Institute of Medical Science
Ansari Nagar
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Prof. Mohd. Ali
Department of Chemistry
Hamdard University
Hamdard Nagar
New Delhi – 110 062

Member

Dr. Asad Mueed
Research and Development Division
Hamdard Dawakhana
Delhi – 110 006

Member

Hakeem Farooqi
Fidai Dawakhana, P.O. Muradnagar
Distt. Ghaziabad (UP)

Member

Dr. (Mrs.) Alia Aman
D-109, Abul Fazal Enclave
Jamia Nagar
New Delhi – 110 025

Member

The Chairman of the Committee has the power to co-opt one or two experts from outside. The committee also have the power to form its own rules and procedures.

Functions of the Committee:

- I. To prepare pharmacopoeia of Unani drugs.
- II. To lay down principles and standards for the preparation of Unani drugs.
- III. To lay down tests of identity, quality & purity, and
- IV. Such other matters as are identical and necessary for preparation of Unani Pharmacopoeia.

ASSIGNED TARGETS FOR THREE YEARS:


- I. Standards of 200 single drugs mentioned in the Unani Formulary of India per year.
- II. Standards of 200 compound formulations mentioned in the Unani Formulary of India per year.
- III. The Committee meets every 03 month.

The Central Council for Research in Unani Medicine was designated as the secretariat for the Unani Pharmacopoeia Committee in the year 2008 and since then it gained momentum.

The Unani Pharmacopoeia Committee, under the chairmanship of Dr. G.N. Qazi, has been responsible for taking up stupendous task of finalising editions of volumes of National Formularies of Unani Medicine as well as Official Unani Pharmacopoeia of India, having standards of single and compound drugs. Work has been carried out with a clear vision of accomplishing assignment with speed and accuracy in the shortest possible time. AND, therefore I wish to place on record my deep sense of appreciation and gratitude to Dr, G. N. Qazi and other members of the committee for their constant support & co operation. I am really indebted to them for this endeavour.

I shall be failing in my duty, if I do not acknowledge the hard work of my scientists engaged at various laboratories of the council and elsewhere. Coordination and monitoring of pharmacopoeia work at Council Headquartes was a difficult task and for this venture, Dr. Shamshad A, Khan, Dy. Director (Chemistry) and his associates, Mr. Shamsul Arifin Research officers, Chemistry also deserve appreciation. I should also thank Dr. Asad Pasha and Dr. Mukhtar Qasmi, Dy. and Asstt. Advisors respectively, in the Deptt. of Ayush, Ministry of Health & Family Welfare, And Dr. D.R. Lohar, Director, P.L.I.M. GHaziabad, for their unstinted support. Committee also acknowledged Ms. Vandana Kalra for the typing of this manuscript. Secretarial assistance from the personal staff in D.G. office is also acknowledged.

Last but not the least, the Council is grateful to the Government of India, Ministry of Health and Family Welfare, Deptt. of Ayush), for the great support. I wish to convey my deep sense of gratitude to shrimati S.Jalaja, Secretary, Deptt. of Ayush for the benign gesture.


(Dr. Mohammed Khalid Siddiqui)
DIRECTOR GENERAL
Central Council for Research in Unani Medicine
&
MEMBER SECRETARY
Unani Pharmacopoeia Committee

NOTICES

I. LEGAL NOTICES

In India there are laws dealing with certain substances which are the subject of monographs of compound formulations included in the Sixth Part of the National Formulary of Unani Medicine. These monographs should be read subject to the restrictions imposed by those wherever they are applicable.

It is expedient that enquiry be made in each case in order to ensure that the provisions of any law are being complied with.

In general, the provisions of Chapter IV A of the Drugs and Cosmetics Act, 1940 and the rules framed there under which are applicable to Unani Drugs should be consulted.

Standards for the several single drugs of plant, animal and mineral origin included in the lists of single drugs included as an Appendix to the Unani Formulary have yet to be worked out. In the manufacture of medicines included in the Formulary it should be ensured that the Hakim-in-Charge of the Pharmacy has reasonably satisfied himself about the identity and purity of the drugs.

Use of substitute drugs (*Badal-e-Adviya*), wherever the original drugs are not available, is permissible in the Unani classics and practice. It must, however, be ensured that only the substitutes as are mentioned in the classical texts or included in the Formulary are used.

Formulations included in the National Formulary of Unani Medicine may also be manufactured as per formulae given in various Unani classics. The Sixth Part of the National Formulary of Unani Medicine has, however, included the most commonly accepted formulae for the medicinal preparation included therein. It does not, however, preclude the Unani Pharmaceutical Industry and the practitioners from manufacturing medicines on the basis of other formulae. But should the medicines be prepared according to the references mentioned in the Formulary, deviation in the details of the ingredients or their quantities is not permissible.

II. GENERAL NOTICES

TITLE:

“National Formulary of Unani Medicine” is the title and official name of the Book including the supplementaries thereto. Wherever the word ‘Formulary’ comes in the text, it refers to the “National Formulary of Unani Medicine” and abbreviated as NFUM.

OFFICIAL:

The formulary contains six main chapters viz., Preface, Introduction, Notices Compound Formulations, List of Single Drugs and Appendices with their sub-heads. All the names of drugs, methods of preparation (general and special) of compound formulations, processes, text books mentioned in the Formulary will be considered classical and named ‘Official’. This will also apply to any statement included in any of the chapters of the formulary mentioned in the list of contents, including General Notices, Monographs and Appendices of the Formulary.

SYNONYMS:

(Drug, Preparations and other Substances):-

The Tibbi names coming as main titles in the Formulary will be employed in the preparation as a rule. The important and frequently used names, in the case of single drugs, coming under the formulary, are given as ‘Synonyms’ and have the same significance as main title.

METHODS OF PREPARATION:

The “General Methods of Preparation” has been included as a separate chapter. The manufacturing of the compound formulations should strictly be followed according to the methodology given under each chapter. Special Methods of Preparation and clarifications wherever needed have been included as ‘Foot Note’ under such formulation with a view to get the end product in compliance with Formulary requirements.

DOSE:

The doses mentioned in the Formulary have been chosen on average range basis, unless otherwise stated, regarded suitable for adults when administered orally per dose merely for general guidance of the prescriber. It may not be regarded binding on the part of the physician as in many cases it is repeated 2-3 times in 24 hours. The frequency and the amount of the therapeutic agent to be administered or prescribed will be the responsibility of the medical practitioner to exercise judgment an act accordingly.

However, in cases where a large dose appears to have been prescribed the pharmacist or the dispenser will have to perform his duty to satisfy himself that the prescriber’s intention has been

correctly interpreted. If in case of administration of the drug by a route other than oral, the single dose for such administration is mentioned.

Doses are expressed in the metric system of weights or measures. A conversion table is appended to the Formulary giving the classical weights and measures of the Unani System of Medicine with their metric equivalents.

It is to be noted that the relation between the doses in metric and the classical Unani System of Medicine set forth in the text is of only approximate equivalence. These equivalents are for the convenience of the prescriber and are sufficiently accurate for pharmaceutical or other purposes.

FORMULATIONS

SECTION – I
HUBOOB & AQRAS

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1.5	Habb-e-Bawaseer Badi	16	PIA	59
1.6	Habb-e-Bawaseer Khooni	16	PIA	60
1.7	Habb-e-Irqun Nisa	17	PIA	62
1.8	Habb-e-Muqawwi Khas	18	PIA	64
1.9	Habb-e-Mus hil	18	PIA	63
1.10	Habb-e-Narkachoor	19	PIA	66
1.11	Habb-e-Sadr	19	PIA	61
1.12	Habb-e-Sual Musakkin	19	PIA	60
1.13	Habb-e-Mumsik Jadeed	20	PIA	65
1.14	Habb-e-Nishat Jadeed	20	PIA	66
1.15	Habb-e-Sara Khas	21	PIA	61
1.16	Habb-e-Mulayyin	22	PIA	65
1.17	Habb-e-Muqil Jadeed	22	PIA	64
1.18	Habb-e-Yarqan	23	PIA	67
1.19	Muneish	23	PIA	125
1.20	Nuqrai	24	PIA	126
1.21	Qalbeen	24	PIA	113
1.22	Alkali	25	PIA	51
1.23	Asbi	26	PIA	104
1.24	Ikseer-e-Atfal	26	PIA	49
1.25	Asrin	27	PIA	48
1.26	Auja'ia	27	PIA	53
1.27	Damavi	28	PIA	72
1.28	Ehtelami	28	PIA	48

S.No.	Formulation	Page No.	Reference	Page No.
1.29	Hazumi	29	PIA	129
1.30	Maaski	29	PIA	117
1.31	Qabzeen	30	PIA	106
1.32	Qurs-e-Ikseer	30	PIA	107
1.33	Qurs-e-Atfal	31	PIA	107
1.34	Qurs-e-Bukhaar	31	PIA	108
1.35	Qurs-e-Dawaush Shifa	32	PIA	108
1.36	Qurs-e-Jiryani	32	PIA	108
1.37	Qurs-e-Kabidi	32	PIA	111
1.38	Qurs-e-Mub hi Jadid	33	PIA	111
1.39	Qurs-e-Mullayyin	33	PIA	113
1.40	Qurs-e-Musakkin	34	PIA	111
1.41	Qurs-e-Sual	34	PIA	109
1.42	Qurs-e-Sozak	35	PIA	110
1.43	Qurs-e-Zaheer	36	PIA	109
1.44	Sailani	36	PIA	91
1.45	Satawari	37	PIA	79
1.46	Yashbi	37	PIA	130
1.47	Rafai	38	PIA	74

HUBOOB AND AQRAS

Definition

Huboob (pills) are small, round and uniformly shaped medicinal preparations, while aqras (tablets) are flat and circular in shape. Size and weight of huboob and aqras vary and weigh from one tenth of a gram to one gram.

Banadiq are bigger forms of huboob and weigh from one to three gramees.

Method of Preparation

There are two methods of preparation of huboob and aqras. These are (i) Manual Process and (ii) Mechanical Process. The details of the preparation may be seen in the chapter “General Methods of Preparation”.

General Precautions

- (i) For powdering the drugs, heading ‘Daq-wa-Shahaq’ in the chapter on ‘General Methods of Preparation’ may be seen.
- (ii) For making the lubdi (mass) a sufficient amount of water-dissolved adhesive like Samagh-e-Arabi is used in cases where the constituent drugs are not mucilaginous in nature.
- (iii) To avoid the sticking of the lubdi during the rolling between the fingers lubricants like Raughan Zard or Raughan-e-Kunjad is applied.
- (iv) The formulae wherein Para (Mercury) and Gandhak (Sulphur) are used together, the Kajli (See General Methods of Preparation) is made first and mixed with the powder of other drugs.
- (v) Drugs like Darchikna, Raskapur, Halelajat, Amla, Gul-e-Surkh, Post-e-Anar etc should be ground in porcelain mortar. The use of iron knife, spoon etc should be avoided.

Characteristics

The finished products (pills, tablets and banadiq) should neither be very hard nor very soft.

Preservation

The huboob, aqras and banadiq are preserved in well dried, clean glass jars, stoppered bottles, phials etc and stored in a cool and dry place to avoid contamination. Chalk or starch powder is sprinkled inside the containers before use.

1.1 Akleen

1.	Sat-e-Pudina	10g
2.	Soda-e-Khurdani	5 kg
3.	Samagh-e-Arabi	500g

ACTION:

Dafe'-e-Humozat-e-Meda

THERAPEUTIC USE:

Humozat-e-Meda

DOSE:

4 tablets

1.2 Filia

1.	Rai	60 g
2.	Suhaga Chokia	60 g
3.	Phitkari Biryan	60 g
4.	Rasaut	75 g
5.	Sibr Zard	90 g
6.	Dar-e- Hald	60 g
7.	Zanjabeel	60 g
8.	Tukhm-e-Shibbat	60 g
9.	Ajwayin Desi	60 g
10.	Afsantin	120 g
11.	Post Neem	30 g
12.	Jalapa	60 g
13.	Shahm-e-Hanzal	60 g
14.	Maghz-e-Badam Shireen	60 g
15.	Hira Kasees	60 g
17.	Tursha Kibreet Mehlool	60 g
19.	Tursha Namak Shora	60 g

ACTION:

Daf-e Da-ul-Feel, Mohallil, Mubarrid, Musakkin

THERAPEUTIC USE:

Da-ul-Feel

DOSE:

One pill twice a day with water or milk for 40 days.

Dose may be reduced if severe diarrhoea occurs.

1.3 Habb-e-Ikseer Bukhar

1.	Maghz-e-Karanj wa	200 g
2.	Filfil Siyah	200 g
3.	Gil-e-Armani	200 g
4.	Dana Heel-e-Kalan	200 g
5.	Sat-e-Gilo	200 g
6.	Tabasheer	200 g
7.	Kafoor	200 g
8.	Atees Shireen	200 g

ACTION:

Daf-e-Tap-e-Larza, Daf-e-Tap-e-Mausami

THERAPEUTIC USE:

Tap-e-Larza, Mausami Bukhar

DOSE:

400 mg thrice a day with lukewarm water

1.4 Habb-e-Anar

1.	Shagufa-e-Anar	200 g
2.	Jaifal	200 g
3.	Chaksu Biryan	200 g
4.	Zeera Safaid Biryan	200 g
5.	Haldi Biryan	200 g
6.	Rasaut Zard	100 g
7.	Narkachur	100 g
8.	Shagufa-e-Neem	100 g
9.	Shagufa-e-Babul	100 g

ACTION:

Daf-e-Dard-e-Shikam

THERAPEUTIC USE:

Ishal-e-Atfal, Kasrat-e-Riyah, Dard-e-Shikam, Bedhazmi

DOSE:

200 mg twice daily with Araq-e-Hazim or water

1.5 Habb-e-Bawaseer Badi

1.	Samagh-e-Dhak	10 g
2.	Jadwar	10 g
3.	Pakhanbed	10 g
4.	Dana-e- Heel Kalan	10 g
5.	Filfil Siyah	10 g
6.	Zeera Safaid	10 g
7.	Gul-e-Surkh	10 g
8.	Tabasheer	10 g
9.	Reward Chini	10 g
10.	Tukhm-e-Gandana	20 g
11.	Post Halela Zard	20 g
12.	Post Balela	20 g
13.	Aamla Khushk	20 g
14.	Sandal Surkh	20 g
15.	Sandal Safaid	20 g
16.	Kat Safaid	20 g
17.	Barg-e-Neem	20 g
18.	Barg-e-Hina	20 g
19.	Rasaut Zard	25 g
20.	Araq-e-Mundi	Q.S.

ACTION:

Daf-e-Bawaseer Badi

THERAPEUTIC USE:

Bawaseer Badi

DOSE:

2 pills twice a day

1.6 Habb-e-Bawaseer Khooni

1.	Rasaut Zard	50 g
2.	Maghz-e-Neeb	40 g
3.	Maghz-e-Bakain	40 g
4.	Dandi Har Singar	40 g
5.	Tukhm-e-Gandana	40 g
6.	Kali Zeeri	40 g
7.	Taj Qalami	40 g
8.	GulnarFarsi	40 g

9.	Gul-e-Dhawa	40 g
10.	Gul-e-Sad Barg	40 g
11.	Araq-e-Gulab	Q.S.

ACTION:

Mulayyin, Habis

THERAPEUTIC USE:

Khooni Bawaseer, Qabz

DOSE:

400 mg with water twice a day

1.7 Habb-e-Irqun Nisa

1.	Qust Shireen	50 g
2.	Ajmud (Tukhm-e-Karafs)	50 g
3.	Suranjan Shireen	50 g
4.	Shaham-e-Hanzal	50 g
5.	Namak-e-Toam	50 g
6.	Barg-e-Sana-e-Makki	50 g
7.	Turbud Safaid	50 g
8.	Chiraita Talkh	25 g
9.	Ood Balsan	25 g
10.	Shitraj Hindi	25 g
11.	Darchini	25 g
12.	Asaroon	25 g
13.	Taj Qalami	25 g
14.	Mastagi Roomi	25 g
15.	Maghz-e-Gheekwar	Q.S.

ACTION:

Musakkin-e-Alam, Musakkin-e-Asab, Mohallil-e-Waram

THERAPEUTIC USE:

Irq-un-Nisa, Waj-ul-Mafasil, Waj-ul- Asab

DOSE:

400 mg with lukewarm water twice a day

1.8 Habb-e-Muqawwi Khas

1.	Salajeet	50 g
2.	Mastagi Roomi	50 g
4.	Zahar Mohra Khatai	100 g
5.	Marwareed Nasufta	50 g
6.	Tabasheer	50 g
7.	Qaranfal	50 g
8.	Jawitri	50 g
9.	Jaifal	50 g
10.	Behman Surkh	50 g
11.	Darchini	50 g
12.	Shaqaqul Misri	50 g
13.	Zanjabeel Khushk	50 g
14.	Darunaj Aqrabi	50 g
15.	Ood Hindi	50 g
16.	Ood Saleeb	50 g
17.	Ilaichi Surkh	50 g
18.	Kharateen Musaffa	50 g

ACTION:

Muqawwi-e-Bah, Moharrik-e-Bah

THERAPEUTIC USE:

Zof-e-Asab, Zof-e-bah, Naqayas-e-Jalaq

DOSE:

Two pills with milk

1.9 Habb-e-Mus hil

1.	Jamalgota Mudabbar	50 g
2.	Halela Siyah	50 g
3.	Biranj Sathi	300 g
4.	Nishasta Gandum	50 g

ACTION:

Mus hil

THERAPEUTIC USE:

Qabz

DOSE:

400 mg with lukewarm water or milk at bedtime

1.10 Habb-e-Narkachoor

1.	Narkachoor	200 g
2.	Pudina Khusk	200 g
3.	Ilaichi Khurd	200 g
4.	Araq-e-Gulab	Q.S.

ACTION:

Daf-e-Qai, Daf-e-Ghasiyan

THERAPEUTIC USE:

Qai, Ghasiyan, Awariz-e-Atfal

DOSE:

One pill

1.11 Habb-e-Sadar

1.	Mom Kham	250 g
2.	Mastagi Roomi	250 g

ACTION:

Musakkin

THERAPEUTIC USE:

Waj-ul-Sadr

DOSE:

400 mg twice a day with lukewarm water

1.12 Habb-e-Sual Musakkin

1.	Kateera	200 g
2.	Rubb-us-Soos Siyah	200 g
3.	Dar-e-Filfil	200 g
4.	Kakra Singhi	200 g
5.	Asl-us-Soos	200 g
6.	Ajwayin	200 g
7.	Tukhm-e-Kahu Muqash-Shar	200 g
8.	Maghz-e-Badam Shireen	200 g
9.	Maghz-e-Kaddu Shireen	200 g
10.	Samagh-e-Arabi	Q.S.

ACTION:

Mukhrij-e-Balgham, Musakkin, Munaffis-e-Balgham

THERAPEUTIC USE:

Sual

DOSE:

200 mg kept in mouth

1.13 Habb-e-Mumsik Jadeed

1.	Barg-e-Bhang	100 g
2.	Ajwayin Khorasani	100 g
3.	Ispand Sokhtani	100 g
4.	Sat-e-Salajeet	100 g
5.	Jauzbua	100 g
6.	Jawitri	100 g
7.	Aqarqarha	100 g
8.	Qaranalf	100 g
9.	Mastagi	100 g
10.	Post Musallam	100 g
11.	Tukhm-e-Rehan	200 g
12.	Warq-e-Nuqra	300 foil (Four gaddi)
13.	Araq-e-Gulab	Q.S.

ACTION:

Mumsik

THERAPEUTIC USE:

Surat-e-Inzal

DOSE:

Two pill with milk at bedtime

1.14 Habb-e-Nishat Jadeed

1.	Sat-e-Salajeet	300 g
2.	Kushta-e-Musallas	100 g
3.	Kushta-e-Nuqra	100 g
4.	Kushta-e-Yaqut	100 g
5.	Zafran Khalis	300 g

6.	Araq-e-Gulab	500 ml
7.	Jauzbua	500 g
8.	Jawitri	500 g
9.	Qaranfal	500 g
10.	Samandar Sokh	500 g
11.	Aqarqarha	500 g
12.	Sumbul-ut-Teeb	500 g
13.	Sad Kufi	500 g
14.	Darchini	500 g
15.	Dar-e-Filfil	500 g
16.	Khulanjan	500 g
17.	Tukhm-e-Utangan	500 g
18.	Kuchla Mudabbar	250 g
19.	Beer Bahuti	25 g
20.	Kharateen	25 g
21.	Mahi Roobian	100 g
22.	Shangraf	10 g
23.	Araq-e-Heel	500 ml
24.	Barg-e-Pan Sabz	2 kg
25.	Mastagi Roomi	30 g
26.	Warq-e-Nuqra	Q.S.

ACTION:

Moharrik

THERAPEUTIC USE:

Zof-e-Bah

DOSE:

One pill with milk twice a day

1.15 Habb-e-Sara Khas

1.	Ustukhuddus	200 g
2.	Sankhaholi	200 g
3.	Ood-e-Saleeb	200 g
4.	Jadwar Shireen	200 g
5.	Malkangni	200 g
6.	Qust Shireen	200 g
7.	Khulanjan	200 g
8.	Zanjabeel	200 g
9.	Mastagi	200 g
10.	Ood-e-Shireen	200 g

11.	Jund Bedastar	100 g
12.	Qaranfal	30 g
13.	Zafran	30 g

ACTION:

Muqawwi-e-Dimagh, Muqawwi-e-Asab

THERAPEUTIC USE:

Sara, Um-us-Sibyan

DOSE:

One pill twice a day

1.16 Habb-e-Mulayyin

1.	Maghz-e-Jamalgota Mudabbar	10 g
2.	Maghz-e-Badam Shireen	25 g
3.	Maghz-e-Arand	25 g
4.	Biranj Sathi	75 g
5.	Sat-e-Loban	20 g

ACTION:

Mulayyin

THERAPEUTIC USE:

Qabz

DOSE:

200 mg with lukewarm water at bedtime

1.17 Habb-e-Muqil Jadeed

1.	Muqil Azraq	250 g
2.	Rasuat Zard	280 g
3.	Satt-e-podina	5 g
4.	Ararot	Q.S.
5.	Raughan-e-Kunjud	Q.S.
6.	Aab-e-Adrak	Q.S.

ACTION:

Mullayain

THERAPEUTIC USE:

Qabz

DOSE:

4 pills at bed time.

1.18 Habb-e-Yarqan

1.	Anisoon Roomi	500 g
2.	Tukhm-e-Turab	500 g
3.	Tukham-e-Kasoos	500 g
4.	Tukhm-e-Kahu	500 g
5.	Tukhm-e-Kasni	500 g
6.	Gul-e-Banafsha	500 g
7.	Gul-e- Surkh	500 g
8.	Gul-e-Ghafis	500 g
9.	Post-e-Halela-e-Zard	500 g
10.	Rewand-e-Chini	500 g
11.	Naushadar	500 g
12.	Sibr Zard	500 g
13.	Barg-e-Kasni	200 g
14.	Barg-e-Kakronda	200 g
15.	Inab-us-salab	250 g

ACTION:

Qat-e-Safra

THERAPEUTIC USE:

Yarqan

DOSE:

Two pills twice a day

1.19 Muneish

1.	Jauz bua	120 g
2.	Jawitri	120 g
3.	Qaranfal	120 g
4.	Khulanjan	120 g
5.	Sat-e-Loban	120 g
6.	Kharateen Musaffa	120 g

7.	Mastagi Roomi	120 g
8.	Beer Bahuti	30 g
9.	Barg-e-Tambol Bangla Sabz	500 g

ACTION:

Mohaffiz-e-Tawazun-e-Hararat-e-Badan, Muqawwi-e-Markaz-e-Asab

THERAPEUTIC USE:

Izmehlal, Naqahat, Zof-e-Aam

DOSE:

200 mg twice a day

1.20 Nuqrai

1.	Burada Kuchla	100 g
2.	Zanjabeel	100 g
3.	Kushta-e-Nuqra	55 g
4.	Kushta-e-Faulad	100 g
5.	Samm-ul-Far Mudabbar	2 g
6.	Warq-e-Tila	9 dozen
7.	Shahed	Q.S.

ACTION:

Muqawwi-e-Aza-e-Raesa,

THERAPEUTIC USE:

Zof-e-Aza-e-Raesa, Faqr-ud-Dam, Zof-e-Bah,

DOSE:

One pill with butter or cream

1.21 Qalbeen

1.	Zahar Mohra Khatai	1 Kg
2.	Sadaf	1 Kg
3.	Tabasheer Mehlool	1 Kg
4.	Yashab Sabz	1 Kg
5.	Aamla	1 Kg

6.	Abresham Khaam Muqarraz	1 Kg
7.	Aftimoon	1 Kg
8.	Badranjboya	1 Kg
9.	Balchhar	1 Kg
10.	Jadwar Shireen	1 Kg
11.	Chhal Arjun	1 Kg
12.	Tukhm-e-Rehan	1 Kg
13.	Darunaj Aqrabi	1 Kg
14.	Zarambad	1 Kg
15.	Qust Shireen	1 Kg
16.	Narjil Daryai	1 Kg
17.	Narmushk	1 Kg
18.	Faranjmushk	1 Kg
19.	Warq-e-Nuqra	70 gaddi

ACTION:

Muqawwi-e-Qalb

THERAPEUTIC USE:

Khafqan, Zof-e-Qalb

DOSE:

2 pills in the morning with water or milk

1.22 Alkali

1.	Suhaga Daliwala	6kg
2.	Shora Qalmi	2kg
3.	Naushadar Handi	2 kg
4.	Shibb-e-Yamani Biryani	2 kg
5.	Samagh-e-Arabi	500 g

ACTION:

Daf-e-Humuzat

THERAPEUTIC USE:

Humuzat-e-Meda

DOSE:

2 tablets twice a day after meals

1.23 Asbi

1.	Ood Saleeb	500 g
2.	Jadwar Shireen	500 g
3.	Malkangni	250 g
4.	Samagh-e-Arabi	Q.S.

ACTION:

Muqawwi-e-Asab, Musakkin-e-Asab

THERAPEUTIC USE:

Waj-ul-Mafasil, Waram-e-Asab, Zof-e-Asab

DOSE:

Two tablets twice a day

1.24 Ikseer-e-Atfal

1.	Marwareed Mehlool	50 g
2.	Zahar Mohra Mehlool	600 g
3.	Narjeel Daryayee Mehlool	600 g
4.	Post Halela Zard	600 g
5.	Hajr-ul-Yahood Mehlool	600 g
6.	Maghz-e-Kanwal Gatta	600 g
7.	Tabasheer Mehlool	600 g
8.	Dana Ilaichi Khurd	600 g
9.	Zar-e-Ward	600 g
10.	Samagh-e-Arabi	Q.S.
11.	Araq-e-Gulab	Q.S.

