

# **THE AYURVEDIC FORMULARY OF INDIA**

## **PART-I**

### **PDF - PART ‘B’**

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11	DHĀLANA	Rasaratnasamucchaya, Adhyaya 8; 43
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16	DADHI	Suśrutasaṃhitā, Sūtrasthāna, Ādhyāya 45; 77
17	DHŪPANA	
18	NIRUTTHA / APUNARBHAVA	Dravyagunavijñāna, Paribhāṣākhaṇḍa
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31	MŪSA	Rasatarangiṇī, Taraṅga 3; 7
32	YŪṢA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 2; 133
33	RASAKRIYA / GHANA	Ḍalhaṇa'S Commentary On Suśruta Samhitā, Sūtrasthāna 37/21
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38	SURĀ AND PRASANNĀ	Paribhāṣāprabandha
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40	SANDHI LEPANA	Rasatarangiṇī, Taraṅga 3; 5
41	STHĀLĪPĀKA	Rasatarangiṇī, Taraṅga 20; 25
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2	KVĀTHA	Carakasamhitā, Sūtrasthāna Ādhyāya 4; 8
3	CŪRNA	Paribhāṣāpradīpa
4	PUTĀPĀKA SVARASA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 1; 22-24 1/2
5	PHĀNTA	Paribhāṣāpradīpa 2,26
6	SVARASA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 1; 2
7	HIMA KĀṢĀYA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 4; 1

### 3. PUTĀ PARIBHĀṢĀ

१	PUTĀ	Rasatarāṅginī, Tarāṅga 3; 32
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3	DAMARU YANTRA	Rasatarāṅginī, Tarāṅga 4; 41
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## PARIBHĀṢĀ

### 1. SĀMĀNYA PARIBHĀṢĀ

#### १ सामान्य परिभाषा

##### ANUPĀNA

(Rasataraṅgiṇī, Taraṅga 6; 200)

##### अनुपान

तत्तद्रोगध्वेषज्यं भेषजस्यानुपीयते ।  
यच्च साहाय्यकारि स्यादनुपानं तदुच्यते ॥ २०० ॥  
(रसतरंगिणी, तरंग ६ : २००)

Anupāna is an adjunct administered either along with or just after the principal medicine to enhance its therapeutic action.(When administered with the principal medicine it is described as Sahapāna, though in practice, the term Anupāna connotes both).

##### AMRTIKARANA

(Rasataraṅgiṇī, Taraṅga 2; 58.)

##### अमृतीकरण

लोहादीनां मृतानां वै शिष्टदोषापनुत्तये ।  
क्रियते यस्तु संस्कार अमृतीकरणं मतम् ॥५८ ॥  
(रसतरंगिणी, तरंग २; ५८)

Amṛtikarana is a process adopted to remove the residual Dosas and to enhance the therapeutic action of drugs, as in the case of Tāmra Bhasma.

##### KAJJALI

(Rasataraṅgiṇī, Taraṅga 2; 27.)

##### कज्जली

ÊxtplÙñtMvtlítôÊ|tStlt MtxvtlÊnùÊ|t:

पेषितः पारदः श्लक्षणतां प्रापितः ।  
 कज्जलाभो यदा जायतेऽसौ तदा  
 नामतः कोविदैः कज्जलीत्युच्यते ॥२७॥  
 (रसतरंगिणी, तरंग २; २७)

when sulphur (gandhaka) is added to Mercury (Pārada) and triturated without adding any liquid till it becomes a very fine black powder, it is called kajjali.

### KŪPIPĀKA

Kūpi pāka is a process by which, formulations are prepared in a Kāca Kūpi which, is heated as directed.

### KĀŃJIKĀ

(synonym : Dhānyāmla, Āranāla)  
 (Paribhāśāpradīpa)

### काञ्जिक

अन्नं शाल्यादिसंसिद्धं प्रक्षिप्तं त्रिगुणे जले ।  
 धान्याम्लं सन्धितं प्रोक्तमारनालं च काञ्जिकम् ॥  
 शालिकोद्रवमण्डेवा सन्धितं काञ्जिकं भवेत् ॥  
 (परिभाषा प्रबंध)

powder of Āśudhanya such as Kulmāṣa, Śaṣṭhika Rice, etc., along with small quantity of white radish (Mūlaka), cut into pieces, 768g. are placed in an earthen pot and 3.72 litres of water is added. The mouth of the pot is closed and kept for two to three weeks during which period the fluid becomes sour. This sour fluid is called Kānjika, Dhānyāmla or Āranāla.

### GHANA

The drug is taken in a vessel and eight or sixteen times of water is added and boiled on mild fire until one-eighth liquid is remained. It is then filtered and boiled again until water content is evaporated to the maximum.

### GHANA SATTVA

The dravya of which Ghana Sattva is to be prepared is first washed well with water and cut into small pieces and made into Javkūṭ and put in a vessel. Four times water is added in that vessel and boiled on mild fire till one-fourth water remained. It is then filtered. The decoction is further heated till the water is evaporated and the decoction is reduced to a semisolid substance. It could be further dried under sun and made into pill form.

### CANAKĀMLA

During winter months the dew drops appearing in the morning on the herbs of Cana Plant (*Cicer arietinum*) are collected. This collection can be done by (i) scrapping directly from the plant, (ii) Touching the plant with palms and scrapping the material that stick to palms or (iii) covering the plants with a thin cloth in the night and the cloth is removed in the morning and washed well in water kept in a stainless steel vessel. Later this water is evaporated by heating until a very small amount is remained. Later this liquid is further dried by keeping the vessel under sun. This product is called as Canakāmla or Caṇakṣāra.

### CŪRNODAKA / SUDHODAKA

(Rasataraṅginī, Tarāṅga 11; 216-217.)

### चूर्णोदक / सुधोदक

रक्तिद्वयोन्मितं चूर्णं पञ्चतोलकसंमिते ।  
जले विनिक्षिपेत्प्राज्ञस्त्रियामं स्थापयेद् बुधः ॥२१६ ॥  
ततः सारकपत्रेण सारयेत्काचपात्रके।  
चूर्णोदकमिति ख्यातं तथैव च सुधोदकम् ॥ २१७ ॥

(रसतरंगिणी, तरंग ११; २१६-२१७)

The filtrate obtained by mixing 60ml.of water with 250 mg.of lime powder, keeping for 9 hours and then filtering through a filter paper after decantation, is called Cūrnodaka or Sudhodaka.

### DHĀLANA

(Rasaratnasamucchaya, Adhyaya 8; 43.)

### ढालन

द्रुतलोहस्य निक्षेपो द्रवे तद् ढालनं मतम् ॥४३॥  
(रसरत्नसमुच्चय, अध्याय ८; ४३)

Dhālana is the process of pouring molten metals into the liquid specified.

### TAKRA

(Suśrutasamhitā, Sūtrasthāna, Ādhyāya 45; 85.)

### तक्र

मन्थनादिपृथगभूतस्नेहमर्धोदकं च यत् ।  
नातिसान्द्रद्रवं तक्रं स्वाद्वस्त्रं तुवरं रसे ॥८५॥  
(सुश्रुतसंहिता, सूत्रस्थान, अध्याय ४५; ८५)

Takra is the liquid obtained by adding equal quantity of water to curd (dadhi) and decanting the same by churning.

### TUŚAMBŪ

(Śarṅgadharasamhitā, Madhyamakhanda, Adhyāya 10; 11.)

### तुषाम्बु

तुषाम्बुसन्धितं झेयमार्मैर्विदलितैर्यवैः ॥  
(शाङ्गर्गधरसंहिता, मध्यम खण्ड, अध्याय १०; ११)

Tuṣāmbu is the decanted liquid obtained from a mixture of equal quantity of crushed barley and warm water kept over night.

### TANDULODAKA

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 1; 29.)

### तण्डुलोदक

खण्डितं तण्डुलपलं जलेऽष्टगुणिते क्षिपेत् ।  
भावयित्वा जलं ग्राह्यं देयं सर्वत्र कर्मसु ॥२९॥  
(शाङ्गर्गधरसंहिता, मध्यम खण्ड, अध्याय १; २९)

Tandulodaka is the liquid obtained by mixing 48 g. of rice with 385 ml.of water keeping for two hours and thereafter decanting.

### DADHI

(Suśrutasamhitā, Sūtrasthāna, Ādhyāya 45; 77)

### दधि

शृतात् क्षीरात्तु यज्जातं गुणवद्धि तत् स्मृतम् ॥७७॥  
(सुश्रुतसंहिता सूत्रस्थान, अध्याय ४५, ७७)

Dadhi is curd.

### DHŪPANA

Dhūpana means the process of fumigating a pot or a vessel with the prescribed

drugs.

### NIRUTTHA / APUNARBHAVA

(Dravyagunavijñāna, Paribhāṣākhaṇḍa)

### निरुत्थ / अपुनर्भवः

गुडगुञ्जासुखस्पर्शमधाज्यैः सह योजितम् ।  
नायाति प्रकृतिं ध्मानादपुनर्भवमुच्यते ॥ ३८ ॥  
रौप्येण सह संयुक्तं ध्मानादपुनर्भवमुच्यते ।  
तदा निरुत्थमित्युक्तं लौहं तदपुनर्भवम् ॥ ३९ ॥  
(द्रव्यगुण विज्ञान, परिभाषा खण्ड, अध्याय ४; ३८-३९)

Niruttha/Apunarbhava is the condition of bhasma from which it cannot be reverted to its metallic form even if mixed with mitrapancaka and heated to the temperature at which the bhasma is prepared.

### NIRMALIKARANA OF ṬĀNKĀNA

(Rasataranginī, Taranga 13; 75-76)

### निर्मलीकरण

टंकणं चूर्णितं तोये तत्त्वसङ्खयगुणे भिषक् ।  
संद्राव्य वस्त्रपूतञ्च कृत्वा चल्ल्यां विधापयेत् ॥ ७५ ॥  
तीव्राग्निना पचेत्कामं नीरं च परिशोषयेत् ।  
स्वल्पनीरांशशेषे च टंकणं निर्मलं हरेत् ॥ ७६ ॥  
(रसतरंगिणी, तरंग १३; ७५-७६)

One part of Ṭānkāna is added to 24 parts of water and dissolved. It is filtered and the filtrate is boiled to evaporate the water and dried to remove moisture completely.

## NIRVĀPANA / NIMAJJANA

(Rasendracūḍāmani, Adhyāya 4; 77.)

Nirvāpana / Nimajjana is the process of immersing the heated solid ingredients in a liquid specified.

## PARPATI

(Rasatarāṅginī, Tarāṅga 2; 42.)

### पर्पटी

सद्राविता कज्जलिकाग्नियोगात् रम्भापलाशे चिपिटीकृता च  
रसागमझैः खलु पर्पटी सा प्रकीर्तिता पर्पटिका च सैव ॥४२॥  
(रसतरंगिणी, तरंग २; ४२)

Parpaṭi is a thin flake prepared out of melted kajjali.

## PĀNAKA

(Dravyagunaviryāṇi, 1/30)

### पानक

फलमम्लमनम्लं वा शीताम्बु परिमर्दितम् ।  
सितामरिचसंयुक्तं पूतं स्यात् पानकं वरम् ॥  
(द्रव्यगुणविज्ञान, १/३०)

Like Āmra, Dādima, Parūṣaka, Cincā, Drākṣapinḍa Kharjūra etc. which are half ripended, Amla and Anamla (Madhura) fruits are taken and added 16 times of water. It is soaked over night and rubbed, so as to extract the juice and filtered with cloth. Sitā and

Marica are added in required quantities. Sometimes Elā, Lavaṅga and Keśara are added to impart fragrance to Pānaka.

### PRAKṢAEPĀ

Prakṣaepā is the fine powder of drugs added to a kalpa such as leha, Āsavāriṣṭa etc.

### PRATINIDHI DRAVYA

Praatinidhi Dravya is a substitute drug as described in Ayurvedic classical texts to be used only when the original drug is not available. No substitute is permissible in the case of principal drug in the formula.

### Bhānupāka

(Rasataraṅginī, Tarāṅga 20; 21.)

### भानुपाक

वराक्वाथयुतं लौहं भानोः प्रखरभानुभिः ।  
शुष्पन् विपच्यते यस्माद् भानुपाकस्ततः स्मृतः ॥२१॥  
(रसतरंगिणी, तरंग २०,२१)

Bhānupāka is the process of evaporating the moisture of Kvātha by exposure to sun.

### Bhāvanā

(Rasataraṅginī, Tarāṅga 2; 49.)

### भावना

यच्चूर्णितस्य धात्वादेर्द्रवैः सम्पेष्य शोषणम् ।  
भावनं तन्मतं विज्ञैर्भावना च निगद्यते ॥४९॥  
(रसतरंगिणी, तरंग २; ४९)

Bhāvanā is the process by which powders of drugs are ground to a soft mass with liquid substances and allowed to dry.

### MARDANA

Mardana is the process of trituration of drugs to a fine state of division with or without prescribed liquid.

### MASTU

(Paribhāṣāprabandha)

### मस्तु

दध्नो मण्डरतु मस्तिवति ।  
(परिभाषा प्रबन्ध)

Mastu is the liquid separated from curd.

### MĀRĀNA

(Paribhāṣāprabandha)

### मारण

शोधितां लौहधात्वादीन् विमर्द्य स्वरसादिभिः ।  
अग्निसंयोगतो भर्मीकरणं मारणं स्मृतम् ॥  
(परिभाषा प्रबन्ध)

Māraṇa is the process by which metals and minerals are ground with liquids (Svarasa,etc.) and when dry reduced to bhasma by heat.)

### MŪRCCHANA

(Bhaiṣajya Ratnāvalī, Jvarādhikāra, 1283-1284)

## मूर्च्छन

आदौ संमूर्च्छयेत् स्नेहं क्वाथं संचारयेत्ततः ।  
दुर्गं कल्कं क्रमाद्द्यात् गन्धद्रव्यं ततः परम् ॥  
एवं रीत्या मन्दमन्दानलेनैव पचेदिभषक् ।  
निर्मलं निर्जलं दृष्ट्वा स्नेहसिद्धिं तु लक्षयेत् ॥  
(भैषज्यरत्नावली, ज्वराधिकार, १२८३-१२८४)

Before preparing any Sneha preparation (Ghrta or Taila) Mūrchana of the same has to be done. Mūrchana Removes Āmadoṣa of Taila/Ghrta and gives colour and fragrance. Mūrchedita Snehadravyas are to be boiled with Kvātha dravyas and later with kalka dravyas.

## TAILA MŪRCCHANA

(Bhaiṣajya Ratnāvalī, Jvarādhikāra, 1286-1287)

## तैल मूर्च्छन

तैलं कृत्वा कटाहे दृढतरविमले मन्दमन्दानलैस्तत्  
तैलं निष्फेनभावं गतमिह च यदा शैत्यभावं समेत्य ।  
मञ्जिष्ठारात्रिलौध्रैर्जलधरनलिकैः सामलैः साक्षपथ्यैः  
सूचीपुष्णिङ्गनीरैरुपहितकथितैर्गन्धयोगं जहाति ॥  
तैलस्येन्दुकलांशिकैकविकसा भागोऽपि मूर्च्छाविधौ  
ये चान्ये त्रिफलापयोदरजनीहीबेरलोधान्विता : ।  
सूचीपुष्पवटावरोहनलिकास्तस्याश्च पादांशिका-  
दुर्गन्धं विनिहन्ति तैलमरुणं सौरभ्यमाकुर्वते ॥  
(भैषज्यरत्नावली, ज्वराधिकार, १२८६-१२८७)

Tila Taila of 1.536 1. is taken in a vessel and boiled till it becomes free from froth. It is later cooled and water and the kalka of the following drugs are added and boiled on mild fire.

1.	water		6.1441.
2.	Manjisthā	(Rt.)	96 g.
3.	Hariṭakī	(P.)	24 g.
4.	Bibhiṭakī	(P.)	24 g.
5.	Āmalakī	(P.)	24 g.
6.	Balā	(Rt.)	24 g.
7.	Haridrā	(Rz.)	24 g.
8.	Jaladhara (Mustā)	(Rz.)	24 g.
9.	Lodhra	(St.bk.)	24 g.
10.	Sūci puṣpa (Ketaki)	(Rt.)	24 g.
11.	Vatānkura (Nyagrodha)	(Lt.bd.)	24 g.
12.	Nalikā (Nāluka)	(St.bk.)	24 g.

Boiling continued till a small quantity of water remained and filtered. Mūrchana  
Removes Gandhadosa also of oil.

### GHRTA MŪRCCHANA

(Bhaiṣajya Ratnāvalī, Jvarādhikāra, 1285)

### घृत मूर्छन

पथ्याधात्रीबिभीतैर्जलधररजनीमातुलुंगद्रवैश्च ।  
सर्वैरेते सुपिष्टेः पलकपरिमितैर्मन्दमन्दानलेन ।  
आज्यप्रस्थं विफेनं परिचपलगतं  
मूर्छयेद्वैद्यराजस्तस्मादामोपदोषं हरति च  
सहसावार्यवत्सौख्यदायि ॥  
(भैषज्यरत्नावली, ज्वराधिकार, १२८५)

768 gm. of Ghrta is boiled in a vessel till it becomes free from froth and cooled. The kalka of the following drugs is added & boiled on mild fire until small amount of water remained, and filtered.

1.	Hariṭaki	(P.)	48 g.
2.	Bibhiṭaki	(P.)	48 g.
3.	Āmalaki	(P.)	48 g.
4.	Mustā	(Rz.)	48 g.
5.	Haridrā	(Rz.)	48 g.
6.	Mātulunga	(Ft.)A	48 g.
7.	water		3.0721

## MŪṢA

(Rasatarāṅgiṇī, Tarāṅga 3; 7.)

### मूषा

शिखित्रकैर्दग्धतुषैः शणेन सलदिका दण्डसुकुटिट्टता च ।  
या मृत्तिका तद्विहिता तु मूषा सामान्यमूषा कथिता रसज्जैः ॥७॥  
(रसतरंगिणी, तरंग ३; ७)

Mūṣa (Crucible) is a special kind of vessel used in Satvapātana etc. It is ordinarily prepared with burnt husk, china clay etc. after making them into a soft pulp.

## YŪṢA

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 2; 133.)

### यूष

कल्कद्रव्यपलं शुण्ठी पिप्पली चार्धकार्षिकी ।  
वारिप्रस्थेन विपचेत्स द्रवो यूष उच्यते ॥॥३३॥  
(शार्द्गधरसंहिता, मध्यम खण्ड, अध्याय २, १३३)

Yūṣa is a fluid preparation obtained by boiling 48g. of primary substance (Pradhāna Dravya) with 38g. each of Śunṭhī and Pippalī in 768 ml. of water till the primary

substance is cooked and strained.

### RASAKRIYA / GHANA

(Ḍalhaṇa's Commentary On Suśruta Samhitā, Sūtrasthāna 37/21.)

#### रसक्रिया

रसक्रिया कल्पना चेयं - द्रव्यापेक्षयाऽष्टगुणं षोडशगुणं वा  
जलं दत्त्वाऽषोडशभागावशेषो वा क्वाथः कार्यः,  
ततः पूतं कषायं पुनस्तावत् पचेद्यावत् फाणिताकृतिः ।  
(सुश्रुतसंहिता, सूत्रस्थान, अध्याय ३७/२१ पर डल्हण)

The drug is taken in a vessel and eight or sixteen times of water is added and boiled on mild fire until one-eight liquid is remained. It is then filtered and boiled again until water content is evaporated to the maximum.

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 8/1)

क्वाथादीनां पुनः पाकात् घनत्वं सा रसक्रिया ।  
(शाङ्खरससंहिता, मध्यम खण्ड, अध्याय ८/१)

The solidified state of Kvātha etc., after it is again cooked/boiled, is called as Rasakriyā.

### LĀKSĀRASA

(Paribhāṣāpradīpa 2, 69.)

#### लाक्षारस

षड्गुणेनाभ्सा लाक्षा दोलायन्त्रे ह्युपस्थिता ।  
त्रिसप्तधा परिस्राव्या लाक्षारसमिदं विदुः ॥६९॥  
(परिभाषा प्रदीप, खण्ड २, ६९)

Lāksārasa is the liquid obtained by subjecting the bundled mass of Lāksa in six times of water in Dolāyantra and straining it, twenty one times.

### VAJRODANA

(Rasaratnākar , Riddhikhanda 3; 48-49)

#### वज्रोदन

मातुलुंगगतं वज्रं रुद्ध्वा बाह्ये मृदा लिपेत् ।  
पचेत् पुटे समुद्भूत्य तद्वच्छतपुटैः पचेत् ॥४८॥  
नागवल्ल्या द्रवैर्मर्द्य (लिप्त) तत्पत्रेणैव वेष्टितम् ।  
जानुमध्यस्थितं यामं तद्वज्रं मृदुतां व्रजेत् ॥ ४९ ॥  
(रसरत्नाकर, ऋद्धिखंड ३, ४८-४९)

vajra is kept inside the fruit of Bijorā Nimbū and covered with clay, dried and given 100 Puṭas. Later it is pasted in a mortar with juice of betel leaf and covered with leaves of betel and put between janu for 3 hours.

### ŚARĀVA

Śarāva is a round shaped shallow earthen vessel.

### ŚODHANA

Śodhana is the process of removal of impurities and potentisation of drugs.

### SURĀ AND PRASANNA

(Paribhāṣāprabandha)

#### सुरा और प्रसन्ना

परिपक्वान्नसन्धानं समुत्पन्नां सुरां जगुः ।  
सुरामण्डः प्रसन्ना स्यात् ततः कादम्बरी घना ॥

(परिभाषा प्रबन्ध)

Surā is the supernatant liquid containing self generated alcohol obtained on subjecting to fermentation the mixture of rice or any other cooked cereal. Prasannā is the clear supernatant portion Surā.

**SANDHĀNA**

(Paribhāṣāprabandha)

**सन्धान**

केवलं द्रवद्रव्यं वा भेषजान्नादिसंयुतम् ।  
चिरकालस्थितं वैद्यैः सन्धानं परिकीर्तितम् ॥  
(परिभाषा प्रबन्ध)

Sandhāna is the process of fermentation of liquids either or with drugs, by keeping them in a closed vessel for a specified time.

**SANDHI LEPANA**

(Rasatarāṅgiṇī, Taranga 3; 5)

**सन्धिलेपन**

मूषादीनां तं यत्सन्धौ किट्टाद्यैः रसाद्विलेपनम् ।  
तत्सन्धिलेपनं ख्यातं तच्चोक्तं सन्धिबन्धनम् ॥५॥  
(रसतरंगिणी, तरंग ३; ५)

Sandhi Lepana is sealing the edges of a vessel, with the lid on, at the point of contact, with a paste of clay and cloth.

## STHĀLIPĀKA

(Rasatarāṅgiṇī, Tarāṅga 20; 25.)

### स्थालीपाक

त्रिफलाक्वथितोपेतं लौहं स्थाल्यां खराग्निना ।  
 शुष्पन् विपच्यते यस्मात् स्थालीपाकस्ततः स्मृतः ॥२५॥  
 (रसतरंगिणी, तरंग २०; २५)

The Pāka of lauha made with Triphalā Kvātha in a Sthāli(iron pan) on strong fire is called Sthālipāka.

## SVĀNGAŚĪTA

(Rasatarāṅgiṇī, Tarāṅga 2; 47.)

### स्वांगशीत

ज्वलनस्थितमेवेह शीतलत्वमुपैति यत् ।  
 स्वांगशीतं तदुद्दिष्टं र्वतः शीतञ्च तन्मतम् ॥४७॥  
 (रसतरंगिणी, तरंग २; ४७)

When heated materials attain atmospheric temperature in situ, it is called Svāṅgaśīta.

## 2. KALPANA PARIBHĀṢĀ

### २. कल्पना परिभाषा

#### KALKA

(Paribhāṣāprabhandha)

#### कल्क

यःपिण्डो रसपिष्टानां स कल्कः परिकीर्तिः ।  
 (परिभाषा प्रबन्ध)

Kalka is the fine paste of macerated fresh plant material.