ACTION:

Daf-e-Diqq-ul-Atfal

THERAPEUTIC USE:s

Diqq-ul-Atfal

DOSE:

One tablet with 2 g Khameera Marwareed

1.25 Asrin

1.	Bekh-e-Asrol	2.5 kg
2.	Kishneez Muqash-shar	2.5 kg
3.	Filfil Siyah	600 g
4.	Samagh-e-Arabi	Q.S.

ACTION:

Musakkin-e-Asab, Munawwim, Daf-e-Zightuddam Qawi

THERAPEUTIC USE:

Junoon, Malikhuliya, Ikhtenaq-ur-Rahem, Sahar, Zof-e-Asab, Zightuddam Qawi

DOSE:

One tablet twice a day

1.26 Aujaia

1.	Tukhm-e-Karafs	1kg
2.	Kaf-e-Darya	1kg
3.	Filfil Siyah/Safaid	1kg
4.	Satar Farsi	1kg
5.	Buzidan	1.5 kg
6.	Mahi Zehraj	1.5 kg
7.	Shitraj Hindi	1.5 kg
8.	Suranjan Shireen	3.5 kg
9.	Zanjabeel	2 kg
10.	Halela Zard	3 kg
11.	Turbud Akbarabadi	11kg
12.	Soda Khurdani	3.5 kg
13.	Elwa	500 g
14.	Barg-e-Sudab	2 kg
15.	Afsanteen	1.5 kg
16.	Namak-e-Turb	1kg
17.	Kushta-e-Gaodanti	1kg
18.	Reward Chini	1kg
19.	Gil-e-Armani	1.5 kg
20.	Qust Shireen	1kg
21.	Shora Qalami	500 g
22.	Kali Ziri	500 g
23.	Samagh-e-Arabi	7kg
24.	Belgiri	1kg

ACTION:

Mohallil-e-Waram, Musakkin-e-Alam

THERAPEUTIC USE:

Waj-ul-Mafasil, Niqras, Waram-e-Mafasil

DOSE:

Two tablets twice a day with lukewarm water

1.27 Damavi

1.	Rewand Chini	500 g
2.	Hira Kasees	500 g
3.	Zanjabeel	500 g
4.	Samagh-e-Arabi	250 g

ACTION:

Muwallid-e-Dam

THERAPEUTIC USE:

Faqr-ud-Dam

DOSE:

Two tablets

1.28 Ehtelami

1.	Tukhm-e-Tamar-e-Hindi Biryani	8 kg
2.	Chob Zard Biryani	5 kg
3.	Musli Safaid	2 kg
4.	Behman Safaid	2 kg
5.	Talmakhana	2 kg
6.	Satawar	2 kg
7.	Beejband Siyah	2 kg
8.	Samagh-e-Arabi	2 kg
9.	Samagh-e-Dhak	2 kg
10.	Ajwayin Khurasani	300 g
11.	Asgand Nagori	1kg
12.	Aqeeq Surkh	500 g
13.	Kundur	1kg
14.	Kushta-e-Bekh-e-Marj an	300 g
15.	Sat-e-Loban	300 g
16.	Qand Safaid	16 kg

ACTION:

Musakkin-e-Asab-e-Qazeeb, Mughalliz-e-Mani

THERAPEUTIC USE:

Kasrat-e-Ehtelam

DOSE:

Two tablets twice a day with water or milk

1.29 Hazumi

1.	Jauhar-e-Gandhak	3.5 Kg
2.	Naushadar	6.5 Kg
3.	Namak Siyah	6.5 Kg
4.	Namak-e-Toam	6.5 Kg
5.	Baobarang	13 kg
6.	Tukhm-e-Karafs	13 kg
7.	Filfil Siyah	5 kg
8.	Kaf-e-Dariya	6.5 Kg
9.	Zanjabeel Khushk	8 kg
10.	Samagh-e-Arabi	8 kg
11.	Aab-e-Leemu Kaghzi	18 kg
12.	Adrak Sabz	18 kg
13.	Aab-e-Barg-e-Sahajana	24 kg

ACTION:

Naf-e-Afal-e-Meda wa Jigar, Hazim

THERAPEUTIC USE:

Su-e-Hazm, Sozish-e-Meda, Waj-ul-Meda, Zof-e-Hazm

DOSE:

Two tablets with warm water after meals

1.30 Maaski

1.	Gil-e-Armani	1 kg
2.	Habb-ul-Aas	1 kg
3.	Samagh-e-Arabi	1 kg
4.	Mayeen Khurd	1 kg
5.	Aqaqia	1 kg

6.	Post Halela Zard	1 kg
7.	Kishneez Khushk	1 kg
8.	Juft Baloot	1 kg
9.	Kundur	1 kg
10.	Qand Safaid	2 kg
11.	Sang-e-Jarahat	200 g

ACTION:

Habis-e-Baul

THERAPEUTIC USE:

Kasrat-e-Baul, Salas-ul-Baul

DOSE:

Adult – 4 tablets with water twice a day

1.31 Qabzeen

1.	Elwa	3 kg
2.	Saqmoonia	1kg
3.	Habb-ul-Nil	2 kg
4.	Usara-e-Rewand	2 kg
5.	Asl-us-Soos	3 kg
6.	Araq-e-Gulab	6 l
7.	Gul-e-Surkh	2 kg

ACTION:

Mulaiyin

THERAPEUTIC USE:

Qabz

DOSE:

Four tablets at bedtime.

1.32 Qurs Ikseer

1.	SuhagaKham	80 g
2.	Samagh-e-Arabi	Q.S.

ACTION:

Daf-e-Nazla wa Zukam, Daf-e-Sual, Daf-e-Su-e-Hazm, Daf-e-Suda.

THERAPEUTIC USE:

Nazla, Zukam, Sual, Nafakh-e-Shikam, Humma, Suda

DOSE:

Adult -3 tablets with water twice a day

Children – 1 tablet with honey or water twice a day

1.33 Qurs Atfal

1.	Maghz-e-Badam Shireen	50 g
2.	Jadwar Khatai	50 g
3.	Tabasheer	50 g
4.	Ilaichi Khurd Musallam	50 g
5.	Sohaga Chokia	50 g

ACTION:

Daf-e-Ishal, Daf-e-Su-e-Hazm, Daf-e-Nazla wa Zukam, Daf-e-Humma

THERAPEUTIC USE:

Ishal, Su-e-Hazm, Nafakh-e-Shikam, Nazla wa Zukam, Humma-e-Atfal

DOSE:

1 tablet dissolved in mother's milk or water twice a day.

1.34 Qurs Bukhar

1.	Sankhaoli	1.75 Kg
2.	Turbud Safaid	2.5 Kg
3.	Sat-e-Gilo	0.8 Kg
4.	GondBabool	Q.S.

ACTION:

Daf-e-Humma

THERAPEUTIC:

Humma

DOSE:

2 tablets twice a day

1.35 Qurs Dawa-ul Shifa

1.	Asrol	2 kg
2.	Filfil Siyah	500 g
3.	Samagh-e-Arabi	380 g
4.	Nishasta-e-Makkai	Q.S.
5.	Qand Safaid	Q.S.

ACTION:

Daf-e-Zightuddam Qawi, Musakkin-e-Asab, Daf-e-Haijan, Munawwim

THERAPEUTIC USE:

Haijan, Junoon, Zightuddam Qawi, Ikhtenaq-ur-Rahem, Sahar

DOSE:

2 tablets with water once a day

1.36 Qurs Jiryan

1.	Tukhm-e-Tamar- e-Hindi Biryani	4 kg
2.	Aqiq Surkh Mehlool	500 g
3.	Asgand Nagauri	500 g
4.	Kundur	1kg
5.	Mochras	500 g
6.	Kushta-e-Qalai	120 g
7.	Kushta-e-Bekh-e-Marjan	120 g
8.	Phali Babool	4 kg
9.	Qand Safaid	6 kg
10.	Samagh-e-Arabi	1 Kg

ACTION:

Habis, Qabiz, Mumsik, Muqawwi-e-Bah, Daf-e- Jiryan

THERAPEUTIC USE:

Jiryan, Kasrat-e-Ehtelam, Surat-e-Inzal, Riqqat-e-Mani, Zof-e-Bah

DOSE:

Two tablets twice a day

1.37 Qurs-e-Kabdi

1.	Hira Kasees	125 g
2.	Sohaga Chokia	125 g

3.	Re wand Chini	250 g
4.	Zanjabeel	250 g
5.	Samagh-e-Arabi	100 g
6.	Nishasta-e-Makkai	Q.S.

ACTION:

Muqawwi-e-Jigar, Muwallid-e-Dam.

THERAPEUTIC USE:

Zof-e-Jigar, Faqr-ud-Dam

DOSE:

2 tablets twice a day.

1.38 Qurs-e-Mubahi Jadid

1.	Halela Siyah	250 g
2.	Aamla Khushk	250 g
3.	Jadwar Shireen	250 g
4.	Sang-e-Jarahat	100 g
5.	Raughan Kunjad	Q.S.
6.	Sankhiya Safaid Mudabbar	8 g.

ACTION:

Muqawwi-e-Bah,

THERAPEUTIC USE:

Surat-e-Inzal, Zof-e-Bah, Zof Bad-e-Jima

DOSE:

1 tablet with milk twice a day

1.39 Qurs-e-Mullayyin

1.	Gul-e-Surkh	2kg
2.	Elwa	6 kg
3.	Usara-e-Reward	2 kg
4.	Barg-e-Sana	8 kg
5.	Post Halela Zard	8 kg
6.	Post Halela Kabli	8 kg
7.	Turbud Kharasheeda	200 g

8.	Habb-us-Salateen Mudabbar	200 g
9.	Saqmonia	120 g
10.	Sufoof-e-Asl-us-Soos	2 kg
11.	Sang-e-Jarahat	Q.S.
12.	Samagh-e-Arabi	Q.S.

ACTION:

Mulayyin

THERAPEUTIC USE:

Qabz Muzmin

DOSE:

Two tablets with warm water at bedtime

1.40 Qurs-e-Musakkin

1.	Ustukhuddus	1kg
2.	Kishneez Khushk	1kg
3.	Naushadar	125 g
4.	Filfil Siyah	150 g
5.	Asrol	375 g
6.	Barg-e-Sudab	1.25 Kg
7.	Samagh-e-Arabi	500 g
8.	Nishasta Makkai	Q.S.

ACTION:

Musakkin-e-Alam, Musakkin-e-Asab

THERAPEUTIC USE:

Waj-ul-Badan, Zof-e-Asab, Izmehlal

DOSE:

2 tablets once a day

1.41 Qurs-e-Sual

1.	Zanjabeel	750 g
2.	Badiyan	750 g
3.	Kababchini	750 g
4.	Asl-us-Soos	750 g

5.	Kakra Singhi	750 g
6.	Barg-e-Arusa	1.50 Kg
7.	Qand Safaid	44 kg
8.	Samagh-e-Arabi	8 kg
9.	Ararot	8 kg
10.	Kushta-e-Abrak Safaid	400 g
11.	Sat-e-Loban	200 g
12.	Raughan-e-Maj mua	Q.S.
13.	Nishasta Makkai	Q.S.

ACTION:

Daf-e-Sual, Daf-e-Khushoonat-e-Halaq

THERAPEUTIC USE:

Bohat-us-Saut, Nazla, Zukam, Sual, Khushoonat-e-Halaq

DOSE:

4 tablets twice a day

1.42 Qurs-e-Sozak

1.	Shora Qalmi	200 g
2.	Hajr-ul-Yahood	200 g
3.	Sat-e-Barzad	200 g
4.	Ral Safaid	200 g
5.	Sang-e-Jarahat	200 g
6.	Alu Balu	200 g
7.	Kat Safaid	200 g
8.	Damm-ul-Akhwain	200 g
9.	Kateera	200 g
10.	Bisbasa	200 g
11.	Habb-e-Kaknaj	200 g
12.	Khar-e-Khasak Khurd	200 g
13.	Tabasheer	200 g
14.	Shakh-e-Marjan Sokhta	200 g
15.	Busud-e-Ahmar Sokhta	200 g
16.	ZaharMohra	200 g
17.	Samagh-e-Arabi	Q.S.
18.	Araq-e-Badiyan	Q.S.

ACTION:

Mudammil-e-Qurooh, Daf-e-Sozish-e-Baul, Mudirr-e-Baul

THERAPEUTIC USE:

Qurooh-e-Majari-e-Baul, Sozish-e-Baul, Ehtebas-e-Baul

DOSE: 4 tablets

1.43 Qurs-e-Zaheer

1.	Belgiri	3.50 Kg
2.	Mochras	2.50 Kg
3.	Ushna	2.50 Kg
4.	Mazu Sabz	2.50 Kg
5.	Hilteet	2.50 Kg
6.	Main Khurd	2.50 Kg
7.	Zanjabeel	2.50 Kg
8.	Kafoor Khalis	2.50 Kg
9.	Samagh-e-Arabi	2.50 Kg
10.	Post Halela Zard	2.50 Kg
11.	Dana Heel-e-Kalan	2.50 Kg
12.	Gond	2.50 kg
13.	Sharbat-e-Bel	9 l

ACTION:

Daf-e-Zaheer, Muqawwi-e-Meda

THERAPEUTIC USE:

Zaheer, Zof-e-Meda

DOSE:

Two tablets with water twice a day

1.44 Sailani

1.	Kushta-e-Baiza-e-Murgh	200 g
2.	Kushta-e-Sadaf	280 g
3.	Maghz-e-Tukhm-e-Tamar Hindi Biryani	1.5 Kg
4.	Kamarkas	6.50 Kg
5.	Taj Qalami	6.50 Kg
6.	Dana Ilaichi Kalan	3.25 Kg
7.	Tabasheer Mehlool	3.25 Kg
8.	Busud Ahmar	3.25 Kg
9.	Satawar	3.25 Kg
10.	Mochras	3.25 Kg
11.	Phali Babool	3.25 Kg
12.	Kishneez Khushk	3.25 Kg

13.	Khurfa Siyah	3.25 Kg
14.	Mazu Sabz	3.25 Kg
15.	Paraffin	1 Kg
16.	Sang-e-Jarahat	1.50 Kg
17.	Qand Safaid	24 kg

ACTION:

Daf-e-Sailan-ur-Rahem, Muqawwi-e-Rahem

THERAPEUTIC USE:

Sailan-ur-Rahem, Zof-e-Rahem

DOSE:

Two tablets twice daily with lukewarm water

1.45 Satawari

1.	Soda Khurdani	1.00 Kg
2.	Gil-e-Khariya	1.00 Kg
3.	Asl-us-Soos Muqash-Shar	0.500 Kg
4.	Satawar	0.500 Kg
5.	Sang-e-Jarahat	0.500 Kg

ACTION:

Daf-e-Humuzat-e-Meda.

THERAPEUTIC USE:

Humuzat-e-Meda.

DOSE:

Two tablets after meals twice a day.

1.46 Yashbi

1.	Yaqoot	200 g
2.	Barg-e-Gaozaban	200 g
3.	Yashab Sabz	200 g
4.	Tabasheer	200 g
5.	Kahruba Shamai	200 g
6.	Dana Ilaichi Kalan	200 g
7.	Zahar Mohra Khatai	200 g
8.	Shibb-e-Yamani	200 g
9.	Post Turanj	200 g

10.	Zarambad	200 g
11.	Sazaj Hindi	200 g
12.	Jauzbua	200 g
13.	Jawitri	200 g
14.	Darunaj Aqrabi	200 g
15.	Badranjboya	200 g
16.	Tukhm-e-Rehan	200 g
17.	Behman Surkh	200 g
18.	Peepal Kalan	200 g
19.	Mastagi Roomi	200 g
20.	Sat-e-Barzad	200 g
21.	Satar Far si	200 g
22.	Sat-e-Loban	200 g
23.	Dana Ilaichi Khurd	200 g
24.	Zafran	150 g
25.	Araq-e-Gulab	Q.S.
26.	Araq-e-Kewra	Q.S.

ACTION:

Muqawwi-e-Jigar, Muqawwi-e-Meda, Muqawwi-e-Kulya, Masana wa Rahem

THERAPEUTIC USE:

Amraz-e-Rahem, Zof-e-Meda, Zof-e-Kabid, Zof-e-Kulya, Zof-e-Masana

DOSE:

Two tablets

1.47 Rafahi

1.	Belgiri	500g
2.	Suboos-e-Aspghol	500g
3.	Haleila-e-Siyah	200g
4.	Ajwain -e-Desi	200g

ACTION:

Mulayyin-e-Shikam, Daf'-e-warm-e-Qolon

THERAPEUTIC USE::

Qabz, Warm-e-Qolon

DOSE:

4 tablets

SECTION – II
JOSHANDA

S.No.	Formulation	Page No.	Reference	Page No.
2.1	Mufeed Joshanda	43	PIA	124

JOSHANDA

Definition

Joshanda basically homogenous and pure fresh syrup. It is obtained after boiling the drugs in water in the ratio of 1:3 or 1:5.

Method of preparation

After cleaning the drugs are soaked in water with the ratio of 1:3 for a while or some times for the over night. Boiled in the morning till the water quantity has become one third in respects or initial, thereafter it is filtered through a sieve.

General Instructions:

Drugs are thoroughly crushed before soaking in the water.
Appropriate quantity of the drugs and water may measure before soaking.
Ratio of drugs and water (1:3, 1:5) should be maintained.
Flame should not be high. It may destroy the active constituents of the drugs.

Characteristic

A finished product is homogenous.
It is fresh in nature.
Easy to palatable

Prevention

Joshanda always used as a fresh product. So there is no need of preservation.

2.1 Mufeed Joshanda

1.	Sapistan	1500 g
2.	Asl-us-Soos	800 g
3.	Barg-e-Gaozaban	440 g
4.	Unnab Wilayati	510 g
5.	Gule-e-Banafsha	400 g

ACTION:

Munaffis-e-Balgham, Mukhrij-e-Balgham

THERAPEUTIC USE:

Nazla, Zukam, Hararat-e-Badan

DOSE:

Q.S. as decoction

SECTION – III
KOHAL

S.No.	Formulation	Page No.	Reference	Page No.
3.1	Surma-e-Booraq	49	PIA	87
3.2	Surma-e-Noorani	49	PIA	88
3.3	Surma-e-Zaheeri	50	PIA	87

KOHAL

Definition

Kohal (Surma) is the finest powder form of the medicinal preparations used externally to strengthen the eye sight and to cure other eye ailments.

Method of Preparation

For the preparation of Surma the heading 'Sang-e-Surma' under General Methods of Preparation may be seen.

General Precautions

Kohal (Surma) should be ground to the finest degree of powder form.

Characteristics

When touched with fingers, Kohal (Surma) should not give the feel of coarseness.

Preservation

Kohal (Surma) is preserved in well stoppered glass bottles, phials and other glass containers in neat, clean and dry places. It can also be preserved for a longer period under hygienic conditions.

3.1 Surma-e-Booraq

1.	Surma Siyah	40 g
2.	Booraq	10 g

ACTION:

Daf-e-Sozish-e-Chashm

THERAPEUTIC USE:

Sozish-e-Chashm, Zof-e-Basarat

DOSE:

Q.S. for external use only.

3.2 Surma-e-Noorani

1.	Surma Siyah	10.25 g
2.	Badiyan	5 g
3.	Shagoofa-e-Neeb	5 g
4.	Mamira	0.5 g
5.	Kaf-e-Darya	0.5 g
6.	Tukhm-e-Siras	0.5 g
7.	Safaيدا Kashghari	0.5 g
8.	Safaيدا Just	0.5 g
9.	Beikh-e-Marjan Sokhta	0.5 g
10.	Sadaf Sokhta	0.5 g
11.	Sang-e-Basri Mudabbar	0.5 g
12.	Yaqoot	0.25 g
13.	Haldi Mudabbar	0.25 g
14.	Shibb-e-Yamani Biryani	0.25 g
15.	Chaksu Muqash-Shar	1.25 g
16.	Sadaf Marwarid	0.25 g
17.	Shora Qalami	0.25 g
18.	Araq-e-Gulab	Q.S.

ACTION:

Muqawwi-e-Chashm, Jali

THERAPEUTIC USE:

Shabkori, Nakhona, Jala, Nuzool-ul-Ma, Zof-e-Basarat

DOSE:

Q.S. for local application only

3.3 Surma-e-Zahiri

1.	Safaida Just	50 g
2.	Surma Siyah	50 g
3.	Tutia Sabz	10 g
4.	Shibb-e-Yamani	50 g
5.	Shora Qalami	10 g
6.	Zanjabeel	10 g
7.	Suhaga Chokia	10 g
8.	Filfil Siyah	Q.S.
9.	Namak-e-Sang Lahori	10 g
10.	Rasaut Zard	10 g
11.	Samandar Jhag	10 g
12.	Ratanjot	10 g
13.	Surma Safaid	10 g
14.	Badiyan	10 g
15.	Post Halela Zard	10 g
16.	Post Balela	10 g
17.	Lodh Pathani	10 g
18.	Chaksu Muqash-Shar	10 g
19.	Sazaj Hindi	10 g
20.	Tukhm-e-Siras	10 g
23.	Araq-e-Kewra	Q.S.

ACTION:

Muqawwi-e-Basar, Mubarrid, Rade

THERAPEUTIC USE:

Nuzool-ul-Ma, Sozish-e-Chashm, Ramad, Inteshar-e-Shar-e-Palak

DOSE:

Q.S. for local application at night.

SECTION – IV
MAJOON (Halwa, Jawarish, Khamira,
Majoon etc.)

S.No.	Formulation	Page No.	Reference	Page No.
4.1	Halwa Baiza-e-Murgh	55	PIA	68
4.2	Halwa Gheekwar Khas	55	PIA	68
4.3	Halwa Muqawwi	56	PIA	69
4.4	Jawarish Aamla Lulvi	56	PIA	55
4.5	Jawarish Muqawwi Meda	57	PIA	56
4.6	Khamira Khas	58	PIA	69
4.7	Khamira Sadaf	58	PIA	70
4.8	Khamira Zahar Mohra	58	PIA	70
4.9	Zehbi	59	PIA	74
4.10	Laboob Kabir Khas	60	PIA	115
4.11	Laooq-e-Khayarshambar	61	PIA	117
4.12	Imsakeen	61	PIA	51
4.13	Kundri	62	PIA	115
4.14	Majun Moin Hamal Ambari	63	PIA	122
4.15	Majun Musaffi-e-Azam	64	PIA	121
4.16	Majun Nishat Angaiz	64	PIA	123
4.17	Majun Pumba Dana	65	PIA	121
4.18	Muqawwi Mumsik	66	PIA	124
4.19	Nawed-e-Nau	66	PIA	128
4.20	Sadri	67	PIA	95
4.21	Shababi	69	PIA	92
4.22	Ushban	70	PIA	103
4.23	Tiryag Pechish Jadid	71	PIA	55

MAJOON

Definition:

Majoon is a semi solid medicinal preparation where one or more single drugs of plant, animal or mineral origin are mixed in powder or liquid forms in the base (Qiwam) made of purified honey, sugar, candy or jaggery. These include preparations like Jawarish, Itrifal, Barshasha, Dawa-ul-Misk, Dabeed-ul-Ward, Muffarchat, Luboob, Khamira and Laooq etc.

Method of Preparation

For making Majoon or any of the above categories of preparations refer to "General Methods of Preparation".

General Precautions

1. For making the powder of ingredients drugs to be used in Majoon, the methodology described in "General Method of Preparation" is to be followed.
2. Utmost care should be taken to avoid moisture coming in contact with the Majoon.
3. During the preparation of Majoon the ingredient drugs should always be mixed one after the other and stirred constantly to ensure uniform mixing.
4. Majoon should be according to the required consistency.

Characteristics

1. During preservation, if Majoon gets dry, it can be brought to normal consistency by adding purified honey or Qiwam made of sugar,

Preservation

1. Majoon (or any of its categories) is preserved in dried and clean glass, china clay or tin-coated metallic containers.
2. The Majoon containing Triphala (Three Myrobajan fruits) as main ingredients should not be preserved in metallic containers.

4.1 Halwa Baiza-e-Murgh

1.	Zardi-e-Baiza-e-Murgh	12 dozen
2.	Ilaichi Khurd	70 g
3.	Mastagi Roomi	140 g
4.	Arad-e-Nakhud Biryani	2.5 kg
5.	Raughan-e-Zard	1kg
6.	Zafran Khalis	10g
7.	Warq-e-Nuqra	4 gaddi
8.	Araq-e-Kewra	187.5 ml
9.	Qand Safaid	8 kg

ACTION:

Muqawwi-e-Bah, Muwallid-e-Mani

THERAPEUTIC USE:

Zof-e-Bah, Zof-e-Badan

DOSE:

25 g in the morning

4.2 Halwa Gheekwar Khaas

1.	Gheekwar	4 kg
2.	Raughan-e-Zard	1 kg
3.	Khoya	7 kg
4.	Maghz-e-Badam Shireen	250 g
5.	Shaqaqul Misri	250 g
6.	Maghz-e-Funduq	250 g
7.	Narjil Kashida	250 g
8.	Khurma Khushk	250 g
9.	Maghz-e-Akhrot	250 g
10.	Zafran	15 g
11.	Qand Safaid	10 kg
12.	Araq-e-Kewra	Q.S.

ACTION:

Muqawwi-e-Aza-e-Raeesa, Muqawwi-e-Asab, Muqawwi-e-Kulya

THERAPEUTIC USE:

Zof-e-Asab, Zof-e-Aza-e-Raeesa, Waj-ul-Mafasil, Waj-ul-Qutn

DOSE:

25 g in the morning

4.3 Halwa Muqawwi

1.	Maghz-e-Badam Shireen	2 kg
2.	Maghz-e-Funduq	500 g
3.	Maghz-e-Petha	500 g
4.	Maghz-e-Akhrot	500 g
5.	Maghz-e-Kaddu Shireen	500 g
6.	Qand Safaid	16 kg
7.	Araq-e-Gulab	1 Kg
8.	Zafran Khalis	15g
9.	Warq-e-Nuqra	8 gaddi
10.	Raughan-e-Zard	500 g
11.	Araq-e-Kewra	250 g

ACTION:

Mufarreh, Muqawwi-e-Aza-e-Raeesa, Muqawwi-e-Aam

THERAPEUTIC USE:

Zof-e-Badan, Qillat-e-Mani, Zof-e-Bah

DOSE:

25 g in the morning

4.4 Jawarish Aamla Lulvi

1.	Jawarish Aamla Sada (Biyaz-e-Kabir, Vol. II)	2 Kg
2.	Shira Murabba Bihi	500 g
3.	Marwareed Mehlool	1 g
4.	Ambar Ash-hab	7 g
5.	Kahruba Shamai Mehlool	14 g
6.	Yashab Mehlool	14 g
7.	Zahar Mohra Mehlool	14 g
8.	Yaqoot Mehlool	14 g
9.	Zamarrud Mehlool	14 g
10.	Feeroza Mehlool	14 g
11.	Zarishk	250 g
12.	Warq-e-Nuqra	4 gaddi
13.	Araq-e-Gulab	Q.S.

ACTION:

Muqawwi-e-Jigar, Muqawwi-e-Meda, Muqawwi-e-Qalb, Daf-e-Ishal-e-Safrawi

THERAPEUTIC USE:

Ishal-e-Safrawi, Zof-e-Jigar, Zof-e-Meda, Zof-e-Qalb, Tabkheer, Khafqan.

DOSE:

Six g after meals

4.5 Jawarish Muqawwi-e-Meda

1.	Qust Shireen	120 g
2.	Taj Qalmi	120 g
3.	Balchhar	120 g
4.	Ood Gharaqi	120 g
5.	Darunaj Aqrabi	120 g
6.	Ilaichi Kalan	120 g
7.	Filfil Siyah	120 g
8.	Ajwain Khurasani	120 g
9.	Tukhm-e-Shibt	120g
10.	Shitraj Hindi	120 g
11.	Sazaj Hindi	120 g
12.	Nagkesar	120 g
13.	Reward Chini	120 g
14.	Post Balela	120 g
15.	Post Halela Kabli	120 g
16.	Halela Siyah	120 g
17.	Aamla Khushk	120 g
18.	Habb-ul-Aas	120 g
19.	Pudina Khushk	120 g
20.	Zarambad	120 g
21.	Post Turanj	240 g
22.	Zeera Safaid	120 g
23.	Gul-e-Surkh	120 g
24.	Burada Sandal Safaid	120 g
25.	Kishneez Khushk	120 g
26.	Anar Dana	120 g
27.	Shira Murabba Aamla	8 kg
28.	Shira Murabba Halela	5 kg
29.	Shira Murabba Adrak	3kg
30.	Qand Safaid	22 kg

ACTION:

Muqawwi-e-Meda, Muqawwi-e-Ama, Mushtahi

THERAPEUTIC USE:

Zof-e-Meda, Zof-e-Ama, Zof-e-Ishtiha.

DOSE:

Six gm. after meals

4.6 Khamira Khas

1.	Khas Hindi	1 Kg
2.	Araq-e-Khas	1.5 Lts.
3.	Qand Safaid	9 Kg

ACTION:

Mufarreah

THERAPEUTIC USE:

Khafqan, Wahashat

DOSE:

Ten gm. twice a day.

4.7 Khamira Sadaf

1.	Damm-ul- Akhwain	90 g
2.	Sinduras	270 g
3.	Yashab Sabz Mehlool	360 g
4.	Zahar Mohra Mehlool	360 g
5.	Tabasheer Mehlool	360 g
6.	Sandal Safaid Mehlool	360 g
7.	Sadaf Sadiq Mehlool	500 g
8.	Qand Safaid	25 kg
9.	Sharbat-e-Anar Shireen	18.75 l
10.	Warq-e-Nuqra	Q.S.

ACTION:

Muqawwi-e- Qalb, Muqawwi-e-Dimagh

THERAPEUTIC USE:

Wahashat, Khafqan, Judri, Hasba.

DOSE:

3-6 g twice a day.

4.8 Khamira Zahar Mohra

1.	Zahar Mohra Khatai Mehlool	200 g
2.	Tabasheer Mehlool	200 g

3.	Araq-e-Kewra	Q.S.
4.	Araq-e-Gulab	Q.S.
5.	Qand Safaid	8 Kg

ACTION:

Muqawwi-e-Qalb, Muqawwi-e-Dimagh, Musakkin-e-Hararat

THERAPEUTIC USE:

Zof-e-Qalb, Zof-e-Dimagh

DOSE:

6 g in the morning

4.9 Zehbi

1.	Barg-e-Badranjboya	100 g
2.	Behman Safaid	50 g
3.	Tudri Zard	50 g
4.	Behman Surkh	50 g
5.	Tudri Surkh	50 g
6.	Tudri Safaid	50 g
7.	Tukhm-e-Badranj boya	50 g
8.	Gul-e-Gaozaban	100 g
9.	Tukhm-e-Khurfa Siyah	500 g
10.	Araq-e-Gulab	6 l
11.	Zahar Mohra Mehlool	100 g
12.	Marwarid Mehlool	50 g
13.	Zafran	40 g
14.	Warq-e-Nuqra	8 gaddi
15.	Warq-e-Tila	64 foils
16.	Qand Safaid	9.25 kg
17.	Sat-e-Salajeet	100 g
18.	Jaifal	100 g
19.	HeelKhurd	100 g

ACTION:

Muqawwi-e-Aza-e-Raesa

THERAPEUTIC USE:

Zof-e-Dimagh, Zof-e-Qalb, Zof-e-Asab, Khafqan, Wahashat, Ghashi

DOSE:

3 g twice a day

4.10 Laboob Kabeer Khaas

1.	Khashkhash Safaid	290 g
2.	Mahi Roobian	150 g
3.	Khulanjan	150 g
4.	Shaaq-ul-Misri	300 g
5.	Beheman Safaid	150 g
6.	Beheman Surkh	150 g
7.	Tudri Zard	150 g
8.	Tudri Safaid	150 g
9.	Zanjabeel Khushk	150 g
10.	Kunjad Safaid Muqash-shar	150 g
11.	Dar-e-Filfil	80 g
12.	Suranjan Shireen	110 g
13.	Buzidan	110g
14.	Pudina Khushk	110 g
15.	Sumbul-ut-Teeb	80 g
16.	Sad Kufi	80 g
17.	Kababchini	80 g
18.	Inderjao Shireen	80 g
19.	Darunaj Aqrabi	80 g
20.	Zarawand Mudharaj	80 g
21.	Anar Dana	80 g
22.	Tukhm-e-Gazar	80 g
23.	Maghz-e-Pambadana	150g
24.	Tukhm-e-Turb	80 g
25.	Tukhm-e-Shaljam	80 g
26.	Tukhm-e-Piyaz	80 g
27.	Tukhm-e-Shibat	80 g
28.	Ushna (Chadila)	60 g
29.	Ood Kham	70 g
30.	Narjeel Giri	290 g
31.	Maghz-e-Badam Shireen	150 g
32.	Maghz-e-Pista	150 g
33.	Maghz-e-Akhrot	150 g
34.	Darchini	150 g
35.	Jaifal	120 g
36.	Qaranfal Guldar	80 g
37.	Maghz-e-Chironj i	150 g
38.	Maghz-e-Tarbuz	150 g
39.	Mastagi Roomi	100 g
40.	Salab Gatta	290 g
41.	Maghz-e-Funduq	150 g
42.	Araq-e-Kewra	562 ml

43.	Qand Safaid	22.50 Kg
44.	Beer Bahuti	10g
45.	Ilaichi Khurd	80 g
46.	Zafran	80 g
47.	Salajeet	80 g

ACTION:

Muqawwi-e-Bah, Muqawwi-e-Aza-e-Raesa, Muqawwi-e-Qalb, Muqawwi-e-Dimagh, Muqawwi-e-Kulya, Muqawwi-e-Masana, Muqawwi-e-Asab, Muwallid-e-Mani, Mughalliz-e-Mani

THERAPEUTIC USE:

Zof-e-Bah, Zof-e-Aam, Zof-e-Asab, Zof-e-Qalb, Zof-e-Dimagh, Zof-e-Kulya, Zof-e-Masana, Qillat-e-Mani, Riqqat-e-Mani

DOSE:

6 g with 60 ml Maullaham Khaas or milk once a day

4.11 Laooq Khayarshambar

1.	Maghz-e-Amaltas	4 Kg
2.	Unnab	1 Kg
3.	Sapistan	1 Kg
4.	Khatmi Siyah	1 Kg
5.	Barg-e-Sana	0.50 Kg
6.	Post Halela Zard	250 g
7.	Asl-us-Soos	250 g
8.	Qand Safaid	9.50 Kg

ACTION:

Munaffis-e-Balgham, Mukhrij-e-Balgham, Munzij-e-Balgham, Mulaiyin

THERAPEUTIC USE:

Nazla, Zukam, Sual-e-Balghami

DOSE:

10 gm with warm water twice a day

4.12 Imsakeen

1.	Phali Babool	350 g
2.	Barg-e-Bhang	175 g
3.	Ajwayin Khurasani	175 g

4.	Nagkesar	175 g
5.	Khulanjan	85 g
6.	Juft Baloot	75 g
7.	Jaifal	85 g
8.	Jawitri	85 g
9.	Mastagi Roomi	85 g
10.	Aqarqarha	40 g
11.	Dana Heel Khurd	350 g
12.	Kundur	350 g
13.	Mochras	350 g
14.	Mazu Sabz	350 g
15.	Satawar	350 g
16.	Sat-e-Salajeet	85 g
17.	Dar-e-Filfil	35 g
18.	Kushta-e-Musallas	35 g
19.	Kafoor Khalis	15 g
20.	Zafran	10 g
21.	Qand Safaid	10 kg

ACTION:

Mumsik

THERAPEUTIC USE:

Surat-e-Inzal.

DOSE:

6 g before breakfast with water or milk

4.13 Kundri

1.	Kunjad Siyah Muqash-Shar	1250 g
2.	Mur Makkai	50 g
3.	Kundur	50 g
4.	Aqaqia	50 g
5.	Aamla Khushk	50 g
6.	Phitkari Biryan	70 g
7.	Tukhm-e-Khatmi	150 g
8.	Tukhm-e-Katan	240 g
9.	Zanjabeel	240 g
10.	Post Halela	240 g
11.	Qand Safaid	4.75 kg

ACTION:

Habis-e-Baul, Maqawwi-e-Masana, Muqawwi-e-Kulya

THERAPEUTIC USE:

Kasrat-e-Baul, Salas-ul-Baul

DOSE:

Adult - 6 g twice a day, Children - 3 g twice a day

4.14 Majoon Moin Hamal Ambari

1.	Ambar Ash-hab	100 g
2.	Marwareed Mehlool	100 g
3.	Kahruba Mehlool	200 g
4.	Busud Ahmar	200 g
5.	Burada Sandal Safaid	200 g
6.	Burada Sandal Surkh	200 g
7.	Tabasheer	200 g
8.	Mazu Sabz	200 g
9.	Darunaj Aqrabi	200 g
10.	Ood Saleeb	200 g
11.	Abresham Kham	200 g
12.	Bekh-e-Anjabar	200 g
13.	Gil-e-Armani	200 g
14.	Maghz-e-Tarbuz	200 g
15.	Tukhm-e-Khurfa	200 g
16.	Warq-e-Tila	Q.S.
17.	Warq-e-Nuqra	Q.S.
18.	Sharbat-e-Angoor	Q.S.
19.	Shahed Khalis	Q.S.
20.	Qand Safaid	Q.S.

ACTION:

Mohaffiz-e-Janeen.

THERAPEUTIC USE:

Zof-e-Istedad-e-Istaqrar-e-Hamal, Adat-e-Isqat-e-Hamal

DOSE:

6 g with milk in the morning

4.15 Majun Musaffi-e-Azam

1.	Barg-e-Shahtara	200 g
2.	Post Halela Zard	160 g
3.	Post Halela Kabli	120 g
4.	Post Balela	400 g
5.	Aamla Khushk	400 g
6.	Halela Siyah	300 g
7.	Barg-e-Sana	50 g
8.	Gul-e-Surkh	120 g
9.	Maweez Munaqqa	1.5 Kg
10.	Bisfayej Fistaqi	130 g
11.	Aftimoon	130 g
12.	Turbud	130 g
13.	Qand Safaid	8 Kg

ACTION:

Musaffi-e-Dam, Mukhrij-e-Mawad-e-Fasida

THERAPEUTIC USE:

Busoor, Damameel, Kharish, Aatishak, Waj-ul-Mafasil, Waram-e-Mafasil

DOSE:

6 g with 50 ml Araq-e-Musaffi Murakkab or with water twice daily.

4.16 Majun Nishat Angaiz

1.	Khulanjan	240 g
2.	Jauzbua	300 g
3.	Khar-e-Khasak Khurd	180 g
4.	Taj Qalmi	240 g
5.	Darchini	240 g
6.	Mahi Rubiyan	360 g
7.	IlaichiSurkh	120 g
8.	Malkangani	120 g
9.	Aqarqarha	120 g
10.	Kababchini	120 g
11.	Kuchla Mudabbar	120 g
12.	Dar-e-Filfil	60 g
13.	Sat-e-Salajeet	60 g
14.	AnarDana	120 g
15.	Maghz-e-Badam Shireen	120 g

16.	Maghz-e-Funduq .	120 g
17.	NarjeelGiri	120 g
18.	Angoor (Lehan)	400 g
19.	Warq-e-Nuqra	8 gaddi
20.	Qand Safaid	3 Kg

ACTION:

Muqawwi-e-Bah, Muqawwi-e-Asab, Muqawwi-e-Aza-e-Raeesa

THERAPEUTIC USE:

Zof-e-Bah, Zof-e-Khuwaish-e-Mubasharat, Zof-e-Quwwat-e-Mardana, Nuqs-e-Aza-e-Tolid wa Tanasul, Zof-e-Aza-e-Raeesa.

DOSE:

6 g with milk or water

4.17 Majun Pumba Dana

1.	Shaaq-ul-Misri	100 g
2.	Maghz-e-Binola	190 g
3.	Darchini	140 g
4.	Tukhm-e-Utangan	140 g
5.	Qaranfal Guldar	140 g
6.	Zanjabeel	90 g
7.	Kaifal	90 g
8.	Qust Shireen	40 g
9.	Tukhm-e-Katan Biryani	40 g
10.	Mastagi Roomi	40 g
11.	Behman Surkh	40 g
12.	Salab Misri	40 g
13.	Musli Safaid	40 g
14.	Tukhm-e-Shaljam	40 g
15.	Qand Safaid	4 Kg

ACTION:

Muqawwi-e-Bah, Muwallid-e-Mani

THERAPEUTIC USE:

Riqqat-e-Mani, Jiryani

DOSE:

6 g twice a day

4.18 Muqawwi Mumsik

1.	Salajeet	20 gm
2.	Darchini	40 g
3.	Mastagi Roomi	40 g
4.	Jaifal	40 g
5.	Balchhar	40 g
6.	Ajwayin Khurasani	40 g
7.	Kababchini	40 g
8.	Salab Misri	40 g
9.	Tukhm-e-Utangan	40 g
10.	Barg-e-Bhang	40 g
11.	Post Khashkhash	100 g
12.	Juft Baloot	100 g
13.	Ispand	80 g
14.	Samm-ul-Far Mudabbar	20 g
15.	Ood Kham	40 g
16.	Qand Safaid	2.5 Kg
17.	Waraq-e-Nuqra	2 gaddi
18.	Araq-e-Heel	562.5 ml
19.	Magz-e-Tarbuz	70 g

ACTION:

Mumsik, Muqawwi-e-Bah

THERAPEUTIC USE:

Surat-e-Inzal, Zof-e-Bah

DOSE:

1 g with milk.

4.19 Nawed-e-Nau

1.	Burada Sandal Safaid	500 g
2.	Burada Sandal Surkh	500 g
3.	Araq-e-Kewra	750 ml
4.	Mazu Sabz	500 g
5.	Tabasheer Mehlool	500 g
6.	Darunaj Aqrabi	500 g
7.	Jadwar Khatai	500 g
8.	Ood Saleeb	500 g
9.	Zahar Mohra Khatai Mehlool	500 g

10.	Gil-e-Armani	500 g
11.	Kushta- e-B ekh- e-Marj an	240 g
12.	Kushta-e-Sadaf	240 g
13.	Sinduras	375 g
14.	Damm-ul-Akhwain	125 g
15.	Bekh-e-Anjabar	500 g
16.	Bisbasa	500 g
17.	Zarambad	500 g
18.	Darchini	500 g
19.	Dana Ilaichi Khurd	500 g
20.	Dana Ilaichi Kalan	500 g
21.	Gul-e-Surkh	500 g
22.	Behman Safaid	500 g
23.	Zarishk	1kg
24.	Behman Surkh	500 g
25.	Maghz-e-Kaddu	500 g
26.	Ood Kham	500 g
27.	Abresham Muqarraz	500 g
28.	Qand Safaid	40 kg

ACTION:

Muqawwi-e-Rahem, Man-e-Isqat-e-Hamal, Mohaffiz-e-Janeen, Muqawwi-e-Aam

THERAPEUTIC USE:

Adat-e-Isqat-e-Hamal, Zof-e-Rahem, Zof-e-Aam

DOSE:

6 g with milk twice a day

4.20 Sadri

1.	Gul-e-Kela Sokhta	250 g
2.	Gul-e-Khatmi	250 g
3.	Berg-e-Aroosa	250 g
4.	Berg-e-Tambakoo	250 g
5.	Gul-e-Madar	250 g
6.	Gul-e-Ghafis	250 g
7.	Gul-e-Zoofa	250 g
8.	Gul-e-Banafsha	250 g
9.	Barg-e-Dhak Sokhta	250 g
10.	Barg-e-Kela Sokhta	250 g
11.	Barg-e-Tambol Sokhta	250 g
12.	Barg-e-Gaozaban	250 g

13.	Badranjboya	250 g
14.	Samagh-e-Arabi	250 g
15.	Katira	250 g
16.	Rubb-us-Soos Siyah	250 g
17.	Zarawand Mudahraj	250 g
18.	Kakra Singhi	250 g
19.	Afsanteen	250 g
20.	Filfil Daraz	375 g
21.	Zanjabeel	250 g
22.	Nankhwah	250 g
23.	Mur-e-Makkai	250 g
24.	Sat-e-Barzad	250 g
25.	Suhaga Chokia	150 g
26.	Foh	250 g
27.	Kababchini	250 g
28.	Darchini	250 g
29.	Taj Kalmi	250 g
30.	Qust Shireen	250 g
31.	Hilteet Khalis	250 g
32.	Turbud	250 g
33.	Habb-ul-Neel	250 g
34.	Ghariqoon	250 g
35.	Sibr Zard	250 g
36.	Ustkuddus	250 g
37.	Maghz-e-Neeb Sokhta	250 g
38.	Shira Khashkhas Safaid	1.250 Kg
39.	Maghz-e-Pambadana	1.250 Kg
40.	Shiqaqul Misri	1.250 Kg
41.	Maghz-e-Baqila	1.250 Kg
42.	Maghz-e-Fundug	1.250 Kg
43.	Chironji	1.250 Kg
44.	Maghz-e-Badam Shireen	1.250 Kg
45.	Gulqand Aftabi	2.500 Kg
46.	Araq-e-Anab-us-Salab	7.500 l
47.	Nabat Safaid	60 Kg
48.	Zafran	75 g
49.	Satt-e-Loban	125 g
50.	Quarnilayyal Sokhta	175 g
51.	Khad Nilam	125 g
52.	Kushta-e-Marjan	175 g

ACTION:

Musakkin-e-Sadr, Mukhrij-e-Balgham

THERAPEUTIC USE:

Sual, Ziqun Nafas

DOSE:

3 g with lukewarm water twice a day

4.21 Shababi

1.	Tukhm-e-Utangan	140 g
2.	Khusyatus Salab	140 g
3.	Narjeel Giri	140 g
4.	Khashkhash Safaid	140 g
5.	Zanjabeel Khushk	70 g
6.	Maghz-e-Pista	70 g
7.	Maghz-e-Badam Shireen	70 g
8.	Maghz-e-Funduq	70 g
9.	Maghz-e-Chironj i	70 g
10.	Maghz-e-Akhrot	70 g
11.	Shaqaqul Misri	140 g
12.	Mahi Roobian	70 g
13.	Khulanjan	70 g
14.	Behman Safaid	70 g
15.	Behman Surkh	70 g
16.	Tudri Zard	70 g
17.	Tudri Surkh	70 g
18.	Kunjad Muqash-Shar	70 g
19.	Darchini	70 g
20.	Suranjan	50 g
21.	Buzidan	50 g
22.	Nana	50 g
23.	Sad Kufi	40 g
24.	Qaranfal	40 g
25.	Kababchini	40 g
26.	Inderjao Shireen	40 g
27.	Sumbul-ut-Teeb	40 g
28.	Zarambad	40 g
29.	Darunaj Aqrabi	40 g
30.	Habb-ul-Qilqil	40 g
31.	Tukhm-e-Gazar	40 g
32.	Tukhm-e-Piyaz	40 g
33.	Tukhm-e-Turb	40 g
34.	Tukhm-e-Shalgham	40 g

35.	Tukhm-e-Shibt	40 g
36.	Jauzbua	30 g
37.	Jawitri	30 g
38.	Chharela	30 g
39.	Filfil Daraz	40 g
40.	Mastagi Roomi	50 g
41.	Ood Kham	35 g
42.	Momiyace	25 g
43.	Sat-e-Salajeet	25 g
44.	Zafran Khali s	75 g
45.	Ambar Ash-hab	35 g
46.	Warq-e-Nuqra	4 gaddi
47.	Kushta-e-Faulad	10g
48.	Kushta-e-Musallas	10g
49.	Kushta-e-Qalai	20 g
50.	Kushta-e-Marj an	20 g
51.	Kushta-e-Nuqra	20 g
52.	Kushta-e-Khubsul Hadeed	10g
53.	Maghz-e-Pambadana	70 g
54.	Qand Safaid	10 kg
55.	Araq-e-Kewra	375 ml

ACTION:

Muqawwi-e-Aam, Muqawwi-e-Bah, Muqawwi-e-Asab, Muwallid-e-Mani

THERAPEUTIC USE:

Zof-e-Aam, Zof-e-Asab, Zof-e-Bah

DOSE:

6 g twice a day

4.22 Ushban

1.	Ushba Maghrabi	125 g
2.	Bisfayej Fistaqi	125 g
3.	Aftimoon	125 g
4.	Barg-e-Gaozaban	125 g
5.	Kababchini	125 g
6.	Gul-e-Surkh	250 g
7.	Chobchini	125 g
8.	Sandal Safaid	250 g
9.	Sandal Surkh	250 g

10.	Barg-e-Sana-e-Makkai	300 g
11.	Post Balela	60 g
12.	Halela Siyah	30 g
13.	Sumbul-ut-Teeb	60 g
14.	Halela Zard	30 g
15.	Taj Qalami	300 g
16.	Zarambad	60 g
17.	Khulanjan	60 g
18.	SadKufi	60 g
19.	Zanjabeel	125 g
20.	Dar-e-Filfil	125 g
21.	Aqarqarha	125 g
22.	Jadwar Khatai	125 g
23.	Ilaichi Kalan	30 g
24.	Filfil Siyah	30 g
25.	Mastagi Roomi	30 g
26.	Suranjan	30 g
27.	Buzidan	30 g
28.	Inderjao Shireen	30 g
29.	Qand Safaid	12 kg

ACTION:

Musaffi-e-Dam

THERAPEUTIC USE:

Aatishak, Juzam, Waj-ul-Wafasil, Fasad-ud-Dam, Hikka, Busoor, Damameel, Amraz-e-Jild

DOSE:

6 g twice a day

4.23 Tiryag-e-Pechish Jadid

1.	Belgiri	300 g
2.	Mochras	200 g
3.	Darchini	200 g
4.	Mazu Sabz	200 g
5.	Zanjabeel Khushk	200 g
6.	Hilteet Khalis	200 g
7.	Mayeen Khurd	200 g
8.	Dana Heel Khurd	200 g
9.	Kafoor	200 g

10.	Post Halela Zard	200 g
11.	Asaroon	200 g
12.	Raughan-e-Bedanjeer	250 g
13.	Samagh-e-Arabi	200 g
14.	Qand Safaid	7 kg

ACTION:

Daf-e-Zaheer, Daf-e-Ishal

THERAPEUTIC USE:

Zaheer Safrawi, Zaheer Balghami, Zaheer Muzmin

DOSE:

3 g twice a day

SECTION – V
MARHAM

S.No.	Formulation	Page No.	Reference	Page No.
5.1	Marham-e-Bawaseer	77	PIA	119
5.2	Marham-e-Dakhelyoon Murakkab	77	PIA	120
5.3	Marham-e-Hina	78	PIA	119
5.4	Marham-e-Siyah	78	PIA	120
5.5	Zimad-e-Kharateen Shingrafi	78	PIA	97
5.6	Zimad-e-Muqawwi	79	PIA	97
5.7	Zimad-e-Niswan	79	PIA	98

MARHAM

Definition:

Marham (Ointment) is a semi-solid compound prepared in a base like Mom (Wax), Raughan (Oil) or other Shahmi (Fatty) ingredients. Preparations like Qairooti and Zimad are included in this category.

Method of Preparation:

The prescribed oil is heated and Wax or Fat (Charby) is dissolved and thoroughly mixed in it. Fine powder of drugs are added, stirred well, and allowed to cool till it forms a soft and semi-solid mass.

For preparing Qairooti and Zimad, refer to the chapter "General Methods of Preparation".

General Precautions

- (1) Ingredient drugs should be finely powdered before mixing in the base. The powdering of drugs should strictly be done as given in the heading "Daq-wa-Sashq" in the chapter "General Methods of Preparations".
- (2) Continuous stirring of the ingredients drugs after mixing in the base should be scrupulously followed.
- (3) Excessive boiling should be avoided as it hardens the Marham.

Characteristics:

- (1) Marham or any of its allied preparations are mostly light brown, brown, dark brown or black or black in color.
- (2) Marham should always be opaque in transparency.

Preservation:

Marham and any of its allied preparations should always be preserved in airtight, clean and dry glass or porcelain containers and stored in cool and dry place.

5.1 Marham-e-Bawaseer

1.	Rasaut Zard	180 g
2.	Muqil Azraq	180 g
3.	Maghz-e-Neeb	120 g
4.	Geru	120 g
5.	Maghz-e-Bakain	120 g
6.	Kafoor Khalis	120 g
7.	Kami la	120 g
8.	Vaseline Safaid	Q.S.
9.	Raughan-e-Nimkoli	Q.S.
10.	Mom Khalis	Q.S.

ACTION:

Daf-e-Bawaseer

THERAPEUTIC USE:

Sozish-e-Bawaseer, Waj-ul-Bawaseer, Bawaseer Amya

DOSE:

Q.S. for external use

5.2 Marham-e-Dakhelyoon Murakkab

1.	Murdar Sang	300 g
2.	Tukhm-e-Khatmi	100 g
3.	Tukhm-e-Kanocha	100 g
4.	Tukhm-e-Katan	100 g
5.	Tukhm-e-Hulba	100 g
6.	Aspagnol Musallam	100 g
7.	Raughan-e-Gul	q.s
8.	Mom Khalis	q.s

ACTION:

Daf-e-Waram-e-Rahem, Muqawwi-e-Rahem

THERAPEUTIC USE:

Salabat-e-Rahem, Waram-e-Rahem, Zof-e-Rahem, Waj-ul-Rahem

DOSE:

15 g Marham mixed with Raughan-e-Gul, 25 ml and a Safedi-e-Baiza-e-Murgh properly and used as vaginal suppository.

5.3 Marham Hina

1.	Raughan-e-Hina	15 l
2.	Kafoor Khalis	1.50 Kg
3.	Sat-e-Pudina	700g
4.	Sat-e-Ajwayin	700g
5.	Mom Khalis	7 kg
6.	Vaseline Safaid	3 kg

ACTION:

Daf-e-Ufoonat, Musakkin-e-Muqami, Daf-e-Sozish, Daf-e-Waram

THERAPEUTIC USE:

Kharish, Busoor, Damameel, Quba, Khuraj, Haraq, Waram, Sozish-e-Muqami, Qurooh

DOSE:

Q.S. for external use

5.4 Marham Siyah

1.	Ral Safaid	21 g
2.	Para	1.25 g
3.	Gandhak	1.25 g
4.	Raughan-e-Zard	Q.S.
5.	Mom Zard	Q.S.

ACTION:

Mudammil

THERAPEUTIC USE:

Busoor, Damameel, Khuraj

DOSE:

Q.S. slightly warm applied on gauze and stick locally.

5.5 Zimad Kharateen Shingrafi

1.	Qust Talkh	200g
2.	Gul-e-Babuna	200g
3.	Malkangni	200g
4.	Tukhm-e-Kanocha	200g

5.	Beer Bahooti	200g
6.	Kharateen Musaffa	200g
7.	Shingraf Roomi	100g
8.	Raughan Barzad	2 l
9.	Mom Khalis	400g

ACTION:

Muharrik-e-Bah

THERAPEUTIC USE:

Zof-e-Bah (For external use)

DOSE:

q.s

5.6 Zimad Muqawwi

1.	Raughan-e-Barzad	1 l
2.	Raughan -e-Kunjad	1 l
3.	Raughan -e-Qust	1 l
4.	Raughan -e-Babuna	1 l
5.	Raughan -e-Malkangni	1 l
6.	Raughan -e-Zift	1 l
7.	Mom Khalis	1.5 Kg

ACTION:

Muqawwi-e-Aza-e-Tanasul, Mubahi, Aza-e-Tanasul

THERAPEUTIC USE:

Zof-e-Aza-e-Tanasul, Zof-e-Qazeeb

DOSE:

Q.S. for local application only

5.7 Zimad Niswan

1.	Rasaut Zard	110 g
2.	Muqil Azraq	150 g
3.	Sirka Khalis	3 l
4.	Maghz-e-Amaltas	1kg
5.	Anab-us-Salab Khushk	500 g

6.	Sad Kufi	50 g
7.	Sumbul-ut-Teeb	50 g
8.	Mako Khushk	50 g
9.	Gul-e-Babuna	50 g
10.	Raughan-e-Gul	1 l
11.	Mom Kham	200 g

ACTION:

Muqawwi-e-Rahem

THERAPEUTIC USE:

Waj-ul-Rahem, Waram-e-Rahem

DOSE:

Q.S. applied locally

SECTION – VI
RAUGHANIYAT

S.No.	Formulation	Page No.	Reference	Page No.
6.1	Raughan Ahmar Jadeed	86	PIA	75
6.2	Raughan Ahmar Qadeem	86	PIA	75
6.3	Raughan Ajeeb	87	PIA	78
6.4	Raughan Barzad	87	PIA	76
6.5	Raughan Benazeer	88	PIA	77
6.6	Raughan Ikseer	88	PIA	76
6.7	Raughan Muqawwiye Asab	89	PIA	78
6.8	Raughan Samaat Kusha Jadeed	89	PIA	78
6.9	Raughan Wajaul Uzn	90	PIA	79
6.10	Tila Benazeer	90	PIA	100
6.11	Tila Ahmar	91	PIA	99
6.12	Tila Ajeeb	91	PIA	101
6.13	Tila Ikseer	92	PIA	99
6.14	Tila Khaas	92	PIA	100
6.15	Tila Nishat Angez	93	PIA	102

RAUGHANIYAT

Definition:

Raughan (Oil) is a medium which is used in different forms. It is used for making the medicine, as medicine itself, as one of the ingredients in a particular formula or as medicated oil by mixing with other drugs of plant, animal or mineral origin. It is mostly used as a base (as in the case of ointment) and is generally obtained from plant sources. Oil can be extracted on different parts of the plant, viz. Maghziyat (Kernels of the fruits), Roots, Leaves, Flowers, Seeds and so on. Tila is an oiled form of Raughaniyat and is included in this section.

On the basis of its use, method of extraction and preparation, it is broadly classified into two main categories:

1. Oil extracted from plant sources for use – Extracted oils.
2. Oil made out of mixing with other medicinal drugs (plant, animal or mineral) for use – Medicated oil.