### KVĀTHA

(Carakasam̄hitā, Sūtrasthāna Ādhyāya 4; 8.)

### क्वाथ

वहनौ तु क्वथितं द्रव्यं शृतमाहुश्चिकित्सकाः ।  
(चरकसंहिता, सूत्रस्थान अध्याय ४; ८)

(Dravyaguṇavijñāna, Paribhāṣākhaṇḍa)

Kvātha is the filtered decoction obtained by boiling coarse powder of drug (s) in proportion of 4 and 8 times for Mrdu and madhyama dravyas respectively of water and reduced to one-fourth and 16 times of water for Kathina dravyas and reduced to one-eighth.

### CŪRNĀ

(Paribhāṣāpradīpa)

### चूर्ण

अत्यन्तशुष्कं यद् द्रव्यं सुविष्टवस्त्रगालितम् ।  
चूर्णं तच्च रजः क्षोदस्तस्य पर्याय उच्यते ॥१॥५॥  
(परिभाषा प्रदीप, द्वितीय खण्ड, १५)

The fine sieved powder of well-dried drug (s) is called Cūrnā.

### PUTĀPĀKA SVARASA

(Śāringadharasam̄hitā, Madhyamakhaṇḍa, Adhyāya 1; 22-24 1/2.)

### पुटपाक स्वरस

पुटपाकस्य कल्कस्य स्वरसो गृह्यते यतः ।  
 अतस्तु पुटपाकानां युक्तिरत्रोच्यते मया ॥२२॥  
 पुटपाकस्य मात्रेयं लेपस्याङ्गारवर्णता ।  
 लेपं च द्व्यंगुलं स्थूलं कुर्याद्वांगुष्ठमात्रकम् ॥२३॥  
 काश्मरी वटजम्बादि पत्रैर्वेष्टनमुत्तमम् ।  
 पलमात्रं रसो ग्राह्याः कर्षमात्रं मधु क्षिपेत् ॥२४॥  
 कल्कचूर्णद्रवाद्यास्तु देयाः स्वरसवद् बुधैः ।  
 (शाङ्गधरसंहिता, मध्यम खण्ड, अध्याय १, २२-२४ १/२)

Putapāka Svarasa is the juice of green herb obtained by the process of Putapāka. The Kalka of green plant material is bundled in leaves of Gambhārī, Vata, Jambū etc. The bundled is covered with clay in layers of about 2cm. thickness. When the clay is dried, the bundle is placed amidst fire till becomes reddish. The bundle is then opened and juice from Kalka is pressed out.

**PHĀNTA**  
 (Paribhāṣāpradīpa 2,26.)

**फाण्ट**  
 क्षुण्णो द्रव्यपले सम्यग्जलमुण्णं विनिक्षिपेत् ।  
 पात्रै चतुःपलमितं ततस्तु स्रावयेज्जलम् ॥  
 सोऽयं पूतो द्रवः फाण्टो भिषग्भिरभिधीयते ॥२६॥  
 (परिभाषा प्रदीप, द्वितीय खंड २६)

The drug is powdered first. Four times the quantity of boiling water is added to it and kept for sometime. When cooled, it is filtered and used. The Phānta is the infusion obtained by pouring four times of boiling water on the powdered drug (s) and strained when cooled.

**SVARASA**  
 (Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 1; 2.)

## स्वरस

अहतात्तक्षणाकृष्टाद्वयात्कुण्णात्समुद्भवः ।  
वस्त्र निष्पीडितो यः स रसः स्वरस उच्यते ॥२॥  
(शाङ्गर्गधरसंहिता, मध्यम खंड, अध्याय १; २)

The liquid juice of fresh macerated plant material obtained by pressing through a cloth is called Svarasa.

## HIMA KAŚĀYA

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 4; 1.)

## हिमकषाय

क्षुण्णं द्रव्यपलं सम्यक् षड्भिर्नीरपलैः प्लुतम् ।  
निशोषितं हिमः स स्यात्तथा शीतकषायकः ॥॥ ॥  
(शाङ्गर्गधरसंहिता, मध्यम खंड, अध्याय ४; १)

The Hima Kaśāya is the extractive obtained on straining through cloth 24g.of powdered drug(s) soaked in 144ml. of 2water overnight.

## 3. PUTĀ PARIBHĀṢĀ

### ३. पुट परिभाषा

#### PUTĀ

(Rasataraṅgiṇī, Tarāṅga 3; 32.)

## पुट

रसोपरसलोहादेः पाकमानप्रमापकम् ।  
उत्पलाद्यग्निसंयोगाद् यत्तदत्र पुटं स्मृतम् ॥३२॥  
(रसतरंगिणी, तरंग ३; ३२)

The Puṭa is the measure of heating arrangement meant for preparing various kinds of Bhasma of Mahārasa, Uparasa, Loha etc.

### KAPOTAPUṭA

(Rasatarāṅgiṇī, Tarāṅga 3;43.)

### कपोतपुट

वन्योत्पलैरष्टसंख्यैः क्षितौ यद्वीयते पुटम् ।  
रसादीनान्तु सिद्ध्यर्थं तत्कपोतपुटं स्मृतम् ॥४३॥  
(रसतरंगिणी, तरंग ३; ४३)

The Kapotapuṭa is an arrangement using eight cow-dung cakes as fuel (vanyopala).

### GAJAPUṭA

(Rasatarāṅgiṇī, Tarāṅga 3; 40.)

### गजपुट

नृपकरचतुरस्रोत्सेधदैर्घ्ये तु कुण्डे छगणगणभृतार्द्धं मूषिकां स्थापयित्वा ।  
पुटनमिह भवेद्यच्छाणपूर्णदर्ढभागे गजपुटमिह तन्त्रे भाषितं तद्रसज्जैः ॥४०॥  
(रसतरंगिणी, तरंग ३; ४०)

The Gajapuṭa is an arrangement of heating in a pit of 90 cms in length ,breadth and depth. Half the pit is filled with cow-dung cakes. The Śarāvasampuṭa is put upon it, the empty space above is filled again with cow-dung cakes and ignited.

### VARĀHAPUṭA

(Rasatarāṅgiṇī, Tarāṅga 3; 41.)

## वाराहपुट

कुण्डे त्वरत्निमानेन चतुरस्ते तथोच्छ्रिते ।  
पुटं यद् दीयते तत्तु वाराहपुटमुच्यते ॥  
(रसतरंगिणी, तरंग ३; ४१)

The Varāhapuṭa is an arrangement of heating in a pit of 60 cms in length ,breadth and depth. Half the pit is filled with cow-dung cakes. The Śarāvasampuṭa is put upon it, and the empty space above is filled with cow-dung cakes and ignited.

## 4. YANTRA PARIBHĀṢĀ

### ४. यंत्र परिभाषा

#### ARKAYANTRA

(Synonyms-Mocīkayantra, Mayūrayaṇṭra)

The Arkayantra is a distillation device with a condensor of double walled copper jacket.

#### KHALVA YANTRA

(Rasatarāṅginī, Tarāṅga 4; 53.)

### खल्व यंत्र

चषकोपममत्यच्छं सुदृढं पिच्छिलोपमम् ।  
सच्छिलाविहितं पात्रं खल्वयंत्रमिहोच्यते ॥५३॥  
(रसतरंगिणी, तरंग ४; ५३.)

Khalva Yantra denotes mortar with pestle, made of various stones of good quality in different shapes and sizes. It is also made of metals.

#### DAMARU YANTRA

(Synonyms: Vidyādhara Yantra, Utthāpana Yantra, Adhah Pātana Yantra)

(Rasatarāṅginī, Tarāṅga 4; 41.)

## ঢমু যংত্র

(বিদ্যাধর যংত্র, উত্থাপন যংত্র, ঊর্ধ্বপাতন যংত্র)  
স্থালিকোপরি বিন্যস্য স্থালী ন্যুজ্জতযাপরাম্।  
পচেদ্যথাক্রম ত্বেতদ্যন্তঃ ঢমুকাহ্বযম্ ॥৪১॥  
(রসতরংগিণী, তরংগ ৪; ৪১.)

Damaru Yantra is a contravenes of shape resembling Damaru for sublimation prepared by sealing two pots with their mouths one telescoping the other sealing joint securely.

## TIRYAK PĀTANA YANTRA

(Āyurvedaprakāśa, Adhyāya 1;79-81 1/2.)

## তির্যক পাতন যংত্র

ঘটে রস বিনিক্ষিপ্য সজল ঘটমন্যকম্ ।  
তির্যক্ষমুখ দ্বযোঃকৃত্বা সংমুখ রোধযেত্সুধীঃ ॥৭৯॥  
চুল্ল্যাং তথৈব সংস্থাপ্য যত্নতস্তু ততো ভিষক् ।  
রসাধো জ্বালযেদগ্নি যা঵ত্সূতো জল বিশেত্ ॥৮০॥  
তির্যক্পাতনমিত্যুক্ত সিদ্ধৈর্নাগার্জুনাদিভিঃ ।  
মিশ্রিতো চেদ্রসে নাগবঞ্গৌ বিক্রমহেতুনা ॥৮১॥  
তাভ্যাং স্যাত্কৃত্রিমো দোষস্তন্মুক্তিঃ পাতনত্রযাত্ ।  
(আযুর্বেদপ্রকাশ, অধ্যায় ১, ৭৯-৮১ ১/২)

Tiryak Pātana Yantra is an iron retort prepared for distillation of Mercury with the delivery tank weld to it at an angle of 45.

## DARVIKĀ YANTRA

(Rasataraṅgiṇī, Taraṅga 4; 39.)

## दर्विका यंत्र

चषकं दर्विकाकल्पं दीर्घहस्तकसंयुतम् ।  
दर्विकायन्त्रमेतद्वि गन्धशोधनसाधकम् ॥३९॥  
(रसतरंगिणी, तरंग ४; ३९)

An iron ladle, with a long handle is called Darvikā Yantra

## DOLĀ YANTRA

(Rasaratnasamuccaya, Adhyāya 9; 3-4.)

## दोला यंत्र

द्रवद्रव्येण भाण्डस्य पूरितार्धोदकस्य च ।  
मुखस्योभयतो द्वारद्वयं कृत्वा प्रयत्नतः ॥३॥  
तयोस्तु निक्षिपेद्वण्डं तन्मध्ये रसपोटलीम् ।  
बद्ध्वा तु स्वेदयेदेतद्वोलायन्त्रमिति स्मृतम् ॥४॥  
(रसरत्नसमुच्चय, अध्याय ९; ३-४)

Dolā Yantra is a contravene consisting of a pot half filled with liquid with a horizontal rod put on the rim from which is suspended the bundle of material to be heated.

## BĀLUKA YANTRA

(Synonym: Lavaṇa Yantra)

(Rasataraṅginī, Tarāṅga 4: 29-31.)

## बालुकायंत्र

(पर्याय : लवणयंत्र)

सवस्त्रकुट्टितमृदा लिप्ताङ्गीञ्च विशोषिताम् ।  
रसादिपूर्णजठरां काचकूपीन्तू विन्यसेत् ॥२९॥  
स्थाल्यां मृत्तललिप्तायां सुदृढायां प्रयत्नतः ।

आकण्ठं कूपिकां तत्र बालुकाभिः प्रपूरयेत् ॥३०॥  
भाण्डाधो ज्वालयेदग्निं यथाकालं यथाक्रमम् ।  
एतद् बुधैः समाख्यातं बालुकायंत्रं संज्ञकम् ॥३१॥  
(रसतरंगिणी, तरंग ४; २९-३१.)

Vālukā Yantra is a sand bath heating contravenes where in a wide mouth round pot is one-fourth filled with sand and then the glass bottle containing the ingredients covered with seven layers of mudsmeared cloth is lowered to the bottom of the pot and empty space is filled with sand up to the neck of the bottle and then heated for specified time.

## ŚODHANA

S.No	Name of Paribhāṣa	Reference Book & Chapter (Adhikāra), Verse No (Sloka)
1	ABHRAKA ŚODHANA	Āyurvedaprakāśa, Adhyāya 2; 97-98
	Śodhana	Rasataraṅgiṇī, Taranga 10; 20
2	AHIPHENĀ ŚODHANA	Rasāmrta, Pariśiṣṭa 8; Page 146
3	ANJANA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3; 107.
4	KAPARDIKĀ ŚODHANA	Āyurvedaprakāśa, Adhyāya 2; 299
5	KARAVĪRAMŪLA ŚODHANA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 12; 300
6	KĀŚIŚA ŚODHANA	Rasāmrta, Adhyāya 3; 158
7	KUPILU ŚODHANA	Rasāmrta, Pariśiṣṭa 8; Page 147
8	KRSANSARPAVISA ŚODHANA	Rasataraṅgiṇī, Taranga 24; 536-537
9	KAṄKUṢṭHA ŚODHANA	Āyurvedaprakāśa, Adhyāya 2; 317
10	KAMPILLAKA ŚODHANA	Āyurvedaprakāśa, Adhyāya 2; 346
11	GODANTĪ ŚODHANA	Rasataraṅgiṇī, Taranga 11; 239
12	GAIRIKA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3; 49
13	GAURIPĀṢĀNA ŚODHANA	Rasāmrta, Adhyāya 4; 1
14	GANDHAKA ŚODHANA	Rasāmrta, Adhyāya 2; 3
15	GUGGULU ŚODHANA	
16	GUṄJĀ ŚODHANA	Rasāmrta, Pariśiṣṭa 8; Page 147
17	CAPALA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2; 140
18	JAIPĀLA ŚODHANA	Rasāmrta, Pariśiṣṭa 8; Page 146

19	TĀNKANA ŠODHANA	Āyurvedaprakāśa, Adhyāya 2; 244
20	TĀMRA ŠODHANA	
	Sāmānya Šodhana	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-2 1/2
	Viśēsa Šodhana	Āyurvēdaprakāśa, Adhyāya 3; 118-118 1/2
21	TUTTHA ŠODHANA	Rasāmrta, Adhyāya 3; 74-74 1/2
22	DHATTŪRA ŠODHANA	Rasāmrta, Pariśīṭa 8; Page 146
23	NAVASĀRA ŠODHANA	Rasatarangiṇī, Taranga 14; 3-4
24	NĀGA ŠODHANA	
	Šodhana	Śāringadarasamhitā Mdhyamakhaṇḍa Adhyāya 11; 2-2 1/2
25	PRAVĀLA ŠODHANA	Rasatarangiṇī, Taranga 23; 132
26	BHALLĀTAKA ŠODHANA	Rasāmrta, Pariśīṭa 8; Page 147
27	MANAHŚILĀ ŠODHANA	Rasaratnasamuccaya, Adhyāya 3; 96
28	MUKTĀ ŠODHANA	Rasatarangiṇī, Taranga 23; 67
29	MUKTĀŚUKTI ŠODHANA	Āyurvēdaprakāśa, Adhyāya 2; 330
30	MRDDĀRAŚRṄGA ŠODHANA	Rasaratnasamuccaya, Adhyāya 3; 157
31	MANDŪRA ŠODHANA	Rasatarangiṇī, Taranga 20; 127
32	YAŚADA ŠODHANA	Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-2 1/2
33	RAKTA CITRAKA ŠODHANA	Rasatarangiṇī, Taranga 24; 575
34	RAJATA ŠODHANA	
	Sāmānya Šodhana	As Per Tāmra
	Viśēsa Šodhana	Rasatarangiṇī, Taranga 16, 6

35	RASAKA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2; 147
36	LOHA ŚODHANA	
	Sāmānya Śōdhana	As Per Tāmra
	Viśeṣa Śodhana	Rasataraṅgiṇī, Tarāṅga 20; 18
37	LĀNGALĪ (KALIHĀRĪ) ŚODHANA	Āyurvedaprakāśa, Dravya Śodhana Prakaraṇa Page 501
38	VACĀ ŚODHANA	Bhaiṣajyaratnāvalī, Vātavyādhyadhikāra; 446-7
39	VAJRA ŚODHANA	Rasaratnasamuccaya, Adhyāya 4; 35
40	VATSANĀBHA ŚODHANA	Rasāmrta, Pariśista 8, Page 145
41	VARĀTA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3; 141
42	VIJAYĀ ŚODHANA	Rasāmrta, Pariśista 8; Page 147
43	VIMALA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2; 92
44	VRDDHADĀRAKA ŚODHANA	Rasatarangiṇī, Tarāṅga 24; 576
45	VAIKRĀNTA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2; 64
46	VAṄGA ŚODHANA	
	Sāmānya Śōdhana	Śāringadharasamṛhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-2 1/2
	Viśesa Śodhana	Rasataraṅgiṇī, Tarāṅga 18; 11
47	ŚILĀJATU ŚODHANA	Rasataraṅgiṇī, Tarāṅga 22; 69-77
48	ŚRĀNGA ŚODHANA	Rasataraṅgiṇī, Tarāṅga 12; 1041/2
49	ŚĀNKHA ŚODHANA	Rasataraṅgiṇī, Tarāṅga 12, 10
50	SAMUDRAPHENĀ ŚODHANA	Yogaratnākara, Page 140
51	SINDŪRA ŚODHANA	Yogaratnākara, Page 140
52	SNUHĀKṢĪRA ŚODHANA	Rasataraṅgiṇī, Tarāṅga 24; 517-518
53	SVARĀNAMĀKSIIKA ŚODHANA	Rasataraṅgiṇī, Tarāṅga 21; 7-11

54	HARITĀLA ŠODHANA	Rasaratnasamuccaya, Adhyāya 3; 75
55	HIṄGU ŠODHANA	Rasataranginī, Taranga 24; 578
56	HIṄGULA ŠODHANA	Rasāmrta, Adhyāya 1; 54
57	HIṄGULOTTHA PĀRADA ŠODHANA	Rasāmrta, Adhyāya 1; 16-17

### ASTASAMSKĀRA OF PĀRADA

S1.NO	Name of PARIBHĀṢĀ	Reference Book & chapter (Adhikara) Verse No. (Śloka)
1	SVEDANA	Rasahṛdayatantra, Avabodha 2; 3
2	MARDANA	Rasahṛdayatantra, Avabodha 2;4
3	MŪRCCHANA	Rasāmrta, Adhyāya 1; 10
4	UTTHĀPANA	Rasahṛdayatantra, Avabodha 2; 7
5	PĀTANA	
	A. ĪRDHVAPĀTANA	Ayurvedaprakāśa, Adhyāya 1; 68-73
	B. ADHAH PĀTANA	Āyurvedaprakāśa, Adhyāya 1; 75-77
	C. TIRYAK PĀTANA	Āyurvedaprakāśa, Adhyāya 1; 79-81 1/2
6	BODHANA / RODHANA	Rasendra Cūḍāmanī, Adhyāya 4; 88
7	NIYAMANA	Rasahṛdayatantra , Avabodha 2, 10
8	DĪPANA / SAMDĪPANA	Rasahṛdayatantra , Avabodha 2

### 1. ABHRAKA ŠODHANA

Acceptable Variety

(Āyurvedaprakāśa, Adhyāya 2; 97-98.)

### ग्राह्याभ्रक

वज्रं तु वज्रवत्तिष्ठेन चाग्नौ विकृतिं व्रजेत् ।  
सर्वाभ्रेषु वरं वज्रं व्याधिवार्धक्यमृत्युजित् ॥१७॥  
यदञ्जननिभं क्षिप्तं न वह्नौ विकृतिं व्रजेत् ।

वज्रसंज्ञं हिं तद्योग्यमभ्रं सर्वत्र नेतरत् ॥१८॥  
(आयुर्वेदप्रकाश, अध्याय २, ९७-९८)

### Śodhana

(Rasatarāṅgiṇī, Tarāṅga 10:20.)

### शोधन

अभ्रकं वह्निसन्तप्तं सप्तवारं निषेचितम् ।  
गोदुग्धे वा वराक्वाथे शुद्धित्रैमायात्यनुत्तमाम् ॥२०॥  
(रसतरंगिणी, तरंग १०:२०)

1. Vajrābhra (Abhraka) QS
2. Godugdha or Varā (triphalā) kvātha (P. ) QS (for Nirvapana)

### Method of Śodhana

The Vajrābhraka is heated to red hot in an iron pan and put in godugdha or Triphalā Kvātha. This process is repeated seven times. Thereafter, it is pulverized for further processing.

### 2. AHIPHENA ŚODHANA

(Rasāmr̥ita, Pariśiṣṭā 8; Page 146.)

अहिफेनं शङ्खवेररसैर्भाव्यं त्रिसप्तधा ।  
शुद्धयत्युक्तेषु योगेषु योगयेत्तद्विधानतः ॥  
(रसामृत, परिशिष्ट ८, पृष्ठ १४६)

1. Ahiphena (Fr.Exd. ) 1 Part
2. Śringavera (Ārdraka) (Rz. ) QS bhavana

### Method

Bhāvanā of Śrīgavera (Ārdraka) Svarasa is given 21 times.

### 3. ANJANA ŠODHANA

(Rasaratnasamuccaya, Adhyāya 3; 107.)

अंजनानि विशुद्धयन्ति भृंगराजनिजद्रवैः ॥१०७॥  
(रसरत्नसमुच्चय, अध्याय ३; १०७)

- |    |                 |                    |
|----|-----------------|--------------------|
| 1. | Anjana          | 1 Part             |
| 2. | Bhrṅgarājadrava | (Pl. ) QS mardhana |

#### Method

Mardana with Bhrṅga Rāja Rasa is done for seven days.

### 4. KAPARDIKĀ ŠODHANA

Śōdhana

(Āyurvēdaprakāśa, Adhyāya 2; 299.)

#### शोधन

वराटा: काञ्जिके स्विना यामाच्छुद्धिमवान्जुयात् ॥२९९॥  
(आयुर्वेद प्रकाश, अध्याय २, २९९)

- |    |                     |            |
|----|---------------------|------------|
| 1. | Varāṭa (kapardikā ) | QS         |
| 2. | Kāñjīka             | QS Svedana |

#### Method of Śōdhana :

Kapardikā is boiled in Kāñjī for 3 hours.

### 5. KARAVĪRAMŪLA ŠODHANA

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 12; 300)

दोलायन्त्रेण गोदुग्धे शोधयेत् करवीरकम् ॥३००॥  
(शाङ्खरसंहिता, मध्यम खण्ड, अध्याय १२, ३००)

- |    |               |        |            |
|----|---------------|--------|------------|
| 1. | Karavīra-mūla | (Rt. ) | 1 Part     |
| 2. | Go dugdha     |        | QS Svedana |

**Method**

Svedana is done in Dolā Yantra for 2 hours.

## 6. KĀŚIŚA ŚODHANA

(Rasāmr̥ta, Adhyāya 3; 158.)

काशीशं भूंगनीरेण त्रिवारं भावितं शुचि ॥१५८॥  
(रसामृतं, अध्याय ३, १५८)

- |    |                          |            |
|----|--------------------------|------------|
| 1. | Kāśīśa                   | 1 Part     |
| 2. | Bhṛṅga nīra (bhṛṅgarāja) | QS bhavana |

**Method**

Bhāvanā is given with Bhṛṅga Rāja Rasa, 3 times.

## 7. KUPĪLŪ ŚODHANA

(Rasāmr̥ta, Pariśista 8; Page 147.)

गवां मूत्रे कुपीलुं तु स्थापयेत् सप्तरात्रकम् ।  
तत उद्धत्य गोदुग्धे दोलायन्त्रे विपाचयेत् ॥  
याममात्रं ततः कृत्वा त्वगङ्कु रविवर्जितम् ।  
नीरेण क्षालयित्वाऽथ रसयोगेषु योजयेत् ॥  
(रसामृत, परिशिष्ट ८; पृष्ठ १४७)

- |    |          |        |             |
|----|----------|--------|-------------|
| 1. | Kupīlu   | (Sd. ) | 1 Part      |
| 2. | Go-mūtra |        | QS Sthapana |

### 3. Go-dugdha

QS Svedana

#### Method

Kupīlu is kept in Go-Mūtra for 7 days. Fresh Go-Mūtra is to be replaced every day. Thereafter it is removed and washed with water. Svedana in Go-Dugdha with Dolā Yantra for 3 hours is done. The Testa and Embryo are removed, the cotyledon is roasted in ghee and powdered Well.