Method of Preparation:

Extraction of oil from plant sources is generally done by the methods given in the Unani texts. But because of the increasing demand and large scale preparation of Unani drugs, manufacturers are now extracting oil by adopting modern technologies.

Now a day's oil is mostly extracted and obtained by Mechanical Process viz.

- (i) Cold Expelling Process.
- (ii) Steam Distillation or Solvent Process. Oil from Kernels (Maghziyat. Tukhm-e-Sarashf (Mustard Seeds). Tukhm-e-Til (Sesame Seeds). They are mostly obtained by Cold Expelling Process, while oils Cloves, Cinnamon and Anise fruits are obtained by Steam Distillation Process.

For details of extracting and preparing medicated oils refer to Kasheedgi-e-Raughaniyat and Adviyat-e-Raughaniyat in the chapter “General Methods of Preparation”.

General Precautions

- (1) Extraction of the oils from plant sources, preparation of the medicinal oils, crushing of the ingredient drugs and their mixing should strictly be done according to the methods given on the chapter “General Methods of Preparation”.
- (2) For the preparation of medicated oil from animal and mineral origin drugs the methodology given under the chapter “General Methods of Preparation” should strictly be followed.

Characteristics:

Extracted and medicated oils should always be of the required consistency, flavour, color and tests as given in the Unani texts.

Preservation:

- (1) Extracted or medicated oils can be preserved for one to two years.
- (2) Raughaniyat (Extracted and Medicated Oils) should be preserved in clean and dry glass jar containers under hygienic conditions in cool and dry places.

6.1 Raughan Ahmar Jadeed

1.	Ushna	140 g
2.	Sumbul-ut-Teeb	140 g
3.	Sad Kufi	250 g
4.	Ratanjot	500 g
5.	Kuchla Musallam	500 g
6.	Khardal Banarsi	700 g
7.	Babchi	140 g
8.	Sibr-e-Zard	30 g
9.	Kaifal	500 g
10.	Amba Haldi	500 g
11.	Majeeth (Foh)	500 g
12.	Dar-e-Hald	250 g
13.	Sandal Surkh	250 g
14.	Zarambad	100 g
15.	Waj-e-Turki	250 g
16.	Raughan-e-Talkh	40 l
17.	Raughan-e-Tarpeen	100 ml
18.	Lehsun Kham	150 g

ACTION:

Musakkin-e-Alam, Moharrik-e-Asab, Muqawwi-e-Asab, Daf-e-Waj-ul-Mafasil, Waj-ul-Mufasil.

THERAPEUTIC USE:

Zof-e-Asab, Waj-ul-Badan, Diqq-ul-Atfal

DOSE:

Q.S. for external use only

6.2 Raughan Ahmar Qadeem

1.	Ushna	70 g
2.	Sumbul-ut-Teeb	70 g
3.	Sad Kufi	125 g
4.	Ratanjot	250 g
5.	Kuchla	250 g
6.	Khardal Banarsi	350 g
7.	Babchi	70 g
8.	Elwa (Sibr Zard)	15 g
9.	Kaiphall	250 g
10.	AmbaHaldi	250 g
11.	Burada Sandal Surkh	125 g

12.	Narkachoor (Zarmbad)	50 g
13.	Majeeth (Foh)	250 g
14.	Dar Hald	125 g
15.	Waj-e-Turki	125 g
16.	Raughan-e-Talkh	20 l

ACTION:

Muqawwi-e-Asab, Musakkin-e-Alam, Daf-e-Waj-ul-Mafasil, Moharrik-e-Asab

THERAPEUTIC USE:

Zof-e-Asab, Waj-ul-Mafasil, Faliq, Laqwa, Rasha

DOSE:

Q.S. fo external use

6.3 Raughan Ajeeb

1.	Raughan-e-Balsan	200 ml
2.	Raughan-e-Sandal	200 ml
3.	Raughan-e-Barzad	200 ml

ACTION:

Mudammil, Musakkin

THERAPEUTIC USE:

Qurooh-e-Maj ari-e-Baul

DOSE:

15 drops twice a day

6.4 Raughan Barzad

1.	Behroza Khushk	1 kg
2.	Raughan-e-Kunjad	4 l

ACTION:

Muhallil-e-Auram

THERAPEUTIC USE:

Auram, Waj-ul Mafasil

DOSE:

Q.S.

6.5 Raughan-e-Benazeer

1.	Ood Hindi	100 g
2.	Asaroon	100 g
3.	Sumbul-ut-Teeb	100 g
4.	Ushna	100 g
5.	Nagkesar	100 g
6.	Sazaj Hindi	100 g
7.	Burada Sandal Safaid	100 g
8.	Burada Sandal Surkh	100 g
9.	Kapoor Kachri (Zarambad)	100 g
10.	Habb-ul-Aas	100 g
11.	Parsiyaoshan	100 g
12.	Barg-e-Hina Khushk	100 g
13.	Gul-e-Surkh	100 g
14.	Gul-e-Banafsha	100 g
15.	Gul-e-Machkan	100 g
16.	Post-e-Anar	100 g
17.	Aamla Khusk	100 g
18.	Halela Siyah	100 g
19.	Mazu Sabz	100 g
20.	Shikakai	200 g
21.	Aqaqia	40 g
22.	Ratanjot	30 g
23.	Kafoor	60 g
24.	Loban	80 g
25.	Raughan-e-Hina	5 l
26.	Raughan-e-Kunjad	15 l

ACTION:

Muqawwi-e-Dimagh wa Asab, Muqawwi-e-Shaar, Muqawwi-e-Basar

THERAPEUTIC USE:

Zof-e-Dimagh, Inteshar-e-Shaar, Zof-e-Basarat

DOSE:

Q.S. for externa use only

6.6 Raughan Ikseer

1.	Kafoor Khalis	25 g
2.	Sat-e-Ajwayin	10 g
3.	Sat-e-Pudina	10 g

ACTION:

Musakkin Alam, Tiryaaq

THERAPEUTIC USE:

Suda, Waj-ul-Uzn, Waj-ul-Asnan, Ishal, Waj-us-Sadr, Dard-e-Pehlu

DOSE:

5 drops with sugar

Q.S. when applied externally

6.7 Raughan Muqawwi-e-Asab

1.	Raughan-e-Barzad	100 ml
2.	Raughan-e-Babuna	100 ml
3.	Raughan-e-Zift	100 ml
4.	Raughan Ahmar Qadeem	100 ml
5.	Raughan Mom	100 ml
6.	Raughan Kunj ad	100 ml
7.	Raughan Qust	100 ml
8.	Raughan Loban	100 ml
9.	Raughan Talkh	100 ml
10.	Mastagi Roomi	20 g
11.	Lehsun Kham	20 g

ACTION:

Muqawwi-e-Asab, Muqawwi-e-Azlat, Musakkin-e-Alam, Moharrik-e-Asab wa Azlat

THERAPEUTIC USE:

Waj-ul-Asab wa Azlat, Waj-ul-Mafasil, Falij, Laqwa

DOSE:

Q.S. for external use only

6.8 Raughan Samaat Kusha Jadeed

1.	Marzanjosh	40 g
2.	Mako Khushk	40 g
3.	Lehsun	40 g
4.	Gul-e-Babuna	40 g
5.	Barg-e-Neeb	80 g
6.	Barg-e-Sukhdarshan	80 g
7.	Barg-e-Tambaku	20 g

8.	Kundur	20 g
9.	S indoor	10 g
10.	Raughan-e-Talkh	40 ml
11.	Sirka Naishkar	80 ml

ACTION:

Musakkin-e-Dard-e-Uzn, Mohallil

THERAPEUTIC USE:

Waj-ul-Uzn, Waram-e-Uzn, Behrapan

DOSE:

2 drops in each ear, 2-3 times a day

6.9 Raughan Wajaul Uzn

1.	Marzanjosh	1 kg
2.	Raughan Kunjad	4 l

ACTION:

Musakkin-e-Waj-ul-Uzn, Mohallil

THERAPEUTIC USE:

Waj-ul-Uzn, Waram-e-Uzn

DOSE:

2-3 drops lukewarm into each ear, 2-3 times a day

6.10 Tila Benazeer

1.	Charbi Murgh	50 g
2.	Raughan-e-Zard	50 ml
3.	Raughan-e-Kunj ad	1 l
4.	Malkangni	80 g
5.	Beer Bahuti	20 g
6.	Kharatin Musaffa	20 g
7.	Jonk Khushk	20 g
8.	Aqarqarha	20 g
9.	Ghunghchi Safaid	20 g
10.	Qaranfal	20 g
11.	Jauzbua	20 g

12.	Jawitri	20 g
13.	Hilteet Khalis	20 g
14.	Raughan-e-Loban	320 ml
15.	Khardal Banarsi .	10 g
16.	Itr Motia	3 g
17.	Itr Hina	3 g
18.	LehsunKham	20 g

ACTION:

Muqawwi-e-Aza-e-Tanasul

THERAPEUTIC USE:

Nuqs-e-Aza-e-Tanasul

DOSE:

Q.S. applied locally at bedtime

6.11 Tila Ahmar

1.	Shingraf	25 g
2.	Maghz Jamalgota	25 g
3.	MomKhalis	50 g
4.	Samm-ul-Far	03 g
5.	Ghee	125 g

ACTION:

Muqawwi-e-Aza-e-Tanasul, Mukhrij-e-Mawad-e-Fasida

THERAPEUTIC USE:

Zof-e-Aza-e-Tanasul

DOSE:

Q.S. applied locally at bedtime

6.12 Tila Ajeeb

1.	Amba Haldi	100 g
2.	Mitha Telia	100 g
3.	Kharateen Musaffa	100 g
4.	Hartal Tabaqui	20 g
5.	Shingraf Roomi	20 g
6.	Raughan-e-Zard	Q.S.

ACTION:

Muqawwi-e-Aza-e-Tanasul, Mukhrij-e-Mawad-e-Fasida

THERAPEUTIC USE:

Nuqs-e-Aza-e-Tanasul

DOSE:

0.5 g applied on Aza-e-Tanasul Mardana except glans penis (Hashfa) in the night

6.13 Tila Ikseer

1.	Beer Bahuti	50 g
2.	Kharateen Musaffa	50 g
3.	Tukhm-e-Turb	50 g
4.	Tukhm-e-Gazar	50 g
5.	Mazu Sabz	50 g
6.	Qust Talkh	50 g
7.	Shingraf Roomi	50 g
8.	Mitha Telia	50 g
9.	Malkangni	50 g
10.	Tukhm-e-Dhatura	50 g
11.	Qaranfal	50 g
12.	Ghungchi Safaid	50 g
13.	Jamalgota	50 g
14.	Lehsun	400 g
15.	Ghee Desi	1 Kg

ACTION:

Muqawwi-e-Aza-e-Tanasul

THERAPEUTIC USE:

Nuqs-e-Aza-e-Tanasul

DOSE:

Q.S. applied locally.

6.14 Tila-e-Khaas

1.	Ghungchi Surkh	20 g
2.	Aqarqarha	20 g
3.	Heeng	20 g

4.	Qust Talkh	20 g
5.	Darchini	20 g
6.	Pokhar Mol	20 g
7.	Makkhan	Q.S.

ACTION:

Muqawwi-e-Aza-e-Tanasul.

THERAPEUTIC USE:

Nuqs-e-Aza-e-Tanasul

DOSE:

Q.S. applied locally at bedtime

6.15 Tila Nishat Angez

1.	Taj Qalmi	45 g
2.	Malkangani	45 g
3.	Ajwayin Khurasani	45 g
4.	Jawitri	45 g
5.	Hilteet	45 g
6.	Kafoor	45 g
7.	Jauz bua	30 g
8.	Darchini	30 g
9.	Shingraf	45 g
10.	Samm-ul-Far Ghair Mudabbar	20 g
11.	Beer Bahuti	30 g
12.	Bachhnak	30 g
13.	Ghunguchi Safaid	30 g
14.	Aqarqarha	30 g
15.	Jamalgota	30 g
16.	Kharateen	30 g
17.	Maghz-e-Bedanjeer	20 g
18.	Maghz-e-Bhilawan	15g
19.	Jonk	10g
20.	Bekh-e-Kaner	45 g
21.	Lehsun Kham	150 g
22.	Raughan-e-Zard	500 g
23.	Raughan-e-Zift	350 ml
24.	Raughan-e-Loban	350 ml
25.	Charbi Murgh	80 g

ACTION:

Muqawwi-e-Aza-e-Tanasul

THERAPEUTIC USE:

Nuqs-e-Aza-e-Tansaul, Zof-e-Qazeeb, Kaji-e-Qazeeb, Zof-e-Istarkha-e- Qazeeb

DOSE:

Q.S. applied locally at bedtime

SECTION – VII
SAFOOF

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SUFOOF

Definition:

Sufoof are the fine powder forms of medicinal preparations made of plant, animal and mineral origin drugs.

Method of Preparation:

For preparing Sufoof (Powder Drugs) different methodology given under the heading “Daq-wa-Shahaq” in the chapter “General Methods of Preparation” may be seen.

General Precautions:

The precautions given for powdering different kinds of drugs under the heading “Daq-wa-Sahaq” in the chapter “General Methods of Preparation” may be seen.

Characteristics:

- (1) Sufoof are the finest forms of powdered drugs.
- (2) Fineness or coarseness of the powders is judged by putting it between the fingers.

Preservation:

- (1) Sufoof are generally preserved in dry, clean and air-tight glass containers under hygienic conditions in cool and dry places.
- (2) Sufoof having ingredients like Shora, Naushadar etc. are always preserved in air-tight glass containers.
- (3) Sufoof containing Salt or Halelajat are not preserved in tin or metallic containers.
- (4) When Maghziyat are ingredients in Sufoof they should be used within six months.
- (5) Sufoof retain their potency for one year.

7.1 Aksir Surfa

1.	Post Anar	12 kg
2.	Ajwayin Khurasani	12 kg
3.	Namak Siyah	12 kg
4.	Rubb-us-Soos Siyah	12 kg
5.	Filfil-e-Siyah	12 kg
6.	Namak-e-Lahori	12 kg
7.	Shibb-e-Yamani	12 kg
8.	Kakra Singhi	12 kg
9.	Barg-e-Kela	12 kg
10.	Kushta-e-Qaran-ul-Aiyal	300 g
11.	Kushta-e-Abrak Siyah	300 g
12.	Kushta-e-Busud Ahmar	300 g

ACTION:

Daf-e-Tashannuj, Munaffis-e-Balgham, Daf-e-Sual

THERAPEUTIC USE:

Shaheeqa, Sual-e-Balghami

DOSE:

1-2 g with honey or cream

7.2 Aksir-e-Riyah

1.	Hilteet Khalis	8 kg
2.	Kafoor Khalis	8 kg
3.	Zanjabeel	16 kg
4.	Ajwayin Khurasani	16 kg
5.	Filfil Siyah	16 kg
6.	Gul-e-Aak	16 kg
7.	Zarambad	16 kg
8.	Soda Khurdani	24 kg
9.	Namak Siyah	16 kg
10.	Namak-e-Turb	16 kg
11.	Naushadar	16 kg

ACTION:

Kasir-e-Riyah

THERAPEUTIC USE:

Qulanj, Nafakh-e-Shikam, Waj-ul-Kulya

DOSE:

500 mg with lukewarm water

7.3 Dawa-e-Atfal

1.	Khaksi	2 kg
2.	Milk	2 l
3.	Sat-e-Loban	10 g

ACTION:

Daf-e-Tap-e-Atfal

THERAPEUTIC USE:

Diqq-ul-Atfal, Tap-e-Atfal

DOSE:

1 g with 2 g Khameera Marwareed twice a day.

7.4 Dawa-e-Gurda

1.	Hajr-ul-Yahood	200 g
2.	Sang-e-Sar-e-Mahi	200 g
3.	Jawakhar	200 g
4.	Sat-e-Barzad	200 g
5.	Alu Balu	200 g
6.	Tukhm-e-Sarawali	200 g
7.	Habb-e-Kaknaj	200 g
8.	Kaf-e-Darya	200 g
9.	Habb-ul-Qilt	200 g

ACTION:

Daf-e-Dard-e-Kulya, Mufattit-e-Hasat

THERAPEUTIC USE:

Waj-ul-Kulya, Hasat-e-Kulya Wa Masana

DOSE:

3 g twice a day

7.5 Dawa-e-Tikore

1.	Meda Lakri	1 kg
2.	Anba Haldi	1 kg
3.	Kunjad Siyah	1 kg
4.	Burada Dandan-e-Feel	1 kg
5.	Qust Tulkh	1 kg
6.	Malkangani	1 kg
7.	Taj Qalami	1 kg
8.	Kharatin Khushk	1 kg
9.	Asgand Nagauri	1 kg
10.	Zanjabeel Khushk	1 kg

ACTION:

Moharrik, Muqqawi-e- Asab

THERAPEUTIC USE:

Zof-e-Qazeeb

DOSE:

15 g Poultice applied locally soaked in lukewarm Sesame oil (used before Tila)

7.6 Namak Ajeeb

1.	Namak-e-Toam	8 Kg
2.	Naushadar	2.75 Kg
3.	Tukhm-e-Karafs	500 g
4.	Nankhwah	500 g
5.	Filfil Siyah	500 g
6.	Zanjabeel	500 g
7.	Zeera Siyah	500 g
8.	Taj Qalami	250 g
9.	Jaifal	250 g
10.	Jawitri	250 g
11.	Sirka Naishakar	6 l

ACTION:

Kasir-e-Riyah, Hazim

THERAPEUTIC USE:

Waj-ul-Meda, Qulanj, Waj-ul-Kulya

DOSE:

1 g with warm water as required

7.7 Namak Sulemani

1.	Namak-e-Toam	54.50 Kg
2.	Naushadar	6.50 Kg
3.	Soda Khurdani	4.75 Kg
4.	Filfil Siyah	1.75 Kg
5.	Filfil Safaid	1.20 Kg
6.	Hilteet Khalis	600 g
7.	Darchini	600 g
8.	Aftimoon Wilayati	600 g
9.	Sumbul-ut-Teeb	600 g
10.	Zeera Siyah	600 g
11.	Zanjabeel Khushk	600 g
12.	Asl-us-Soos	600 g
13.	Tukhm-e-Qurtum	600 g
14.	Ajwayin Desi	600 g
15.	Tukhm-e-Karafs	2.5 Kg
16.	Izkhar Makkai	800 g
17.	Tukhm-e-Shibt	300 g
18.	Zeera Safaid	300 g

ACTION:

Hazim, Mulaiyin, Kasir-e-Riyah

THERAPEUTIC USE:

Zof-e-Hazm, Waj-ul-Meda, Qabz

DOSE:

0.5 - 1 g with water after meals

7.8 Safoof Deedan

1.	Afsanteen Roomi	200 g
2.	Baobarang	200 g
3.	Turbud Safaid	200 g
4.	Gul-e-Surkh	200 g
5.	Sat-e-Ajwayin	10 g

ACTION:

Qatil wa Mukhrij-e-Deedan-e-Ama

THERAPEUTIC USE:

Deedan-e-Ama

DOSE:

Adults - 6 g with warm water at bedtime Children - 3 g with warm water at bedtime

7.9 Safoof Gesu Daraaz

1.	Halela-e-Siyah	1 kg
2.	Balela	1 kg
3.	Aamla-e-Khushk	1 kg
4.	Shikakai	1 kg
5.	Tukhm-e-Hulba	1 kg
6.	Dal Urad	1 kg
7.	Sumbal-ut-Teeb	200 g
8.	Post-e-Ritha	200 g

ACTION:

Mutawil-e-Shar, Mumbit shar

THERAPEUTIC USE::

Qillat-e-Num-e-Shar, *Intesar-e-Shar*

DOSE:

Q.S. (For external use)

7.10 Safoof Hazim Mushtahi

1.	Zeera Safaid	200 g
2.	Tukhm-e-Shibt	200 g
3.	Badiyan	200 g
4.	Pudina Khushk	200 g
5.	Zarambad	200 g
6.	Kishneez Khushk	200 g
7.	Namak Siyah	200 g
8.	Naushadar	200 g
9.	Zanjabeel	200 g
10.	Sazaj Hindi	200 g
11.	Namak-e-Toam	50 g
12.	Soda Khurdani	50 g

ACTION:

Hazim, Mushtahi, Kasir-e-Riyah

THERAPEUTIC USE:

Su-e-Hazm, Zof-e-Ishteha, Nafakh-e-Shikam

DOSE:

3 gm after meals

7.11 Safoof Istehaza Jadid

1.	Mazu	1.5 Kg
2.	Sadaf Sadiq	1.0 Kg
3.	Geru	500 g
4.	Aqaqia	500 g
5.	Shibb-e-Yamani	100 g
6.	Hira Kasees	100 g
7.	Sang-e-Jarahat	500 g

ACTION:

Habis-ud-Dam, Qabiz

THERAPEUTIC USE:

Istehaza, Nazf-ud-Dam

DOSE:

3 gm twice a day with water

7.12 Safoof Kharish

1.	Kamila	20 g
2.	Murdar Sang	20 g
3.	Safaida Kashghari	20 g
4.	Gandhak	20 g

ACTION:

Daf-e-Ufoonat, Jali

THERAPEUTIC USE:

Kharish, Hikka

DOSE:

Q.S. mix with Jasmine oil and apply externally

7.13 Safoof Makhana

1.	SalabMisri	200 g
2.	Tukhm-e-Talmakhana	200 g
3.	Satawar	200 g
4.	Ilaichi Khurd	200 g

ACTION:

Muqawwi-e-Bah, Mughalliz-e-Mani

THERAPEUTIC USE:

Kasrat-e-Ehtelam, Jiryani, Surat-e-Inzal, Sailan-ur-Rahem

DOSE:

6 g with milk before breakfast

7.14 Safoof Muhazzil

1.	Badyan	120g
2.	Nankhwa (Ajwain Desi)	120g
3.	Zeera-e-Siyah	360g
4.	Barg-e-Sudab	240g
5.	Luk-e-Maghsool	720g
6.	Marzanjosh	360g
7.	Burra-e-Armani	360g
8.	Sinduras	360g

ACTION:

Muhazzil

THERAPEUTIC USE:

Sumn-e-Mufrat

DOSE:

5-10 gram

7.15 Safoof Mulayyin

1.	Barg-e-Sana	200 g
2.	Post Halela Zard	200 g
3.	Namak Siyah	200 g

4.	Badiyan	200 g
5.	Zanjabeel	200 g

ACTION:

Mulaiyin, Daf-e-Waj-ul-Meda

THERAPEUTIC USE:

Qabz, Waj-ul-Meda

DOSE:

6 g with lukewarm water at bedtime

7.16 Safoof Musakkin

1.	Bekh-e-Asrol	250g
2.	Kishneez Khushk	250g
3.	Filfil Siyah	60g

ACTION:

Musakkin-e-Asab

THERAPEUTIC USE:

Auza, suda', Haijan

DOSE:

3 g

7.17 Safoof Razyanj

1.	Badiyan Biryani	200 g
2.	Kishneez Khushk Biryani	200 g
3.	Qand Safaid	Q.S.

ACTION:

Hazim, Kasir-e-Riyah, Mushtahi

THERAPEUTIC USE:

Su-e-Hazm, Nafakh-e-Shikam, Riyah-e-Basoora, Zof-e-Ishteha

DOSE:

6 g. after meals.

7.18 Safoof Satar Murakkab

1.	Barg-e-Sudab	100 g
2.	Satar	100 g
3.	Kishneez Khushk	100 g
4.	Badiyan	100 g

ACTION:

Daf-e-Nafakh-e-Shikam

THERAPEUTIC USE:

Nafakh-e-Shikam, Reyah-e-Basoori

DOSE:

Decoction of 15 g powder mix sugar 24 g

7.19 Safoof Suranjan

1.	Suranjan Shireen	200 g
2.	Nankhwah	200 g
3.	Post Halela Zard	200 g
4.	Chobchini	200 g
5.	Tukhm-e-Karafs	200 g
6.	Halela Siyah	200 g
7.	Buzidan	50 g
8.	Qand Safaid	Q.S.

ACTION:

Mohallil, Daf-e-Amraz-e-Barida, Musakkin-e-Alam

THERAPEUTIC USE:

Waj-ul-Mafasil, Niqras

DOSE:

6 g twice a day with lukewarm water

7.20 Safoof Tabasheer Murakkab

1.	Tabasheer	200 g
2.	Gul-e-Surkh	200 g
3.	Tukhm-e-Kahu	200 g

4.	Tukhm-e-Kasni	200 g
5.	Tukhm-e-Khurfa Siyah	200 g
6.	Gard Samaq	200 g
7.	Tukhm-e-Hammaz	100 g
8.	Burada Sandal Safaid	100 g
9.	Gulnar Farsi	150 g

ACTION:

Maney Tabkhir, Muqawwi-e-Meda, Daf-e-Sangrahni

THERAPEUTIC USE:

Tabkhir-e-Meda, Zof-e-Meda, Sangrahni

DOSE:

3 g twice a day

7.21 Safoof Tabkhiri

1.	Post Halela Zard	200 g
2.	Badiyan	100 g
3.	Kishneez Khushk	100 g
4.	Tabasheer	100 g
5.	Heel Kalan	100 g
6.	Raughan-e-Badam Shireen	Q.S.

ACTION:

Daf-e-Nafakh-e-Shikam, Hazim, Kasir-e-Riyah

THERAPEUTIC USE:

Nafakh-e-Shikam, Zof-e-Hazm

DOSE:

3-6 g after meals.

7.22 Payoreen

1.	Aamla Sokhta	10 g
2.	Gil-e-Qaimuliya	35 g
3.	Taj Qalmi	1 g
4.	Kafoor Khalis .	0.5 g
5.	Hamiz-e-Fehmi	1 g
6.	Raughan-e-Asfedar	0.5 ml

ACTION:

Mutayyib-e-Dahan, Habis-ud-Dam, Daf-e-Taqayyoh-e-Lissa

THERAPEUTIC USE:

Taqayyoh-e-Lissa, Lissa Damiya, Waj-ul-Asnan, Waram-e-Lissa, Bakhr-ul-Fam

DOSE:

Q.S. as toothpowder

7.23 Sunoon Muqawwi Dandan

1.	Gil-e-Kharya	2.50 Kg
2.	Dana Heel Kalan	50 g
3.	Kabab-e-Khandan	50 g
4.	Filfil Siyah	50 g
5.	Namak-e-Toam	100 g
6.	Kababchini	100 g
7.	Kafoor	100 g
8.	Haldi Biryan	200 g
9.	Phitkari Safaid Biryan	200 g
10.	Danthal Tambaku	200 g
11.	Kuchla Sokhta	70 g
12.	Aqarqarha	70 g
13.	Post Anar Sokhta	200 g

ACTION:

Muqawwi-e-Dandan, Mutaiyab-e-Dahan

THERAPEUTIC USE:

Sufrat-e-Asnan, Taharruk-e-Asnan

DOSE:

Q.S. to be applied locally

7.24 Sunoon Pyria

1.	Shibb-e-Yamani	120 g
2.	Post Halela Zard	120 g
3.	Post Halela	120 g
4.	Post Balela	120 g
5.	Aamla	120 g
6.	Mazu	120 g
7.	Sang-e-Jarahat	120 g
8.	Gil-e-Armani	120 g

9.	Tabasheer	120 g
10.	Ilaichi Kalan	120 g
11.	Kabab Khandan	20 g
12.	Gulnar	120 g
13.	Damm-ul- Akhwain	120 g
14.	Kaf-e-Darya	120 g
15.	Chaksu	120 g
16.	JuftBaloot	120 g
17.	Aqarqarha	10 g
18.	Kababchini	10 g
19.	Filfil Sokhta	10 g
20.	Gul-e-Surkh	10 g
21.	Kazmazaj	10 g
22.	Sat-e-Pudina	10 g
23.	Sat-e-Barzad	10 g
24.	Aqaqia	10 g
25.	Sadaf	10 g

ACTION:

Daf-e-Taqayyoh-e-Lissa, Habis-ud-Dam, Muqawwi-e-Asnan, Muqawwi-e-Lissa

THERAPEUTIC USE:

Taqayyoh-e-Lissa, Lissa Damiya

DOSE:

Q.S. to be applied locally

7.25 Sunoon Surkh

1.	Post Anar	150 g
2.	Gulnar	150 g
3.	Gil-e-Armani	150 g
4.	Gard-e-Samaq	150 g
5.	Mazu	150 g
6.	Shibb-e-Yamani Biryani	300 g

ACTION:

Muqawwi-e-Asnan, Muqawwi-e-Lissa, Mukhrij Mawad-e-Fasida

THERAPEUTIC USE:

Taharruk-e-Asnan, Amraz-e-Dandan wa Lissa

DOSE:

Q.S. to be applied locally twice a day

7.26 Sunoon Wajaul Asnan

1.	Mur Makkai	180 g
2.	Filfil Siyah	180 g
3.	Aqarqarha	180 g
4.	Zanjabeel	180 g
5.	Kabab-e-Khandan	180 g
6.	Sat-e-Ajwayin	15 g
7.	Namak-e-Lahori	60 g

ACTION:

Musakkin, Daf-e-Waj-ul-Asnan, Mohallil-e-Waram

THERAPEUTIC USE:

Waj-ul-Asnan

DOSE:

Q.S.to be applied locally

7.27 Zaroor Qula

1.	Barg-e-Gaozaban Sokhta	4 Kg
2.	Mazu Sokhta	4 Kg
3.	Post Anar Sokhta	2 Kg
4.	Gulnar Farsi	1 Kg
5.	KatSafaid	1 Kg
6.	Sang-e-Jarahat	1 Kg
7.	Gil-e- Armani	1 Kg
8.	Burada Sandal Safaid	1 Kg
9.	Zar-e-Ward	1 Kg
10.	Dana Heel Kalan	1 Kg
11.	Ararot	1 Kg
12.	Kafoor	500 g

ACTION:

Daf-e-Qula-e-Dahan

THERAPEUTIC USE:

Qula

DOSE:

Q.S. applied locally 2-3 times a day

SECTION – VIII
SAIYYALAT

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SAIYYALAT

Definition:

1. Saiyyalat are those medicinal preparations where the drugs of plants, animal and mineral origin are used in liquid forms which are broadly classified as (i) Araq (Distillate) (ii) Qutur (Eye Drops) and (iii) Sharbat (Syrup).

Various processes are adopted depending on the type and nature of the liquid preparations.

2. (i) Araqiyat are those liquid preparations which are made by using the drugs of plant, animal and mineral origin by the process of distillation involving the steps of evaporation and condensation.
(ii) Qutur are those liquid preparations which are used as Eye Drops. These Eye Drops are made either by dissolving the prescribed drugs in any of the specified Araq (Distillate) or merely by extracting the juice of any prescribed drug given in the respective formulae.
(iii) Sharbat are those medicinal preparations which are made either by preparing the decoction from the plant, animal and mineral origin drugs or by taking juice of the fruits from different plants and mixed with Sugar and boiled to the required consistency.

Method of Preparation:

For details of making all the above three types of Saiyyalat refer the headings (i) Preparation of Araq, (ii) Preparation of Qutur and (iii) Preparation of Sharbat under the chapter “General Methods of Preparation.”

General Precautions:

Precautions given under the heading Preparation of Araq, Qutur and Sharbat in the chapter “General Methods of Preparation” should be followed.

Characteristics:

- (i) Araqiyat are mostly crystal clear in transparency.
- (ii) Qutur are thin in consistency when extracted directly from the drugs.
- (iii) Sharbat are sweet in taste and thicker than Araq and Qutur in their consistency. They are always made in Sugar base after mixing the juices of the fruits or the decoctions made of the ingredient drugs.

Preservation:

- (i) All the three types of Saiyyalat are preserved in clean, dry glass bottles or any other specified container under hygienic conditions in a cool and dry place.
- (ii) These Saiyyalat can be preserved and used for one year.

8.1 Ambari

1.	Ambar	75 g
2.	Zarambad	125 g
3.	Ood Gharqi	125 g
4.	Kabab-e-Khandan	125 g
5.	Ushna	125g
6.	Sumbul-ut-Teeb	125 g
7.	Behman Safaid	125 g
8.	Behman Surkh	125 g
9.	Shaqaqul Misri	125 g
10.	Tezpat	125 g
11.	Darchini	125 g
12.	Qaranfal	125 g
13.	Buzidan	125 g
14.	Zafran	125 g
15.	Gul-e- Surkh	125 g
16.	Heel Khurd Musallam	125 g
17.	Heel Kalan	125 g
18.	Post Turanj	125 g
19.	Abresham Kham	125 g
20.	Burada Sandal Safaid	125 g
21.	Tukhm-e-Rehan	125 g
22.	Nagarmotha	125 g
23.	Taj Qalmi	125 g
24.	Kishneez Khushk	125 g
25.	Gul-e-Gaozaban	125 g
26.	Tukhm-e-Shibt	125 g
27.	Darunaj Aqrabi	125 g
28.	Badranjboya	125 g

ACTION:

Muqawwi-e-Badan, Muqawwi-e-Aza-e-Raeesa

THERAPEUTIC USE:

Zof-e-Badan, Zof-e-Aza-e-Raeesa, Ghashi

DOSE:

10-20 ml twice a day with 3 g Zahbi

8.2 Araq-e-Hazim

1.	Ajwain Desi	300g
2.	Adrak Taza	8 kg
3.	Badiyan Khushk	300g
4.	Palak Sabz	5 kg
5.	Parsiyaoshan	300g
6.	Pudina Khushk	1 kg
7.	Post-e-Turanj	300g
8.	Taj Qalmi	300g
9.	Tukhm-e-Shibt	300g
10.	Khulanjan	300g
11.	Darchini	300g
12.	Zarambad	300g
13.	Zanjabeel Khushk	300g
14.	Zeera Sufaid	500g
15.	Sazaj Hindi	300g
16.	Sumbul-ul-Teeb	300g
17.	Inab-us-Salab	500g
18.	Lahsun Kham	150g
19.	Heel Kalan	300g

ACTION:

Muqawi-e-Maida, Muawin-e-Hazm

THERAPEUTIC USE:

Zof-e-Maida, Zof-e-Hazm

DOSE:

25-50ml

8.3 Araq-e-Saatar

1.	Satar Farsi	4 Kg
----	-------------	------

ACTION:

Hazim

THERAPEUTIC USE:

Zof-e-Hazm, Soo-e-Hazm

DOSE:

25-50ml

8.4 Dawa-e-Dabba

- | | | |
|----|---------------|------|
| 1. | Sibr Zard | 1 kg |
| 2. | Leemun Ka Ras | 1 l |

ACTION:

Dafe'-e-Zat-ur-Riya-e-Atfal

THERAPEUTIC USE:

Zat-ur-Riya-e-Atfal

DOSE:

125 mg with 10 g of Asl Khalis

8.5 Ma'ullaham Khaas

- | | | |
|-----|----------------------------------------|-------|
| 1. | Leham-e-Buzz | 10 kg |
| 2. | Mahi Rohoo | 10 kg |
| 3. | Filfil Siyah | 30 g |
| 4. | Ilaichi Kalan | 30 g |
| 5. | Zira Safaid | 60 g |
| 6. | Kishneez Khushk | 120 g |
| 7. | Qaranfal Guldar | 10 g |
| 8. | Sazaj Hindi | 60 g |
| 9. | Jauzbua | 10g |
| 10. | Jawitri | 10g |
| 11. | Darchini(Above ingredient for Yakhni.) | 30 g |
| 12. | Tukhm-e-Haloon | 250 g |
| 13. | Heel Khurd | 75 g |
| 14. | Heel Kalan | 145 g |
| 15. | Qaranfal | 95 g |
| 16. | Jauzbua | 125 g |
| 17. | Jawitri | 75 g |
| 18. | Maghz Chironji | 360 g |
| 19. | Darunaj Aqrabi | 250 g |
| 20. | Balchar | 250 g |
| 21. | Taj Qalami | 250 g |
| 22. | Zanjabeel | 250 g |
| 23. | Maghz-e-Pambadana | 360 g |
| 24. | Behman Safaid | 250 g |
| 25. | Behman Surkh | 250 g |
| 26. | Tudri Safaid | 250 g |
| 27. | Tudri Surkh | 250 g |

28.	Khulanjan	250 g
29.	Talmakhana Khurd	250 g
30.	Tukhm-e-Gazar	250 g
31.	Tukhm-e-Shaljam	250 g
32.	Tukhm-e-Piyaz	250 g
33.	Sad Kufi	250 g
34.	Nankhwah	250 g
35.	Sazaj Hindi	250 g
36.	Maweez Munaqqa	2 kg
37.	Anar Dana	250 g
38.	Chhal Arjun	2.5 Kg
39.	Anjeer Zard	1 Kg
40.	Khurma Khushk	1kg
41.	Seb Shireen	5 kg
42.	Adrak Sabz	2 kg
43.	Anar Shireen	5 kg
44.	Khajoor Taza	5 kg
45.	Zafran	100 g
46.	Araq-e- Heel	750 ml
47.	Sat-e-Loban	75 g
48.	Mahi Roobian	1kg
49.	Sat-e-Salajeet	50 g

ACTION:

Muqawwi-e-Bah, Muqawwi-e-Aam, Muqawwi-e-Aza-e-Raeesa

THERAPEUTIC USE:

Zof-e-Bah, Zof-e-Aam,

DOSE:

60 ml with 6 g Laboob-e-Kabir or 6 g Shababi in the morning

8.6 Tehali

1.	Re wand Chini	50 g
2.	Shibb-e-Yamani	50 g
3.	Sajji Safaid	50 g
4.	Tutiya Sabz	50 g
5.	Shora Qalmi	50 g
6.	Maghz-e-Gheekwar	2 kg
7.	Sat-e-Loban	100 g
8.	Pani	4 l
9.	Tursh Sirka	35 ml

10.	Mako Khushk	1 Kg
11.	Naushadar	35 g
12.	Heera Kasees	35 g

ACTION:

Daf-e-Waram-e-Kabid wa Tihal

THERAPEUTIC USE:

Waram-e-Tihal wa Kabid

DOSE:

Adult - 10 ml twice a day Children - 5 ml twice a day

8.7 Bahar-e-Nau

1.	Araq-e- Hazim (Biyaz-e-Kabir, Vol. II)	45 l
2.	Aab-e-Chuna	18 l
3.	Sharbat-e-S antra	18 l
4.	Sat-e-Lemu	25 g
5.	Qand Safaid	160 kg

ACTION:

Daf-e-Ishal-e-Atfal, Hazim, Awariz-e-Asnan-e-Atfal, Musammin

THERAPEUTIC USE:

Su-e-Hazm, Ishal-e-Atfal, Zof-e-Aam

DOSE:

5 ml twice a day (upto 6 months) 10 ml twice a day (upto 2 years) 15 ml twice a day (upto 3 years)

8.8 Fawakeheen

1.	Araq-e-Gulab	6 l
2.	Sirka Neshakar	5.25 l
3.	Sharbat-e-Anar Shireen	15 l
4.	Sharbat-e-Kamrak	9 l
5.	Sharbat-e-Anar Qandhari	15 l
6.	Qand Safaid	51kg
7.	Adrak Sabz	16 kg
8.	Pudina Sabz	16 kg

ACTION:

Daf-e-Safra, Daf-e-Qai, Hazim, Moharrik-e-Kabid, Moharrik-e-Kulya

THERAPEUTIC USE:

Zof-e-Ishteha, Zof-e-Kabid wa Kulya, Su-e-Hazm, Qai, Ghisyan

DOSE:

10-20 ml after meals

8.9 Malerian

1.	Barg-e-Gaozaban	1 kg
2.	Turbud Akabarabadi	1 kg
3.	Chiraita Talkh	1 kg
4.	Gul-e-Nilofar	1 kg
5.	Gul-e-Surkh	1 kg
6.	Tukhm-e-Kasni	1 kg
7.	Tukhm-e-Khayarain	1 kg
8.	QandSafaid	47.50 Kg
9.	Sat-e-Leemu	180 g
10.	Tursha Kibreet	350 g
11.	HeeraKasees	350 g
12.	Afsanteen	350 g

ACTION:

Daf-e-Humma-e-Ajamiya, Musleh Afal-e-Meda Wa Jigar, Daf-e-Humma

THERAPEUTIC USE:

Humma-e-Ajamiya, Zof-e-Tihal, Izm-e-Tihal, Humma-e-Ruba

DOSE:

Adult - 6 ml with warm water twice a day, Children - 3 ml with warm water twice a day
contraindicated for pregnant women.

8.10 Naujivan Ghutti

1.	Badiyan	500 g
2.	Gul-e-Surkh	750 g
3.	Naushadar	125 g
4.	Narkachoor	250 g
5.	Maghz-e-Amaltas	250 g

6.	Ajwayin Desi	250 g
7.	Baobarang	250 g
8.	Sibr-e-Zard	125 g
9.	B arg-e-S ana-e-Makkai	250 g
10.	Atees Shireen	250 g
11.	Unnab Wilayeti	250 g
12.	Gilo Sabz	250 g
13.	Hilteet Khalis	125 g
14.	Kakra Singhi	250 g
15.	Namak Siyah	250 g
16.	Zanjabeel	250 g
17.	Chaksu	250 g
18.	Halela Zard	250 g
19.	Heel Kalan	250 g
20.	Qand Safaid	47.50 Kg

ACTION:

Daf-e-Humma, Daf-e-Qai, Qabiz, Mulaiyin

THERAPEUTIC USE:

Nazla, Zukam, Sual, Su-e-Hazm, Is-hal, Qai, Qabz

DOSE:

Upto 3 month children - 5 drops with mother's milk or water twice a day 3-6 month children - 10 drops with mother's milk or water twice a day. In case of Qabz - increase dose and give with warm water.

8.11 Sharbat-e-Adrak

1.	Adrak Taza	1 kg
2.	Qand Sufaid	2.5 kg

ACTION:

Hazim, Munaffis-e-Balgham

THERAPEUTIC USE:

Zof-e-Hazm, Sual-e-Balghami

DOSE:

10-20 ml

8.12 Sharbat-e-Arusa

1.	Barg-e-Arusa	1 kg
2.	Qand Safaid	4 kg

ACTION:

Munaffis-e-Balgham

THERAPEUTIC USE::

Zeeq-un-Nafas, Sua'l-e-Balghami

DOSE:

10-20 ml

8.13 Sharbat-e-Faulad

1.	Burada Faulad	4kg
2.	Tursha Shora	4.5 l
3.	Tursha Namak Shora	1.5l
4.	Tursha Kibrit	1.5 l
5.	Sirka Jamun	48 l
6.	Sat-e-Leemu	2kg
7.	Qand Safaid	380 kg
8.	Tukhm-e-Karafs	20 g
9.	Badiyan	10g
10.	Ajwayin Desi	10g
11.	Satar Farsi	10g
12.	Anisoon Roomi	10g
13.	Hilteet Khalis	10g
14.	Kishneez Khushk	10g
15.	Filfil Daraz	10g
16.	Filfil Siyah	10g
17.	Kundur Gond	10g
18.	Sad Kufi	10 g
19.	Darchini	10g
20.	Khurfa Siyah	10g
21.	Jauzbua	10g
22.	Balchar	10g
23.	Tukhm-e-Haloon	10g
24.	Tukhm-e-Piyaz	10 g
25.	Zanjabeel Khushk	10g
26.	Zeera Safaid	5g

ACTION:

Muwallid-e-Dam, Muqawwi-e-Meda wa Kabid

THERAPEUTIC USE:

Faqr-ud-Dam

DOSE:

Adult - 20 ml twice a day Children - 10 ml twice a day

8.14 Sharbat-e-Nazla

1.	Gul-e-Banafsha	1kg
2.	Barg-e-Gaozaban	1kg
3.	Tukhm-e-Khatmi	1kg
4.	Parsiyaoshan	1kg
5.	Sapistan	1kg
6.	Unnab	1kg
7.	Badiyan	1kg
8.	Asl-us-Soos	1kg
9.	Barg-e-Aroosa Khushk	500 g
10.	Post Musallam	500 g
11.	Ajwayin Desi	500 g
12.	Mawiz Munaqqa Zard	2 kg
13.	Qand Safaid	200 kg
14.	Tukhm-e-Khubbazi	1 Kg

ACTION:

Daf-e-Nazla

Thereapeutic Use

Nazla Zukam, Sual

DOSE:

20 ml twice a day

8.15 Surfin

1.	Sapistan	2.25 Kg
2.	Asl-us-Soos	2.25 Kg
3.	Tulsi	0.500 Kg
4.	Filfil Siyah	0.400 Kg
5.	SuhagaBiryani	250 g

6.	Naushadar	50 g
7.	Khar Bansa	50 g
8.	Sat-e-Pudina	2 g
9.	Zufa	500 g
10.	Qand Safaid	5 Kg

ACTION:

Munjiz-e-Balgham, Mohallil, Mukhrij-e-Balgham

THERAPEUTIC USE:

Amraz-e-Sadr, Sual, Shaheeqa

DOSE:

Adult - 10 ml twice a day Children - 5 ml twice a day

8.16 Qutoor-e-Chashm

1.	Aamla Khushk	100 g
2.	Post Halela Zard	100 g
3.	Chae Khatae	100 g
4.	Post Musallam	500 g
5.	Lodh Pathani	100 g
6.	Chaksu Muqash-Shar	100 g
7.	Badiyan Nimkob	100 g
8.	Rasaut Zard	125 g
9.	Safaida Kashghari	100 g
10.	Shibb-e-Yamani	30 g
11.	Aab-e-Muqattar	6 l
12.	Araq-e-Gulab	3 l

ACTION:

Daf-e-Ashob-e-Chashm

THERAPEUTIC USE:

Ramad

DOSE:

2 drops in each eye twice a day

LIST OF SINGLE DRUGS

DRUGS OF PLANT ORIGIN

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
1.	Adrak	Ginger	<i>Zingiber officinale</i> Rosc.	Zingiberaceae
2.	Aamla	Emblic Myrobalam	<i>Embllica officinalis</i> Gaertn.	Euphoriaceac
3.	Afsanteen, Afsanteen Roomi	Worm Wood, Southern Wood	<i>Artemisia absinthium</i> Linn.	Asteraceae
4.	Aftimoon, Aftimoon Wilayati	Dooder or Cuscuta	<i>Cascuta epithimum</i> Linn.	Convolvulaceae
5.	Ajmood (Tukhm-e-Karafs)	Celery	<i>Apium graveles</i> Linn.	Apiaceae
6.	Ajwain Khurasani	Henbane	<i>Hyoseyamus niger</i> Linn.	Solanaceae
7.	Ajwain Desi	Bishop's Weed	<i>Trachyspermum ammi</i> (Linn.) Sprague	Apiaceae
8.	Alu Balu	—	<i>Prunus cerasus</i> Linn.	Rosaceae
9.	Amba Haldi	Mango Ginger	<i>Curcuma amada</i> Roxb.	Zingiberaceae
10.	Anar Dana	Pomegranate	<i>Punica granatum</i> Linn.	Puniceae
11.	Anar Shireen	Pomegranate	<i>Punica granatum</i> Linn.	Puniceae
12.	Angoor	Grape	<i>Vitis vinifera</i> Linn.	Vitaceae
13.	Anisoon Roomi	Anise, Aniseed	<i>Pimpinella anisum</i> Linn.	Apiaceae
14.	Anjeer Zard	Wild Fig	<i>Ficus hispida</i> Linn.	Moreceae
15.	Aqaqia	Acacia	<i>Acacia arabica</i> Willd.	Mimosaceae
16.	Aqar Qarha	Pellitory, Pyrethrum Root	<i>Anacyclus pyrethrum</i> D.C.	Asteraceae
17.	Arad-e-Nakhud Biryani	Prim Rose, Gram	<i>Cicer arietinum</i> Linn.	Leguminosae
18.	Araroot	—	<i>Maranta arundinaceae</i> Linn.	Marantaceae
19.	Asaroon	Asarbacca, Hazelwort	<i>Asarum europaeum</i> Linn.	Aristolochiaceae
20.	Asgand Nagauri	Withania Root, Winter Cherry	<i>Withania somnifera</i> Dunal.	Solanaceae
21.	Asl-us-Soos	Liqourice	<i>Glycyrrhiza glabra</i> Linn.	Papilionaceae
22.	Asl-us-Soos Muqashshar	Liqourice	<i>Glycyrrhiza glabra</i> Linn.	Papilionaceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
23.	Aspaghul Musallam	Ispaghul, Spogel Seeds	<i>Plantago ovata</i> Forsk.	Plantaginaceae
24.	Aspand/Ispand	Wild Rue, Garden Rue	<i>Peganum harmala</i> Linn.	Rutaceae
25.	Asrol	Serpentine	<i>Rauwolfia serpentina</i> Benth. ex Kurz.	Apocynaceae
26.	Atees Shireen	Monk's Hood, Aconite	<i>Aconitum: heterophyllum</i> Wall.	Ranunculaceae
27.	Azaraqi Mudabbar	Nux Vomica	<i>Strychnos nux-vomica</i> Linn.	Loganiaceae
28.	Barg-e-Sana Makkai	Senna, Tinnevelly Senna, Mecca Senna	<i>Cassia angustifolia</i> Vahl.	Leguminosae
29.	Babchi	Babachi Seeds (Psoralia)	<i>Posoralia corylifolia</i> Linn.	Fabaceae
30.	Badiyan	Fennel	<i>Foeniculum vulgare</i> Mill.	Apiaceae
31.	Badranjboya	Catmint (Catnip, Catnep), Mountain Balm	<i>Melissa parviflora</i> Benth. <i>Nepeta hindostana</i> (Roth.) Haines <i>Nepeta cataria</i> Linn.	Lamiaceae
32.	Balaila	Beleric Myrobalan	<i>Terminalia bellerica</i> Roxb.	Combretaceae
33.	Balchhar	Jatamansi	<i>Nardostachys jatamansi</i> DC.	Valerianaceae
34.	Baobarang	Embelia	<i>Embelica ribes</i> Burm.f.	Myrsinaceae
35.	Baranjasif	Indian Worm-wood	<i>Achillea millifolium</i> Linn.	Asteraceae
36.	Barg-e-Aroosa	Vasaka	<i>Adhatoda vasica</i> Nees.	Acanthaceae
37.	Barg-e-Bhang, Barg-e-Qinnab	Indiann Hemp	<i>Cannabis sativa</i> Linn.	Cannabinaceae
38.	Barg-e-Dhak Sokhta	Flame of the Forest	<i>Butea monosperma</i> (Lam.) Kuntze.	Leguminosae
39.	Barg-e-Gaozaban	Cow's Tongue Plant	<i>Borago officinalis</i> Linn.	Boraginaceae
40.	Barg-e-Gulab	Rose	<i>Rosa damascene</i> Mill.	Rosaceae
41.	Barg-e-Hina	Henna	<i>Lawsonia inermis</i> Linn.	Lythraceae
42.	Barg-e-Kakronda	—	<i>Blumca balsamifera</i> Dc.	Asteraceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
43.	Barg-e-Kasaundi	Negro Coffee	<i>Cassia occidentalis</i> L.	Caesalpinaceae
44.	Barg-e-Kasni	Cichory	<i>Cichorium intybus</i> Linn.	Asteraceae
45.	Barg-e-Kela	Banana	<i>Musa paradisiacal</i> Linn.	Musaceae
46.	Barg-e-Neeb	Margosa Tree	<i>Azadirachta indica</i> A. Juss.	Meliaceae
47.	Barg-e-Pan Sabz	Betel Leaf	<i>Piper betle</i> Linn.	Piperaceae
48.	Barg-e-Sahajana	Drumstick Plant	<i>Moringa oleigera</i> Linn.	Moringaceae
49.	Barg-e-Shahtra	Fumitory	<i>Fumaria parviflora</i> Lam.	Fumariaceae
50.	Barg-e-Sudab	Garden Rue	<i>Ruta graveoloens</i> Linn.	Rutaceae
51.	Barg-e-Sudarshan	Crinum	<i>Crinum latifolium</i> Linn.	Amarnyridaceae
52.	Barg-e-Tambaku	Tobacco	<i>Nicotiana tabacum</i> Linn.	Solanaceae
53.	Barg-e-Tambol	Betel Leaf	<i>Piper betle</i> Linn.	Piperaceae
54.	Beejband Siyah	Sorrel	<i>Rumex maritimus</i> Linn.	Polygonaceae
55.	Behman Safaid	White Behen	<i>Centaurea behen</i> Linn.	Polygonaceae
56.	Behman Surkh	Red Behen (Sage)	<i>Salvia haematodes</i> M.	Lamiaceae
57.	Behroza	Pine	<i>Pinus longifolia</i> Roxb.	Pinaceae
58.	Beikh-e-Asrol	Serpentine	<i>Rauwolfia serpentina</i> Benth. ex Kurz.	Apocynaceae
59.	Beikh-e-Kaner	Oleander, Rose Bay	<i>Nerium indicum</i> Linn.	Apocynaceae
60.	Beikh-e-Kasni	Cichory	<i>Cichorium intybus</i> Linn.	Asteraceae
61.	Belgiri	Bengal Quinee, Bael Tree	<i>Aegle marmelos</i> Corr.	Rutaceae
62.	Biranj Sathi	Rice (Var, Sathi)	<i>Oryza sativa</i> Linn.	Poaceae
63.	Bisbasa	Mace	<i>Myristica fragrans</i> Houtt.	Myristicaceae
64.	Bisfayej Fistaqi	Common Polypody	<i>Polypodium vulgare</i> Linn.	Polypodiaceae
65.	Burada Kuchla	Nux Vomica	<i>Strychnos nux-vomica</i> Linn.	Loganiaceae
66.	Burada Sandal Safaid	Sandal Wood	<i>Santalum album</i> Linn.	Santalaceae
67.	Burada Sandal Surkh	Red Sandal Wood	<i>Pterocarpus santalinus</i> Linn.	Leguminosae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
68.	Buzidan	Salep (Orchid)	<i>Orchis latifolia</i> Linn.	Orchidaceae
69.	Chae Khatae	—	<i>Catha edulis</i> Forsk	
70.	Chaksu	—	<i>Cassia absus</i> Linn.	Fabaceae
71.	Chhal Arjun	Arjuna Tree	<i>Terminalia arjuna</i> W. & A.	Combretaceae
72.	Chharela	Lichen	<i>Parmelia perlata</i> Ach.	Parmeliaceae
73.	Chiraita	Chirata (Indian Gentian)	<i>Swertia chirata</i> Buch. Ham.	Gentianaceae
74.	Chironji	Almondette Tree	<i>Buchanania lalzan</i> Spreng.	Anacardiaceae
75.	Chob Zard	Turmeric	<i>Curcuma longa</i> Linn.	Zingiberaceae
76.	Chobchini	China Root	<i>Smilax china</i> Linn.	Liliaceae
77.	Dal Urad	Black gram	<i>Phaseolus radiatus</i> Linn.	Fabaceae
78.	Damm-ul- Akhwain	Dragon's Blood	<i>Dracaena cinnabari</i> Balf f.	Liliaceae
79.	Dana Heel Kalan	Greater Cardamom	<i>Amomum sublatum</i> Roxb.	Zingiberaceae
80.	Dana Heel Khurd	Lesser Cardamom	<i>Elettaria cardamomum</i> Maton.	Zingiberaceae
81.	Dandi Har Singar	Night Jasmine	<i>Nyctanthes arbortristis</i> Linn.	Oleaceae
82.	Danthal Tambacoo	Tobacco	<i>Nicotiana tabacum</i> Linn.	Solanaceae
83.	Darchini	Cinnamon	<i>Cimamoum zeylanicum</i> Blunc.	Lauraceae
84.	Dar-e- Hald	Barberry	<i>Berberis aristata</i> DC.	Berberidaceae
85.	Dar-e-Filfil	Long Pepper	<i>Piper longum</i> Linn.s	Piperaceae
86.	Darunaj Aqrabi	Leopard's bane	<i>Doronicum hookeri</i> Hook.f.	Asterceae
87.	Elwa / Gheekwar	Aloe	<i>Aloe barbadensis</i> Linn.	Liliaceae
88.	Faranjmushk	Sweet Basil	<i>Ocimum basilicum</i> Linn.	Lamiaceae
89.	Filfil Daraz	Long Pepper	<i>Piper longum</i> Linn.s	Piperaceae
90.	Filfil Safaid	Pepper (Black & White)	<i>Piper nigrum</i> Linn.	Piperaceae
91.	Filfil Siyah	Pepper (Black & White)	<i>Piper nigrum</i> Linn.	Piperaceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
92.	Foh / Majeeth	Indian Maddar	<i>Rubia cordifolia</i> Linn.	Rubiaceae
93.	Gard Samaq	Sumach, Japan Wax Tree	<i>Rhus coriaria</i> Linn.	Anacardiaceae
94.	Ghungghi Safaid	Indian Liquorice	<i>Abrus precatorius</i> Linn.	Fabaceae
95.	Ghungghi Surkh	Indian Liquorice	<i>Abrus precatorius</i> Linn.	Fabaceae
96.	Gilo Sabz	Moon Creeper, Bile Killer	<i>Tinospora cordifolia</i> (Willd) Miers.	Menispermaceae
97.	Gond Babool	Gum Acacia	<i>Acacia Arabica</i> Willd.	Mimosaceae
98.	Gul-e- Surkh	Rose	<i>Rosa damascena</i> Mill.	Rosaceae
99.	Gul-e-Aak	Madder Tree	<i>Calotropis glgantea</i> (Linn.) R. Br.	Asclepiadaceae
100.	Gul-e-Baboona	Wild Chamomile	<i>Matricaria chamomilla</i> Linn.	Asteraceae
101.	Gul-e-Banafsha	Sweet Violet	<i>Viola odorata</i> Linn.	Violaceae
102.	Gul-e-Dhawa	Button Tree	<i>Anogeissus latifolia</i> Wall.	Combretaceae
103.	Gul-e-Ghafis	Persian Gentian	<i>Gentiana olivierii</i> Griseb.	Gentianaceae
104.	Gul-e-Gaozaban	Cow's Tongue Plant	<i>Borago officinalis</i> Linn.	Boraginaceae
105.	Gul-e-Kela Sokhta	Banana	<i>Musa paradisiaca</i> Linn.	Musaceae
106.	Gul-e-Khatmi	Marsh Mallow, Holly Hock	<i>Althaea officinalis</i> Linn.	Malvaceae
107.	Gul-e-Machkan	—	<i>Pterospermum suberifolium</i> Lam.	Sterculiaceae
108.	Gul-e-Madar	Madder Tree	<i>Calotropis glgantea</i> (Linn.) R. Br.	Asclepiadaceae
109.	Gul-e-Nilofar	Water Lily	<i>Nymphaea alba</i> Linn.	Nymphaeaceae
110.	Gul-e-Tambakoo	Tobacco	<i>Nicotiana tabacum</i> Linn.	Solanaceae
111.	Gul-e-Tesu	Flame of the Forest	<i>Butea monosperma</i> (Lam.) Kuntze	Papilionaceae
112.	Gul-e-Zoofa	Hyssop	<i>Hyssopus officinalis</i> Linn.	Lamiaceae
113.	Gular	Cluster Fig	<i>Ficus racemosa</i> Linn.	Moraceae