## 8. KRŚAṄSARPAVIṢA ŚODHANA

(Rasataraṅgiṇī, Tarāṅga 24; 536-537.)

तैलात्कशुक्तिकामध्यसंचिते जड़गमे विषे ।  
पदांशं सार्षपं तैलं न्यस्य घर्मं विशोषयेत् ॥५३६॥  
जायते पीतवर्णं तांन्निदाधे परिशोषितम् ।  
कृष्णसर्पविषं त्वेवं शुद्धिमायात्यनुत्तमाम् ॥५३७॥  
(रसतरंगिणी, तरंग २४, ५३६-५३७)

### 1. Kṛṣṇa Sarpa Visa

1 Part

### 2. Sarsapa taila

(Sd.)

1/4 Part

#### Method

Sarsapa Taila is added to Kṛṣṇa Sarpavisa and placed in sunlight. The yellowish powder when dried is collected and stored in glass bottle.

For the purpose of rasa Parpatī preparation 3 or 7 Bhāvanas of Bhringarāja Rasa are given in powdered Gandhaka. Then Gandhaka is melted in Ghrta coated Vessel and poured in Bhringarāja Rasa.

## 9. KANKUŚTHA ŚODHANA

(Āyurvedaprakāśa, Adhyāya 2; 317.)

शुण्ठ्यमबुभावित शुद्धिं कंकुष्ठमुपगच्छति ॥३१७॥  
(आयुर्वेदप्रकाश, अध्याय २; ३१७)

- |    |             |                   |
|----|-------------|-------------------|
| 1. | Kaṅkust̄ha  | 1 Part            |
| 2. | Śunṭhi-jala | (Rz. ) QS bhavana |

**Method**

Bhāvanā is given in Śunṭhi Jala, 3 times.

## 10. KAMPILLAKA ŚODHANA

(Āyurvedaprakāśa, Adhyāya 2; 346.)

साधारणरसाः सर्वे मातुलुंगार्दकाम्बुना ।  
त्रिवारं भाविताः शुष्का भवेयुर्दोषवर्जिताः ॥३४६॥  
(आयुर्वेद प्रकाश, अध्याय २; ३४६)

- |    |                |                   |
|----|----------------|-------------------|
| 1. | Kampillaka     | (G.H.F ) 1 Part   |
| 2. | Mātuluṅga-rasa | (Fr.) QS bhavana  |
| 3. | Ārdraka-rasa   | (Rz. ) QS bhavana |

**Method**

Bhāvanā is given three times with ingredients 2 and 3 separately.

## 11. GODANTI ŚODHANA

### Śodhana

(Rasatarāṅgiṇī, Tarāṅga 11; 239.)

### शोधन

गोदन्तं निम्बुनीरेण द्रोणपुष्पीरसेन वा  
यामादर्घ्नैव सुस्थिन्नं विशुद्धयति नसंशय; ॥२३९॥  
(रसतरंगिणी, तरंग, ११, २३९)

- |    |                    |            |
|----|--------------------|------------|
| 1. | Godanta (Godanti)  | QS         |
| 2. | Nimbu nīra (Nimbū) | QS Svedana |

or

Dronapuspīrāsa (Pl. )

## 12. GAIKIKA ŚODHANA

(Rasaratnasamuccaya, Adhyāya 3; 49.)

गैरिकं तु गवांदुग्धैर्भावितं शुद्धिमृच्छति ॥४९॥

(रसरत्नसमुच्चय, अध्याय ३, ४९)

- |    |          |            |
|----|----------|------------|
| 1. | Gairika  | 1 Part     |
| 2. | Godugdha | QS bhavana |

### Method

Bhāvanā is given with go dugdha three times.

## 13. GAURĪPĀŚĀNA ŚODHANA

(Rasāmrta, Adhyāya 4; 1.)

गवां दुग्धेऽथवा त्वाजे कारवेल्लीरसेऽथवा ।

द्वियामं स्वेदितः शुद्धो गौरीपाषाणको भवेत् ॥१॥

(रसामृत, अध्याय ४, १)

- |    |             |            |
|----|-------------|------------|
| 1. | Gaurīpāśāna | 1 Part     |
| 2. | Go dugdha   | QS svedana |

or

Aja dugdha

or

Kārvallī rasa (Pl. )

### Method

Svedana is done for 6 hours in Dolā Yantra.

## 14. GANDHAKA ŠODHANA

(Rasāmṛta, Adhyāya 2; 3.)

गव्ये पयति गन्धं तु भृंगराजरसेऽथवा ।  
रसपर्पटिकाप्रोक्तविधानेन विशोधयेत् ॥३॥  
(रसामृत, अध्याय २, ३)

- |    |                  |        |
|----|------------------|--------|
| 1. | Gandhaka         | 1 Part |
| 2. | Go-dugdha        |        |
|    | or               |        |
|    | Bhr̥ngarāja-rasa | (Pl. ) |
|    |                  | QS     |

### Method

Gandhaka Melted in an iron pan smeared with ghee and is poured in a pot containing godugdha or Bhr̥ngarāja Rasa and collected when cooled. It is washed, dried and then kept for use.

For the purpose of Rasa Parpaṭi preparation 3 or 7 Bhāvanas of Bhr̥ngarāja are given in powdered Gandhaka. Then Gandhaka is melted in Ghṛt coated vessel and poured in Bhr̥ngarāja Rasa.

## 15. GUGGULU ŠODHANA

(1) Sand stone, glass etc. in Guggulu, if present, are first removed.

(2) It is then broken into small pieces.

(3) It is thereafter bundled in a piece of the cloth and boiled in the Dolā Yantra containing any one of the following fluids.

- (a) Gomūtra.
- (b) Triphalākaśāya.
- (c) Vāsāpatra Kaśāya.
- (d) Vāsāpatra Svarasa.

- (e) Nirgundīpatra Svarasa with Haridrā Cūrṇa; and
- (f) Dugdha.

The boiling is continued till the Guggulu becomes a soft mass. It is then taken out of the cloth and spread over a smooth wooden board smeared with Ghee or oil.

By pressing with fingers the sand and other remaining foreign impurities are removed. It is taken out and again fried with ghee and ground in a stone mortar (Khalva). This is called Śodhita Guggulu.

The other method is to suspend the bundle of Guggulu in Dolā Yantra So as to remain immersed in the specified fluid as it is boiled. The boiling of Guggulu in Dola Yantra is carried on until all the Guggulu passes into the fluid through the cloth.

The residue in the bundle is discarded. The fluid is filtered and again boiled till it forms a mass. This mass is dried in sun light and then pounded with a pestle in a stone mortar, adding ghee in small quantities till it becomes waxy.

## 16. GUNJĀ ŚODHANA

(Rasāmrta, Pariśiṣṭā 8; Page 147.)

गुंजा काञ्जिकसुस्विना शुद्धिमायाति यामतः ।  
(रसामृत, परिशिष्ठ ८, पृष्ठ १४७)

- |                 |        |            |
|-----------------|--------|------------|
| 1.      Gunjā   | (Sd. ) | 1 Part     |
| 2.      Kāñjika |        | QS svedana |

### Method

Svedana is done for 3 hours in Dolā Yantra. The outer cover is removed. Thereafter, it is washed, dried and kept.

## 17. CAPALA ŚODHANA

(Rasaratnasamuccaya, Adhyāya 2; 140.)

जम्बीरकर्कोटकश्रृंगवेरैर्विभावनाभिश्चपलस्य शुद्धिः ॥१४०॥  
(रसरत्न समुच्चय, अध्याय २, १४०)

1.	Capala		1 Part
2.	Jambīra	(Fr.)	QS bhavana
3.	Karkoṭaka	(Pl. )	QS bhavana
4.	Śringavera	(Rz. )	QS bhavana

### Method

Bhāvanā with svarasa of ingredients 2 to 4 separately is given.

## 18. JAIPĀLA ŚODHANA

(Rasāmṛta, Pariśista 8; Page 146.)

जैपालं निस्तुषं कृत्वा दुग्धे दोलायुतं पचेत् ।  
अन्तर्जिह्वा परित्यज्य निम्बुनीरेण भावयेत्  
एवं शुद्धं तु जैपालं रसयोगेषु योजयेत्  
(रसामृत, परिशिष्ट ८, पृष्ठ १४६)

1.	Jaipāla	(Sd. )	1 Part
2.	Dugdha (Godugdha )		QS Svedana
3.	Nimbū-nīra		QS bhavana

### Method

The testa of Jaipāla is removed and the seeds are subjected to Svedana in Dolā Yantra with godugdha for three hours. The embryo of the seed is removed. The cotyledons dried and powdered. Bhāvanā with nimbu svarasa is given for three days, and then it is dried in sun and used.

## 19. ṬĀNKĀNA ŚODHANA

(Āyurvedaprakāśa, Adhyāya 2; 244.)

अतस्तं शोधयेदेव वह्नावुत्फुलितः शुचिः ।  
(आयुर्वेद प्रकाश, अध्याय २, २४४)

### Method

Small pieces of Ṭāṅkaṇa are placed in a vessel on fire and collected when dehydrated.

## 20. TĀMRA ŚODHANA

Sāmānya Śōdhana

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-21/2.)

### सामान्य शोधन

स्वर्णतारारताप्रायःपत्राण्यग्नौ प्रतापयेत्  
निषिञ्चेत्पत्तप्तानि तैले तक्रे च काञ्जिके ॥२॥  
गोमूत्रे च कुलथानां कषाये च त्रिधा त्रिधा  
(शाङ्गर्गधरसंहिता, मध्यमखण्ड, अध्याय ११, २-२१/२)

1.	Tāmra-patra	QS
2.	Taila (Tila) (Ol.)	QS nirvapana
3.	Takra	QS nirvapana
4.	Kāñjīka	QS nirvapana
5.	Go mūtra	QS nirvapana
6.	Kulattha-kaṣāya (Sd.)	QS nirvapana

### Method of Sāmānya Śōdhana

The Tāmra Patras are heated and immersed thrice in each of the drugs one after the

other.

### Viśesa Śodhana

(Āyurvēdaprakāśa, Adhyāya 3; 118-1181/2.)

## विशेष शोधन

स्नुह्यर्कक्षीरसिन्धूत्थैस्ताम्रपत्राणि लेपयेत् ।  
अग्नौ प्रताप्य निर्गुण्डीरसे संसेचयेत्त्रिशः ॥११८॥  
स्नुह्यर्कक्षीरसेकैर्वा शुल्बशुद्धिः प्रजायते ॥  
(आयुर्वेद प्रकाश, अध्याय ३, ११८-११८१/२)

1.	Tāmra-patra	QS
2.	Snuhī kṣīra	(L. ) QS for lepana
3.	Arka kṣīra	(L) QS for lepana
4.	Sindhūttha (Saindhava)	QS for lepana
5.	Nirgunḍī rasa	(Lf. ) QS for lepana

### Method of Viśesa Śodhana

Saindhava is mixed with Snuhī Kṣīra and Arka Kṣīra To a paste which is smeared on Tāmra Patra and allowed to dry. Thereafter, Tāmra Patra is heated and immersed in Nirgunḍī Svarasa. This

process is repeated 3 times. Another process is that Tāmra Patra is heated and while on the oven Snuhī Kṣīra and Arka Kṣīra are dropped over it in small quantities and allowed to evaporate.

## 21. TUTTHA ŚODHANA

(Rasāmr̥ta, Adhyāya 3; 74-741/2.)

रक्तचन्दनमज्जिष्ठावराक्वाथेन भावितम् ॥७४॥  
सप्तवारं प्रयत्नेन शुद्धिमायाति तुथकम् ।

(रसामृत, अध्याय ३; १४-१४१/२)

1.	Tuttha	1 Part
2.	Raktacandana-kvātha	(Ht.Wd.) QS for bhavana
3.	Maṇjisthā-kvātha	(Rt.) QS for bhavana
4.	Varā (triphalā) - kvātha	(P.) QS for bhavana

**Method**

Bhāvanā with ingredients 2 to 4 separately seven times each is given.

## 22. DHATTŪRA ŚODHANA

(Rasāmr̥ta, Pariśiṣṭā 8; Page 146.)

धत्तूर बीजं गोमूत्रे चतुर्यामोषितं पुनः ।  
गव्यो पयसि दोलायां यामैकं पाचितं ततः ॥  
कण्डितं निस्तुषं कृत्वा शुद्धं योगेषु योजयेत् ।  
(रसामृत, परिशिष्ट ८; पृष्ठ १४६)

1.	Dhattūra bija	(Sd.) 1 Part
2.	Go-mūtra	QS
3.	Gavya payas (godugdha)	QS svedana

**Method**

Dhattūra seeds are soaked in Go-Mūtra for 12 hours. Then they are washed with water and subjected to Svedana in a Dolā Yantra containing Go-Dugdha for 3 hours. The seeds are used after removing testa.

## 23. NAVASĀRA ŚODHANA

(Rasatarāṅgiṇī, Tarāṅga 14; 3-4.)

नवसारन्तु सलिले त्रिगुणे द्रावयेभ्दिषक् ।  
वस्त्रपूतं ततः कृत्वा भाजने स्थापयेत्ततः ॥३॥

चुल्लिकायां निधायाथ पचेत्तीव्राग्निना भृंशम् ।  
जले शुष्के तलस्थञ्च नृसारं विमलं हरेत् ॥४॥  
(रसतरंगिणी, तरंग १४, ३-४)

- |    |              |                     |
|----|--------------|---------------------|
| 1. | Navasāra     | 1 Part              |
| 2. | Jala (water) | 3 parts for dravana |

#### **Method**

3 times water is added to Navasāra and a solution is made. This is to be filtered and boiled till water is evaporated.

### **24. NĀGA ŚODHANA**

#### **Śodhana**

Śāringadarasamhitā Mdhyamakhaṇḍa Adhyāya 11; 2-21/2)

#### **शोधन**

निषिञ्चेत्पत्तप्तानि तैले तक्रे च काञ्जिके ॥२॥  
गोमूत्रे च कुलतथानां कषाये च त्रिधा त्रिधा ।  
(शाङ्खर्गधरसंहिता, मध्यम खण्ड, अध्याय ११, २-२१/२)

- |    |                 |                              |
|----|-----------------|------------------------------|
| 1. | Nāga            | Q.S.                         |
| 2. | Taila (Tila)    | (Sd.)      QS for nirvapana  |
| 3. | Takra           | QS for nirvapana             |
| 4. | Gomūtra         | QS for nirvapana             |
| 5. | Kāñjīka         | QS for nirvapana             |
| 6. | Kulatthā-Kaṣāya | (Sd. )      QS for nirvapana |

#### **Method of Śodhana**

The Nāga is melted in an iron pan. It is poured into an iron pot containing taila, etc. in

sufficient quantity. The pot should be covered with a heavy stone having a hole in the centre and the melted Nāga is poured through this hole. This process is to be repeated 3 times in each of the five drugs.

## 25. PRAVĀLA ŚODHANA

### Śodhana

(Rasatarāṅgini, Tarāṅga 23; 132.)

### शोधन

सर्जिकाक्षारसंयुक्ते सलिले परिपाचितम् ।  
यामैकेन प्रवालं तु शुद्धिमायात्यनुत्तमाम् ॥१३२॥  
(रसतरंगणी, तरंग २३, १३२)

- |                        |                |
|------------------------|----------------|
| 1. Pravāla             | Q.S.           |
| 2. Sarjikā ksārasalila | QS for svedana |

## 26. BHALLATAKA ŚODHANA

(Rasāmṛta, Pariśiṣṭa 8; Page 147)

भल्लातकान् सुपक्वांस्तु गोमूत्रे दिनसप्तकम् ।  
तथा च गव्यपयसि वासयेद्विन सप्तकम् ॥  
ततो घृष्टवेष्टिकाचूर्णः क्षालयित्वाऽभसा पुनः ।  
संशोष्य मारुतेनाथ वृन्तं छित्वा प्रयोजयेत् ॥  
(रसामृत, परिशिष्ट ८; पृष्ठ १४७)

- |                            |       |                 |
|----------------------------|-------|-----------------|
| 1. Bhallātaka              | (Fr.) | 1 Part          |
| 2. Go-mūtra                |       | QS for vasana   |
| 3. Gavya payas (go dugdha) |       | QS for vasana   |
| 4. Iṣṭika cūrṇa            |       | QS for gharsana |
| 5. Ambhas (jala)           |       | QS for ksalana  |

### **Method**

Bhallātaka fruits after removing the attachment of thalamus are soaked in Gomūtra for seven days and thereafter in Go-Dugdha for seven days. The seeds are then put into bag containing coarse brick powder with which they are rubbed carefully, With a view to reduce the oil content. Then the fruits are washed with water and dried in air.

### **27. MANAHŚILĀ ŚODHANA**

(Rasaratnasamuccaya, Adhyāya 3; 96.)

अगस्त्यपत्रतोयेन भाविता सप्तवारकम् ।  
श्रङ्गवेररसैर्वाऽपि विशुद्धयति मनःशिला ॥९६॥  
(रसरत्नसमुच्चय, अध्याय ३, ९६)

- |    |                           |                                |
|----|---------------------------|--------------------------------|
| 1. | Manahśilā                 | 1 Part                         |
| 2. | Agastya-patra svarasa     | (Lf. )              QS bhavana |
|    | or                        |                                |
|    | Śringavera rasa (Ārdraka) | (Rz. )                         |

### **Method**

Bhāvanā is to be given seven times.

### **28. MUKTĀ ŚODHANA**

#### **Śodhana**

(Rasatarāṅgiṇī, Tarāṅga 23;67.)

#### **शोधन**

जयन्तीस्वरसेनेह दोलायन्त्रे विधानतः ।  
यामैकं सततं स्निन्नं मौक्तिकं शुद्धिमाप्नुयात् ॥६७॥  
(रसतरंगिणी, तरंग २३, ६७)

- |    |                   |      |
|----|-------------------|------|
| 1. | Mauktika (Muktā ) | Q.S. |
|----|-------------------|------|

2. Jayanti (aranī) svarasa Q.S. for svedana

## 29. MUKTĀŚUKTI ŚODHANA

Śodhana

(Āyurvēdaprakāśa, Adhyāya 2; 330.)

**शोधन**

शोधनं शखवत्तस्य ॥३३०॥  
(आयुर्वेदप्रकाश, अध्याय २, ३३०)

- |               |            |
|---------------|------------|
| 1. Muktāśukti | 1 Part     |
| 2. Kāñjika    | QS svedana |

## 30. MRDDĀRAŚR̥NGA ŚODHANA

(Rasaratnasamuccaya, Adhyāya 3; 157.)

साधारणरसाः सर्व मातुलुड्गर्द्धकाम्बुना ।  
त्रिरात्रं भाविताः शुष्का भवेयुद्दोषवर्जिताः ॥१५७॥  
(रसरत्नसमुच्चय, अध्याय ३, १५७)

- |                   |                      |
|-------------------|----------------------|
| 1. Mrddāra śr̥ṅga | 1 Part               |
| 2. Mātulunga rasa | (Fr.) QS for bhavana |
| 3. Ārdraka rasa   | (Rz.) QS for bhavana |

**Method**

Bhāvanā is given for three days in ingredients 2 and 3 separately.

## 31. MANDŪRA ŚODHANA

Śodhana

(Rasatarāṅginī, Taranga 20; 127)

**शोधन**

ध्मातं विभीतकांगारैर्गोमूत्रे परिषेचितम् ।  
 सप्तवारं लोहमलं शुद्धिमायात्यनुत्तमाम् ॥१२७॥  
 (रस तरंगिणी तरंग २०, १२७)

- |    |   |                     |
|----|---|---------------------|
| 1. | Loha mala ( <i>maṇḍūra</i> )              | Q.S.                |
| 2. | Bibhītakāṅgāra ( <i>bibhītaka</i> ) (St.) | Q.S. for heat       |
| 3. | Go-mūtra                                  | Q.S. for parisecana |

### 32. YASADA ŚODHANA

#### Śodhana

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-21/2.)

#### शोधन

निषिञ्चेत्पत्तप्तानि तैले तक्रे च काञ्जिके ॥२॥  
 गोमूत्रे च कुलतथानां कषाये च त्रिधा त्रिधा ।  
 (शाङ्गर्गधरसंहिता, मध्यम खण्ड, अध्याय ११, २-२१/२)

- |    |                 |                        |
|----|-----------------|------------------------|
| 1. | Yaśada          | Q.S.                   |
| 2. | Taila (Tila)    | (Ol.) QS for nirvapana |
| 3. | Takra           | QS for nirvapana       |
| 4. | Gomūtra         | QS for nirvapana       |
| 5. | Kāñjika         | QS for nirvapana       |
| 6. | Kulattha kaśāya | (Sd.) QS for nirvapana |

As per the śodhana process of Nāga.

### 33. RAKTA CITRAKA ŚODHANA

(Rasataraṅgiṇī, Taraṅga 24; 575.)

रक्तचित्रकमूलं तु चूर्णतोये निमज्जयेत् ।  
 ततो निदाघसंशुष्कं शुद्धिमायात्यनुत्तमाम् ॥५७५॥  
 (रसतरंगिणी, तरंग २४, ५७५)

1.	Rakta citraka-mūla	(Rt. )	1 Part
2.	Cūrnodaka		QS for nimajjana

**Method**

Small pieces of Citraka Mūla are soaked in lime water and thereafter washed, dried under under the sun.

### 34. RAJATA ŚODHANA

Sāmānya Śodhana

(As Pēr Tāmra)

1.	Rajata-patra	1 Part
2.	Taila (Tila)	(Ol. ) Q.S. for nirvapana
3.	Takra	Q.S. for nirvapana
4.	Kānjīka	Q.S. for nirvapana
5.	Gomūtra	Q.S. for nirvapana
6.	Kulattha-kasāya	(Sd. ) Q.S. for nirvapana

**Method of Śodhana**

Rajata Patras are heated and soaked in each of the drugs (Nos. 2 to 6) separately 3 times.

Viśeṣa Śodhana  
(Rasatarāṅgiṇī, Tarāṅga 16, 6.)

**विशेष शोधन**  
पत्रीकृतं तु रजतं ज्वलने प्रतप्त  
निर्वापयेन्मुनितरोः स्वरसे त्रिवारम् ।  
(रसः तरंगिणी, तरंग १६, ६)

1.	Rajata-śuddha	1 Part
2.	Munitaru (agastya) svarasa (Lf. )	Q.S. for nirvapana

**Method of Viśeṣa Śodhana:**

Rajata Patras are heated and immersed in Munitaru(Agastya) Svarasa for 3 times.

### 35. RASAKA ŠODHANA

(Rasaratnasamuccaya, Adhyāya 2; 147.)

खर्परः परिसन्तप्तः सप्तवारं निमिज्जितः ।  
बीजपूरसस्यान्तर्निर्मलत्वं समश्नुते ॥१४७॥  
(रसरत्नसमुच्चय, अध्याय २, १४७)

- |                    |                  |
|--------------------|------------------|
| 1. Rasaka          | 1 Part           |
| 2. Bijapūra - rasa | QS for nimajjana |

#### Method

Heated pieces of rasaka are immersed in the juice of Bijapūraka. The process is repeated seven times.

### 36. LOHA ŠODHANA

Sāmānya Šodhana

(As Pēr Tāmra)

- |                       |                           |
|-----------------------|---------------------------|
| 1. Loha cūrṇa (lauha) | 1 Part                    |
| 2. Tila - taila       | (Ol. ) Q.S. for nirvapana |
| 3. Takra              | Q.S. for nirvapana        |
| 4. Kāñjika            | Q.S. for nirvapana        |
| 5. Gomūtra            | Q.S. for nirvapana        |
| 6. Kulattha-kaśāya    | (Sd. ) Q.S. for nirvapana |

Viśeṣa Šodhana

(Rasataranginī, Taranga 20; 18)

विशेष शोधन

वराकषायसंयुते समे गवान्तु मूत्रके ।  
निषेचितं तु सप्तधा त्वयो विशुद्धिमाज्जुयात् ॥१८॥  
(रसतरंगिणी, तरंग २०; १८)

- |    |                              |                     |
|----|------------------------------|---------------------|
| 1. | Loha curna (lauha) - śuddha  | 1 Part              |
| 2. | Varā (triphalā) Kaśāya (P. ) | for nisecana 1 Part |
| 3. | Gomutra                      | for nisecana 1 Part |

### 37. LĀNGALI (KALIHĀRĪ) ŚODHANA

(Āyurvedaprakāśa, Dravya Śodhana Prakarana Page 501.)