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114.	Gulnar Farsi	Pome granate (sterile variety)	<i>Punica granatum</i> Linn.	Punicaceae
115.	Habb-e-Balsan	Balsam Tree, Gilead	<i>Commiphora opobalsanum</i> (L.) Engl.	Burseraceae
116.	Habb-e-Kaknaj	White Cherry, Night shade	<i>Physalis alkekengi</i> Linn.	Solanaceae
117.	Habb-ul-Aas	Myrtle	<i>Myrtus communis</i> Linn.	Myrtaceae
118.	Habb-ul-Neel	Indigo, Pharbitis Nil	<i>Ipomoea hedracea</i> (Linn.) Jacq.	Convolvulaceae
119.	Habb-ul-Qilqil	Baloon Vine	<i>Cardiospermum helicacabum</i> Linn.	Sapindaceae
120.	Habb-ul-Qilt	Zedoary	<i>Curcuma zetoaria</i> Rosc.	Zingiberaceae
121.	Habb-us-Salateen	Croton	<i>Croton tiglium</i> Linn.	Euphorbiaceae
122.	Haldi	Turmeric	<i>Curcuma longa</i> Linn.	Zingiberaceae
123.	Halela Siyah	Chebolic Myrobalan	<i>Terminalia chebula</i> Retz.	Combretaceae
124.	Halela Zard	Chebolic Myrobalan (yellow)	<i>Terminalia chebula</i> Retz.	Combretaceae
125.	Heel Kalan, Ilaichi Kalan	Greater Cardamom	<i>Amomum subulatum</i> Roxb.	Zingiberaceae
126.	Heel Khurd, Heel Khurd Musallam	Lesser Cardamom	<i>Elettaria cardamomum</i> Maton.	Zingiberaceae
127.	Hilteet	Asafoetida	<i>Ferula foetida</i> Regel.	Apiaceae
128.	Ilaichi Khurd	Lesser Cardamom	<i>Elettaria cardamomum</i> Maton.	Zingiberaceae
129.	Inab-us-Salab	Night Shade	<i>Solanum nigrum</i> Linn.	Solanaceae
130.	Inderjao Shireen	Dyer's Oleander	<i>Wrightia tinctoria</i> R.Br.	Apocynaceae
131.	Ispand	Wild Rue, Garden Rue	<i>Peganum harmala</i> Linn.	Rutaceae
132.	Izkhar Makki	Lemon Grass	<i>Cymbopogon jwarancusa</i> Schult.	Poaceae
133.	Jadwar	Delphinium	<i>Delphinium denudatum</i> Wall.	Ranunculaceae

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134.	Jaifal	Nutmeg	<i>Myristica fragrans</i> Houtt.	Myristicaceae
135.	Jalapa	Jalap	<i>Ipomoea purga</i> Hayne	Convolvulaceae
136.	Jamalgota	Croton	<i>Croton tiglium</i> Linn.	Euphorbiaceae
137.	Jauzbua	Nutmeg	<i>Myristica fragrans</i> Houtt.	Myristicaceae
138.	Jawitri	Aril	<i>Myristica fragrans</i> Houtt.	Myristicaceae
139.	Juft Baloot	Oak	<i>Aesculus hippocatanum</i> Linn.	Hippo- castanaceae
140.	Kababchini	Cubeb	<i>Piper cubeba</i> Linn.f.	Piperaceae
141.	Kabab-e-Khandan	Toothache plant	<i>Zanthoxylum alatum</i> Roxb.	Rutaceae
142.	Kafoor	Camphor	<i>Cinnamomum camphora</i> Nees & Eberm.	Lauraceae
143.	Kahruba	—	<i>Pinus succinifera</i> Linn.	Pinaceae
144.	Kahruba Shamai	—	<i>Pinus succinifera</i> Linn.	Pinaceae
145.	Kaifal	Box Myrtle	<i>Myrica nagi</i> Thunb.	Myricaceae
146.	Kakra Singhi	—	<i>Rhus succedanea</i> Linn.	Anacardiaceae
147.	Kali Zeeri	Black Cumin	<i>Centratherum anthelminticum</i> (Willd.) Kuntze	Asteraceae
148.	Kamila	Monkey Face Tree	<i>Mallotus philippinensis</i> Muel-Arg.	Euphorbiacea
149.	Kapoor Kachri	Zedoary	<i>Curcuma zedoaria</i> Rosc.	Zingiberaceae
150.	Kat Safaid	White Catechu	<i>Acacia leucophloea</i> Willd.	Leguminosae
151.	Kateera	Gum Tragacanth, Tragacanth	<i>Cochlospermum religiosum</i> (Linn.) Alston	Cochlo- spermaceae
152.	Kath Khalis	Catechu	<i>Acacia catechu</i> Willd.	Mimosaceae
153.	Kazmazaj	—	<i>Tamarix orientalis</i> Vahl	Tamaricaceae
154.	Khajoor Taza	Dates	<i>Phoenix dactylifera</i> Linn.	Palmae
155.	Khaksi	Hedge Mustard	<i>Sisymbrium irio</i> Linn.	Brassicaceae
156.	Khar Bansa	Vasaka	<i>Adhatoda vasica</i> Nees.	Acanthaceae

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157.	Khardal Banarsi	Black Mustard	<i>Brassica nigra</i> (Linn.) Hook	Cruciferae
158.	Khar-e-Khasak Khurd	Small Caltrops	<i>Tributes terrestris</i> Linn.	Zygophyllaceae
159.	Khas Hindi	Vetiver, Cuscus	<i>Vetiveria zizanoides</i> (L.) Nash.	Poaceae
160.	Khashkhash Safaid	Poppy seeds	<i>Papaver somniferum</i> Linn.	Papaveraceae
161.	Khatmi Siyah	Marsh Mallow, Holly Hock	<i>Althaea officinalis</i> Linn.	Malvaceae
162.	Khulanjan	Galangal, Greater Galangal	<i>Alpinia galanga</i> Linn.	Zingiberaceae
163.	Khurfa Siyah	Purslane	<i>Portulaea oleracea</i> Linn.	Portulacaceae
164.	Khurma Khushk	Dates	<i>Phoenix dactylifera</i> Linn.	Palmae
165.	Khusyatus Salab	Salep	<i>Orchis latifolia</i> Linn.	Orchidaceae
166.	Kishneez Khushk	Coriander	<i>Coriandrum sativum</i> Linn.	Apiaceae
167.	Konain Desi	Cinchona	<i>Cinchona officinalis</i> Linn. f.	Rubiaceae
168.	Kuchla	Nux Vomica	<i>Strychnos nux-vomica</i> Linn.	Loganiaceae
169.	Kundur	Olibanum	<i>Boswellia serrata</i> Roxb.	Bursaceae
170.	Kutki	Picrorhiza	<i>Picrorhiza kurroa</i> Royie. ex. Benth.	Scrophulariaceae
171.	Leemu Kaghzi	Lemon	<i>Citrus aurantifolia</i> (Christm) Swingle	Rutaceae
172.	Lehsun, Lehsun Kham	Garlic	<i>Allium sativum</i> Linn.	Liliaceae
173.	Loban	Benzoin	<i>Styrax benzoin</i> Dryand	Styraceae
174.	Lodh Pathani	Lodh Tree, Lodh	<i>Symplocos racemosus</i> Roxb.	Symplocaceae
175.	Luab-e-Nishasta Gandum	Wheat Starch	<i>Triticum aeativum</i> Linn.	Poaceae
176.	Maghz-e-Akhrot	Walnut	<i>Juglans regia</i> Linn.	Juglandaeae

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177.	Maghz-e-Amaltas	Golden Shower, Purging Cassia	<i>Cassia fistula</i> Linn	Caesalpiniaceae
178.	Maghz-e-Arand	Castor Plant, Palmachristi	<i>Ricinus communis</i> Linn.	Euphorbiaceae
179.	Maghz-e-Badam Shireen	Almond	<i>Prunus amygdalus</i> Batsch.	Rosaceae
180.	Maghz-e-Bakain	Persian Lilac	<i>Melia azedarach</i> Linn.	Meliaceae
181.	Maghz-e-Bedanjeer	Castor Plant	<i>Ricinus communis</i> Linn.	Euphorbiaceae
182.	Maghz-e-Bhilawan	Marking Nut	<i>Semecarpus anacardium</i> Linn.	Anacardiaceae
183.	Maghz-e-Binola	Cotton Plant	<i>Gosypium herbaceum</i> Linn.	Malvaceae
184.	Maghz-e-Bunduq	Soap Nut	<i>Sapindus mukorossi</i> Gaertn.	Sapindaceae
185.	Maghz-e-Chironji	Buchanan's Mango	<i>Buchanania lanzan</i> Spreng.	Anacardiaceae
186.	Maghz-e-Funduq	Hazel Nut	<i>Corylus avellana</i> Linn.	Betulaceae
187.	Maghz-e-Kaddu	Pumpkin, Musk melon	<i>Cucurbita moschata</i> Duchesne.	Cucurbitaceae
188.	Maghz-e-Kaddu Shireen	Bottle Gourd	<i>Logertaria siceraria</i> Standl.	Cucurbitaceae
189.	Maghz-e-Kanwal Gatta	Nelumbo Seed kernal	<i>Nelumbo nucifera</i> Gaertn.	Nymphaeaceae
190.	Maghz-e-Karanjwa	Physic Nut, Mulacea Bean	<i>Caesalpinia bonducella</i> Flem.	Caesalpiniaceae
191.	Maghz-e-Neeb	Margosa Seed kernel	<i>Azadirachta indica</i> A. Juss.	Meliaceae
192.	Maghz-e-Pambadana	Cotton Plant	<i>Gosypium herbaceum</i> Linn.	Malvaceae
193.	Maghz-e-Petha	White Gourd Melon	<i>Benincasa hispida</i> (Thunb.) Cogn.	Cucurbitaceae
194.	Maghz-e-Pista	Pistachia Nut	<i>Pistacia vera</i> Linn.	Anacardiaceae
195.	Maghz-e-Tarbutz	Water Melon	<i>Citrullus vulgaris</i> Schrad.	Cucurbitaceae
196.	Maghz-e-Tukhm-e-Biryani Tamar Hindi	Tamarind	<i>Tamarindus indica</i> Linn.	Leguminosae
197.	Mayee Khurd	Tamarix Galls (Small)	<i>Tamarix articulata</i> Vahl.	Tamaricaceae

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198.	Majeeth	Indian Maddar	<i>Rubia cordifolia</i> Linn.	Rubiaceae
199.	Mako Khushk	Black Night Shade	<i>Solanum nigrum</i> Linn.	Solanaceae
200.	Malkangani	—	<i>Celastrus peniculanus</i> Willd.	Celasteraceae
201.	Mamira	—	<i>Thalictrum foliolosum</i> Dc.	Ranunculaceae
202.	Mamiran Chini	—	<i>Thalictrum foliolosum</i> Dc.	Ranunculaceae
203.	Marzanjosh	Marjoram	<i>Origanum vulgare</i> Linn.	Lamiaceae
204.	Mastagi, Mastagi Roomi	Mastich	<i>Pistacia lentisus</i> Linn.	Anacardiaceae
205.	Maweez Munaqqa	Grapes	<i>Vitis vinifera</i> Linn.	Vitaceae
206.	Maweez Munaqqa Zard	Grapes	<i>Vitis vinifera</i> Linn.	Vitaceae
207.	Mayeen Khurd	Tamarix Galls (Small)	<i>Tamarix articulata</i> Vahl.	Tamaricaceae
208.	Mazu, Mazu Sabz, Mazu Sokhta	Gall, Dyer's Oak	<i>Quercus infectoria</i> Oliv.	Fagaceae
209.	Meda Lakri	Litsea Wood	<i>Litsea sebifera</i> Pers.	Lauraceae
210.	Mochras	Silk Cotton Tree (Gum)	<i>Salmaalina malabarica</i> Schott & Endl.	Bombacaceae
211.	Muqil	Bdelium	<i>Commiphora mukut</i> (Hook ex stocks) Engl.	Burseraceae
212.	Murmakki	Myrrh	<i>Commiphora myrrha</i> (Nees) Engl.	Burseraceae
213.	Musli Safaid	White Musale	<i>Chlorophytum arundinaceum</i> Baker.	Liliaceae
214.	Nagarmotha	Nut Grass	<i>Cyperus rotundus</i> Linn.	Cyperaceae
215.	Nagkesar	Iron Wood Tree	<i>Mesua ferrea</i> Linn.	Guttiferae
216.	Nana	The Marsh Mint Weed	<i>Mentha arvensis</i> Linn.	Lamiaceae
217.	Nankhwah	Ajowa seds, Bishop's Weed	<i>Trachyspermum ammi</i> (L.) Sprague.	Apiaceae
218.	Narjeel Daryayee	Sea Coconut	<i>Lodoicea maldivica</i> Pers.	Palmae

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219.	Narjeel Giri, Narjil Kashida	Coconut Tree	<i>Cocos nucifera</i> Linn.	Palmae
220.	Narkachoor	Zedoary	<i>Zingiber zerumbet</i> Rose ex Smith	Zingiberaceae
221.	Narmushk	Iron Wood Tree	<i>Mesua ferrea</i> Linn.	Guttiferae
222.	Nishast-e-Maize	Dextrin Powder	<i>Zea mays</i> Linn.	Poaceae
223.	Ood Balsan	Balsam Wood	<i>Commiphora opobalsamum</i> (L.) Engl.	Burseraceae
224.	Ood Gharqi	Paeonea Root	<i>Paeonia officianalis</i> Linn.	Ranunculaceae
225.	Ood Hindi, Ood Kham	Eagle Wood, Aloe Wood	<i>Aquilaria agallocha</i> Roxb.	Thymeliaceae
226.	Ood Saleeb	Paeonea Root	<i>Paeonia officianalis</i> Linn.	Ranunculaceae
227.	Pakhanbed	—	<i>Bergenia ligulata</i> (Wall.) Engl.	Saxifragaceae
228.	Palak	Spinach	<i>Spinacia oleracea</i> Linn.	Chenopodiaceae
229.	Parsiyaoshan	Adiantum (Fern)	<i>Adiantum capillus-veneris</i> Linn.	Polypodiaceae
230.	Phali Babool	Babool	<i>Acacia arabica</i> Willd.	Mimosaceae
231.	Pipal Kalan	Long Pepper	<i>Piper longum</i> Linn.	Piperaceae
232.	Podina	The Marsh Mint Weed	<i>Mentha arvensis</i> Linn.	Lamiaceae
233.	Pakharmul	—	<i>Spilanthes acmella</i> C.B. Clarke	Asteraceae
234.	Post Anar	Pomegranate	<i>Punica granatum</i> Linn.	Puniceae
235.	Post Balela	Beleric Myrobalan	<i>Terminalia bellerica</i> Roxb.	Combretaceae
236.	Post Halela	Chebolic Myrobalan	<i>Terminalia chebula</i> Retz.	Combretaceae
237.	Post Halela Kabli, Post Halela Zard	Chebolic Myrobalan	<i>Terminalia chebula</i> Retz.	Combretaceae
238.	Post Khashkhash	Poppy seeds	<i>Papaver somniferum</i> Linn.	Papaveraceae
239.	Post Neem	Margosa Tree	<i>Azadirachta indica</i> A. Juss.	Meliaceae

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240.	Post Turanj	Citrus	<i>Citrus medica</i> Linn.	Rutaceae
241.	Post-e-Anar	Pomegranate	<i>Punica granatum</i> Linn.	Puniceae
242.	Post-e-Ritha	Soap Nut	<i>Sapindus mukorossi</i> Gaertn.	Sapindaceae
243.	Pudina Khushk	The Marsh Mint Weed	<i>Mentha arvensis</i> Linn.	Lamiaceae
244.	Qaranfal, Qaranfal Guldar	Clove	<i>Syzygium aromaticum</i> Merr & L.M. Perry	Myrtaceae
245.	Qust Shireen	—	<i>Saussurea hypoleuca</i> Spreng	Asteraceae
246.	Qust Talkh	—	<i>Saussurea lappa</i> C.B. Clarke	Asteraceae
247.	Rai	Black Mustard	<i>Brassica nigra</i> (Linn.) Koch.	Brassicaceae
248.	Ral Safaid	White Damar	<i>Vateria indica</i> Linn.	Dipteroearpaceae
249.	Ratanjot	—	<i>Onosma echioides</i> Linn.	Boraginaceae
250.	Rewand Chini	Rhubarb, Rheum	<i>Rheum officianale</i> Baillon	Polygonaceae
251.	Rubb-us-Soos Siyah	Liquorice, Sweet Wood	<i>Glycyrrhiza glabra</i> Linn.	Febaceae
252.	Sad Kufi	Nut Grass	<i>Cyperus rotundus</i> Linn.	Cyperaceae
253.	Salab Misri	Salep	<i>Orchis latifolia</i> Linn.	Orchidaceae
254.	Samagh, Samagh-e-Dhak	Bengal Kino, Flame of the Forest	<i>Butea monosperma</i> (Lam.) Kuntze	Leguminosae
255.	Samagh-e-Arabi	Babool Gum	<i>Acacia arabica</i> Willd.	Mimosaceae
256.	Sandal Safaid	Sandal Wood	<i>Santalum album</i> Linn.	Santalaceae
257.	Sandal Surkh	Red Sandal Wood	<i>Pterocarpus santalinus</i> Linn.	Febaceae
258.	Sankhaholi	—	<i>Evolvulus alsinoides</i> Linn.	Convolvulaceae
259.	Sapistana	Common Sebestens	<i>Cordia dichotoma</i> Forst.f.	Boraginaceae
260.	Saqmoonina	Scammony	<i>Convolvulus scammonia</i> Linn.	Convolvulaceae

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261.	Satar Farsi	Savory	<i>Zataria multiflora</i> Boiss	Lamiaceae
262.	Satawar	Asparggus	<i>Asparagus racemosus</i> Willd.	Liliaceae
263.	Sat-e-Ajwayin	Bishop's Weed	<i>Ptychotis ajowan</i> DC.	Apiaceae
264.	Sat-e-Gilo	Moon Creeper, Bile Killer	<i>Tinospora cordifolia</i> (Willd) Miers.	Menispermaceae
265.	Sat-e-Leemu	Lemon	<i>Citrus aurantifolia</i> (Christm) Swingle	Rutaceae
266.	Sat-e-Loban	Benzoin	<i>Styrax benzoin</i> Dryand	Styraceae
267.	Sat-e-Pudina	The Marsh Mint Weed	<i>Mentha arvensis</i> Linn.	Lamiaceae
268.	Sazaj, Sazaj Hindi	Indian Cassia Lignea	<i>Cinnamomum tamala</i> Nees & Eberm	Lauraceae
269.	Seb Shireen	Apple	<i>Malus sylvestris</i> Mill.	Rosaceae
270.	Shagoofa-e-Neeb	Margosa Tree	<i>Azadirachta indica</i> A. Juss.	Meliaceae
271.	Shagufa-e-Anar	Pomegranate	<i>Punica granatum</i> Linn.	Puniceae
272.	Shagufa-e-Babul	Babul Tree	<i>Acacia arabica</i> Linn	Leguminosae
273.	Shaham-e-Hanzal	Colocynth	<i>Citrullus colocynthis</i> Shrad.	Cucurbitaceae
274.	Shaqaqul Misri	Wild Parsnip	<i>Pastinaca secacul</i> Linn.	Apiaceae
275.	Shikakai	Soap pod	<i>Acacia concinna</i> DC.	Mimosaceae
276.	Shitraj Hindi	Ceylon Lead Wort	<i>Plumbago zeylancia</i> Linn.	Plumbaginaceae
277.	Sibr Zard	Aloe	<i>Aloe barbadensis</i> Linn.	Liliaceae
278.	Sirka Jamun	Black Plum	<i>Syzygium cumini</i> (Linn.) skeels	Myrtaceae
279.	Sirka Naishkar	Sugar Cane	<i>Saccharum officinarum</i> Linn.	Poaceae
280.	Suboos-e-Aspghal	Spogel	<i>Plantago ovata</i> Forsk.	Plantaginaceae
281.	Sufla Zafran	Saffron	<i>Crocus sativus</i> Linn.	Iridaceae
282.	Sufoof-e-Asl-us-Soos	Liqourice	<i>Glyeyrrhiza glabra</i> Linn.	Paplimaceae
283.	Sumbal-ut-Teeb	Indian Velerian	<i>Nardostachys jatamansi</i> Dc.	Valerianaceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
284.	Sandroos	Sandroos	<i>Trachylobium hornemannionum</i> Hayne	Fabaceae
285.	Suranjan	Colchicum (Bitter)	<i>Colchicum luteum</i> Baker.	Liliaceae
286.	Tabasheer	Bambu Manna	<i>Bambusa bambos</i> Druce.	Poaceae
287.	Taj Qalami	Cassia, Chinese Cinnamon	<i>Cinnamomum cassia</i> Blume	Lauraceae
288.	Tezpat	Cinnamon leaf	<i>Cinnamomum tamala</i> Nees & Eberm.	Lauraceae
289.	Tudri Surkh	Wall Flower (Red)	<i>Chiranthus cheiri</i> Linn.	Cruciferae
290.	Tudri Safaid	Wall Flower (White)	<i>Chiranthus cheiri</i> Linn.	Cruciferae
291.	Tudri Zard	Wall Flower (Yellow)	<i>Chiranthus cheiri</i> Linn.	Cruciferae
292.	Tukhm-e-Badranj boya	Catmint	<i>Melissa parviflora</i> Benth.	Lamiaceae
293.	Tukhm-e-Bathwa	Chenopodium	<i>Chenopodium album</i> Linn.	Chenopodiaceae
294.	Tukhm-e-Dhatura	Datura	<i>Datura alba</i> Nees.	Solanaceae
295.	Tukhm-e-Faranj mushk	Sweet Basil	<i>Ocimum basilicum</i> Linn.	Lamiaceae
296.	Tukhm-e-Gandana	Shallot	<i>Allium dscalonicum</i> Linn.	Liliaceae
297.	Tukhm-e-Gazar	Carrot	<i>Daucus cdrotid</i> Linn. Var. <i>Sativa</i> DC.	Apiaceae
298.	Tukhm-e-Haloon	Garden Cress, Rocket Plant	<i>Lepidium sativam</i> Linn.	Cruciferae
299.	Tukhm-e-Hummaz	Sorrel	<i>Rumex vesicarius</i> Linn.	Polygonaceae
300.	Tukhm-e-Hulba	Fenugreek	<i>Trgomella foenum-graecum</i> Linn.	Leguminosae
301.	Tukhm-e-Kahu	Lettuce	<i>Lactuca sativa</i> Linn.	Asteraceae
302.	Tukhm-e-Kahu Muqashshar	Lettuce	<i>Lactuca sativa</i> Linn.	Asteraceae
303.	Tukhm-e-Kanocha	—	<i>Phyllanthus maderaspatensis</i> Linn.	Euphorbiaceae
304.	Tukhm-e-Karafs	Celery	<i>Apium graveolens</i> Linn.	Apiaceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
305.	Tukhm-e-Karafs Siyah	Celery	<i>Apium graveolens</i> Linn.	Apiaceae
306.	Tukhm-e-Kasoos	Doddar, Cuscuta	<i>Cuscuta reflexa</i> Roxb.	Convolvulaceae
307.	Tukhm-e-Kasni	Cichory	<i>Cichorium intybus</i> Linn.	Asteraceae
308.	Tukhm-e-Katan	Lin Seed	<i>Linum usitatissimum</i> Linn.	Linaceae
309.	Tukhm-e-Katan Biryani	Lin Seed	<i>Linum usitatissimum</i> Linn.	Linaceae
310.	Tukhm-e-Khatmi	Marsh Mallow, Holly Hock	<i>Althaea officinalis</i> Linn.	Malvaceae
311.	Tukhm-e-Khayarain	Cucumber	<i>Cucumis sativus</i> Linn.	Cucurbitaceae
312.	Tukhm-e-Khurfa	Purslane	<i>Portulaca oleracea</i> Linn.	Portulacaceae
313.	Tukhm-e-luffah	Deadly Night-Shadow	<i>Atropa belladonna</i> Linn.	Solanaceae
314.	Tukhm-e-Piyaz	Onion	<i>Allium cepa</i> Linn.	Liliaceae
315.	Tukhm-e-Qurtum	Safflower, Bastard Saffron	<i>Carthamus tinctorius</i> Linn.	Asteraceae
316.	Tukhm-e-Rehan	Holy Basil	<i>Ocimum sanctum</i> Linn.	Lamiaceae
317.	Tukhm-e-Sarwali	Celosia	<i>Celosia argentea</i> Linn.	Amaranthaceae
318.	Tukhm-e-Shalgham	Turnip	<i>Brassica rapa</i> Linn.	Cruciferae
319.	Tukhm-e-Shibbat	Sova Seeds	<i>Anethum sowa</i> Kurz.	Apiaceae
320.	Tukhm-e-Siras	Siras	<i>Albizia lebeck</i> Benth.	Leguminosae
321.	Tukhm-e-Talmakhana	Astracanth	<i>Hygrophila auriculata</i> (Schum.) Haine	Acanthaceae
322.	Tukhm-e-Tamar-e-Hindi Biryani	Tamarind	<i>Tamarindus indica</i> Linn.	Leguminosae
323.	Tukhm-e-Turb	Raddish	<i>Raphanus sativus</i> Linn.	Brassicaceae
324.	Tukhm-e-Utangan	—	<i>Blepharis edulis</i> Pers.	Acanthaceae
325.	Tukhm-e-Tamar-e-Hindi Biryani	Tamarind Seeds	<i>Tamarindus indica</i> Linn.	Leguminosae
326.	Tulsi	Black Basil	<i>Ocimum basilicum</i> Linn.	Lamiaceae
327.	Turbud, Turbud Safaid	Turpeth	<i>Operculina turpethum</i> (L) Silva Manso	Convolvulaceae

S. No.	Tibbi/Popular Names	English Names	Botanical Names	Family
328.	Unnab	Jujube	<i>Zizyphus jujube</i> Linn.	Rhamnaceae
329.	Usara-e-Rewand	Rhubarb, Rheum	<i>Rheum emodi</i> Wall.	Polygonaceae
330.	Ushba	Mexican Sarsaparilla	<i>Smilax aristolochaefolia</i> Miller.	Liliaceae
331.	Ushna	Usnea (Lichen)	<i>Usnea longissima</i> Asch.	Usneaceae
332.	Ustukhuddus	French Lavender	<i>Lavandula stoechas</i> Linn.	Lamiaceae
333.	Waj-e-Turki	Sweet Flag	<i>Acorus calamus</i> Linn.	Araceae
334.	Zafran, Zafran Khalis	Saffron	<i>Crocus sativus</i> Linn.	Iridaceae
335.	Zanjabeel	Ginger	<i>Zingiber officianale</i> Rosc.	Zingiberaceae
336.	Zarambaad	Zedoary	<i>Curcuma zedoaria</i> Rosc.	Zingiberaceae
337.	Zarawand Mudahraj	European Birthwort	<i>Aristolchia rotunda</i> Linn.	Aristolochiaceae
338.	Zar-e-Ward	Rose	<i>Rosa alba</i> Linn.	Rosaceae
339.	Zarishk	Barberry	<i>Berberis aristata</i> Dc.	Berberidaceae
340.	Zeera Safaid	Cumin	<i>Cuminum carvi</i> Linn.	Apiaceae
341.	Zeera siyah	Black Caraway	<i>Carum carvi</i> Linn.	Apiaceae
342.	Zufa	Hyssop	<i>Hyssopus officinalis</i> Linn.	Lamiaceae

DRUGS OF ANIMAL ORIGIN

UNANI DRUGS OF ANIMAL ORIGIN

S.No.	Unani Name	English Name	Zoological/Scientific Names
1.	Abresham	Silkworm Cocoon	Bombyx mori
2.	Ambar Ashhab	Ambergris	Ambra grasea
3.	Baiza-e-Murgh	Hen's Egg	–
4.	Beer Bahuti	Velvety Tick, Cochineal Insect	–
5.	Beikh-e-Marjan	Coral (Branches)	Corallium rubrum
6.	Jonk	Leech	Hirudo medicinalis
7.	Jund Bedastar	Castorium (Castor Beavor)	–
8.	Kharateen	Earthworms	Pheritima spp.
9.	Buzz	Goat	–
10.	Luk	Lac	Coccus lacca
11.	Mahirubian	Shrimps (Prawns)	Palemon curtinus
12.	Marwareed	Perl	Mytilus margritiferus
13.	Mom (Zard)	Bees Wax (Yellow)	–
14.	Qaran-ul-Aiayal	Stag's Horn	Cervus elephusC. equinus
15.	Sadaf	Pearl Shells (Real, Large)	Pinctada margaritifera Linn.
16.	Sang-e-Sar-e-Mahi	Stone of the heads of fish (Otoliths from fishes)	Silicate of Lime
17.	Zehra Mahi	Fish's Gall Bladder	–

DRUGS OF MINERAL ORIGIN

UNANI DRUGS OF MINERAL ORIGIN

S.No.	Unani Name	English/Mineralogical Name	Chemical Compositions
1.	Chuna (Aahak)	Lime stone	Calcium carbonate
2.	Abrak (Safaid, Siyah)	Mica (Black, White), Biotite	Silicate of Alumina with Magnesia
3.	Aqeeq Surkh	Red Agate	Silica
4.	Booraq (Tinkar, Suhaga)	Borax	Sodium borate
5.	Bura Armani (Gile Armani)	Armenian Bole, Bole Armeniac, Red Sol	Aluminium Silicate, Silicate of Alumina, Magnesia and Iron Oxide
6.	Faulad	Iron	–
7.	Firoza	Turquoise	Aluminium Phosphate (Anhydrous)
8.	Gaodanti	Gypsum	Hydrated Calcium Sulphate
9.	Geru	Red Ochre, Red Earth, Ruddle, Bole Rubra	Silicate of Alumina and Iron Oxide
10.	Gil-e-Kharya (Gil-e-Qaimuliya)	Camolian Earth	–
11.	Hajr-ul-Yahood	Fossil Encrinite, Lapis Judaicus	Silicate of Lime
12.	Hartal Tabqi	Realgar, Red Orpiment, Red Arsenic	Arsenic (mono, disulphide)
13.	Hira Kasees	Green Vitriol	Sulphates of Iron (Iron Sulphate, Ferrous Sulphate)
14.	Jawakhar	Salt of Tartar, Parl Ash, Potash	Potassium Carbonate (Impure)
15.	Kaf-e-Darya (Zubd-ul-Bahr, Samandar Jhag)	Foam of the sea	–
16.	Khabs-ul-Hadeed (Zang-e-Aahan)	Iron Rust, Impure Oxide of Iron, Magnetite, Magnetic Iron Oxide	Iron Oxide (Ferric/Ferrous Oxide)

S.No.	Unani Name	English/Mineralogical Name	Chemical Compositions
17.	Kibreet (Gandhak)	Sulphur	–
18.	Yaqoot Surkh (Lal)	Ruby	–
19.	Yaqoot Asfar (Zard)	Topaz	–
20.	Yaqoot Sabz (Kabood)	Green Jasper	
21.	Murdar Sang	Massicot, Litharge	Monoxide of Lead
22.	Namak Siyah	Black Salt, Sanchal Salt	Sodium Sulphate mixed with Sodium Chloride
23.	Namak-e-Lahori	Rock Salt	–
24.	Namak-e-Sambhar	Salt from Sambhar Lake	–
25.	Namak-e-Shor	Salt Petre, Salt Marsh	Potassium Nitrate (pure)
26.	Namak-e-Toam	Common Salt, Table Salt	Sodium Chloride
27.	Naushadar	Sal Ammoniac	Ammonium Chloride
28.	Nuqra (Chandi,Fizza)	Silver, Argentum	–
29.	Phitkari (Shibb-e-Yamani)	Alum	–
30.	Qalai	Tin, Stanum	–
31.	Sendur	Red lead, vermilion	Red oxide of lead Red oxide of mercury (Mercuric oxide)
32.	Safaida Kashghari	Flowers of Zinc	Zinc-Oxide
33.	Sajji (Sajji Khar)	Washing Soda, Sal Soda, Dhobi's Earth	Sodium-Carbonate (impure)
34.	Samm-ul-Faar	Arsenic	White Oxide of Arsenic
35.	Sang-e-Basri	Calamine	Zinc Carbonate
36.	Sang-e-Jarahat	Soap Stone, Talc, Steatites	Hydrated Magnesium Silicate
37.	Seemab (Para)	Mercury	–
38.	Shingraf	Cinnabar	Compound of Mercury and Sulphur

S.No.	Unani Name	English/Mineralogical Name	Chemical Compositions
39.	Shora Qalami	Salt Marsh	Potassium nitrate
40.	Soda Khurdani		Sodium bicarbonate
41.	Surma (Siyah, Safaid)	(i) Black Antimony, Kermus Mineral (ii) Lead (Galena), Lead Ore	(i) Antimony Sulphide (ii) Lead Sulphide
42.	Tila (Zahab,Sona)	Gold	–
43.	Tutiya Sabz	Blue Vitriol	Copper Sulphate
44.	Zahar Mohra	Bezoar stone, Mineral Stone, Serpentine	–
45.	Zumurrud	Emerald	–
46.	Zangar	Rust	Coppe rust

**GLOSSARY OF UNANI TECHNICAL
TERMS WITH THEIR MODERN
EQUIVALENTS**

- A. ACTION WISE**
B. DISEASE WISE
-

A. ACTION-WISE

S.No.	Unani terms	Modern Equivatents	Explanatory
1.	Akkal	Corrosive	
2.	Daf-e-Alam	Analgesic	
3.	Daf-e-Hamuzat	Antacid	
4.	Daf-e-Kirm-e-Ama	Anthelmintic, Vermifuge	
5.	Daf-e-Nazia	Anti catarrh	
6.	Daf-e-Qai	Antiemetic	
7.	Daf-e-Safra	Antibilious	
8.	Daf-e-Sumoom	Antibilious	
9.	Daf-e-Taffun	Antiseptic	
10.	Daf-e-Tap (Dafe Humma)	Antipyretic	
11.	Daf-e-Tashannuj	Antispasmodic, Anticonvulsive	
12.	Daf-e-Ziabetes	Antidiabetic	
13.	Habis	Relentive	
14.	Habis-e-Baul	Antidiuretic	Urinary astringent
15.	Habis-ud-Dam	Styptic	
16.	Hazim	Disegstive	
17.	Jali	Detergent	
18.	Jazib	Absorbefacient	
19.	Kasir-e-Riyah	Carminative	
20.	Kawi	Caustic	
21.	Man-e-Asrat-e- Waba	Antiepidemic	
22.	Moaddil	Alterative	
23.	Moarriq	Diaphoretic	
24.	Mohallil-e-Warm	Anti-inflammatory	
25.	Moharrik	Stimulant	
26.	Moharrik-e-Asab	Nerve Stimulant	

S.No.	Unani terms	Modern Equivatents	Explanatory
27.	Moharrik-e- Bah		Sex Stimulant
28.	Moharrik-e-Kabid		Liver Stimulant
29.	Moharrik-e- Qalb		Heart Stimulant
30.	Moharrik-e-Rutubat-e-Meda		Stimulant to gastric secretions
31.	Mohazzi		Thinning speciall due to loss of fat.
32.	Mubarrid	Frigorific	
33.	Mudammil	Cicatrizant	Healing of wound
34.	Mudirr-e-Baul	dicretic	
35.	Mudirr-e-Haiz (Mudirr-e-Tams)	Emmenagogue	
36.	Mufarreh	Exhilarant	
37.	Mufatteh Sudad	Deobdtruent	
38.	Mufattit-e-Hasat	Lithotriptic	
39.	Mugharri	Agglutinant	
40.	Mughalliz-e-Mani		Inspissant to Semen
41.	Mujaffif	Desiccant, Siccative	
42.	Mukhaddir	Anaesthetic	
43.	Mukharrish	Pruritic	Itch Causing
44.	Mukhrij-e-Loab-e-Dahan	Saialogogue	
45.	Mulaiyin	Laxative, Aperirnt	
46.	Mulattif	Demulscent	
47.	Mumsik	Retentive	Retention of Semen by making it thick
48.	Munaffis-e-Balgham	Expectorant	
49.	Munaqqi-e-Dimagh		Drugs clearing bad humour from the brain
50.	Munaqqi-e-Meda		Drugs clearing vitiated humour from the stomach

S.No.	Unani terms	Modern Equivalentents	Explanatory
51.	Munawwim	Hypnotic, Narcotic	
52.	Munzij	Coctive, Concoctive, Maturative	
53.	Muqawwi-e-Aam		General Health improving (General Tonic)
54.	Muqawwi-e-Ama		Strength giving to intestine (Intestinal Tonic)
55.	Muqawwi-e-Asab		Nerve strenghthening (Nervine Tonic)
56.	Muqawwi-e-Aza-e-Raeesa		Strength giving to principal organs like Brain, Heart and Liver (Tonic for Principal Organs)
57.	Muqawwi-e-Basar		Vision improving
58.	Muqawwi-e-Bah	Aphrcdisiac	
59.	Muqawwi-e-Dimag		Brain Tonic
60.	Muqawwi-e-Kabid		Liver Tonic
61.	Muqawwi-e-Kulya		Renal Tonic
62.	Muqawwi-e-Masana		Vesicular Tonic
63.	Muqawwi-e-Meda	Stomachic	
64.	Muqawwi-e-Qaib		Cardiac Tonic
65.	Muqawwi-e-Rahem		Uterine Tonic
66.	Muqawwi-e- Shar		Hair Tonic
67.	Murattib	Humectant	
68.	Murkhi	Relaxant	
69.	Musaffi-e-Dam		Blood purifler
70.	Musakkin	Sedative	Soothing or Sedating
71.	Musakkin-e-Alam	Analgesic	
72.	Musakkin-e-Asab		Nerve Sedating
73.	Musakkin-e –Sual		Cough relieving, Soothing

S.No.	Unani terms	Modern Equivatents	Explanatory
74.	Musammin	Adipogenous	Fat producing
75.	Musammin-e-Badan		Adip.o genous for whole of the body
76.	Musawwi-e-Shar		To blacken hair
77.	Mushahhi	Appetizer	
78.	Mus-hil	Purgative, Cathartic	
79.	Musqit	Ecboolic	Abortifacient
80.	Mutayyib-e-Dahan	Fragrant	Mouth freshner
81.	Muwallid-e-Dam	Haematogenic	
82.	Muwallid-e-Mani	Spermatogenic	
83.	Muzliq	Lubricant	
84.	Qabiz	Constipative	
85.	Qabiz-e- Azlat	Astringent, Constrictive	
86.	Qat-e-Lahme-Zayed		Proud flesh remover
87.	Qatil-e- Jaraseem	Germicidal, Bactericidal	
88.	Qatil-e-Deedan-e-Ama	Vermicidal	
89.	Rade	Repellent	

B. DISEASE-WISE

S.No.	Unani Terms	Modern Equivatents	Explanatory
1.	Aatishak	Syphillis	-
2.	Adat -e- Isqat	Habitual Abortion	-
3.	Anaf-ul-Anzah	Influenza	-
4.	Ananat	Anaphrodisia, Impotency	-
5.	Aqrab Gazeedgi	Scorpion bite	
6.	Atash-e-Mufrit	Polydipsia	Excessive thirst
7.	Bahaq Abyaz	Pityriasis alba	White patches on skin (white Scales)
8.	Bahaq Aswad	Pityriasis nigra	Black patches on skin (Black Scales)
9.	Bakhr-ul-Fam	Ozostomia /Halitosis	Oral
10.	Bars	Leucoderma, Vitiligo	
11.	Baul Filfarash	Nocturnal enuresis	Bed Wetting in children
12.	Bawaseer	Piles/ Hemorrhoids	-
13.	Bawaseer Amya	Blind piles	-
14.	Bawaseer Damiya	Bleeding piles	-
15.	Bayaz-ul-Ain	Opacity	-
16.	Bayaz-ul-Qarnia	Corneal Opacity	-
17.	Bohat-us-Saut Hadd	Acute hoarseness	-
18.	Bohat-us-Saut Muzmin	Chronic hoarsrness	-
19.	Busoor	Acne, pimples	-
20.	Da-ul-Feel	Elephantiasis/Filariasis	-
21.	Da-ul-Salab	Alopecia	Scald or loss hair
22.	Dabba Atfal	Infantifle Broncho Peneumonia	-
23.	Damameel	Furuncles, Boil	-
24.	Dawar	Giddiness	-
25.	Deedan-e-Ama	Helminthiasis	-

S.No.	Unani Terms	Modern Equivatents	Explanatory
26.	Diq	Tuberculosis	-
27.	Diq-e-Rewi	Pulmonary Toberculosis	-
28.	Ehtebas-e-Baul	Anuria	-
29.	Ehtebas-e-Tams	Amenorrhoea	-
30.	Falij	Hemilepegia	
31.	Faqr-ud-Dam	Anaemia	
32.	Fasad ud-Dam		Putrefaction of Blood
33.	Fataq-e-Urbi	Inguinal Hernia	
34.	Fuwaq	Hiccough	
35.	Ghashi	Fainting	
36.	Ghasiyan	Nausea	
37.	Haiza	Cholera	
38.	Haraq	Burn	
39.	Hararat-e-Qalb	-	Warmth of the Heart
40.	Hasat-e-Kulya	Renal Calculus	
41.	Hasat-e-Masana	Vesicular Calculus	
42.	Hikka	Prurigo/ pruritus	
43.	Hirqat-ul-Baul	Burring Micturation	
44.	Humma (Hummiyat)	Pyrexia	
45.	Humma-e-Ajamiya	Malarial Fever	
46.	Humma-e-Diq	Tubercular Fever	
47.	Humma-e-Haadda	Hyper pyrexia	Acute fever
48.	Humma-e-Nazli	Catarhal Fever	
49.	Humma-e-Safrawi	Bilious Fever	
50.	Humma-e-Saudawi	-	-
51.	Humma-e-Wabayee	Epidemic Fever	-
52.	Hummiyat-e-ufooni	Saptic Fever	
53.	Hummuzat-e-Meda	Hyperacidily	-

S.No.	Unani Terms	Modern Equivalents	Explanatory
54.	Hummiyat-e-Murakkab (Humma-e-Murakkab)	Compound Fevers	Different kinds of fever due to different causes
55.	Hummiyat-e-Muzmina	Chronic Fever	
56.	Hurqat-e-Chashm		Burning sensation the Eye
57.	Huzal-e-Badan	Emaciation	
58.	Ikhtenaq-ur-Rahem	Hysteria	
59.	Intesar-e-Shar		Split of hair
60.	Irq-un-Nisa	Sciatica	
61.	Is-hal	Diarrhoea	
62.	Is-hal-Atfal	Infantile Diarrhoea	
63.	Is-hal-Damwi	Hemorrhagic Diarrhoea	
64.	Is-hal-e- Diqqi	Tubercular Diarrhoea	
65.	Is-hal-e- Muzmin	Chronic Diarrhoea	
66.	Is-hal-e - Safrawi	Bilious Diarrhoea	Diarrhoea due to Yellow Bile
67.	Istehaza	Metrorrhagia	-
68.	Istirkha	Atony	
69.	Istirkha-e-Qazeeb		Atony of the penis
70.	Istirkha-e- Rahem		Atony of the Uterus
71.	Istisqa	Dropsy	
72.	Istisqa-e-Ziqqi	Ascites	
73.	Iya	Fatigue	
74.	Izm-e-Tehal	Spicneme-galy	Enlargement of Spleen
75.	Izmehlal	Depression	-
76.	Izyot	-	Excretion of faeces at the time of ejaculation
77.	Jarab	Scabies	
78.	Jarab-ul-Ajfan	Trachoma	
79.	Juzam	Leprosy	

S.No.	Unani Terms	Modern Equivatents	Explanatory
80.	Kala Azar	Kala Azar	
81.	Karb	Distress	
82.	Kasart-e-Azam	Fracture	
83.	Kasrat-e-Baul	Polyuria	
84.	Kasrat-e-Ehtelam		Excessive nocturnal emission
85.	Kasrat-e-Tams	Polymenorrhagia	
86.	Khadar	Numbness.Insensitivity	
87.	Khafqan	Palpitation	
88.	Khanazeer	Serofule(Cervicaladenitis).	
89.	Kharish	Pruritis	Itching of skin
90.	Khushunat-e-Halaq	Sore-throat	
91.	Khushunat-e-Jild	Xeroderma	
92.	Kirm-e-Dandan	Doental-Cariec	Caries in teeth
93.	Lahm-e-Zayed	Proud-Flesh	
94.	Laqwa	Bells Palsy	Facial paralyisi
95.	Laza		Irriation
96.	Laza-e-Hashrat		Irriatatio or Itching due to insect bite
97.	Lissa-e-Damiya	Gingivitis	Bleeding Gums
98.	Maghs	Tenesmus/Spamodic	Cramps
99.	Malikhuliya	Malancholia	
100.	Miraq	Psychoneurosis	
101.	Nafkh-e-Shikam	Flatulence	Flatulence in the stomach
102.	Nafs-ud-Dam	Haemoptysis	
103.	Naqahat	Asthenia	Weakness
104.	Naqahat-e-Umumi	General Debility	
105.	Naqayas-e-Jalaq		Ailmonts due to masturbation

S.No.	Unani Terms	Modern Equivatents	Explanatory
106.	Nasoor	Fistula	
107.	Nawaseer	Anal Fistula	
108.	Nazf-ud-Dam	Hemorrhage	
109.	Nazla	Catarrh	
110.	Nazla Haad	Acute Catarrh	
111.	Nazla Muzmin	Chronic Catarrh	
112.	Niqras	Gout	
113.	Nisyan	Amnesia	
114.	Nuzool-ul-Ma	Cataract	
115.	Qabz	Constipation	
116.	Qabz-e-Atfal	Infantile Constipation	
117.	Qabz-e-Muzmin	Chronic Constipation	
118.	Qai	Vomiting	
119.	Qai-ud-Dam	Hematemesis	
120.	Qeela Maeeya	Hydroceie	
121.	Qillat-e-Baul	Oliguria	
122.	Qillat-e-Mani	Oligospermia	
123.	Quba	Ring worm	
124.	Qula	Stomatitis/ Thrush	
125.	Qula Abyaz	White Stomatitis (White Thrush)	
126.	Qulanj	Colic	
127.	Qulanj Suddi		Colic due to obstruction
128.	Qurooh	Ulcers	
129.	Qurooh-e-Aatishak	Syphilitic Uleers	
130.	Qurooh-e- Anaf	Nasal Ulcers	
131.	Qurooh-e-Ehleel	Ulcers of Urethra	
132.	Qurooh-e-Chasm	Ulcers of the Eye	

S.No.	Unani Terms	Modern Equivatents	Explanatory
133.	Qurooh-e- Isna Ashri	Decdenal Ulcers	
134.	Qurooh-e- Kulya	Renal Ulcers	
135.	Qurooh-e- Lissa	Ulcers in the gum	
136.	Qurooh-e- Masana	Visicular Ulcers	
137.	Qurooh-e-Meda	Gastric Ulcers	
138.	Qurooh-e-Miqad	Anal ulcers	Ulcers of the Anus
139.	Qurooh-e- Mulaffina		Ulcers due to putrefy action
140.	Qurooh-e-Muzmina	Chronic Ulcers	
141.	Ramad	Conjunctivitis	
142.	Rasha	Tremer	
143.	Riqqat-e-Mani	Attenuated Semen	
144.	Ruaf	Epistaxis	
145.	Sabal	Vascular Karatitis	
146.	Sadar	Vertigo	
147.	Sahar	Insomnia	
148.	Sahaj-e-Ama	Enteritis	Intestinal Abrasion
149.	Sailan-e-Loab-e-Dahan	Hypertylism	Salivation
150.	Sailan-e-Mani	Spermatorrhoea	
151.	Sailan-ur-Rehem	Leucorrhoea	
152.	Sala	Tumour	
153.	Salabat-e-Azlat	Muscular Rigidity	
154.	Salabat-e- Kabid		Induration of Liver
155.	Salabat-e-Mafasil		Induration of Joints
156.	Salabat-e- Meda		Induration of Stomach
157.	Salabat-e-Tehal		Induration of Spleen
158.	Sals-ul-Baul		Incontinence
159.	Salq	Scald	

S.No.	Unani Terms	Modern Equivatents	Explanatory
160.	Saman-e-Mufrit	Obesity	
161.	Sangrahni	Sprue	
162.	Sara	Epilepsy	
163.	Sarsam	Meningitis	
164.	Sarsam Haad	Acute Meningitis	
165.	Shaeera	Stye, Hordeolum	
166.	Shaheeqa	Pertussis	Whooping cough
167.	Shaqeeqa	Hemicrania/ Migraine	
168.	Shaqaq-ul-Meqad	Anal fissure	Fissure of the Anus
169.	Sil	Phthisis	
170.	Sual	Cough	
171.	Sual-e-Balghami	Phlegmatic Cough	
172.	Sual-e-Muzmin	Chronic Cough	
173.	Sual-e-Yabis	Dry Cough	
174.	Suda	Cephalalgia/ Cephalgia	Headache
175.	Suda-e-Muzmin	Chronic Headache	
176.	Suda-e-Reehi		Headache due to Gas
177.	Sufrat-e-Asnan		Yellow Teeth
178.	Su-e-Hazm	Dyspepsia	
179.	Surat-e-Inzal	Pre -nature ejaculation	
180.	Surkh Bada	Erysieplas	
181.	Surat-e-Qalb	Tachycardia	
182.	Su-ul-Qinya	Anaemia	
183.	Suzak	Gonorrhoea	
184.	Taharruk-e-Asnan		Lososening of Teeth
185.	Tap-e-Mohraqa	Hyperpyrexia	Fever due to High temperature
186.	Taqayyoh-e-Lissa	Pyorrhoea	

S.No.	Unani Terms	Modern Equivatents	Explanatory
187.	Taqteer-ul-Baul	Strangury	Dropping of Urine uncontrolled
188.	Tasaddud-e-Kabid	Hepatic obstruction	
189.	Tasaddud-e-Urooq	Thrombosis, Embolism	Occiusion in the vessel
190.	Tasammum	Poisoning/Intoxication	
191.	Tashannuj	Cramp, Convulsion, Spasm	
192.	Tashannuj-e-Rewi	Pulmonrary spasm	
193.	Um-us-Sibyan	Infantile Epilepsy	
194.	Uqr	Sterility	
195.	Usr-ul- Baul	Dysuria	
196.	Usr-ul-Tanaffus	Dyspnea	
197.	Usr-e-Wiladat	Dystocia, Mogitocia	Protracted Labour
198.	Waj-ul- Asab	Neuralgia	
199.	Waj-ul-Asnan	Odontalgia	Toothace
200.	Waj-ul- Aziat	Myaliga	Muscular pain
201.	Waj-ul- Fawad	Cardialgia	
202.	Waj-ul- Haad	Acute pain	
203.	Waj-ul- Kabid	Hepatalgia	Pain in the Lever
204.	Waj-ul- Katif		Pain in the Shoulder
205.	Waj-ul-Kulya	Nephralgia	Pain in the Kidney (Kidney pain)
206.	Waj-ul- Mafasil	Arthraliga	
207.	Waj-ul- Masana	Cystalgia	Pain in theBladder
208.	Waj-ul- Meda	Gastalgia	
209.	Waj-ul- Qutn	Lumbago	Backach
210.	Waj-ul- Rahem	Uteralgia, Metralgia	Pain in the Uterus
211.	Waj-ul- Tehal	Spleenagia	Pain in the Spleen
212.	Waj-ul- Uzn	Otalgia	Ear-ache
213.	Waj-ul-Warik		Hip pain

S.No.	Unani Terms	Modern Equivatents	Explanatory
214.	Waram	Inflammatoin	Swelling
215.	Waram -e- Asha	Visceritis	
216.	Waram -e- Asab		Nruritis
217.	Waram -e-Ghudad	Adenitis	Inflammation of the glands
218.	Waram-e-Ghudad-e-Limphawi	Lymphadenitis	
219.	Waram-e-Halaq	Pharyngitis	
220.	Waram-e- Hanjara	Laryngitis	
221.	Waram-e-Kabid	Hepatitis	Inflammation of the Glands
222.	Waram -e-Keesa-e-Damaee	Dacryocystitis	
223.	Waram-e- Lauzation	Tonsilitis	
224.	Waram -e- Lissa	Gringiotis	
225.	Waram -e- Mafasil	Arthritis	
226.	Waram-e-Mafasil Hadd	Acute Arthritis	
227.	Waram-e-Meda	Gastritis	
228.	Waram-e-Mirara	Cholecystitis	Inflammation of the Gall bladder
229.	Waram-e-Pistan Haad	Acute Mastitis	
230.	Waram-e- Qarnia	Keratitis	Coneal inflammation
231.	Waram-e-Quloon	Colitis	
232.	Waram -e- Reham	Uteritis/Metrittis	Inflammation of the Uterus
233.	Waram -e- Sharaseef		Inflammation in the pigastric region
234.	Waram-e- Tehal	Spleenitis	
235.	Warm-e- Unsayain	Orchitis	Inflammation of the Testes
236.	Waswas	Meloncholia, Psycosis	
237.	Yarqan	Jaundice	
238.	Yarqan Suddi	Obstructive Jaundice	

S.No.	Unani Terms	Modern Equivalents	Explanatory
239.	Yubs-e-Dimag		Dryness of the Brain
240.	Yubs -e-Jild	Xeroderma	Dryness of the Skin
241.	Zaheer	Dysentery	-
242.	Zaheer-e-Damwi	Blood Dysentery	Dysentery with blood
243.	Zaheer-e- Muzmin	Chronic Dysentery	Amoebic Dysentery
244.	Zakawat-e-His	Hypersensitivity	
245.	Zarb	Trauma	
246.	Zarba-o-saqta	Trauma, faintness	
247.	Zat-ul-Arz		Posterior Mesodmitis
248.	Zat-ul-Janb	Pleurisy	
249.	Zat-ul-Riya	Pneumonia	
250.	Zat-us-Sadr	Mediastinal Pleuritis	Anterior Mesodmitis
251.	Zeeq-un-Nafas	Asthma	
252.	Zeeq-un-Nafas Qalbi	Cardiac Asthma	
253.	Ziabetus Kazib (Ghair-Shakri)	Diabetes Insipidus	
254.	Ziabetus Sadiq	Diabetes Mellitus	
255.	Zof-e-Ama		Weakness of the Intestines
256.	Zof-e- Asab	Neur asthenia	
257.	Zof-e-Asab-e-Qazeeb		Weakness of the nerves of penis
258.	Zof-e- Aza-e-Raeesa		Weakness of the principal organs like Heart, Brain and Liver
259.	Zof-e-Badan	Debility	Weakness of the body (General weakness)
260.	Zof-e-Bah	Sexual Debility	
261.	Zof-e- Basarat	Asthenopia	
262.	Zof-e- Dimagh		Weakness of the Brain
263.	Zof-e- Hazm	Indigestion	

S.No.	Unani Terms	Modern Equivalentents	Explanatory
264.	Zof-e- Ishteha	Anorexia	
265.	Zof-e- Kabid	Hepatitis	Weakness of the Liver
266.	Zof-e-Kulya		Weakness of the Kidney
267.	Zof-e- Masana	Atony of the Bladder	
268.	Zof-e-Meda		Weakness of the Stomach
269.	Zof-e-Qalb		Weakness of the Heart
270.	Zof-e-Rahem		Atony of the Uterus
271.	Zof-e-Umumi (Aam)	General Debility	
272.	Zukam	Coryza	
273.	Zufarh	Pterygium	

GENERAL METHOD OF PREPARATION

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A. PROCESS

1. DAQ-WA-SAHAQ (POUNDING AND GRINDING)

In the preparation of many compound formulations single drugs are used in the form of coarse or fine power. The process of powdering by pounding or grinding, is called Daq-wa-Sahaq (Kootna-aur-Peesna).