लाङ्गली शुद्धिमायाति दिनं गोमूत्रसंस्थिता ।  
(आयुर्वेदप्रकाश, अध्याय ६, पृष्ठ ५०१)

- |    |          |        |        |
|----|----------|--------|--------|
| 1. | Lāngalī  | (Rz. ) | 1 Part |
| 2. | Go-mūtra |        | Q.S.   |

#### Method

Small pieces of Lāngali Mūla are soaked in Gomūtra for 24 hours, then washed and dried.

### 38 VACĀ ŚODHANA

(Bhaiṣajyaratnāvalī, Vātavyādhyadhikāra; 446-7)

Vacā is boiled in Gomūtra and Alambusa Kvātha and later in Pancapallava Kvātha and dried. Cleaned with Gandhodaka,dried and kept in a pot of many small holes, which in turn is kept on a big pot containing Gandhodaka. And the bigger pot is kept on fire. After one hour Svedana Vacā is kept in Gomūtra for another one hour. Later washed with Śigru Tvak Kvātha and Gandhodaka and kept in flowers of Madhūka and Mallikā for imparting fragrance. Later Vacā is powdered and given dhupa with Rāla, Kundaru and Nakhi and stored in glass bottles.

## 39. VAJRA ŚODHANA

### Śodhana

(Rasaratnasamuccaya, Adhyāya 4; 35.)

कुलत्थक्वाथके स्विन्नं कोद्रवक्वथितेन वा ।  
एकयामावधि स्विन्नं वज्रं शुद्ध्यति निश्चितम् ॥  
(रसरत्नसमुच्चय, अध्याय ४; ३५)

- |    |                 |                           |
|----|-----------------|---------------------------|
| 1. | Vajra (hīraka)  | Q.S.                      |
| 2. | Kulattha-kvātha | (Sd.)      QS for svedana |
|    | or              |                           |
|    | Kodrava-kvātha  | (Sd.)                     |

## 40. VATSANĀBHA ŚODHANA

(Rasāmr̥ta, Pariśiṣṭā 8, Page 145.)

विषं तु खण्डशः कृत्वा वस्त्रखण्डेन बन्धयेत् ।  
गोमूत्र मध्ये निक्षिप्य स्थापयेदातपे त्र्यहम् ॥  
गोमूत्रं तु प्रदातव्यं नूतनं प्रत्यहं बुधैः ।  
त्र्यहेऽतीते तदुद्धृत्य क्षालयित्वा विशोषयेत् ।  
(रसामृत परिशिष्ट ८, पृष्ठ १४५)

- |    |                   |           |        |
|----|-------------------|-----------|--------|
| 1. | Viṣa (Vatsanābha) | (Rt.Tr. ) | 1 Part |
| 2. | Go-mūtra          |           | Q.S.   |

### Method

Small pieces of Vatsanābha are bundled in thin muslin cloth and soaked in Gomūtra for three days, replacing the latter everyday. Then they are washed and dried.

## 41. VARĀTA ŚODHANA

(Rasaratnasamuccaya, Adhyāya 3; 141.)

वराटा: काञ्जिके स्विन्ना यामाच्छुद्धिमवान्तुयः ॥१४॥  
(रसरत्नसमुच्चय, अध्याय ३; १४१)

- |    |         |            |
|----|---------|------------|
| 1. | Varāṭā  | 1 Part     |
| 2. | Kañjika | QS svedana |

**Method**

Svedana is done for 3 hours in Kāñjika.

#### 42. VIJAYĀ ŚODHANA

(Rasāmrta, Parīśiṣṭā 8; Page 147.)

विजयां वस्त्रबद्धां तु जलैः प्रक्षालयेद्बुधः ।  
हरिद्वर्णं जलं यावत्ततः शुष्कां प्रयोजयेत् ॥  
(रसामृत, परिशिष्ट ८; पृष्ठ १४७)

- |    |        |                     |
|----|--------|---------------------|
| 1. | Vijayā | 1 Part              |
| 2. | Jala   | Q.S. for praksalana |

**Method**

Vijayā put in a muslin bag and washed in water till free from terbidity and then dried.

#### 43. VIMALĀ ŚODHANA

(Rasaratnasamuccaya, Adhyāya 2; 92.)

आटरूषजले स्विन्नो विमलो विमलो भवेत् ।  
जंबीरस्वरसे स्विन्नो मेषश्रृङ्गीरसेऽथवा  
आयाति शुद्धिं विमलो धातवश्च यथा परे ॥१२॥  
(रसरत्नसमुच्चय, अध्याय २, ९२)

- |    |                     |                              |
|----|---------------------|------------------------------|
| 1. | Vimalā              | 1 Part                       |
| 2. | Ātarūṣa jala (vāsā) | (Lf.) Q.S. for svedana<br>or |

Jambīra svarasa

or

Meṣāśringī-*rasa* ( Lf.)

**Method**

Vimalā powder is bundled in cloth and same is subjected to Svedana for three hours in a Dolāyantra containing the juice of any one of the ingredients No. 2. The Vimalā powder should be roasted in an iron pan on strong fire till the excess of Sulphur is disappeared. The Śodhita Vimalā is used for the Māraṇā process.

**44. VRDDHADĀRAKA ŚODHANA**

(Rasataranginī, Taraṅga 24; 576.)

बृद्धदारकबीजानि दोलायन्ते तु यामकम्  
स्विन्नानि गव्यपयसा विशुद्धयन्ति न संशयः ॥५७६॥  
(रसतरंगिणी, तरंग २४, ५७६)

- |    |                         |        |                |
|----|-------------------------|--------|----------------|
| 1. | Vṛddhadāraka - bīja     | (Sd. ) | 1 Part         |
| 2. | Gavya payas (go-dugdha) |        | QS for svedana |

**Method**

Vrddhadāraka powder is subjected to Svedana in Dolā Yantra for three hours.

**45. VAIKRĀNTA ŚODHANA**

Śodhana

(Rasaratnasamuccaya, Adhyāya 2; 64)

**शोधन**

कुलत्थक्वाथसंस्विन्नो वैक्रान्तः परिशुद्धयति ।  
(रसरत्नसमुच्चय, अध्याय २, ६४)

- |    |           |        |
|----|-----------|--------|
| 1. | Vaikrānta | 1 Part |
|----|-----------|--------|

2. Kulattha - Kvātha (Sd.) QS for svedana

#### 46. VANGA ŚODHANA

Sāmānya Śodhana

(Śāringadharasamhitā, Madhyamakhaṇḍa, Adhyāya 11; 2-21/2.)

#### सामान्य शोधन

निषिद्धेतप्ततप्तानि तैले तक्रे च काञ्जिके ॥२॥

गोमूत्रे व कुलत्थानां कषाये च त्रिधा त्रिधा ।

(शाङ्गर्गधरसंहिता, मध्यमखण्ड, अध्याय ११; २-२१/२)

- |    |                       |                             |
|----|-----------------------|-----------------------------|
| 1. | Vaṅga                 | Q.S.                        |
| 2. | Taila (Tila) (Ol.)    | Q.S. for nirvapana 3 times. |
| 3. | Takra                 | Q.S. for nirvapana 3 times. |
| 4. | Gomūtra               | Q.S. for nirvapana 3 times. |
| 5. | Kāñjīka               | Q.S. for nirvapana 3 times. |
| 6. | Kulattha kaṣāya (Sd.) | Q.S. for nirvapana 3 times. |

Method of Sāmānya Śodhana

As per the Śodhana process of Nāga.

#### Viśesa Śodhana

(Rasatarāṅginī, Taraṅga 18;11.)

#### विशेष शोधन

वंगकं द्रावितं सिन्दुवारद्रवे रात्रियुक्तं त्रिधा चेह निर्वापयेत् ।

शेषकर्मचरेत् पूर्वमार्गेण वै शुक्रलोहं द्वृतं याति शुद्धि पराम् ॥११॥

(रसतरंगिणी, तरंगं १८; ११)

1.	Vaṅga	Q.S.
2.	Sinduvāra drava (Nirgunḍī) - svarasa	(Lf. ) Q.S. for nirvapana
3.	Rātri (haridrā)	(Rz. ) Q.S. for nirvapana

## 47. ŚILĀJAATU ŚODHANA

(Rasataraṅginī, Tarāṅga 22; 69-77)

विगताम्बुदे निवाते धरणीतल प्रदेशे ।  
प्रखरे निदाघकाले प्रणयेच्छिलाजशुद्धिम् ॥६९॥  
विमलानि भाजनानि त्वयसा विनिर्मितानि ।  
युगसंमितानि तीव्रे निदधीत सूर्यतापे ॥७०॥  
सुविचूर्णितं शिलाजं विनिधाय पात्रमध्ये ।  
द्विगुणं प्रतप्तनीरं त्रिफलाकषायमर्द्धम् ॥७१॥  
गिरिजे प्रदाय यामं निदधीत तीव्रतापे ।  
कामं विमर्द्य गिरिजं विदधीत वस्त्रपूतम् ॥७२॥  
विनिधाय पूर्वपात्रे निदधीत तीव्रतापे ।  
अथ त्रीव्रतापयोगाद्विमलं सरं प्रकाशम् ॥७३॥  
मृदुलं प्रगाढ़कृष्णं यदुपैति नीरपृष्ठे ।  
विदधीत सोष्णातोये खलु भाजनेऽपरस्मिन् ॥७४॥  
अथ वै द्वितीयपात्रात् खलु भाजने तृतीये ।  
अथ भाजनातृतीयात् निदधीत तुर्यपात्रे ॥७५॥  
सलिलं तु यावदच्छं न भवेत्तु तावदेवम् ।  
विदधीत वैद्यवर्यः सततं कृतावधानः ॥७६॥  
सलिलं भवेद्यदाच्छं मलमेत्यधः प्रदेशे ।  
सलिलोर्ध्वभागसंरथं गिरिजं हरेद्विशुद्धम् ॥७७॥  
(रसतरंगिणी, तरंग २२, ६९-७७)

1.	Śilājatu	2 Parts
2.	Hot water	4 Parts
3.	Triphalā kvātha	1 Part

### **Method**

powder of Śilājatu (stone) vigourously mixed with hot water so as to disengage the soluble matter, it is allowed to settle and the supernatant suspension is decanted and concentrated to thick paste or solid amorphus surface.

The above extracted Śilajatu or Śilājatu as such available in the market is subjected to further Śodhana as under.

Śilājatu is mixed with double the quantity of water and half the quantity of Triphalā Kvātha and carefully boiled to dryness.

### **48. ŚR̥NGA ŚODHANA**

#### **Śodhana**

(Rasataraṅginī, Tarāṅga 12; 1041/2)

#### **शोधन**

मृगश्रुंगं समादाय करपत्रेण कर्तयेत्  
(रसतरंगिणी, तरंग १२, १०४१/२)

- |                         |                     |
|-------------------------|---------------------|
| 1. Śr̥nga (mṛgaśr̥nga ) | 1 Part              |
| 2. Uṣṇodaka             | Q.S. for praksalana |

### **49. ŚAṄKHA ŚODHANA**

#### **Śodhana**

(Rasataraṅginī, Tarāṅga 12, 10.)

#### **शोधन**

काञ्जिकेन पचेच्छंखं दोलायन्ते भिषग्वरः ।  
क्षालयेच्चोष्णतोयेन शंखः शुद्धिमवाप्नुयात् ॥१०॥  
(रसतरंगिणी, तरंग १२, १०)

- |           |        |
|-----------|--------|
| 1. Śaṅkha | 1 Part |
|-----------|--------|

2. Kāñjika Q.S. for svedana

**Method of Śodhana:**

Small pieces of Śaṅkha are bundled in a piece of cloth. Svedana in Dolā Yantra With Kāñjika is given for three hours. When cool, The Śaṅkha pieces are washed with warm water.

## 50. SAMUDRAPHENĀ ŚODHANA

(Yogaratnākara, Page 140.)

अशुद्धः स करोत्यंगभंगं तस्माद्विशोधयेत् ।  
समद्रफेनः सम्पिष्टो निम्बुतोयेन शुद्ध्यति ॥  
(योगरत्नाकर, पृष्ठ १४०)

- |                  |                   |
|------------------|-------------------|
| 1. Samudra phena | 1 Part            |
| 2. Nimbū-svarasa | (Fr.) QS mardhana |

**Method**

Mardana is done with Nimbū Svarasa for 3 hours.

## 51. SINDŪRA ŚODHANA

(Yogaratnākara, Page 140.)

सिन्दूरं निम्बुकद्रावैः पिष्ट्वा वह्नौ विशोषयेत् ।  
ततस्तण्डुलतोयेन तथा भूतं विशुद्ध्यति ॥  
(योगरत्नाकर, पृष्ठ १४०)

- |                          |                   |
|--------------------------|-------------------|
| 1. Sindūra               | 1 Part            |
| 2. Nimbūka drava (nimbū) | (Fr.) QS mardhana |
| 3. Taṇḍula toya (śāli)   | (Sd.) QS mardhana |

**Method**

Mardana is done with Nimbū Svarasa and Taṇḍulodaka separately.

## 52. SNUHĪKṢĪRA ŚODHANA

(Rasataraṅgiṇī, Tarāṅga 24; 517-518.)

पलद्वयं सुधादुग्धं तोलकद्वयसंमिते ।  
चिञ्चादलद्रवे वस्त्रपूते घर्मे विशोषयेत् ॥५१७॥  
द्रवं विशुष्कं विज्ञाय सुधादुग्धं समाहरेत् ।  
ततः सर्वत्र योगेषु प्रयुज्जीत भिषगवरैः ॥५१८॥  
(रसतरंगिणी, तरंग २४, ५१७-५१८)

- |    |                          |        |       |
|----|--------------------------|--------|-------|
| 1. | Sudhā dugdha (snuhī)     | (Pl. ) | 48 g. |
| 2. | Ciñcā dala drava (ciñcā) | (Lf. ) | 24 g. |

**Method**

Cinca Patra Svarasa is mixed with Dugdha of Snuhī and dried under the sun.

### 53. SVAR̥NAMĀKŚIKA ŚODHANA

#### Śodhana

(Rasataraṅgiṇī, Tarāṅga 21; 7-11.)

#### शोधन

सुवर्णमाक्षिकं लौहखल्वेतु खलु कुट्टयेत् ।  
सुकुट्टिटं ततो ज्ञात्वा चालन्यां परिचालयेत् ॥७॥  
ततो माक्षिकचूर्णन्तु चालनीपरिगालितम् ।  
समादाय कटाहे तु स्थापयेभ्दिषजां वरः ॥८॥  
निम्बूकस्वरसं दत्वा पचेच्चुल्लीगतं ततः ।  
दर्व्या संचालयेतावद्यावत्स्यादुत्पलप्रभम् ॥९॥  
ताप्यं तु यावल्लौहित्यं नैति तावत्प्रयत्नतः ।  
पुनर्निम्बूरसं दत्वा पचेत्तीब्राग्नियोगतः ॥१०॥  
भृशं दिनत्रयं वापि द्विदिनं वा विधानतः ।  
पाचितं माक्षिकं नूनं शुद्धिमायात्यनुत्तमाम् ॥११॥  
(रसतरंगिणी, तरंग २१, ७-११)

- |    |                           |        |
|----|---------------------------|--------|
| 1. | Suvarṇa mākṣika (māksika) | 1 Part |
|----|---------------------------|--------|

2. Nimbūka svarasa (nimbu) (Fr.) Q.S. for svedana

**Method of Śodhana**

The svarna Māksika is powdered and sieved. The powder is placed in an iron pan and Nimbūka Svarasa is added and heated. It is to be stirred continuously till the moisture has evaporated. The Svarna Māksika is pink in colour and it takes 2 to 3 days to complete this process.

**54. HARITĀLA ŚODHANA**

(Rasaratnasamuccaya, Adhyāya 3; 75.)

स्विन्नं कूष्मांडतोये वा तिलक्षारजलेऽपि वा ।  
तोये वा चूर्णसंयुक्ते दोलायन्त्रेण शुद्धयति ॥७५॥

1. Haritāla    1 Part  
2. Kūṣmāṇḍa-toya                                 (Fr.) Q.S. for svedana  
or  
Tilaksāra jala (tila)                             (Pl. )  
or  
Cūrṇa toyā (cūrnodaka)

**Method**

small pieces of Haritāla are bundled in Pottali and subjected to Svedana in Dolā Yantra containing any one of the ingredients under 2. above for three hours.

**55. HIṄGU ŚODHANA**

(Rasataranginī, Taranga 24; 578.)

रामठं समशुद्धाज्यसंयुतं दर्विकागतम् ।  
विपक्वमग्नितापेन शुद्धिमायात्यनुत्तमाम् ॥५७८॥  
(रसतरंगिणी, तरंग २४; ५७८)

- |    |                 |         |        |
|----|-----------------|---------|--------|
| 1. | Rāmaṭha (hiṅgu) | (Exd. ) | 1 Part |
| 2. | Ājya (ghṛta)    |         | Q.S.   |

**Method**

Hiṅgu is roasted with ghee in a pan till it becomes crisp.

## 56. HIṄGULA ŚODHANA

(Rasāmṛta, Adhyāya 1; 54)

मेषीक्षीरेण दरदं निम्बुनीरेण भावितम् ।  
सप्तवारं प्रयत्नेन शुद्धिमायाति निश्चितम् ॥५४॥  
(रसामृत, अध्याय १, ५४)

- |    |                  |            |
|----|------------------|------------|
| 1. | Darada (Hiṅgula) | 1 Part     |
| 2. | Meṣīkṣīra        | QS bhavana |
| 3. | Nimbū-svarasa    | QS bhavana |

**Method**

The Hiṅgula is subjected to one Bhāvanā with Meṣīkṣīra and seven times Bhāvanā with Nimbū Svarasa.

## 57. HINGULOTTHA PĀRADA ŚODHANA

(Rasāmṛta, Adhyāya 1; 16-17)

अथवा दरदाकृष्टं स्विन्नं लवणाम्बुभिस्तु दोलायाम् ।  
रसमादाय यथेच्छं कर्तव्यस्तेन भेषजो योगः ॥१६॥  
निम्बूरसेन संपिष्टात् प्रहरं दरदाद्वृढम् ।  
तिर्यक्पातनयन्त्रेण संग्राह्यो निर्मलो रसः ॥१७॥  
(रसामृत, अध्याय १; १६-१७)

- |    |           |                   |
|----|-----------|-------------------|
| 1. | Hiṅgula   | 1 Part            |
| 2. | Nimbūrasa | (Fr.) QS mardhana |

**Method**

Hingula should be rubbed well in a Khalva with lime juice. Small Cakrikas are prepared dried and kept in Tiryakpātana Yantra and heated. Heating is to be stopped when the whole quantity of Pārada is collected.

## AṢṭASAMSKĀRA OF PĀRADA

In the ancient times mercury (Pārada) obtained in a crude form used to be highly contaminated with several impurities and therefore Aṣṭasamskāra of mercury was prescribed for its purification and potentisation. However, in modern times mercury can be recovered from Hingula by sublimation or distillation. This mercury is sufficiently pure for medicinal use.

Alternatively the mercury available in the metallic form should be subjected to distillation three times in an iron retort (Tiryak Pātana Yantra). The final distillate is fairly pure for medicinal use.

Aṣṭasamskārita Pārada is also used in the preparation of medicines.

### 1. SVEDANA

(Rasahṛdayatantra, Avabodha 2; 3)

आसुरिपटुकटुकत्रचित्रार्द्धकमूलकैः कलांशैश्च ।  
सूतस्य काञ्जिकेन त्रिदिनं मृदुवहिनना स्वेदयेत् ॥३॥  
(रसहृदय तंत्र, अवबोध २; ३)

1.	Sūta (Pārada)	1 Part
2.	Āsuri (rājikā)	(Sd.) 1/16 Part
3.	Paṭu (Saīñdhava Lavaṇa )	1/16 Part
4.	Śunṭhi	(Rz.) 1/16 Part
5.	Marica	(Fr.) 1/16 Part
6.	Pippali	(Fr.) 1/16 Part
7.	Citraka-mūla	(Rt.) 1/16 Part
8.	Ārdraka	(Rz.) 1/16 Part

9.	Mūlaka	(Rt.Tr. )	1/16 Part
10.	Kāñjīka		Q.S for svedana

#### Method

Pottali is prepared by taking four fold cloth, Bhūrja Patra or Kadali Patra is to be placed on this four fold coth, then besmear the leaf with prepared Kalka, on which Pārada is gently placed. The remaining Kalka is put on Pārada, and then the Pottali is tied by a string immersed in Dolā Yantra containing Kāñjika, then heated for three days. After three days heating, Kalka and Pārada taken out from Pottali, washed with warm water carefully and Pārada collected for other Samskāra i.e. Mardana.

## 2. MARDANA

(Rasahṛdayatantra, Avabodha 2;4.)

गुड दग्धोणालवणौर्मन्दिर धूमेष्टकासुरी सहितैः ।  
रसषोङ्गशांमानैः सकाजिङ्कैर्मद्दनं त्रिदिनम् ॥४॥  
(रसहृदय तंत्र, अवबोध २;४)

1.	Rasa (Pārada)	1 Part
2.	Guda	1/16 Part
3.	Dagdhorna	1/16 Part
4.	Lavaṇa (Saindhava Lavaṇa )	1/16 Part
5.	Mandira dhūma (grha dhūma)	1/16 Part
6.	Iṣṭikā cūrṇa	1/16 Part
7.	Āsurī (rājikā)	1/16 Part
8.	Kāñjīka	QS mardhana

#### Method

Ingredients 2 to 7 are mixed with Pārada. Kāñjika in required quantity is added and rubbed well for three days in a Khalva. Thereafter, the mixture of Pārada and Kalka Dravyas are washed with warm water or warm Kāñjika and is squeezed through a thick cloth and the mercury is separated.

### 3. MŪRCCHANA

(Rasāmṛta, Adhyāya 1; 10.)

गृहकन्या हरति मलं, त्रिफलाऽग्नि चित्रकश्च विषम् ।  
 तस्मादेभिमिश्रैर्वारान् संमूच्छयेत् सप्त ॥१०॥  
 (रसामृत, अध्याय १; १०)

1.	Pārada	1 Part
2.	Gr̥hakanyā (Kumārī)	(Lf. )
3.	Harītakī	(P. )
4.	Bibhītaka	(P. )
5.	Āmalakī	(P. )
6.	Citraka	(Rt. )

#### Method

Ingredients 2 to 6 are mixed with Pārada and rubbed well in Khalva for three days or till Mūrcchana stage Pārada is reached. Then this mercury is ready for subjecting to Utthāpana Samskāra.

### 4. UTTHĀPANA

(Rasahṛdayatantra, Avabodha 2; 7.)

अमुना विरेचने न हि सुविशुद्धो नागवंगपरिमुक्तः ।  
 सूतः पातनयन्त्रे समुत्थितः कांजिकक्वाथात् ॥७॥  
 (रसहृदय तंत्र, अवबोध २; ७)

1.	Pārada	1 Part
2.	Kāñjīka	Q.S. for washing

#### Method

Mūrcchita Pārada is subjected to the process of Tiryakpātana (distillation). Thereafter the distillate (mercury) is to be washed with (warm) Kāñjīka.

### 5. PĀTANA

Pātana is of three types, viz. Īrdhvapātana, Adhahpātana and Tiryakpātana.

Details of their procedure is as below.

### A. ĪRDHVAPĀTANA

(Ayurvedaprakāśa, Adhyāya 1; 68-73.)

भागास्त्रयो रसस्यार्कचूर्णस्यैकोऽथ निम्बुकैः ॥६८॥  
एतत्संमर्दयेतावद्यावदायाति पिण्डताम् ।  
तत्पिण्डं तलभाण्डस्थमूर्ध्वभाण्डे जलं क्षिपेत् ॥६९॥  
कृत्वाऽलवालं केनापि दत्त्वा चार्द हि प्लोतकम् ।  
संमुक्त्याग्निमधस्तस्य चतुर्याम प्रबोधयेत् ॥७०॥  
युक्तोर्ध्वभाण्डसंलग्नं गृहणीयात् पारदं ततः ।  
ऊर्ध्वपातनमित्युक्तं भिषग्भिः सूतशोधने ॥७१॥  
ससूतभाण्डरन्ध्रे तु ह्यन्यद्विंशतिभाण्डकम् ।  
तथा सन्धिर्द्वयोः कार्याः पातनात्रययन्त्रके ॥७२॥  
यन्त्रप्रमाणं वदनांगुरोङ्गेयं विचक्षणैः ।  
रसस्य मानानियामात्कथितुं नैव शक्यते ॥७३॥  
(आयुर्वेद प्रकाश, अध्याय १; ६८-७३)

1.	Rasavara (Pārada)	( )	3 Parts
2.	Ravi (tāmra)		1 Part
3.	Jambīra (nimbu) rasa	(Fr.)	QS for mardhana

### Method

Ravi (Tāmra) Cūrna is added to Pārada a Khalva with Nimbū Svarasa. This is to be pasted in the lower pot of Damarū Yantra and heated for three hours. The Pārada is collected from the inside of upper pot, which is kept cool, with a wet cloth-pad.

### B. ADHAH PĀTANA

(Āyurvedaprakāśa, Adhyāya 1; 75-77.)

त्रिफला शिगुचित्रैश्च लवणासुरिकायुतैः ।  
 नष्टपिष्टं रसं कृत्वा लैपयेदूर्ध्वभाण्डके ॥७५॥  
 ऊर्ध्वभाण्डोदरं लिप्त्वा ह्यधोभाण्डे जलंक्षिपेत् ।  
 संधिलेपं द्वयोः कृत्वा तद्यन्तं भुवि पूरयेत् ॥७६॥  
 उपरिष्टात्पुटे दत्ते जले पतति पारदः ।  
 अधः पातनमित्युक्तं सिद्धाद्यैः सूतकर्मणि ॥७७॥  
 (आयुर्वेद प्रकाश, अध्याय १, ७५-७७)

1.	Pārada	1 Part
2.	Harītakī	(P. ) 1/16 Part
3.	Bibhītaka	(P. ) 1/16 Part
4.	Āmalakī	(P. ) 1/16 Part
5.	Āsuri (rājikā)	(Sd. ) 1/16 Part
6.	Saīndhava Lavana	1/16 Part
7.	Citra (citraka)	(Rt. ) 1/16 Part
8.	Śigru-tvak	(St.Bk. ) 1/16 Part
9.	Nimbū-rasa	(Fr.) QS mardhana

#### Method

Mercury is triturated with ingredients 2 to 8 in a Khalva using lemon juice as a macerating agent till it reaches extremely fine paste form. From this paste, mercury should be collected through Adhah Pātana Yantra.

#### C. TIRYAK PĀTANA

(Āyurvedaprakāśa, Adhyāya 1; 79-811/2)

घटे रसं विनिक्षिप्य सजलं घटमन्यकम् ।  
 तिर्यङ्गुमुखं द्वयोः कृत्वा संमुखं रोधयेत्सुधीः ॥७९॥  
 चुल्लयां तथैव संस्थाप्य यत्नतस्तु ततोभिषक् ।  
 रसाधो ज्वालयेदग्निं यावत्सूतो जलं विशेत् ॥८०॥  
 तिर्यक् पातनमित्युक्तं सिद्धैर्नार्गार्जुनादिभिः ।

मिश्रितौ चेद्रसे नागवड्गौ विक्रमहेतुना ॥८१॥  
ताभ्यां स्यात्कृत्रिमो दोषस्तन्मुक्तिः पातनत्रयात् ।  
(आयुर्वेद प्रकाश, अध्याय १; ७९-८१/२)

1.	Pārada	3 Parts
2.	Tāmra	1 Part
3.	Nimbū-rasa (Fr.)	QS mardhana

#### Method

Mercury obtained from Adhah Pātana Samskāra is amalgated with copper and triturated in lime juice to form a soft paste and mercury is collected through Tiryakpātana Yantra.

#### 6. BODHANA/RODHANA

(Rasendra Cūḍāmanī, Adhyāya 4; 88)

जलसैन्धवयुक्तस्य रसस्य दिवसत्रयम् ।  
स्थितिराप्यायनी कुम्भे याऽसौ बोधनमुच्यते ॥९३॥  
(रसामृत, अध्याय १; ९३)

1.	Rasa (Pārada)	1 Part
2.	Saindhava jala (Saindhava lavana)	Q.S.

#### Method

Pārada is kept in an earthen or glass pot containing Saindhava Jala. (This is to be prepared by adding 480g. of Saindhava to 2.304 l. of water). The mouth of the pot is sealed and left for three days inside soil.

#### 7. NIYAMANA

(Rasahṛdayatantra, Avabodha 2, 10.)

इति लक्ष्वीर्यः सम्यक् चपलोऽसौ नियम्यते तदनु ।  
फणिलशुनाम्बुजमार्कवकर्कटीचिञ्चिकास्वेदात् ॥१०॥  
(रसहृदय तंत्र, अवबोध २, १०)

1.	Pārada		1 Part
2.	Phani (nāga vallī)	(Lf. )	1/16 Part
3.	Laśuna	(Bl. )	1/16 Part
4.	Ambuja		1/16 Part
5.	Karkoṭī		1/16 Part
6.	Mārkava (bhṛṅgarāja)	(Pl. )	1/16 Part
7.	Cīcikā (cincā)	(Lf. )	1/16 Part
8.	Kāñjīka		Q.S. for svedana

#### Method

Kalka of ingredients 2 to 7 is prepared first. This is mixed with Kāñjika in a pot. Pārada is bundled in a Potṭali and Svedana is done by Dolā Yantra for one day.

## 8. DĪPANA/SAMDĪPANA

(Rasahṛdayatantra, Avabodha 2.)

भूखग टंकणमरिचैर्लवणासुरिशिग्रुका ज्जिकैस्त्रिदिनम् ।  
स्वेदेन दीपितोऽसौ ग्रासार्थी जायते सूतः ॥११॥  
(रसहृदय तंत्र, अवबोध २; ११)

1.	Sūta (pārada)		1 Part
2.	Bhu (sphaṭikā)		1/16 Part
3.	Khaga (kāśīsa)		1/16 Part
4.	Tāṅkana		1/16 Part
5.	Marica	(Fr.)	1/16 Part
6.	Lavaṇa (Saindhava Lavaṇa )		1/16 Part
7.	Āsuri (rājikā)	(Sd. )	1/16 Part
8.	Śigru		1/16 Part
9.	Kāñjīka		Q.S. for svedana

#### Method

Kalka of ingredients 2 to 8 is prepared first and added to Kāñjika in a pot. Pārada is bundled

In a Pot̄tali and Svedana is done by Dolā Yantra for three days.

## -THERAPEUTIC INDICES-

### A. FORMULA WISE

#### 1 : 1 ABHAYĀRISTA

Arśa, Udara, Mūtra Vibandha, Agnimāndya, Varcovibandha

#### 1 : 2 AMRTĀRISTA

All types of Jvara

#### 1 : 3 AYASKRTI

Pāṇḍu, Prameha, Arśa, Śvitra, Kuṣṭha, Aruci, Kṛmi, Grahanī, Sthaulya

#### 1 : 4 ARAVINDĀSAVA

Agnimāndya, Kārṣya, Balaksaya, Sarva Bālaroga, Graha Dosa

#### 1 : 5 AŚOKĀRISTA

Asrgdara Rujā, Yonirujā, Śveta Pradara, Jvara, Rakta-pitta, Arśa, Mandāgni, Arocaka, Meha, Śotha

#### 1 : 6 AŚVAGANDHĀDYARISTA

Mūrcchā, Apasmāra, Śosa, Unmāda, Kārṣya, Arśa, Agnimāndya, Vātaroga

#### 1 : 7 AHIPHENĀSAVA

Ugra Atisāra, Dāruṇa Viṣūcikā, Pravāhikā

#### 1 : 8 UŚIRĀSAVA

Rakta-pitta, Pāṇḍu, Kuṣṭha, Prameha, Arśa, Kṛmi, Śotha

#### 1 : 9 KANAKĀSAVA

Kāsa, Śvāsa, Rājayakṣmā, Kṣata Kṣīṇa

1 : 10 KARPŪRĀSAVA

Atīsāra, Viśūcikā, Udararoga, Kaphavikāra

1 : 11 KUTAJĀRISTA

Jvara, Grahanī, Raktatīsāra, Agnimāndya

1 : 12 KUMĀRYĀSAVA (A)

Agnimāndya, Paktisūla, Parināma Śūla, Udāvarta, Mūtrakṛcchra, Prameha, Aśmarī, Raktapitta, Apasmāra, Śukra Dosa, Kṛmi, Smṛti Kṣaya, Daurbalya, Udara, Kārṣya, Kṣaya, Aruci, Vaivarnya

1 : 13 KUMĀRYĀSAVA (B)

, Gulma, Kāsa, Śvāsa, Arṣa, Vāta Vyādhi, Apasmāra, Kṣaya, Udara, Manyāroga, Agnimāndya, Koṣṭha Śūla, Naṣṭa Puṣpa

1 : 14 KHADIRĀRISTA

Granthi, Gulma, Kṛmi, Plīhodara, Arbuda, Pāṇḍu Roga, Mahākuṣṭha, Hṛdroga, Kāsa, Śvāsa

1 : 15 CANDANĀSAVA

Śukrameha, Mūtrakṛcchra, Hṛdroga, Balakṣaya, Kārṣya, Agnimāndya

1 : 16 JĪRAKĀDYARISTA

Sūtikāroga, Agnimāndya, Atīsāra, Grahanī

1 : 17 DANTYĀDYARISTA

Agnimāndya, Grahanī, Gulma, Kṛmi, Plīhā Roga, Śotha, Gara Visa, Arṣa, Guda Roga, Pāṇḍu, Kuṣṭha, Udara, Jvara, Hṛdroga, Yakṣmā, Chardi

1 : 18 DAŚAMŪLĀRĪṢṬA

Aruci, Chardi, Grahaṇī, Gulma, Kāsa, Śvāsa, Kṣaya, Dhātu Kṣaya, Vāta Vyādhi, Arśa, Bhagandara, Pāṇḍu, Kāmalā, Kuṣṭha, Meha, Agnimāndya, Udara, Śarkarā, Aśmarī, Mūtrakṛcchra, Vandhyatva, Kārśya, Śukra Kṣaya, Daurbalya

1 : 19 DEVADĀRVĀRĪṢṬA

Prameha, Vātaroga, Arśa, Mūtrakṛcchra, Dadrukuṣṭha, Grahaṇī

1 : 20 DRĀKṢĀRĪṢṬA

Agnimāndya, Kāsa, Śvāsa, Urahṛksata, Kṣaya, Malaśodhaka, Daurbalya, Gala Roga

1 : 21 PĀRTHĀDYARĪṢṬA (Synonym: Arjunāriṣṭa)

Hṛdroga, Phupphusa Roga, Balakṣaya, Vīryakṣaya

1 : 22 PIPPALYĀDYĀSAVA

Grahaṇī, Gulma, Kārśya, Kṣaya, Arśa, Udara, Pāṇḍu

1 : 23 PUNARNAVĀSAVA

Amlapitta, Gulma, Udara, Śotha, Plīhā-Yakṛdroga, Sarva Kṛcchra Sādhya Roga

1 : 24 BALĀRĪṢṬA

Agnimāndya, Daurbalya, Vātajaroga, Kārśya

1 : 25 MADHŪKĀSAVA

Grahaṇī, Pittavikāra, Prameha, Kuṣṭha, Kilāsa, Raktavikāra, Agnimāndya, Kārśya, Śosā

1 : 26 MUSTAKĀRĪṢṬA

Ajīrṇa, Agnimāndya, Grahanī, Viśūcikā

1 : 27 MRGAMADĀSAVA

Viśūcikā, Hikkā, Sannipāta Jvara

1 : 28 MRTASAṄJĪVANĪ SURĀ

Viśūcikā, Sannipāta Jvara, Dehaśithilatā, Daurbalya, Kārsya, Agnimāndya

1 : 29 MRDVĪKĀRIŞTA

Grahanī, Gulma, Akṣiroga, Śiroroga, Gala Roga, Vrana, Arśa, Agnimāndya, Udāvarta, Kṛmi, Kuṣṭha

1 : 30 RODHRAṄSAVA (synonym :Lodhrāsava)

Meha, Aruci, Grahanī, Pāṇḍu, Garbhāśayarōga, Arśa, Śvitra, Agnimāndya, Plīhā, Kuṣṭha, Kanḍū, Kṛmi, Sthaulya

1 : 31 ROHĪTAKĀRIŞTA

Grahanī, Udara, Gulma, Plīhā, Aṣṭhīlā, Udararuja, Arśa, Kāmalā, Kuṣṭha, Śotha, Aruci

1 : 32 LOHĀSAVA

Jāthara, Pāṇḍu, Śvayathu, Gulma, Arśa, Agnimāndya, Plīhā, Kuṣṭha, Kanḍū, Kāsa, Śvāsa, Bhagandara, Aruci, Grahanī, Hṛdroga

1 : 33 VĀSAKĀSAVA ( synonyms : Vāsakārişta, Vāsārişta)

Kāsa, Raktapitta, Kṣaya, Śotha, Śvāsa

1 : 34 VIDĀṄGĀRIŞTA

Ūrustambha, Vidradhi, Gaṇḍamālā, Bhagandara, Aśmarī, Meha, Pratyasthīlā,  
Hanustambha

1 : 35 ŠRĪKHĀNDĀSAVA  
Pānātyaya, Mada, Pānavibhrama, Pānājīrṇa

1 : 36 SĀRSVATĀRĪSTA  
Śukra Doṣa, Apasmāra, Mānasa Doṣa, Ojakṣaya, Svarakārśya, Aspaṣṭabhbāṣaṇa, Smṛtikṣīṇa, Rajodosa

1 : 37 SĀRIVĀDYĀSAVA  
Vātarakta, Meha, Prameha Piḍakā, Upadamśa, Bhagandara, Raktavikāra, Daurbalya, Agnimāndya

2 : 1 AJAMODĀRKĀ  
Agnimāndya, Ajīrṇa, Bastiroga, Vātakapharoga

2 : 2 KARPŪRĀDYARKA  
Arocaka, Agnimāndya, Mukha Daurgandhya, Hṛdroga, Medoroga

2 : 3 JATĀMĀMSYĀRKĀ  
Agnimāndya, Arocaka, Mukha Daurgandhya, Unmāda, Apasmāra

2 : 4 MIŚREYĀRKĀ  
Mandāgni, Ādhmāna, Śūla, Kṛmi, Yoniśūla

3 : 1 AGASTYA HARĪTAKĪ RASAYANA (Synonym : Agastya Harītakī)  
Hikkā, Kāsa, Śvāsa, Kṣaya, Viṣamajvara, Valī Palita, Used as Rasāyana

3 : 2 AŚVAGANDHĀDI LEHYA

Raktavikāra, Kr̥śatva, Arśa, Upadam̥śa, Used as Balya, Rasāyana, Vajīkarana

3 : 3 ELĀDYA MODAKA

Agnimāndya, Chardi, Madātyaya, Madyapānaja Vikāra

3 : 4 KANṄTAKĀRYAVALEHA

Hikkā, Kāsa, Śvāsa, Śūla

3 : 5 KALYĀNAKA GUDA

Udara, Gulma, Kāmalā, Bhagandara, Arśa, Kuṣṭha, Meha, Grahanī, Pāṇḍu, used in  
Pum̥savanakriyā

3 : 6 KUTAJĀVALEHA

Amlapitta, Atīśāra, Grahanī, Pravāhikā, Raktapitta, Arśa, Aruci, Pāṇḍu, Kāmalā,  
Śotha, Kārṣya

3 : 7 KŪŚMĀNDAKA RASĀYANA (Synonym: Kuśmānda Khaṇḍa)

Kāsa, Śvāsa, Urahksata, Kṣaya, Purāṇajvara, Raktapitta, Chardi, Trṣṇā, Jvara, Śukra  
Kṣaya, Daurbalya, Kārṣya, Svarabheda, Vaivarnya

3 : 8 GUDAPIPPALI

Plīhā Roga, Udara, Gulma, Kāsa, Jīrṇajvara, Śotha, Yakṛd roga, Good for children

3 : 9 GUDŪCYĀDI MODAKA

Mūtrāghāta, Mūtrakrcchra, Pādadāha, Kṣaya, Somaroga, Asṛgdara, Raktapitta,  
Vātakundalikā, used as a Rasāyana

3 : 10 CITRAKA HARĪTAKĪ

Gulma, Udāvarta, Pīnasa, Kāsa, Śvāsa, Arśa, Agnimāndya, Kṣaya, Kṛmi

3 : 11 CYAVANAPRĀŚA

Kāsa, Śvāsa, Kṣata Kṣīna, Svarabhedā, Kṣaya, Hṛdroga, Agnimāndya, Uroroga, Vātarakta, Pipāsā, Mūtraroga, Śukra Dosa, Jarā, used as Rasāyana, Medhya, Smṛtiprada

3 : 12 JĪRAKĀDI MODAKA

Agnimāndya, Amlapitta, Pittatīsāra, Raktatīsāra, Aruci, Āmavāta, Grahanī, Śāmadoṣa, Śūla, Atīsāra, Viśamajvara, Udara, Koṣṭha Vikāra, Āṭopa

3 : 13 DANTĪ HARĪTAKĪ

Grahanī, Gulma, Arocaka, Ānāha, Plīhā Roga, Viśamajvara, Kāmalā, Hṛdroga, Arśa, Śopha, Gara, Udara, Kuṣṭha, Utkleśa, Pāṇḍu, Used as Virecaka

3 : 14 DAŚAMŪLA HARĪTAKĪ

Śopha, Arocaka, Gara-Udararoga, Gulma, Plīhā Roga, Vaivarnya, Mūtrakṛcchra, Śukra Dosa, Śvāsa, Jvara, Meha, Kārṣya, Raktapitta, Āmavāta

3 : 15 DRĀKṢĀVALEHA

Pāṇḍu, Kāmalā, Halīmaka

3 : 16 NĀRIKELA KHANDĀ

Aruci, Vami, Śūla, Amlapitta, Raktapitta, Kṣata, Kṣaya, Daurbalya

3 : 17 PŪGAKHANDĀ

Chardi, Śūla, Amlapitta, Mūrcchā, Vandhyāroga, Pradara, Pāṇḍu, Raktārśa, Garbhadoṣa, Jarā, Śukrakṣaya, Agnimāndya, Trt, Daurbalya, Ajīrnā, Viśaṅga, Mūtrasaṅga, Yaksma, Improves Bala, Varṇa, Drṣṭi

3 : 18 BILVĀDI LEHA

Aruci, Agnimāndya, Praseka, Chardi

3 : 19 MADHUSNUHĪ RASĀYANA

Prameha Piḍakā, Arbuda, Gaṇḍamālā, Bhagandara, Guhyavraṇa, Vātarakta, Kuṣṭha, Kilāsa, Arśa, Prameha, Kanḍū, Used as Rasāyana

3 : 20 BRAHMA RASĀYANA

Tandrā, Śrama, Klama, Manodaurbalya, Jarā, Valī Palita, Smṛtibhrama

3 : 21 BHALLĀTAKĀDI MODAKA

Pittārśa

3 : 22 BHĀRNGĪ GUDĀ

Agnimāndya, Kāsa, Śvāsa, Vaivarnya, Svarabheda

3 : 23 MĀÑIBHADRA YOGA (synonym: Mañībhadra Guda)

Kuṣṭha, Śvitra, Udara, Plīhā, Kṛmi, Granthiruk, Arśa, Śvāsa, Kāsa, Meha, Gulma

3 : 24 MRDVĪKĀDI LEHYA

Kāsa

3 : 25 LAGHU CIṄCĀDIKĀ LEHYA

Pāṇḍu, Kāmalā, Śvāsa, Dāha

3 : 26 VĀSĀVALEHA

Kāsa, Śvāsa, Jvara, Raktagutta, Rājayakṣmā, Pārśva Śūla, Hṛtsūla

3 : 27 ŠATĀVARĪ GUDA

Mūtrakṛcchra, Raktapitta, Halīmaka, Kṣaya, Pādadāha, Yonidosā, Asṛgdara, Prameha, Mūḍha Vāta, Kāmalā, Rajodosā, Asthi Srāva, Vātapitta Roga, used as a Rasāyana

3 : 28 ŠIVĀ GUTIKĀ

Yakṛtpīlhāroga, Udara, Hidhmā, Vardhma, Gulma, Pīnasa, Kāsa, Pāṇḍu Roga, Hṛdroga, Vami, Vātaśonita, Īrustambha, Apasmāra, Unmāda, Kuṣṭha

3 : 29 SŪRANĀVALEHA

Mandāgni, Mūḍha Vāta, Arśa

3 : 30 SAUBHĀGYAŚŪNTHĪ

Agnimāndya, Atīsāra, Grahanī, Sūtikāroga, To prevent post delivery problems of impaired lactation, body pains, arthritis, fever, oedema and kāsa

3 : 31 HARIDRĀKHANDĀ

Śītapatita, Kāṇḍū, Visphoṭa, Dadru, Udarda, Koṭha

3 : 32 HRDYAVIRECANA LEHA

Vibandha, Sannipāta Jvara, Īrustambha, Pipāsā, Dāha, It is a Hṛdyavirecaka

4 : 1 AMRTOTTARA KVĀTHA CŪRNĀ (synonym: Nāgarādi Kvātha Cūrnā)

Jīrnajvara, Sannipāta Jvara

4 : 2 ARDHABILVA KVĀTHA CŪRNĀ

Malabandha, Śopha

4 : 3 ASTAVARGA KVĀTHA CŪRNĀ

Vātaroga

4 : 3 **ĀRAGVADHĀDI KVĀTHA CŪRNA**

Chardi, Viśavikāra, Kaphavikāra, Prameha, Kandū, Duṣṭa Vrana, Kuṣṭha

4 : 5 **GANDHARVAHASTĀDI KVĀTHA CŪRNA**

Aruci, Agnimāndya, Malabandha, Vātaroga

4 : 6 **CĀTURBHADRA KVĀTHA CŪRNA**

Agnimāndya, Āmagrahanī, Ajīrnā

4 : 7 **CHINNODBHAVĀDI KVĀTHA CŪRNA**

Sannipāta Jvara

4 : 8 **TRĀYANTYĀDI KVĀTHA CŪRNA**

Vidradhi, Gulma, Chardi, Trṣṇā, Dāha, Jvara, Visarpa, Raktapitta, Hṛdroga, Moha, Mada, Mūrcchā, Kuṣṭha, Kāmalā

4 : 9 **DAŚAMŪLA KATUTRAYA KVĀTHA CŪRNA**

Śvāsa, Kāsa, Pārśvarujā, Vātaroga, Trika Rujā, Prsthā Rujā, Śirorujā

4 : 10 **DAŚAMŪLA KVĀTHA CŪRNA**

Pārśva Śūla, Jvara, Śvāsa, Kaphaja Kāsa

4 : 11 **DAŚAMŪLAPANCAKOLĀDI KVĀTHA CŪRNA**

Udararoga, Udakodara

4 : 12 **DĀRUNĀGARĀDI KVĀTHA CŪRNA**

Jvara, Sannipāta Jvara

4 : 13 DRĀKṢĀDI KVĀTHA CŪRNA

Chardi, Dāha, Vātapitta Jvara, Īrdhvāṅga Ratkapitta, Mūrcchā, Madātyaya, Śrama, Bhrama, Pipāsā, Kāmalā