Drugs are generally powdered in a mortar and pestle, made of stone, iron, wood, porcelain or glass. Sometimes, they are pounded only in an iron or stone mortar. In large scale manufacture of drugs, pulverizing machines are now used.

(i) Powdering of hard drugs

Tough, hard or fibrous drugs are first dried in shade, sun or over low fire to evaporate their moisture contents and pounded in an iron mortar. Initially, gentle pounding is employed to avoid drug pieces being scattered outside the mortar. When the drugs are initially broken into small pieces by gentle pounding vigorous pounding is then employed till they are finally powered. The powder is sieved through sieves of the prescribed meshes. The coarse particles left in the sieve are again pounded and re-sieved. The remaining pieces of drugs which can no longer be pounded are ground on a sil-batta with a little water to form a fine paste which is then dried and ground to powder form in a porcelain or glass mortar.

(ii) Powdering of Nuts and Dry Fruits

Kernels of Nuts and Dry Fruits are ground only on a sil-batta or in a kharal. The powder of these drugs is not sieved.

(iii) Powdering of precious stones and minerals

Precious stones and minerals are first grounds in an iron mortar or Kharal of hard stone and then sieved through sieves of 100 Mesh. The sieved powder is put in the same mortar or Kharal and ground with Araq-e-Gulab for three hours till the Araq is completely absorbed. The powder is then tested between the fingers for its fineness. If coarseness is still felt, more Araq-e-Gulab is added and ground till the coarseness disappears. The fine powder is then sieved through a piece of fine muslin cloth.

(iv) Powdering of Mushk, Amber, etc.

Drugs like Mushk, Ambar, Jund Bedaster, etc, are ground either dried or with a suitable Araq or Raughan and then used as required in the respective formula.

(v) Powdering of Zafran, kafoor, etc.

Drugs like Zafran, Kafoor are ground only in a dry mortar (Kharal), with slow and light movements of the pestle to avoid sticking of the drug with the mortar. It is also ground

with a few drops of Sharbat Angoori. Lastly, these drugs are added to the powder of other drugs and mixed well in a mortar.

(vi) Powdering of Toxic Drugs

Poisonous or toxic drugs are first purified or detoxicated (mudabbar) and then ground to fine powder. Kuchla (nux-vomica), besides being toxic (poisonous), is also very hard and difficult to powder. It is therefore, ground immediately when it is soft. In case it gets hard on drying, it is powdered by frying in Raughan Zard or any other suitable oil by which the drug is crisped.

(vii) Powdering of Abresham

Silk cocoons (Abresham) are cut into small pieces and roasted in an iron pan over low fire, care being taken to ensure that they are not burnt. It is then ground in a mortar and pestle to fine powder form.

(viii) Powdering of moist and resious drugs.

Drugs like Afyun, Ushaq, Muqil. Anardana, Narjeel Daryae, etc, are first dried over a low fire to evaporate the moisture content, care being taken to ensure that they are not burnt. They are then powdered.

(ix) Powdering of Khurma Khushk

In case of Khurma Khushk (dry dates) the seeds are first removed and then dried over a low fire in a frying pan before powdering. In some formulations, Khurma khushk are soaked in the prescribed liquids. In such cases they are ground on sil-batta, with a little water to form a fine paste and then mixed with other drugs coming in the respective formula.

(x) Powdering of Mastagi

Mastagi is powdered in a procelain mortar by slow and light motion. It is also dissolved in any oil over a low fire and added to the other drugs in the formula.

(xi) Powdering of Abrak

The layers of Abrak are first separated by pounding in an iron mortar. The small pieces of Abrak are kept in a bag of thick cloth along with small pebbles, Cowrie shells, Date seeds or Dhan (paddy) and tied. The bag is then dipped in hot water and rubbed vigorously with both hands. Small particles of Abrak are then squeezed out of the bag. The process of dipping the bag in hot water and rubbing is repeated till all the particles of Abrak are squeezed out of the bag. The particles of Abrak are allowed to settle down at the bottom of the vessels and the water is decanted. The Abrak particles are removed and then allowed to dry. The dry particles are called Abrak Mahloob.

(xii) Powdering of Tukhm-e-Imli

Tukhm-e-Imli is soaked in water for four to five days. The brownish outer covering (testa) of the seeds is removed and the seeds are ground to powder. The outer covering can also be removed by roasting the seeds.

(xiii) Powdering of Sang-e-Sunna

Sang-e-Surma is ground in a mortar and pestle. (Kharal) The process of powdering is continued till the shine of the particles disappears and the powder is tested between the fingers for its fineness. If it is still coarse then the process is repeated till the highest degree of fineness for which it is sieved through piece of silk cloth to obtain the finest quality of Surma.

2. EHRAQ-E-ADVIYAH (BURNING)

Ehraq is the process by which drugs are burnt to the charring stage but not reduced to ash. Drugs which undergo this process are suffixed with the term 'Mohraq' or 'Sokhta'. For example, Sartan Mohraq, Busud Sokhta, etc. This process is undertaken to evaporate all the moisture content and to make the drug completely dry as indicated in respective formula. Sartan Mohraq, Busud Sokhta, Aqrab Sokhta, etc. These are prescribed below.

(i) Busud Sokhta

Busud is broken into shell pieces and kept between a pair of shallow earthen discs. The edges of the discs are sealed with layers of cloth and pasted with Gil-e-Multani. The discs are heated in fire of cow dung cakes or charcoal for a specific period. Afterwards, discs are removed allowed to cool and opened. This way the drug inside the discs gets charred.

(ii) Sartan Sokhta or Sartan Mohraq

Fully grown crabs (sartan) after removing their appendages and viscera are washed thoroughly with saline water. They are then kept in an earthen pot and sealed with clay and dried. Then they are subjected to required heat over a low fire till charred.

(iii) Aqrab Sokhta

Aqrab (scorpions) after removing the poisonous sac and the appendages are kept in an earthen pot and sealed with clay. The pot is then kept in fire of cow dung cakes for a specified period. Thereafter, the pot is removed and allowed to cool. The charred scorpions are removed by breaking the pot.

3. GHASI-E-ADVIYAH (PURIFICATION OF DRUGS)

In order to prepare the drugs of moderate properties and action the drugs of plant, animal and mineral origin are washed with special method. This special method of washing is called Ghasi-e-Adviya. The drugs which undergo this process are suffixed with the terms Maghsool (washed)

in the respective formulae. A few of the drugs which are processed by this method are described below.

(i) Aahak (Choona)

Aahak (edible lime) is soaked in a large quantity of water stirred well allowed to settle down at the bottom. After settling down of the particles of choona the water is decanted. Fresh water is again added to the sediment and stirred well. The process of addition of water to fine particles of Choona and decantation is repeated 7 to 8 times and the particles of the Choona are collected in the end. The product thus obtained is called Choona Maghsool of Aahak Maghsool.

(ii) Hajriyat

Precious stones, like Shadnaj Adsi, Lajward etc. are used after they are purified. The stones is ground to fine powder, sufficient quantity of water is then added to the powder, stirred and allowed to settle down. The finer particles of the stone still suspended in the water will come out when decanted. The coarse particles will settle down at the bottom. These coarse particles are removed and ground till all the particles pass through the process of decantation. The decanted water is left undisturbed so that the finest particles are settled down in the bottom, water is removed and the particles when dried are finely powdered.

The drugs treated by the above method are called “Marghsoo” viz., Shadnaj Adsi Maghsool, Sang-e-Surma-Maghsool and Lajward Maghsool.

(iii) Raughan Zard or Ghee

Ghee is taken in a tin-coated metallic plate or Kasna (a metallic alloy) plate and water is poured over it. The Ghee is then rubbed with the hands for five minutes and the watery part is decanted. This process is repeated many times as indicated in the particular formula to obtain the Raughan Zard Maghsool.

(iv) Luk

First of all, the visible impurities are removed from Luk. 30 gms of Luk is finely powdered and ground in the decoction prepared by 15 gms each of Rewand Chini and Izkhar Makki. The mixture is sieved through a piece of clean fine cloth and when the fine particles of Luk settle down in the decantation, it is then decanted and the fine particles of Luk are washed with water and dried to obtain the Luk Maghsool.

4. NEEM-KOB-KARNA (BRUISING)

Neem-Kob-Karna is the process by which hard and fibrous drugs (roots, stems, seeds, etc.,) are crushed to small pieces in an iron mortar and softened in order to obtain the maximum efficacy, when used in the preparation made by the process of decoction or infusions. The word “Neem Kofta” is suffixed to the name of the drug in the formula which has to undergo this process.

5. TADBIR-E-ADVIYAH (DETOXIFICATION OF DRUGS)

Some of the plant, animal and mineral origin drugs are naturally toxic in their properties and actions. Therefore these drugs before making the medicines are detoxicated or purified in order to enhance their therapeutic action and reduce their toxicity. The process of detoxification or purification of the drugs is called Tadbir-e-Adviyah and the drugs which undergo this process are suffixed with the term “Musaffa”. Different processes of detoxification and purification are employed for different drugs. Details of these process for a few important drugs are described below. These should be referred alongwith the process prescribed in the original text.

(i) Afyun and Rasaut

Afyun or Rasaut is cut into small pieces and soaked in Araq-e-Gulab for 24 hours. It is then stirred well and sieved through a clean piece of fine cloth into a big cylindrical glass jar and the sediments are allowed to settle down. The liquid is then decanted into another vessel without disturbing the sediment and boiled till it becomes a thick mass. The purified Afyun or Rasaut is called Afyun or Rasaut Musaffa.

(ii) Anzaroot

Anzaroot powder is mixed with mother’s milk or donkey’s milk to form a paste. The paste is smeared over a piece of Jhao wood (Tamarix wood) and dried directly over a charcoal fire.

(iii) Bhilawan (Baladur)

After removing the cap.(thalamus) of the Bhilawan fruits, the juicy contents (asal-e-Bhilawan) are squeezed out completely with the help of a red hot tong. Thereafter, Bhilawan fruits are boiled in fresh water at least for three times. Lastly, the fruits are boiled in milk washed with water and dried. Precaution must be taken not to touch the juice with hands as the juice is toxic.

(iv) Habb-us-Salateen (Jamalgota)

25 gms of the Kernels of Jamalgota is tied in a cloth bag and boiled in one liter of cow’s milk giving sufficient time till the milk becomes dense. When cooled, the kernels are taken out from the bag and the embryo part (pitta) of the seeds is removed to obtain Jamalgota Mudabbaar.

(v) Chaksu

Chaksu is kept in a cloth and tied from the mouth. It is then soaked in a vessel of water containing Badiyan (Fennel) equal to half the weight of Chaksu or Barg-e-Neem Taza (Fresh Neem Leaves) equal in weight of Chaksu. The water is boiled for half an hour and then the cloth bag is removed and allowed to cool. Chaksu is then removed from the bag and rubbed between the palms to remove the outer coverings of Chaksu Mudabbaar.

(vi) Azaraqi

70 gms of Azaraqi is buried in Peeli Matti (yellow clay) and water is poured over it daily for ten days. The Azaraqi is then removed and washed. The outer covering (testa) is peeled off with the knife and the cotyledons of Azaraqi are separated after removing the embryo part (pitta). Only the healthy Azaraqi is sorted out for use. It is then washed with hot water and tied in a clean cloth bag. The bag is immersed in a vessel containing two liters of milk. The milk is then boiled till it evaporated, care being taken that the bag does not touch the bottom of the vessel. Thereafter, Azaraqi is removed from the bag and washed with water to obtain Azaraqi Mudabbar.

(vii) Kibreet (Gandhak)

One part of Gandhak Amlasar and two parts of Raughan Zard (ghee) are taken in a Karcha (laddie) and kept on a low fire. When Gandhak is melted, four parts of the milk is added. This process is repeated at least three times changing the fresh Ghee and milk each time to obtain Gandhak Mudabbar.

(viii) Samm-ul-Far (Sankhiya)

Fine powder of Sankhiya is immersed in sufficient quantity of fresh Aab-e-Leemu (lemon juice) and ground in a mortar of China clay or glass till the juice is completely absorbed. This process is repeated seven times to obtain Samm-ul-Far or Sankhiya Mudabbar.

(ix) Shingraf

Shingraf is ground with fresh Aab-e-Leemu (lemon juice) till it is absorbed and a fine powder is obtained. This process is repeated three times to obtain Shingraf Mudabbar.

(x) Seemab

There are three following methods of purifying seemab

- a. Seemab is ground with half burnt brick pieces for 12 hours. It is then washed with water and Seemab is separated. The whole process is repeated three times.
- b. Seemab is kept in a four layer thick cloth bag (50 count) and Squeezed out by pressing with hands. This process is repeated till the blackish tinge of seemab completely disappears.
- c. Seemab is ground with turmeric powder as long as the powder does not change its original colour. The resultant product is called Seemab Mudabbar.

(xi) Khabs-ul-Hadeed

- (a) Small pieces of Khabs-ul-Hadeed are heated red hot in charcoal fire and then immersed in Aab—e-Triphala or Sirka Naishakar (sugarcane vinegar) by holding each piece with a tongs. The whole process is repeated seven times.

- (b) In this process Khabs-ul-Hadeed is ground to powder form and kept immersed in Sirka Naishakar (sugarcane vinegar) or Sharab-e-Angoori (Brandy). The level of either of the two should be 5 cms. above the level of the powder. After 14 days, the Sirka Naishakar or Sharab-e-Angoori is decanted, the powder is dried and fried in Raughan-e-Badam.

(xii) Beesh (Bachnak or Meetha Telia)

30 gms. of Beesh is cut into small pieces, tied in a bag of clean fine cloth and dipped in a vessel containing milk so that the bag is completely immersed without touching the bottle. When the milk is completely evaporated, the pieces of Beesh are removed and washed well with water to obtain Beesh Mudabbar.

(xiii) Hartal

Juice of 5kg. of Petha (white gourd melon) is taken and kept in a vessel. Sixty grams of Hartal (Small pieces) of put in clean, soft cloth bag and immersed in Petha juice without touching the bottom of the vessel and boiled. When the Petha-juice is completely evaporated the Hartal pieces are removed and washed with water thoroughly to obtain purified hartal or Hartal Mudabbar.

(xiv) Sang-e-Surma

There are four following methods of purifying sang-e-Surma.

- (a) A piece of Sang-e-Surma is covered with the goat's fat and kept on low fire till all the fat is completely burnt into fumes. The piece of Sang-e-Surma is then removed from the fire with a tongs and immersed in Araq-e-Gulab or ice water. The whole process is repeated three times.
- (b) A piece of Sang-e-Surma is immersed in Araq-Gulab or Araq-e-Badiyan and heated till the Araq evaporated. The process is repeated seven times.
- (c) Sang-e-Surma is immerersed in Aab-e- Triphala and boiled for 12 hours.
- (d) Sang-e-Surma is kept immersed in rain water (Aab-e-Baran) or distilled water for 21 days.

(xv) Ajwayin, Zeera and other seeds of hot and dry temperament

Either of the above drugs are soaked in Sirka Naishakar (sugarcane vinegar). The level of sugarcane vinegar in the container should be 5 cm. above the level of drug. The drug is then removed and allowed to dry and then roasted over a low fire before use. Besides purifying Sirka Naishakar (sugarcane vinegar) also enhances the efficacy of the drugs.

6. TAHMIS-WA-BIRYAN (ROASTING OR PARCHING)

(i) TahOOs (Roasting or parching with a medium)

Tahmis is a process in which drugs like Chana (gram), lao (barley) etc., are roasted with some medium e.g. Chana or lao is roasted with sand till they get swelled.

(ii) Biryan (Roasting or parching with a medium)

In the process of Biryan, drugs are parched or roasted without any medium e.g. drugs like Shibb-e- Yamani, Tankar, Tutiya-e-Sabz etc. are directly put over the fire in any vessel or frying pan and roasted.

7. TARVIQ-E-ADVIYAH

In this process the juice of the fresh herb is poured in a tin-coated vessel and heated over low fire till a green froth appears in the surface. The juice is then slowly sieved through a piece of fine cloth leaving behind the froth on the surface of the cloth. The watery juice thus obtained is called Aab-e-Murawwaq.

In case of dry herbs, a decoction is first made to which a small quantity of fresh lemon or Alum powder is added. This will separate the green contents from the decoction. The aqueous portion is decanted and stored.

8. TASFIYAH-E-ADVIYAH (CLEANING PROCESS)

Single drugs of plants, mineral and animal origin obtained either from the market or collection from any other source contain dust, dirt and other foreign matter. Before using for manufacture, these foreign matters and impurities are removed by sieving, washing etc. This process of cleaning is called 'Tasfiyah'. Some of the single drugs are cleaned by specific methods. Some of them are described below.

(i) Behroza

A metallic vessel of a suitable size is filled three fourths (3/4) with water and covered with a fine clean cloth and tied firmly. The drug Behroza is spread over the surface of the cloth and the vessel is placed over moderate fire and allowed to boil. After some time the foreign matters (impurities) over the cloth. Thereafter, the water is allowed to cool due to which Behroza settles down at the bottom of the vessels. Lastly the water from the vessel is decanted and the Behroza thus obtained is allowed to dry in shade. The Behroza obtained by this process is called Behroza Musaffa or Satt-e-Behroza.

(ii) Post-e-Baiza-e-Murgh

The shells of chicken eggs (post-e-Baiza-e-Murgh) are crushed into small pieces and washed with saline water (namak ka pani) till the inner membrane of the shell is removed. The small pieces are then again washed with clean water and dried.

(iii) Shahed (Asal)

Honey when freshly collected is generally mixed with bees wax and small pieces of honey comb. To remove these foreign matters (impurities) the honey is boiled over a low fire, with a little water and after some time the impurities and froth floats on the top. Then the vessel is removed from the fire and allowed to cool. After some time the deposited impurities are skillfully skimmed out. The honey thus obtained is called Shahed (Asal) Musaffa.

(iv) Kharateen

Live earth worms are collected in a vessel containing salted butter milk and kept till the worms excrete out the mud completely and settle down at the bottom. These (mud free earth worms) are removed and washed with fresh water, dried in shade and preserved. The earth worms are then pounded in an iron mortar and sieved through a fine mesh for use in medicine.

(v) Salajeet

Salajeet is dissolved in a vessel containing fresh water and stirred well. After some time, impurities like stone particles etc. settle down at the bottom of the vessel. The dissolved Salajeet is decanted into an earthen pot without disturbing the sediment. The process is repeated in case where some impurities still remain in the solution. The pot is kept in the sun till the solution becomes a viscous mass. This way the Salajeet Musaffa or Satt-e-Salajeet is obtained.

9. TASVEEL-E-ADVIYAH (SIEVING)

Sieves of different meshes are used in the process of powdering the drugs. Each sieve has a particular mesh number. The mesh number depends on the number of holes in the mesh in an area of 2.5 sq. cm (1 sq. inch.) If there are 20 holes, the mesh number is 40, if there are 30 holes of the mesh number is 60, for 50 holes the mesh number is 100. If coarse powder is required then sieve number 40 is used. For fine powders, sieves of highest number are used. Sieve of 100 mesh gives the fines powder. Powders are also sieved through a piece of muslin or thin silk cloth when the highest degree of fineness is required as in the case of preparation of Surma.

10 shandas (decoctions) and Sharbats (Syrups) are filtered through a piece of clean thick cloth. 10 shandas prepared for Sharbats are filtered through cotton pads to ensure a greater degree of homogeneity and purity of the end product. Uniformly thick layers of cotton wool or double layered flannel cloth is spread over the sieve and the decoction is passed slowly through it. When a small quantity of fluid drug is required to be filtered then a filter paper or a flannel cloth is used. The pulpy drugs like Maweez Munaqqa, Anjeer etc., are first cleaned by washing and then soaked in water and boiled till they become a soft mass. They are then removed from the water, allowed to cool, squeezed and the pulp is sieved through a metallic silver or a piece of cloth.

Turanjabeen is first soaked or boiled in water, when dissolved completely the solution is filtered through a piece of clean fine cloth and kept in a vessel to allow the impurities to settle down. The solution is then decanted into another container without disturbing the sediments.

B. PREPARATION

1. HUBOOB-O-AQRAS

(i) Manual Process

Crude drugs are ground into fine powder and passed through No. 100 mesh Sieve. The powder is mixed with any rabeta (adhesive) like water, honey, Loab-e-Samagh-e-Arabi, Loab-e-Aspaghhol, etc. Thus, by prolonged mixing of the two, a lubdi (mass) is made. This lubdi is rolled into sticks of required size and thickness and cut into pieces with a knife. These cut pieces are rounded between the fingers to shape the huboob of required size and weight. Similarly, the aqras are flattened by pressing with finger. The huboob and aqras thus made are dried in the shade.

(ii) Mechanical Process

The crude drugs are first ground into fine powder and passed through No. 100 mesh Sieve. The powder is then mixed with water or a specified adhesive to make a semi-solid mass and granulated by passing through No. 20 mesh sieve. The granules thus obtained are dried and kept in cooling pans and revolved. To make the pills, little water is sprinkled over the granules to keep them moist. Later on, these granules in the pan are coated with fine powder of crude drugs by rotating the pan with an interval of one minute to ensure the uniform and smooth coating of the granules and lastly passed through different size of sieves. This process is repeated till the pills of required size are obtained. For preparing tablets the granules are lastly subjected to tableting machines.

2. MARHAM, QAIROOTI AND ZIMAD

Qairooti is a kind of Marham and resembles to it in appearance. It is prepared in same way as Marham, while Zimad is a powder preparation and always used in a paste form after mixing in any of the specified oils. water etc., at the time of use. Both Qairooti and Zimad, like Marham, are used externally.

Marham, Qairooti and Zimad are generally prepared with the drugs having Mohallil (Resolving), Daf-e-Taffun (Sepsis expelling), Habis (Styptic) and Qabiz (Astringent) properties.

For making Marham or Qairooti any of the following oils is first heated and then Wax or Fat is dissolved in it. Afterwards, the finely powdered drugs are mixed and stirred well till it forms a soft and semi-solid mass and cooled. These oils are Raughan-e-Sarashf, Raughan-e-Zaitoon, Raughan-e-Kunjad, Raughan-e- Badam, Raughan-e-Gul, Raughan Zard or any other specific oil mentioned in the text.

For making any of the preparations and mixing of the ingredient drugs, the following precautions must be taken:

- (1) Gugal, Ganda Behroza and Sabun (Soap) should first be dissolved in oil, containing Wax, before making Marham.
- (2) Afyun or WhiteNolk of an egg should be mixed in boiled oil after cooling. Boiled Yolk of an egg can also be used in making Marham.
- (3) Mucilage/Juice containing drugs should be mixed in oil, containing Wax and boiled till the moisture content are dried completely and mixed uniformly. It should be cooled to obtain a normal Marham. Excessive boiling should be avoided as it hardens the Marham.
- (4) Kafoor (Camphor) or any Volatile oil containing drugs, should always be added in powder form at the last stage of making Marham.
- (5) For making Qairooti, the oil should first be heated (as in case of Marham) and mixed with Wax till it gets dissolved and stirred cautiously for a longer period till it is cooled.
- (6) Drugs having Mohallil (Resolving) and Daf-e-Taffun (Sepsis expelling) properties should always be finely powdered by sieving through No.100 mesh Sieves and added during the process of stirring.

3. QIWAM (CONSISTENCY) FOR JAWARISH, MAJOON, ITRIFAL, HALWAAND DAWA

For making majoon or any of its allied preparations, Qiwam (base) of different consistencies (tar) is generally made, depending on the nature of ingredient drugs to be used in a particular formula. The ingredient drugs in a Qiwam may be used either in powder or liquid form.

The Qiwam (base) is generally made by adding Aab (water), Araq (distillate) or Aab-e-Samar (fruit juice), etc., in any of the bases of purified Honey with Sugar, Candy or Jaggery etc., and boiled over a low fire till it acquires a required consistency. The bases are generally purified by adding Aab-e-Leemu (Lemon juice), Satt-e-Leemu (Lemon extract) or Shubb-e- Yamani (Alum) etc., before making the Qiwam. Afterwards, the ingredient drugs are mixed in Qiwam to prepare Jawarish, Majoon, Itrifal, Halwa and Dawa. For making Majoon or any of its preparations the consistency of Qiwam of Majoon is Three Tar.

For mixing of the ingredient drugs of different origin (plant, animal and mineral) in the Qiwam, following precautions should always be taken :

- (i) Plant origin drugs: Tirphala (Three Myrobalan fruits) before powdering should always be rubbed (charb) with Raughan-e-Badam (Almond oil) or Raughan Zard (Ghee).
- (ii) Murabbajat (special preparations of fruits soaked in sugar) when used for making Majoon etc. should always be ground into paste and then be mixed in Qiwam.

- (iii) Maghziyat (Kernels) for making Majoon, etc., should first be ground into powder and then be mixed in small quantities in Qiwan. If the kernel powder is required to be sieved then it should be passed through No. 40 mesh Sieves.
- (iv) Sapistan and Behidana should be mixed cautiously as these drugs are mucilagenous in nature and on mixing with Qiwan form a viscous mass.
- (v)
 - (a) Aamla (*Emblie myrobalan*) fruits for making preparation like Anoshdaru are either used fresh or dry. If it is to be used fresh then it is first weight, boiled in water to make it soft and then fruit pulp is squeezed out after removing the seeds. Then the required quantity of the pulp is mixed in double the quantity of Sugar to make the Qiwan.
 - (b) If the fruits are dry then it is first cleaned and washed with water to remove the impurities and dust, etc. Thereafter, it is soaked in water of Cow's milk for 12 hours to remove the acrid (Kasela) taste of the fruit. The pulp thus obtained is again boiled in water and decoction is made for use in Qiwan.
- (vi) Floos-e-Khiyar Shamber (Pulp of Drum stick plant, Amaltas should not be boiled as it loses its property on boiling. It should not always be first rubbed with hands and squeezed out through a fine cotton cloth and then be used along with other decoctions for mixing in the Qiwan.
- (vii) Zafran (Saffron) and Mushk (Musk) should always be ground with Araq-e-Keora (Screw Pine distillate), Araq-e-Gulab (Rose distillate) or Araq-e-Bed Mushk (Common Willow plant's distillate) before mixing in the Qiwan.