4 : 14 NĀYOPĀYAM KVĀTHA CŪRNA

Hikkā, Tamaka Śvāsa

4 : 15 NIMBĀDI KVĀTHA CŪRNA

Kapha Jvara

4 : 16 NYAGRODHĀDI KVĀTHA CŪRNA

Grahanī, Trṣṇā, Raktapitta, Vrana, Sthaulya, Yoniroga, Asthi Bhagna

4 : 17 PAṬOLĀDI KVĀTHA CŪRNA

Arocaka, Chardi, Jvara, Kāmalā, Kaphapitta Kuṣṭha, Viṣa

4 : 18 PAṬOLAMŪLĀDI KVĀTHA CŪRNA

Grahanī, Viṣamajvara, Halīmaka, Arśa, Kuṣṭha, Kilāsa, Hṛdroga, Vastiśūla

4 : 19 PAṄCATIKTA KVĀTHA CŪRNA

Jvara

4 : 20 PĀCANĀMRTA KVĀTHA CŪRNA

Āmajvara

4 : 21 PUNARNAVĀDI KVĀTHA CŪRNA

Sarvāṅgaśotha, Udararoga, Kāsa, Śūla, Śvāsa, Pāṇḍu

4 : 22 PUNARNAVĀSTAKA KVĀTHA CŪRNA

Udararoga, Sarvāṅga Śoṭha, Kāsa, Śvāsa, Śūla

4 : 23 BALĀJĪRAKĀDI KVĀTHA CŪRNA

Kāsa, Tamaka Śvāsa

4 : 24 BR̥HANMAṄJIṢTHĀDI KVĀTHA CŪRNA

Vātarakta, Kuṣṭha, Upadamśa, Ślīpada, Arditā, Pakṣāghāta, Medodoṣa, Netraroga

4 : 25 BHĀRNGYĀDI KVĀTHA CŪRNA

Viṣamajvara, Jīrnajvara

4 : 26 MUSTĀKARĀṄJĀDI KVĀTHA CŪRNA

Atīsāra, Śūla

4 : 27 RĀSNĀDI KVĀTHA CŪRNA

Āmavāta, Vātaroga

4 : 28 RĀSNĀDI KVĀTHA CŪRNA (MAHĀ)

Sarvāṅga Kampa, Kubja Vāta, Pakṣāghāta, Gr̥dhrasī, Āmavāta, Ślīpada, Avabāhuka, Apatānaka, Āntra Vṛddhi, Ādhmāna, Jaṅghā Jānugata Vāta, Arditā, Śukraroga, Medhraroga, Vandhyatva, Yoniroga

4 : 29 RĀSNAIRANDĀDI KVĀTHA CŪRNA

Vātarakta, Vātaśūla, Raktavātaja Śopha, Jaṅghā Śopha, Trika Śopha, Īru Śopha, Hanuśopha, Pārśva Śopha

4 : 30 VĀSĀGUDŪCYĀDI KVĀTHA CŪRNA

Pāṇḍu, Raktapitta, Kāmalā

4 : 31 VIDĀRYĀDI KVĀTHA CŪRNA

Gulma, Kāsa, Īrdhvāśvāsā, Kṣaya, Kārṣya, Śoṣa, Aṅgamarda

4 : 32 ṢADĀṄGA KVĀTHA CŪRNA

Trṣṇā, Jvara

4 : 33 SAPTASĀRA KVĀTHA CŪRNA

Agnimāndya, Malabandha, Udara, Gulma, Plīhā, Rajo Śūla, Hṛdayaśūla, Pārśva Śūla,  
Prsthā Śūla, Śronī Śūla, Aṣṭhīlā

5 : 1 KĀNCANĀRA GUGGULU

Gulma, Gaṇḍamālā, Apacī, Granthi, Vraṇa, Kuṣṭha, Bhagandara, Śliṣṭipada

5 : 2 KAIŚORA GUGGULU

Mandāgni, Vibandha, Vātaśonita, Prameha Piḍakā, Vraṇa, Kāsa, Kuṣṭha, Gulma,  
Śvayathu, Pāṇḍu, Meha, Jarādōṣa

5 : 3 GOKṢURĀDI GUGGULU

Prameha, Mūtrakṛcchra, Mūtrāghāta, Aśmarī, Pradara, Vātarakta, Vātaroga, Śukra  
Dosa

5 : 4 TRAYODAŚĀṄGA GUGGULU

Kaṭi Graha, Gṛdhrasī, Hanugraha, Bāhuśūla, Jānu Stabdhatā, Asthivāta, Majjāvāta,  
Snāyuvāta, Hṛtgraha, Vātakapharoga, Yonidoṣa, Asthi Bhagna, Vidradhi, Khañja Vāta

5 : 5 TRIPHALĀ GUGGULU

Śotha, Bhagandara, Arṣa, Gulma

5 : 6 MAHA YOGARĀJA GUGGULU

Gulma, Udāvarta, Vātaroga, Prameha, Bhagandara, Vātarakta, Kuṣṭha, Arśa, Grahanī, Nābhi Śūla, Kṣaya, Apasmāra, Urograha, Mandāgni, Śvāsa, Kāsa, Aruci, Śukra Dosa, Rajodosa, Śotha, Vandhyatva, Śūla, Pāṇḍu, Medovṛddhi, Mūṣika Viṣa, Netraroga, Udara, Used as Rasāyana

5 : 7 YOGARĀJA GUGGULU

Udararoga, Āmavāta, Ādhyavāta, Kṛmi, Duṣṭa Vrāṇa, Plīhā Vṛddhi, Gulma, Ānāha, Arśa, Agnimāndya, Daurbalya, Sandhigata Vāta, Majjāgata Vāta

5 : 8 LĀKṢĀ GUGGULU

Asthī Bhaṅga, Asthī Cyuti, Asthī Rujā

5 : 9 VYOSĀDI GUGGULU

Medoroga, Kapharoga, Āmavāta

5 : 10 VĀTĀRI GUGGULU

Āmavāta, Kaṭi Śūla, Gr̥dhrasī, Khañja, Vātarakta, Paṅgu, Śotha, Dāha, Kroṣṭuka Sīrsa

5 : 11 SAPTAVIMŚATIKA GUGGULU

Hṛcchūla, Kāsa, Śvāsa, Pārśva Śūla, Śotha, Arśa, Bhagandara, Kukṣi Rujā, Vaktrarujā, Guda Rujā, Aśmarī, Mūtrakṛcchra, Āntra Vṛddhi, Kṛmi, Jvara, Kṣaya, Apasmāra, Ānāha, Unmāda, Kuṣṭha, Udara, Nādīvraṇa, Duṣṭa Vrāṇa, Prameha, Śīḍipada

5 : 12 SIMHANĀDA GUGGULU

Khañja, Pāṇḍu, Āmavāta, Vātarakta, Kuṣṭha, Vātaroga, Kapharoga, Pitta Roga, Paṅgu, Śvāsa, Kāsa, Gulma, Śūla, Udara, Jarā, Palita, Agnimāndya

6 : 1 AMRTĀ GHRTA

Āmavāta, Vātarakta, Kṛmi, Duṣṭa Vrana, Ādhyavāta, Arśa, Gulma

6 : 2 AMRTAPRĀŚA GHRTA

Trṣṇā, Dāha, Jvara, Rakta-pitta, Kāsa, Śvāsa, Kṣata Kṣīna, Vyādhikarśita Naṣṭaśukra, Daurbalya, Svarahīna, Vaivarṇya, Hikkā, Chardi, Mūrcchā, Hṛdroga, Yoniroga, Mūtraroga

6 : 3 AMRTABHALLĀTAKA GHRTA-Synonym Amṛtabhallātaka Pāka .

Purāṇa Tvagroga, Śuṣkārśa, Valī, Palita, Smṛti Kṣaya, Daurbalya, Used as Rasāyana

6 : 4 AŚOKA GHRTA

Pradara, Kukṣisūla, Kati Śūla, Yoniśūla, Pāṇḍu, Mandagni, Aruci, Kārśya, Śvāsa, Kāsa, Enhances Bala, Varṇa, Āyu

6 : 5 INDUKĀNTA GHRTA

Śūla, Gulma, Udara, Viṣamajvara, Vātaroga, Kṣaya, Daurbalya

6 : 6 ELĀDI GHRTA

Gulma, Kṣaya, Pāṇḍu Roga, Meha, Bhagandara, Agnimāndya, Netravikāra, Used as Rasāyana

6 : 7 KALYĀNAKA GHRTA

Kāsa, Pāṇḍu, Apasmāra, Bhūtonmāda, Bāla Graha, Viṣavikāra, Gara Visa, Vandhyatva, Yoniroga, Kanḍū, Śopha, Meda, Moha, Jvara, Smṛti Daurbalya, Daurbalya

6 : 8 KĀSISĀDI GHRTA

Pāmā, Vicarcikā, Dadru, Visarpa, Kuṣṭha, Visphoṭa, Śūkadosa, Vātarakta, Upadamśa,  
Nādīvrana, Duṣṭa Vrana, Śotha, Bhagandara, Lūtā Viṣa, For external use only as  
Abhyanga

6 : 9 CĀNGERĪ GHRTA

Ānāha, Grahanī, Pravāhikā, Gudabhramśa, Arśa, Mūtrakrcchra, Kaphavātaroga

6 : 10 CHĀGALĀDYA GHRTA

Kṣaya, Aruci, Svara Kṣaya, Śvāsa, Agnimāndya, Daurbalya, Improves Bala, Vṛsyāśakti, Māṃsa, Yaksma, Kāsa, Uroroga, Pārśva Śūla, Urahksata

6 : 11 JĀTYĀDI GHRTA synonym Vrana Śodhanādi Ghṛta

Marmāśritavrana, Kledī Vrana, Gambhīra Vrana, Saruja Vrana, For external use only

6 : 12 JĪVANTYĀDI GHRTA

Timira

6 : 13 TIKTAKA GHRTA

Trṣṇā, Bhrama, Dāha, Parīsarpa, Piḍakā, Pittaja Kuṣṭha, Kanḍū, Pāṇdu Roga, Ganda,  
Nādīvrana, Apacī, Visphoṭa, Vidradhi, Gulma, Śopha, Unmāda, Meda, Hṛdroga,  
Timira, Vyāṅga, Grahanī, Śvitra, Kāmalā, Bhagandara, Udara, Apasmāra, Pradara,  
Gara Viṣa, Arśa, Raktapittha

6 : 14 TRIPHALĀ GHRTA

Arbuda, Kāmalā, Timira, Visarpa, Pradara, Netra Rujā, Netrasrāva, Kāsa, Kanḍū,  
Rakta Doṣa, Śvayathu, Khālitya, Keśa Patana, Viṣamajvara, Arma, Šukla, Netraroga,  
Vartma Roga

6 : 15 TRAIKANTAKA GHRTA

Mūtrakṛcchra, Prameha, Aśmarī, Mūtra Śarkarā, Mūtradosa

6 : 16 DAŚAMŪLA GHRTA

Vātaja Kāsa, Kaphaja Kāsa, Vāta Kapha Roga

6 : 17 DAŚAMŪLA ṢATPALAKA GHRTA

Agnimāndya, Pāṇḍu, Kāsa, Ajīrnā, Jvara, Plīhā Roga

6 : 18 DAŚAMŪLAṢATPALAKA GHRTA

Udararoga, Gulma

6 : 19 DĀDIMĀDI GHRTA

Pāṇḍu, Gulma, Plīhā Roga, Hṛdroga, Arśa, Parināma Śūla, Garbhīnī Roga, Vāta Kapha Roga, Agnimāndya, Śvāsa, Kāsa, Mūḍha Vāta, Vandhyatva, Duḥkha Prasava

6 : 20 DĀDHika GHRTA

Apasmāra, Gara Viṣa, Unmāda, Mūtrāghāta, Vātaroga, Udararoga, Grahanī Dosa, Ānāha, Vāta Gulma, Arśa

6 : 21 DHĀTRYĀDI GHRTA

Pittaja Gulma, Pittaja Pāṇḍu, Mada, Mūrcchā, Madātyaya, Unmāda, Rakta-pitta, Asṛg-dara, Vandhyatva, Vātarakta, Pittavikāra, Asthi Srāva

6 : 22 DHĀNVANTARA GHRTA

Gulma, Śopha, Vidradhi, Arśa, Pāṇḍu, Viṣa, Prameha, Madhumeha, Prameha Piḍakā, Śoṣa, Gara Viṣa, Vrddhi, Plīhā Roga, Vātarakta, Kuṣṭha, Unmāda, Apasmāra

6 : 23 NĀRASIMHA GHRTA RASĀYANA

Daurbalya, Used as Vājīkara and Rasāyana

6 : 24 NIRGUNDĪ GHRTA

Kṣata Kṣīṇa

6 : 25 PAṄCAGAVYA GHRTA

Apasmāra, Jvara, Unmāda, Kāmalā

6 : 26 PAṄCATIKTA GHRTA

Duṣṭa Vrana, Kuṣṭha, Vāta Vyādhi, Pittavyādhi, Kaphavikāra, Kṛmi, Arśa, Kāsa

6 : 27 PAṄCATIKTAGUGGULU GHRTA (Synonym Nimbādi Ghṛta)

Sandhigata Vāta, Asthigata Vāta, Majjāgata Vāta, Nādīvraṇa, Kuṣṭha, Arbuda,  
Bhagandara, Gaṇḍamālā, Guda Roga, Meha, Yaksṁā, Aruci, Śvāsa, Piṇasa, Kāsa,  
Śopha, Hṛdroga, Pāṇḍu, Mada, Vidradhi, Vātarakta, Īrdhva Jatrugata Roga

6 : 28 PATOLĀDI GHRTA

Nāsā Roga, Karṇa Roga, Śukra (Opacity), Timira, Naktāndhya, Āsyā Roga, Vidradhi,  
Jvara, Visarpa, Apacī, Kuṣṭha, Amladāha

6 : 29 PIPPALYĀDI GHRTA

Arocaka, Chardi, Viṣamāgni, Kāsa, Jvara, Halīmaka, Aṁsatāpa, Pārśva Śirorujā,  
Kṣaya

6 : 30 PHALA GHRTA

Bāla Roga, Bāla Graha, Śukra Vikāra, Yoni Vikāra, Vandhyatva, Garbhīṇī Roga,  
Kārṣya

6 : 31 BRHAT PHALA GHRTA

Vandhyatva, Śukra Doṣa, Used as Rasāyana

### 6 : 32 BRĀHMĪ GHRTA

Buddhi Daurbalya, Apasmāra, Unmāda, Vandhyatva, Kuṣṭha, Vāksvara Bhaṅga, Smṛti Kṣaya

### 6 : 33 MAHĀ KALYĀNAKA GHRTA

Mandāgni, Pāṇḍu, Kāsa, Buddhi Daurbalya, Smṛti Kṣaya, Apasmāra, Bhūtonmāda, Bāla Graha, Viṣa Vikāra, Gara Viṣa, Vandhyatva, Yoniroga, Kaṇḍū, Śopha, Meha, Jvara, Daurbalya

### 6 : 34 MAHĀTIKTAKA GHRTA

Amlapitta, Pāṇḍu Roga, Rakta-pitta, Visarpa, Kuṣṭha, Arśa, Raktarśa, Vātarakta, Visphoṭa, Pāmā, Piḍakā, Asṛgdara, Gaṇḍamālā

### 6 : 35 MAHĀ TRIPHALĀDYA GHRTA

Naktāndhya, Timira, Kāca, Nīlikā, Paṭala Arbuda, Netrābhisyanda, Adhimantha, Pakṣmakopa, Netraroga, Adr̥ṣṭi, Mandadr̥ṣṭi, Netrasrāva, Netra Kaṇḍū, Dūradr̥ṣṭi, Samīpa Dr̥ṣṭi

### 6 : 36 MAHĀ PAṄCAGAVYA GHRTA

Udararoga, Bhagandara, Jvara, Viṣamajvara, Śopha, Apasmāra, Arśa, Kāmalā, Pāṇḍu, Gulma, Kāsa, Graharoga

### 6 : 37 MIŚRAKA SNEHA

Gulma, Vibandha, Śūla, Vidradhi, Vṛddhi, Vātaroga

### 6 : 38 LAŚUNĀDI GHRTA

Gulma, Vātaroga

6 : 39 VAJRAKA GHRTA

Jvara, Kāmalā, Raktaroga, Visarpa, Kuṣṭha

6 : 40 VASTYĀMAYĀNTAKA GHRTA

Mūtrakṛcchra, Mūtra Śarkarā, Prameha, Aśmarī, Vātapittaja Vastioga

6 : 41 VIDĀRYĀDI GHRTA

Kāsa, Kṣaya, Urahkṣata, Kārṣya

6 : 42 SATPALA GHRTA Synonym- Pancakolādi Ghṛta

Grahanī, Udara, Gulma, Plīhā, Jvara, Kāsa, Śvāsa, Pāṇḍu, Piṇasa, Mandāgni, Śvayathu

6 : 43 SĀRASVATA GHRTA

Improves Vāk, Medhā, Smṛti, Jāṭharāgnī

6 : 44 SUKUMĀRA GHRTA

Viḍvibandha, Udara, Gulma, Plīhā Roga, Vidradhi, Śopha, Yoniśūla, Arśa, Vṛddhi, Vātaroga, Vātarakta

7 : 1 AJAMODĀDI CŪRNA

Śūla, Gr̥dhrasī, Āmavāta, Śotha, Sandhi Piḍā, Katirujā, Prṣṭha Rujā, Guda Rujā, Jāṅghā Rujā, Tūnī, Pratitūnī/ pratūnī, Viśvācī, Kaphavātaroga

7 : 2 AVIPATTIKARA CŪRNA

Agnimāndya, Malabandha, Amlapitta, Arśa, Mūtrabandha, Prameha

7 : 3 ĀMALAKYĀDI CŪRNA

Aruci, Agnimāndya, Jvara, Ajīrnā

7 : 4 INTUPPUKĀNA CŪRNA

Agnimāndya

7 : 5 ELĀDI CŪRNA

Kāsa, Švāsa

7 : 6 KARPŪRĀDI CŪRNA

Aruci, Kāsa, Švāsa, Kṣaya

7 : 7 YAVĀNYĀDI CŪRNA Synonym Kapitthāṣṭaka Cūrṇa

Švāsa, Atīsāra, Grahanī, Kṣaya, Gulma, Udara, Kāsa, Agnimāndya, Arśa, Piṇasa,  
Aruci

7 : 8 GOMŪTRA HARĪTAKĪ

Mukha Roga

7 : 9 CANDANĀDI CŪRNA

Kāsa, Švāsa, Jīrnajvara, Prameha, Arśa, Kāmalā

7 : 10 CATURJĀTA CŪRNA

Arocaka, Kaphaja Roga, Viṣa, Vaivarṇya

7 : 11 CITRAKĀDI CŪRNA

Arocaka, Āmaja Śūla, Grahanī, Gulma, Agnimāndya, Kaphadosa

7 : 12 JĀTĪPHALĀDYA CŪRNA

Aruci, Atīsāra, Grahanī, Pravāhikā, Kāsa, Švāsa, Vātaślesma Pratiśyāya

7 : 13 TĀLĪSĀDYA CŪRNA

Chardi, Ādhmāna, Kāsa, Śvāsa, Jvara, Aruci, Ajīrṇa, Atīsāra, Śoṣa, Plīhā, Grahanī,  
Pāṇḍu

7 : 14 TRIKATŪ CŪRNA

Arocaka, Agnimāndya, Āmadoṣa, Gala Roga, Pīnasa, Kuṣṭha, Śvāsa, Kāsa, Tvagroga,  
Gulma, Meha, Sthaulya, Ślīpada

7 : 15 TRIPHALĀ CŪRNA

Ānāha, Prameha, Netraroga, Kaphapittaroga, Kuṣṭha, Mandāgni, Aruci, Visamajvara

7 : 16 DRĀKṢĀDI CŪRNA

Śveta Pradara, Agnimāndya, Chardi, Kṣayaja Kāsa, Rakta-pradara

7 : 17 NAVĀYASA CŪRNA

Pāṇḍu, Kāmalā, Prameha Piḍakā, Hṛdroga, Kuṣṭha, Arśa

7 : 18 NĀRASIM HA CŪRNA

Kāsa, Kṣaya, Śukrakṣaya, Jarā, Rujā, Valī, Palita, Khālitya, Meha, Pāṇḍu, Ādhyavāta,  
Pīnasa, Kuṣṭha, Udara, Bhagandara, Mūtrakṛcchra, Gr̥dhrasī, Halīmaka, Vātavikāra,  
Pittavikāra, Arśa, Śleṣmavikāra

7 : 19 NĀRĀYANA CŪRNA

Udararoga, Gulma, Ānāha, Vātaroga, Viṣṭaṅga, Arśa, Parikarta, Ajīrṇa, Bhagandara,  
Pāṇḍu, Kāsa, Śvāsa, Galagraha, Hṛdroga, Grahanī, Kuṣṭha, Mandāgni, Jvara, Damṣṭrā  
Viṣa, Mūla Viṣa, Kr̥trima Viṣa, Gara Viṣa

7 : 20 NIMBĀDI CŪRNA

Udara, Āmavāta, Vātarakta, Kuṣṭha, Śvitra, Audumbara Kuṣṭha, Koṭha, Carmadala, Sidhma, Pāmā, Viplutā Yoniroga, Kandū, Vicarcikā, Dadru, Kitibha, Śotha, Plīhā, Gulma, Pāṇḍu, Kāmalā, Vraṇa

7 : 21 NYAGRODHĀDI CŪRNA

Mūtrāghāta, Mūtrakṛcchra, Prameha, Prameha Piḍakā

7 : 22 PAṄCASAMA CŪRNA

Ādhmāna, Śūla, Āmavāta, Arśa, Udararoga

7 : 23 PUŚYĀNUGA CŪRNA

Asṛgdara, Śveta Pradara, Rajodoṣa, Arśa, Yonidoṣa

7 : 24 BALACATURBHADRIKĀ CŪRNA

Atīsāra, Chardi, Kāsa, Śvāsa, Jvara, Bāla Śoṣa

7 : 25 BR̥HAT GANGĀDHARA CŪRNA

Pravāhikā, Atīsāra, Grahanī

7 : 26 BHALLĀTAKA RASĀYANA

Udararoga, Daurbalya, Raktakṣaya

7 : 27 BHĀSKARA LAVĀNA CŪRNA (Synonym Lavaṇabhāskara Cūrṇa)

Agnimāndya, Grahanī, Vāta Kaphaja Gulma, Plīhā, Udara, Arśa, Kṣaya, Kuṣṭha, Vibandha, Bhagandara, Śopha, Śūla, Śvāsa, Kāsa, Āmavāta, Hṛdrujā, Ajīrnā

7 : 28 YAVĀNĪ ṢANDAVA (Synonym Yavānyādi Cūrṇa)

Arocaka, Grahanī, Pārśva Śūla, Vibandha, Kāsa, Plīhā, Arśa

7 : 29 RAJANYĀDI CŪRNA

Atīsāra, Grahanī, Kāmalā, Pāṇḍu, Jvara, Agnimāndya, Ānāha, Śvāsa, Kāsa, Bāla Roga, Daurbalya, Vaivarnya

7 : 30 VAIŚ VĀNARA CŪRNA

Ādhmāna, Gulma, Parināma Śūla, Āmavāta, Hṛdroga, Vastioga, Plīhā Roga, Śula, Ānāha, Guda Roga, Vibandha, Udara, Hastapāda Roga

7 : 31 ŠRNGYĀDI CŪRNA

Kāsa, Jvara, Śvāsa, Kapharoga

7 : 32 SAMĀNĀGĀDI CŪRNA

Raktārśa

7 : 33 SĀMUDRĀDYA CŪRNA

Nābhi Śūla, Gulma, Parināma Śūla, Ajīrnā, Yakṛtpīlhāśūla, Vidradhi, Aṣṭhīlā, Kaphaja śūla, Vātaja Śūla

7 : 34 SITOPALĀDI CŪRNA

Arocaka, Agnimāndya, Pittaja Śvāsa, Jvara, Kāsa, Hasta Pāda Dāha, Pārśva Śūla, Kṣaya, Suptajihvatva, Urddhvagata Raktapitta

7 : 35 SUDARŚANA CŪRNA

Yakṛtpīlhāvṛddhi, Jvara, Visamajvara, Jīrnajvara, Gulma

7 : 36 SVALPĀYIKĀ CŪRNA

Agnimāndya, Grahanī

7 : 37 HINGVĀSTAKA CŪRNA

Agnimāndya, Śūla, Gulma, Vātaroga

7 : 38 HINGVĀDI CŪRNA

Ādhmāna, Śūla, Grahanī, Gulma, Hṛdroga, Vaṅkṣaṇa Śūla, Kukṣiśūla, Katī Śūla,  
Udara, Vastiśūla, Stanaśūla, Aṁsaphalaka Śūla, Pārśva Śūla, Mandāgni

7 : 39 HINGUVACĀDI CŪRNA

Kaṇṭhabandha, Hṛtgraha, Aruci, Plīhā Roga, Hikkā, Śvāsa, Kāsa, Agnimāndya,  
Ādhmāna, Śūla, Gulma, Pāṇḍu, Pārśva Śūla, Vastiśūla, Trika Śūla, Yoniśūla, Guda Ś  
ūla, Vibandha, Mūtrasaṅga

7 : 40 HUTABHUGĀDI CŪRNA

Agnimāndya, Pāṇḍu, Śopha, Arśa

8 : 1 AṄU TAILA

Tvakrauksya, Palita, Īrdhvajatrugata Roga, Skandha Śuṣkatā, Grīvā Śuṣkatā, Vakṣa  
Śuṣkatā

8 : 2 ARIMEDĀDI TAILA

Mukha Roga, Danta Roga

8 : 3 ASANABILVĀDI TAILA

Nayana Roga, Karṇa Roga, Śiroroga

8 : 4 KANAKA TAILA

Mukha Roga, Nīlikā, Vyaṅga

8 : 5 KAYYONNYĀDI TAILA

Netraroga, Śirorujā, Dantaroga, Palita

8 : 6 KĀRPĀSĀSTHYĀDI TAILA

Vātaroga, Pakṣāghāta, Ardita, Avabāhuka

8 : 7 KĀSISĀDI TAILA

Arśoroga

8 : 8 KŪNKUMĀDI TAILA

Mukha Roga, Varnā Vikāra, Nīlikā, Yauvana Piṭikā, Vyāṅga, Tilaka, Maṣaka,  
Nyaccha, Padminīkanṭaka, Jatumanī

8 : 9 KUṢTHARĀKṢASA TAILA

Kuṣṭha, Vātarakta, Śvitra, Kacchū, Bhagandara, Vicarcikā, Pāmā, Māmsa Vṛddhi

8 : 10 KOTTAMCUKKĀDI TAILA

Vātaroga, Āmaṇītā, Aṅgastambha

8 : 11 KŚIRABALĀ TAILA

Vātarakta, Vātaroga, Śukra Dosa, Rajodosa, Kārṣya, Svarabheda, Used as Rasāyana

8 : 12 GANDHARVAHASTA TAILA

Vidradhi, Plīhā, Gulma, Udāvarta, Śopha, Udara, Mahāvāta Roga

8 : 13 GRAHANĪMIHIRA TAILA

Atīsāra, Grahanī, Hikkā, Jvara, Kāsa, Śvāsa, Kāmalā, Prameha, Valī Palita, Tr̄ṣṇā,  
Chardi, Bhrama, Koṣṭharujā, Arśa, Meha, Śvayathu, Śūla, Kārṣya, Śukraksaya,  
Garbhasrāva, Garbhapāta

8 : 14 CANDANĀDI TAILA

Dāha, Pralepaka Jvara, Rakta-pitta, Kṣaya, Apasmāra, Unmāda, Jīrṇajvara,  
Viṣamajvara, Yaksma

8 : 15 CANDANABALĀKṢĀDI TAILA

Kāsa, Śvāsa, Kṣaya, Asṛgdara, Rakta-pitta, Pitta Roga, Kaphaja Roga, Kandū,  
Visphoṭaka, Netra Dāha, Śotha, Kāmalā, Pāṇḍu Roga, Sarva Jvara, Sarva Dhātu Śoṣa,  
Chardi, Śiroroga, Aṅgadāha, Vātaroga, Kṣīna Retas

8 : 16 CITRAKĀDI TAILA

Bhagandara

8 : 17 JĀTYĀDI TAILA

Kacchū, Sphoṭaka, Nādīvraṇa, Śastraprahāra Vraṇa, Dagdha Vraṇa, Danta-Nakha  
Kṣata, Duṣṭa Vraṇa

8 : 18 JYOTIŚMATĪ TAILA

Śvitraroga

8 : 19 TŪNGADRUMĀDI TAILA

Śiroroga, Nayana Roga, Unmāda, Anidrā

8 : 20 TUVARAKA TAILA

Kṣudra Kuṣṭha, Mahākuṣṭha, Meha

8 : 21 TRIPHALĀDI TAILA

Śiroroga, Pratiśyāya, Khālitya, Pālitya, Keśāśāta, Īrdhvajatrugata Roga

8 : 22 DHĀNVANTARA TAILA (Synonym Balā Taila)

Vātaroga, Pakṣavadha, Sarvāṅga Vāta, Dhātu Kṣaya, Sūtikā Roga, Bāla Roga

8 : 23 NĀRĀYĀNA TAILA

Vātaroga, Pañgu, Śirogata Vāta, Manyā Stambha, Hanustambha, Dantaroga,  
Galagraha, Ekāṅga Śoṣa, Kampa, Kṣīṇendriya, Kṣīṇa Śukra, Bādhiryā, Lālājihvatā,  
Medhālpatā, Aṇḍa Śūla, Āntra Vṛddhi

8 : 24 NĀLPĀMARĀDI TAILA1

Tvagroga, Visarpa, Kuṣṭha, Pāmā, Kandū, Piṭaka

8 : 25 NĪLIKĀDYA TAILA

Khālitya, Indralupta, Kandū, Valī, Palita, Upajihvikā

8 : 26 NĪLIBHṚṄGĀDI TAILA

Keśapāta, Palita

8 : 27 PARINATAKERIKṢIRĀDI TAILA

Avabāhuka

8 : 28 PINḌA TAILA

Vātaraktarujā, Dāha

8 : 29 PIPPALYĀDI TAILA

Pravāhikā, Guda Nihsarana, Arśa, Mūtrakṛcchra, Mūḍha Vāta, Katī-ūru-Prṣṭha  
Daurbalya, Ānāha, Vankṣana Rujā, Guda Śūla, Picchāsrāva, Guda Śotha, Malabandha,  
Apāna Vāyu Nirodha

8 : 30 PRABHAṄJANA VIMARDANA TAILA

Āntra Vṛddhi, Śūla, Arditā, Vātaroga, Katī Śūla, Prṣṭha Śūla, Mūḍha Garbha, Vāta  
Gulma, Vāta Vidradhi

8 : 31 PRAMEHA MIHIRA TAILA

Vāta Vyādhi, Viṣamajvara, Prameha, Medogatavāta, Majjāgata Vāta, Kṣīnendriya,  
Dhvajabhaṅga, Dāha, Pipāsā, Chardi, Mukha Śoṣa

8 : 32 PRASĀRINĪ TAILA

Hanustambha, Katītambha, Gr̥dhrasī, Khañja, Kaubja, Paṅgutva, Vāta Ślesma Roga,  
Ardita, Pr̥ṣṭha Stambha, Śirogrīvā Stambha

8 : 33 BALĀ TAILA

Chardi, Gulma, Kāsa, Śvāsa, Jvara, Mūrcchā, Kṣata, Kṣaya, Apasmāra, Vāta Vyādhi,  
Plīhā, Śoṣa

8 : 34 BALĀGUDŪCYĀDI TAILA

Vātarakta, Raktagata Vāta

8 : 35 BALĀDHĀTRYĀDI TAILA

Vātaroga, Pittaja Roga, Kṣata Kṣaya, Kr̥śatā, Netra Dāha, Netraroga, Śirodāha,  
Śiroroga, Āngadāha, Pāṇḍu, Īrdhva Jatrugata Roga

8 : 36 BALĀŚVAGANDHALĀKṢĀDI TAILA

Jvara, Unmāda, Kṣaya, Kāsa, Vātaroga, Kr̥śatā

8 : 37 BALĀHATHĀDI TAILA

Śirorujā

8 : 38 BRHAT GUDŪCĪ TAILA

Udāvarta, Vātarakta, Kuṣṭha, Hanustambha, Kāmalā, Prameha, Pāṇḍu, Visarpa,  
Visphoṭa, Nādīvrana, Bhagandara, Vicarcikā, Gātra Kāṇḍū, Pādadāha, Valī Palita,  
Daurbalya, Vaivarnya

8 : 39 BR̥HATMĀṢA TAILA

Ardita, Śirahkampa, Hastakampa, Gr̥dhraśī, Bāhu Śoṣa, Avabāhuka, Kubja Roga,  
Bādhiryā, Karṇaśūla, Karṇapāka, Īrdhvā Jatrugata Roga, Karṇanāda, Viśvācī,  
Apatānaka

8 : 40 BR̥HAT SAINDHAVĀDYA TAILA

Ānāha, Āntra Vr̥ddhi, Mūtrakṛcchra, Aśmarī, Hṛtsūla, Pārśva Śūla, Ardita, Āmavāta,  
Sandhigata Vāta, Mandāgni, Vātaroga, Kaṭi Śūla, Jānuśūla, Īruśūla, Pr̥ṣṭha Śūla,  
Bāhyāyāma

8 : 41 BHR̥NGĀMALAKĀDI TAILA

Svara Kṣaya, Andhatva, Badhiratva, Danta Cālana, Keśasāta, Palita

8 : 42 BHR̥NGARĀJA TAILA

Keśapāta, Netraroga, Karna Roga, Śiroroga, Manyā Stambha, Galagraha, Khālitya,  
Indralupta

8 : 43 MAÑJIŚTHĀDI TAILA

Netra Rujā, Śirorujā, Bhrama

8 : 44 MADHUYAŚTYĀDI TAILA

Pitta Dāha, Jvara, Vātarakta

8 : 45 MAHĀ NĀRĀYANA TAILA

Ardita, Badhiratva, Paṅgutva, Gātra Kampa, Manyā Stambha, Hanustambha, Ekāṅga  
Śoṣa, Śukrakṣaya, Vandhyatva, Śirorujā, Jihvāstambha, Danta śula, Unmāda, Kubja,  
Jvara, Jarā, Kārśya, Snāyu Bhagna, Asthi Bhagna

8 : 46 MAHĀ VIṢAGARBHA TAILA

Vātaroga, Gṛdhrasī, Danḍāpatānaka, Sarvāṅga Grahaṇa, Karṇanāda, Sparśā Śūnyatā

8 : 47 YASTIMADHUKA TAILA

Palita, Keśa Patana, Śmaśru Patana

8 : 48 LAGHU VIṢAGARBHA TAILA

Vātaroga, Pakṣāghāta, Hanustambha, Manyāstambha, Katī Graha, Sarvāṅga Graha,  
Śirahkampa

8 : 49 LAKṢĀDI TAILA

Jvara

8 : 50 LANGALĪ TAILA (Synonym Nirgunḍī Taila)

Gaṇḍamālā

8 : 51 VACĀDI TAILA

Apacī

8 : 52 VACĀLAŚUNĀDI TAILA

Karṇa Srāva, Karṇa Roga

8 : 53 VAJRAKA TAILA

Tvagdosa, Dustanādīvrana, Kuṣṭha

8 : 54 VĀSĀCANDĀDI TAILA

Kāsa, Śvāsa, Jvara, Pralepaka Jvara, Raktapitta, Pāṇḍu Roga, Kāmalā, Rājayakṣmā, Halīmaka, Urahkṣata, Daurbalya, Kārṣya, Mandāgni, Vaivarnya

8 : 55 VIṢATINDUKA TAILA

Vāta Vyādhi, Vātarakta, Supta Vāta, Kuṣṭha, Vaivarnya

8 : 56 VRĀṄARĀKṢASA TAILA

Māmsa Vṛddhi, Kuṣṭha, Dadru, Kanḍū, Maṇḍala Vrāṇa, Dāha, Vicarcikā, Visphoṭa, Nāḍīvrāṇa, Apacī

8 : 57 ŚUṢKAMŪLAKA TAILA

Śotha, Śūla

8 : 58 ṢADBINDU TAILA

Danta Cālana, Drṣṭi Daurbalya, Keśāśāta, Śiroroga, Improves Bhuja bala, Improves Netra drṣṭi

8 : 59 SAHACARĀDI TAILA

Vāta Vyādhi, Kampa, Gulma, Unmāda, Piṇasa, Yoniroga, Ākṣepa, Īrustambha, Śoṣa

8 : 60 SAINDHAVĀDI TAILA

Kaphavātaja Nāḍī Vrāṇa.

8 : 61 SOMARĀJĪ TAILA

Kanḍū, Kacchū, Pāmā, Piḍakā, Nīlikā, Duṣṭa Vrāṇa, Nāḍīvrāṇa, Vātarakta, Vyāṅga, Kuṣṭha, Dadru

8 : 62 HINGUTRIGUNĀ TAILA

Gulma, Udararoga,  $\bar{A}$ ntra Vṛddhi, Šūla, Vardhma

9 : 1 ŠAṄKHA DRAṄVAKA

Udararoga, Šūla,  $\bar{A}$ dhmāna, Yakṛtplihāroga

10 : 1 ARKA LAVANA

Gulma, Udararoga, Plīhodara, Yakṛtodara

10 : 2 APĀMĀRGA KṢĀRA

Gulma, Udaśūla, Grahaṇī, Viṣūcikā, Alasaka, Ajīrṇa, Aruci,  $\bar{A}$ nāha, Arśa, Šarkarā, Aśmarī, Kṛmi, Antarvidradhi, Švāsa

10 : 3 ABHAYĀ LAVANA

$\bar{A}$ nāha, Gulma, Yakṛtplihodara, Hṛdroga, Aṣṭhilā, Mandāgni, Širahśūla, Šarkarā, Aśmarī

10 : 4 AVITTO LĀDI BHASMA (KṢĀRA)

Gulma, Udara, Šopha

10 : 5 KADALĪ KṢĀRA

Gulma, Plīhodara, Jīrnajvara, Šopha, Gara Viṣa, Vātakaphaja Grahaṇī, Viṣūcikā, Alasaka, Aruci, Ajīrṇa,  $\bar{A}$ nāha, Šarkarā, Aśmarī, Viṣa, Arśa, Antarvidradhi

10 : 6 KALYĀNA KṢĀRA

Vibandha,  $\bar{A}$ dhmāna, Gulma, Udāvarta, Arśa, Pāṇḍu, Udararoga, Kṛmi, Mūtrāghāta, Aśmarī, Šopha, Hṛdroga, Grahaṇī, Meha, Plīhārujā,  $\bar{A}$ nāha, Švāsa, Kāsa, Agnimāndya

10 : 7 NĀRIKELA LAVANA

Śūla, Parināma Śūla, Amlapitta

10 : 8 PANAVIRALĀDI BHASMA (KṢĀRA)

Śopha, Udara, Gulma, Jalodara

10 : 9 PALĀŚA KṢĀRA

Agnimāndya, Gulma, Plīhāyakṛtvṛddhi, Mūtrakṛcchra, Aśmarī, Śarkarā, Grahanī,  
Ānāha, Viṣūcikā

10 : 10 MŪLAKA KṢĀRA

Mūtrakṛcchra, Aśmarī, Gulma, Vātavikāra

10 : 11 YAVA KṢĀRA

Ādhmāna, Ānāha, Śūla, Udara, Gulma, Plīhāmaya, Mūtrakṛcchra

10 : 12 VAJRA KṢĀRA

Ajīrnā, Śūla, Gulma, Udara, Śotha, Mandāgni

10 : 13 VĀSA KṢĀRA

Gulma, Kāsa, Śvāsa, Grahanī, Arśa, Ajīrnā, Aruci, Aśmarī, Śarkarā

11 : 1 AVALGUJĀDI LEPA

Śvitra, Varṇa Vikṛti

11 : 2 KACCŪRĀDI CŪRNA

Hidhmā, Pīnasa, Jvara, Vātaja Śirorujā, Pittaja Śirorujā, Buddhi Bhrama, Netraroga,  
Karna Roga, Kapharoga

11 : 3 KĀLAKA CŪRNA (LEPA) (Synonym: Kālaka Lepa)

Gala Roga, Danta Roga, Mukha Roga

11 : 4 GRHADHŪMĀDI LEPA

Vātarakta, Śūla

11 : 5 TUTTHĀDI LEPA

Upadamśaja Vraṇa, Damśa Vraṇa

11 : 6 DASĀNGA LEPA

Jvara, Śotha, Visarpa, Kuṣṭha

11 : 7 PATHYĀDI LEPA

Kuṣṭha

11 : 8 RĀSNĀDI CŪRNĀ (Synonym: Rāsnādi Lepa)

Pīnasa, Śiroroga, Pratiśyāya

11 : 9 RASOTTAMĀDI LEPA CŪRNĀ

Pāmā, Kandū, Vicarcikā

11 : 10 ŚOTHAGHNA LEPA (Synonym : Doṣaghna Lepa)

All varieties of Śotha

11 : 11 SARŚAPĀDI PRALEPA

Granthi, Galagandā, Gandamalā

11 : 12 SINDŪRĀDI LEPA

Vicarcikā, Vipādikā, Vraṇa, Kandū, Upadamśaja Vraṇa

12 : 1 AGNITUNDIVATI

Agnimāndya, Āmajvara

12 : 2 AŠTAKŚARI GUTIKĀ

Śūla, Ānāha, Grahanī, Atīsāra, Pravāhikā

12 : 3 ELĀDI GUTIKĀ

Chardi, Hikkā, Kāsa, Śvāsa, Bhrama, Mūrcchā, Rakta Niṣṭhīvana, Jvara, Mada, Trṣṇā, Aruci, Pārśva Śūla, Śoṣa, Plīhā Roga, Āmavāta, Svarabheda, Kṣata Kṣaya, Śukrakṣaya

12 : 4 KASTŪRYĀDI (VĀYU) GUTIKĀ

Vāta Vaigunya, Vāta Kapha Jvara, Śvāsa

12 : 5 KĀNKĀYANA GUTIKĀ

Gulma, Kṛmi, Arśa, Rakta Pitta, Hṛdroga

12 : 6 KHADIRĀDI GUTIKĀ (MUKHAROGA)

Mukha Daurgandhya, Mukha Pāka, Danta Roga, Dantasausīrya, Danta Kṛmi, Gala Roga, Aruci, Caladanta, Mukhajādya, Āsyā Roga

12 : 7 KHADIRĀDI GUTIKĀ (KĀSA)

Kāsa, Śvāsa

12 : 8 GANDHAKA VATI

Agnimāndya, Ajīrnā

12 : 9 GOROCANĀDI VATI

Jvara, Śvasanaka Jvara, Kāsa, Śvāsa, Kan̄tharoga, Sannipāta Jvara, Smṛtināśa, Śravana  
Lopa, Dr̄ṣṭi Lopa, Sañjñānāśa

12 : 10 CANDRAPRABHĀ VATĪ

Vibandha, Ānāha, Śūla, Granthi, Pāṇḍu, Kāmalā, Mūtrakṛcchra, Prameha, Aśmarī,  
Arśa, Arbuda, Mūtrāghāta, Āntra Vṛddhi, Kaṭi Śūla, Kuṣṭha, Kanḍū, Plīhodara,  
Bhagandara, Dantaroga, Netraroga, Aruci, Mandāgni, Strīroga, Ārtava Rujā, Śukra  
Doṣa, Daurbalya

12 : 11 CITRAKĀDI GUTIKĀ

Agnimāndya, Āmadoṣa, Grahanī

12 : 12 CUKKUMTIPPALYĀDIGUTIKĀ

Sannipāta Jvara

12 : 13 DUGDHA VATĪ

Udara, Pāṇḍu, Kāmalā, Śotha Roga

12 : 14 DHĀNVANTARA GUTIKĀ

Kāsa, Śvāsa, Hṛdroga, Yakṣmā, Hikkā, Chardi, Kaphapraseka

12 : 15 PRABHĀKARA VATĪ

Hṛdroga

12 : 16 PRĀṄADĀ GUTIKĀ

Sahaja Arśoroga, Mūtrakṛcchra, Vātaroga, Viṣamajvara, Mandāgni, Pāṇḍu, Gulma, K  
ṛmija Hṛdroga, Śvāsa, Kāsa, Raktārśa, Pānātyaya, Śūla, Galagraha, Viṭbandha,  
Amlapitta, Guda Roga

12 : 17 PLĪHĀRI VATIKA

Plīhā-Yakṛdroga, Gulma, Agnimāndya, Śotha, Kāsa, Śvāsa, Trṣṇā, Kampa, Dāha,  
Chardi, Bhrama

12 : 18 BILVĀDI GUTIKA

Lūtā-Vrścika-Sarpaviṣa, Viṣūcikā, Ajīrnā, Garadoṣa, Jvara, Bhūta Bādhā

12 : 19 MARMA GUTIKA

Marmavikāra, Āghāta

12 : 20 MARICĀDI GUTIKA

Kāsa, Śvāsa

12 : 21 MĀNASAMITRA VATAKA

Manodoṣa, Unmāda, Apasmāra, Mandabuddhitva, Vākdosa, Viṣūcikā, Mada, M  
ūrcchā, Samnyāsa, Bhūta Bādhā, Sarpa Viṣa

12 : 22 MUKKĀMUKKATUVĀDI GUTIKA

Abhinyāsa Jvara, Sannipāta Jvara

12 : 23 MRTASAÑJIVANĪ GUTIKA

Sannipāta Jvara, Apasmāra, Manovibhrama, Viṣa

12 : 24 YAKRT ŚULAVINĀŚINĪ VATIKA

Yakṛtroga, Gulma, Plīhodara

12 : 25 RAJAHPRAVARTINĪ VATI

Rajorodha, Kaṣṭārtava, Ārtava Vedanā

12 : 26 LAVAṄGĀDI VATĪ

Kāsa, Śvāsa

12 : 27 LAŚUNĀDI VATĪ

Viśūcikā, Ajīrnā, Atīsāra

12 : 28 ŚIVĀ GUTIKĀ (LAGHU)

Pāṇḍu, Kuṣṭha, Jvara, Tamaka Śvāsa, Arśa, Bhagandara, Mūtrakṛcchra, Rājayakṣmā,  
Prameha, Plīhā Roga

12 : 29 ŚUKRAMĀTRKĀ VATĪ

Aśmarī, Śukrameha, Prameha, Mūtrakṛcchra, Jvara, Daurbalya, Vaivarnya,  
Agnimāndya

12 : 30 ŚŪLAHARAṄA YOGA

Śūla, Grahanī, Atīsāra, Gulma, Agnimāndya, Ajīrnā

12 : 31 ŚŪLAVAJRINĪ VATIKĀ

Śūlaroga, Plīhodara, Gulma, Udara, Amlapitta, Pāṇḍu, Kāmalā, Śotha, Mandāgni, Ślī  
pada, Āmavāta, Galagraha, Bhagandara, Vṛddhi

12 : 32 ŚAṄKHA VATĪ

Agnimāndya, Grahanī, Arocaka, Paktisūla, Kṣaya

12 : 33 SAUBHĀGYA VATĪ

Sannipāta Jvara, Śvāsa, Kāsa, Viśamajvara, Mūrcchā, Aruci, Jvara, Manoglāni, Śūla,  
Trt, Kaphotkleśa

12 : 34 SŪRANA VATAKA

Arśa, Grahaṇī, Vāta Kaphaja Roga, Śvāsa, Kāsa, Plīhā, Ślīpada, Śotha, Prameha,  
Bhagandara, Agnimāndya, Kṣaya, Palita, used as Vṛṣya Rasāyana Medhya

12 : 35 SAṄJĪVANĪ VATĪ  
Ajīrṇa, Gulma, Viśucī, Sarpadamśa

13 : 1 ELANĪR KUZAMBU (NĀLIKERĀṄJANA)  
Netra Vraṇa, Arma, Timira, Pittaja Netra Roga, Abhiṣyanda

13 : 2 KĀYASTHĀDYA VARTTI  
Apasmāra, Unmāda, Sarpadamṣṭa, Gara Viṣa, Jalamṛta

13 : 3 CANDRODAYĀ VARTTI  
Timira, Paṭala Arbuda, Netra Adhimāṃsa, Rātryandha, Sikatā Vartma, Kanḍū

13 : 4 TĀMRĀDI GUTIKĀ  
Savrāṇa Śukra, Abhiṣyanda, Adhimantha, Kukūṇaka, Timira, Paṭala, Kāca

13 : 5 DANTA VARTTI  
Savrāṇa Śukra, Avrāṇa Śukra

13 : 6 MUKTĀDI MAHĀṄJANA  
Paittika Netra Roga

13 : 7 KARPŪRĀDI KUZAMBU (LAGHU)  
Vartma Roga, Netraroga

13 : 8 VIMALA VARTTI  
Timira, Kāca, Netra Kanḍū, Paṭala Roga

14 : 1 GUDŪCĪ SATTVA

Kṣaya, Raktapitta, Pādadāha

15 : 1 KĀNTAVALLABHA RASA

Mandāgni, Grahaṇī, Gulma, Plīhodara, Pāṇḍu, Kāsa, Śvāsa, Kṣaya, Arśa,  
Bhagandara, Jvara, Aruci, Chardi, Kuṣṭha, Vātaśūla, Daurbalya, Kārṣya, Śukrakṣaya

15 : 2 MAKARA DHVAJA

Hṛddaurbalya, Jarā, Jvara, Agnimāndya, Valī Palita, Used as Vājīkara and Rasayana

15 : 3 MALLASINDŪRA

Tamaka Śvāsa, Vāta Kaphaja Roga, Phirāṅga Roga

15 : 4 RASAKARPŪRA

Atīsāra, Pravāhikā, Kṛmi, Tvagrakta dosa, Sphota, Phirāṅgaja Vraṇa, Bhūta Viṣa,  
Aruci, Kanḍū, Maṇḍala Kuṣṭha, Vrana, Agnimāndya

15 : 5 RASAPUSPA

Viśūcikā, Jalodara, Pitta Roga, Phirāṅga, Kṛmi, Vrana Dosha, Hikkā, Mūtrakṛcchra, Bhūta Viṣa

15 : 6 RASASINDŪRA

Kaphaja Roga, Balakṣaya, Dhātu Kṣaya, Hṛddaurbalya, Prameha, Śūla, Bhagandara,  
Śotha, Gulma, Rājayaksṁā, Pāṇḍu, Sthūlatā, Vrana, Mandāgni

15 : 7 VĀTĀGNIKUMĀRA RASA

Kāsa, Śvāsa, Jvara, Vātaroga

15 : 8 SAMĀRAPANNAGA RASA

Sannipāta Roga, Kaphonmāda, Kaphajasandhibandha, Jvara, Śvāsa, Kāsa

15 : 9 SVARNAVAṄGA

Jīrṇa Kāsa, Śvāsa, Prameha and Mūtramārga Roga

15 : 10 SVARNASINDŪRA

Śukrakṣaya, Dhātu Kṣaya, Buddhimāndya, Sarva Roga

16 : 1 PAṄCĀMRTA PARPATI

Grahanī, Arśa, Chardi, Atīsāra, Jvara, Aruci, Kṣaya, Raktapitta, Valī Palita, Netraroga, Agnimāndya, Śukrakṣaya

16 : 2 BOLA PARPATI

Raktapradara, Raktapitta, Raktārśa

16 : 3 RASA PARPATI

Śūla, Grahanī, Atīsāra, Pravāhikā, Gulma, Śotha, Kāmalā, Pāṇḍu, Jvara, Āmavāta, Arśa, Kuṣṭha, Āmadosa, Plīhā, Jalodara, Bhasmaka, Amlapitta

16 : 4 LAUHA PARPATI

Agnimāndya, Grahanī, Amlapitta, Pāṇḍu, Sūtikā Jvara, Āmaśūla, Atīsāra, Kāmalā, Plīhā Roga, Bhasmaka, Āmavāta, Udāvarta, Kuṣṭha, Gara, Valī Palita

16 : 5 SVARNA PARPATI

Grahanī, Rājayakṣmā, Āntraśūla, Śukrakṣaya

17 : 1 TRĀKĀNTAMĀNĪ PIṢTĪ (Synonym Kaharubā Piṣṭī)

Raktātiśāra, Raktapravāhikā, Raktapitta, Pittavikāra, Raktapradara

17 : 2 PRAVĀLA PIṢṬĪ

Pitta Roga, Manodaurbalya, Ojakṣaya, Hṛdroga, Kāsa

17 : 3 MĀNIKYA PIṢṬĪ

Ojakṣaya, Hṛdroga, Kṣaya, Śukrakṣaya, Agnimāndya, Daurbalya, Buddhimāndya

17 : 4 MUKTĀ PIṢṬĪ

Raktātīsāra, Raktapitta, Manodosā, Unmāda, Hṛdroga

18 : 6 TRIVĀNGA1 BHASMA

Madhumeha, Prameha

18 : 7 NĀGA BHASMA

Atīsāra, Grahanī, Gulma, Arśa, Prameha

18 : 8 PRAVĀLA BHASMA

Śotha, Kṣayaja Kāsa, Prasveda, Hṛtkampa, Asthiśosa, Mūtrakṛcchra, Mūtrasāda

18 : 9 MANDŪRA BHASMA

Plihā Vṛddhi, Yakṛtvṛddhi, Kāmalā, Pāṇḍu, Śotha, Raktakṣaya

18 : 10 MUKTĀ BHASMA

Kāsa, Śvāsa, Kṣaya, Jīrnajvara, Pitta Jvara, Dantodbhava Jvara, Hṛddaubalya, Manovikāra

18 : 11 MUKTĀŚUKTI BHASMA

Udaraśūla, Jvara, Pitta Jvara, Raktarogā, Gulma, Aruci, Visa, Agnimāndya, Daurbalya

18 : 12 YĀSADA BHASMA

Grahanī, Prasveda, Rājayakṣmā, Prameha, Śveta Pradara

18 : 13 RAJATA BHASMA

Śoṣa, Dhātu Kṣaya, Prameha, Madātyaya, Viṣa, Jvara, Pitta Roga, Plīhā Roga,  
Buddhimāndya, Garbhāśaya Doṣa, Apasmāra

18 : 14 LOHA BHASMA

Atīsāra, Śūla, Amlapitta, Udararoga, Kāmalā, Pāṇḍu, Kṛmi, Medodoṣa, Prameha, Plīhā Roga, Śotha, Śvāsa, Kusṭha

18 : 15 VĀNGA BHASMA

Kāsa, Śvāsa, Kapharoga, Medodoṣa, Prasveda, Kṣaya, Pāṇḍu, Kṛmi, Prameha,  
Garbhāśayacyuti, Śveta Pradara, Raktapradara, Agnimāndya, Aruci, Buddhimandatā,  
Vrana, Svapnadoṣa

18 : 16 VAJRA BHASMA

Udara, Pāṇḍu, Medodosa, Prameha, Śotha, Rājayakṣmā, Netraroga, Valmīka Arbuda

18 : 17 VAIKRĀNTA BHASMA

Grahanī, Pāṇḍu, Kāsa, Śvāsa, Arṣa, Urahkṣata, Rājayakṣmā

18 : 18 ŚĀNKHA BHASMA

Ajīrṇa, Agnimāndya, Grahanī, Amlapitta, Parināma Śūla, Yakṛtpīlhāvṛddhi, Viṣa

18 : 19 ŚRĀNGA BHASMA

Hikkā, Kāsa, Śvāsa, Pārṣva Śūla, Urastoya, Hṛtśūla

18 : 20 SVARNA BHASMA

1st Variety of Māraṇa (a)::, Grahaṇī, Amlapitta, Hikkā, Pāṇḍu, Śvāsa, Jvara, Dhātu  
Kṣaya, Rājayakṣmā, Buddhikṣaya, Apasmāra, Snāyudaurbalya, Hṛdroga, Vātaroga, Śar  
īra Varna Hāni, Phiraṅga, Viṣa, Smṛtiḥāni, Unmāda, Svarabheda, 2nd Variety of  
Māraṇa (b)::, Kuṣṭha, Unmāda, Rājayakṣmā, Jarā, Viṣa, used as Rasāyana, Vājīkara,  
Medhya, Smṛtivardhaka

#### 18 : 21 SVARNAṂĀKSĪKA BHASMA

Kṛmi, Pāṇḍu, Śotha, Prameha, Jīrnajvara, Rājayakṣmā, Anidrā, Apasmāra, Rajahṛ  
cchra, Kuṣṭha, Arśa

#### 18 : 22 HARITĀLA BHASMA

Udara, Pāṇḍu, Vātaroga, Nādīvrāṇa, Apasmāra, Raktavikāra, Vātarakta, Visarpa,  
Kuṣṭha, Arśa, Bhagandara, Rājayakṣmā, Śvitra, Visphoṭa, Dadru, Pāmā, Vicarcikā

#### 19 : 1 PUNARNAVĀDI MANḌŪRA

Pāṇḍu Roga, Grahaṇī, Śotha, Plīhā Roga, Viṣamajvara, Arśa, Kuṣṭha, Kṛmi

#### 19 : 2 MANḌŪRA VATĀKA

Pāṇḍu, Aruci, Śotha, Urustambha, Prameha, Arśa, Kuṣṭha, Ajīrnā, Kāmalā, Plīhā  
Roga

#### 20 : 1 AMLAPITTĀNTAKA RASA

Amlapitta

#### 20 : 2 AŚVAKĀNCUKĪ RASA

Śvāsa, Kāsa, Ānāha, Vibandha, Jvara

#### 20 : 3 ĀNANDABHAIRAVA RASA

Jvara, Jvaratīsāra, Āmavāta, Sannipāta Jvara, Aśmarī, Prameha, Mūtrakṛcchra

20 : 4 **ĀROGYAVARDHINĪ GUTIKĀ**

Jīrnajvara, Medodoṣa, Kuṣṭha, Yakṛtvikāra

20 : 5 **ICCHĀBHEDI RASA**

Ānāha, Udararoga

20 : 6 **EKAṄGAVĪRA RASA**

Paksāghāta, Ardita, Dhanurvāta, Vātaroga, Gr̥dhrasī, Viśvācī

20 : 7 **KARPŪRA RASA**

Jvarātīsāra, Pakvātīsāra, Raktapratvāhikā

20 : 8 **KAPHAKETU RASA**

Pīnasa, Kāsa, Śvāsa, Īrdhvāṅga Roga, Gala Roga, Galagraha, Danta Roga, Karnā Roga, Netraroga

20 : 9 **KUMĀRAKALYĀNA RASA**

Bāla Roga, Atīsāra, Kāmalā, Jvara, Kāsa, Śvāsa, Phakka Roga, Pārigarbhika Roga, Stanyadvesa, Graha Dosa, Kr̥śatā, Agni Vikṛti

20 : 10 **KRMIMUDGARA RASA**

Gandūpada Kṛmi Roga, Agnimāndya

20 : 11 **GAGANASUNDARA RASA**

Agnimāndya, Āmaja Śūla, Jvarātīsāra, Raktasrāva

20 : 12 **BRHAT GARBHACINTĀMANI RASA**

Pradara, Garbhiniī Dāha, Garbhiniī Jvara, Sūtikāroga

## 20 : 13 CATURBUJA RASA

Amlapitta, Pāṇḍu, Prameha, Dhātu Kṣaya, Kṣaya, Manyāstambha, Apasmāra, Vraṇa, Śvāsa, Śūla, Valī Palita, Agnimāndya, Hikkā, Ādhyavāta, Visarpa, Vidradhi, Unmāda, Arśa, Carmaroga, Kārṣya, Daurbalya

## 20 : 14 CATURMUKHA RASA

Amlapitta, Pāṇḍu, Prameha, Dhātu Kṣaya, Kṣaya, Manyāstambha, Apasmāra, Vraṇa, Śvāsa, Śūla, Valī Palita, Agnimāndya, Hikkā, Ādhyavāta, Visarpa, Vidradhi, Unmāda, Arśa, Carmaroga, Kārṣya, Daurbalya

## 20 : 15 CANDRAKALĀ RASA

All Pittaroga, Vātapitta Roga, Antardāha, Bāhyadāha, Mahātāpa, Jvara, Bhrama, Mūtrakṛcchra, Raktapradara, Īrdhvagata Raktapitta, Raktavami

## 20 : 16 CANDRĀMṚTA RASA

Kāsa, Śvāsa, Jvara, Raktakāsa

## 20 : 17 CINTĀMANIČATURMUKHA RASA

Bhrama, Apasmāra, Vātaroga, Dhātu Kṣaya, Hṛdroga, Valī Palita, Unmāda

## 20 : 18 JVARĀRYABHRA

Gulma, Dāha, Trṣṇā, Jvara, Plīhā Roga, Yakṛd roga, Viṣamajvara, Śotha, Hikkā, Śvāsa, Kāsa, Mandāgni, Aruci

## 20 : 19 TARUNĀRKA RASA

Sarva Jvara

## 20 : 20 TRIBHUVANAKĪRTI RASA

Vāta Kapha Jvara, Sannipāta Jvara, Taruna Jvara

20 : 21 NAVARATNARAṄJAMRGĀNKA RASA

Śūla, Grahaṇī, Vātodara, Pāṇḍu, Halīmaka, Meha, Sarva Jvara, Kṣaya, Vāta Vyādhi, Apasmāra, Śvāsa, Vātarakta, Śotha, Ādhmāna, Aruci, Agnimāndya, Kāsa, Udara, Dhātuśoṣa, Given as Rasāyana and Vājīkaraṇa also

20 : 22 NĀGAVALLABHA RASA

Kāsa, Kṣaya, Prameha, Vātaroga

20 : 23 PRABHĀKARA RASA

Sannipāta Jvara

20 : 24 BR̥HAT KASTŪRĪBHAI RAVA RASA

Sannipāta Jvara, Sarva Jvara, Viṣamajvara, Jvaratīsāra, Agnimāndya, Meha, Halīmaka, Jīrṇajvara, Āmātīsāra, Grahaṇī, Kāsa, Jvara

20 : 25 BR̥HAT NRPAVALLABHA RASA

Ajīrna, Grahaṇī, Arśa, Udara, Āmājīrna, Agnimāndya

20 : 26 BR̥HAT VĀTACINTĀMANI RASA

Vāta Pittaja Roga, Bhrama, Pralāpa

20 : 27 MAHĀ LAKSMĪVILĀSA RASA

Kāsa, Piṇasa, Rājayakṣmā, Sthaulya, Āmavāta, Vājīkaraṇa, Gala Roga, Āntra Vṛddhi, Kuṣṭha, Atīsāra, Prameha, Ślipada, Vrana, Nādīvrana, Bhagandara, Arśa, Udara, Raktavikāra, Strīroga, Tvagroga, Nāsā Roga, Netraroga, Mukha Roga, Śūla

20 : 28 MAHĀ VĀTAGAJĀṄKUŚA RASA

Vāta Kaphaja Roga

20 : 29 MUKTĀPĀNCĀMRTA RASA

Kāsa, Jīrnajvara, Rājayakṣmā, Kṣaya

20 : 30 MRTYUṄJAYA RASA

Sarva Jvara, Viśamajvara, Jīrnajvara

20 : 31 YOGENDRA RASA

Bahumūtra, Prameha, Vātaroga, Apasmāra, Pakṣāghāta, Bhagandara, Arśa, Vātapitta  
Roga, Mūtrāghāta, Guda Roga, Mūrcchā, Unmāda, Yakṣmā, Kṣīṇendriya, Śūla,  
Amlapitta

20 : 32 RATNAGIRI RASA

Navajvara

20 : 33 RASAMĀṄIKYA

Vātaślesma Jvara, Śvāsa

20 : 34 RASARĀJA RASA

Pakṣāghāta, Ardita, Apatantraka, Apatānaka, Hanustambha, Bādhirya, Mastaka  
Bhrama, Vātaroga, Daurbalya, Śukrakṣaya

20 : 35 RĀJAMRGĀṄKA RASA

Vātaślesmajakṣaya

20 : 36 LAGHU MĀLINĪVASANTA RASA

Pittavikāra, Raktavikāra, Jvara, Kṣaya, Pradara, Garbhini ṛ Roga, Arśa, Jīrnajvara,  
Dhātugata Atīśāra, Netraroga, Raktārśa, Viśamajvara

20 : 37 LAGHVĀNANDA RASA

Agnimāndya, Vāta Kapha Roga, Pāṇḍu, Jvara, Bhrama, Pradara, Aruci, Gulma

20 : 38 LAKṢMĪNĀRĀYANA RASA

Prasūtavāta, Vātaroga, Jvara, Sūtikāroga, Sannipāta Roga, Viṣamajvara, Viṣucī, Atīsāra, Grahanī, Raktatīsāra, Āmātīsāra, Meha, Śūla

20 : 39 LAKṢMĪVILĀSA RASA (NĀRADĪYA)

Udara, Prameha, Dhātu Kṣaya, Īrdhvāṅga Roga, Nādīvrana, Kuṣṭha, Vrana, Guda Roga, Bhagandara, All kinds of Ślīpada, Galaśosa, Āntra Vṛddhi, Atīsāra, Āmavāta, Jihvāstambha, Galagraha, Mukha-Karṇa-Nāsa-Aksi Vikṛti, Kāsa, Pīnasa, Yakṣmā, Arśa, Sthaulya

20 : 40 LOKANĀTHA RASA

Yakṛtpīlhodara, Gulma, Śotha

20 : 41 VASANTA MĀLATĪ RASA

Jīrnā Kāsa, Viṣamajvara, Jīrnajvara

20 : 42 VASANTAKUSUMĀKARA RASA

Meha, Valī Palita, Smṛti Bhramśa, Kṣaya, Somaroga, Kārṣya

20 : 43 VĀTAKULĀNTAKA RASA

Apasmāra, Mūrcchā, Vātaroga

20 : 44 VĀTARAKTĀNTAKA RASA

Vātarakta, Vātaroga

20 : 45 VĀTĀVIDHVAM SANA RASA

Vātaja Śūla, Vātaja Grahanī, Kapharoga, Sūtikā Vāta, Grahanī, Sannipāta Roga

20 : 46 VĀTĀRI RASA

Vātaroga

20 : 47 VĀRISOSĀNA RASA

Grahanī, Pāṇḍu, Jalodara, Śotha, Urastoya, Kuṣṭha, Agnimāndya, Plīhā Roga, Śūlaroga, Udara, Daurbalya, Vaivarnya

20 : 48 ŚRĪNRPATIVALLABHA RASA

Grahanī, Udara, Gulma, Viṣūcikā, Āmadoṣa, Plīhā, Pāṇḍu, Kāmalā, Mandāgni, Aṣṭīlā, Yakṛt roga, Hṛtsūla, Pārśva Śūla, Prṣṭha Śūla, Kaṭi Śūla, Śūla, KukṣiŚūla, Ānāha, Kāsa, Śvāsa, Āmavāta, Ślīpada, Śotha, Arbuda, Galagandha, Gaṇḍamālā, Amlapitta, Grdhrasī, Kṛmi, Kuṣṭha, Dadru, Vātarakta, Bhagandara, Upadamśa, Atīsāra, Arśa, Prameha, Jīrnajvara, Tandrā, Ālasya, Bhrama, Klama, Dāha, Vidradhi, Hikkā, Mūkatā, Mouḍhyam, Svarabheda, Bradhma Vṛddhī, Visarpa, Nāsā Roga, Daurbalya, Pīnasa, Śītapitta, Sthāvara Visa, Dantaroga, Vaivarnya, Urustambha, Raktapitta, Gudabhramśa, Aruci, Trt, Karna Roga

20 : 49 ŚVĀSAKUTHĀRA RASA

Agnimāndya, Kāsa, Śvāsa, Vāta Kaphaja Roga, Sannipāta Roga, Mūrcchā, Apasmāra, Meha

20 : 50 SIDDHAPRĀNEŚVARARASA

Grahanī, Śūla, Jvara, Jvaratīsāra, Parināma Śūla

20 : 51 SVARNABHŪPATI RASA

Grahaṇī, Vātaroga, Ādhyavāta, Dhanurvāta, Āmavāta, Śotha, Sannipāta Roga, Kṣaya, Aśmarī, Śrṅkhalā Vāta, Paṅguvāta, Mandāgni, Kaṭivāta, Sarva Śūla, Gulma, Śūla, Udāvarta, Prameha, Udara, Vibandha, Bhagandara, Kuṣṭha, Vidradhi, Śvāsa, Kāsa, Ajīrṇa, Jvara, Pāṇḍu, Kāmalā, Śiroroga

20 : 52 SŪTAŚEKHARA RASA

Amlapitta, Chardi, Gulma, Kāsa, Grahaṇī, Tridosajātīśāra, Śūla, Śvāsa, Mandāgni, Hikkā, Udāvarta, Rājayakṣmā

20 : 53 SŪCIKĀBHARĀNA RASA

Sannipāta Jvara

20 : 54 SŪTIKĀBHARĀNA RASA

Sūtikā Roga, Dhanurvāta

20 : 55 HRDAYĀRNĀVA RASA

Kaphaja Hṛdroga

21 : 1 CANDANĀDI LAUHA

Viṣamajvara, Jīrnajvara

21 : 2 DHĀTRĪ LAUHA

Palita, Viṣṭambha, Ānāha, Mandāgni, Rakta-pitta, Śūlaroga, Pāṇḍu, Kāmalā, Amlapitta, Netraroga

21 : 3 PIPPALYĀDI LAUHA

Agnimāndya, Chardi, Hikkā, Śvāsa, Mandajvara

21 : 4 PUTĀPAKVA VIṢAMA JVARĀNTAKA LAUHA

All types of Jvara, Grahaṇī, Gulma, Plīhā Roga, Kāmalā, Pāṇḍu, Śotha, Viṣamajvara, Jīrnajvara, Meha, Aruci, Kāsa, Śvāsa, Āmadoṣa, Atīsāra, Mūtrakṛcchra

21 : 5 PRADARĀNTAKA LAUHA

Agnimāndya, Śūlaroga, Pāṇḍu, Pradara, Kuksisūla, Katī Śūla, Yoniśūla, Aruci, Śvāsa, Kāsa, Kārṣya, Daurbalya

21 : 6 PRADARĀRI LAUHA

Pradara, Śūlaroga, Kuksisūla, Katī Śūla, Dehaśūla, Daurbalya, Agnimāndya, Vaivarna

21 : 7 YAKRDĀRI LAUHA

Udara, Gulma, Kāmalā, Yakṛd roga, Plīhā Roga, Jīrnajvara, Kāsa, Śvāsa, Halīmaka, Mandāgni, Daurbalya

21 : 8 ROHĪTAKA LAUHA

Plīhā Roga, Yakṛd roga, Śotha

21 : 9 VIDĀNGA LAUHA

Agnimāndya, Aruci, Śūla, Viṣucikā, Arśa, Kṛmi, Śotha, Jvara, Hikkā, Śvāsa, Kāsa

21 : 10 VIDĀNGĀDI LAUHA

Kāmalā, Pāṇḍu, Śotha

21 : 11 SAPTĀMRTA LAUHA

Chardi, Śūla, Amlapitta, Jvara, Mūtrasaṅga, Timira, Klama, Ānāha, Śotha

21 : 12 SARVAJVARAHARA LAUHA

Jīrnajvara, Plīhā Roga, Yakṛd roga, Hṛdayāgra Vṛdhhi, Sarva Jvara

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MĀÑIBHADRA YOGA (synonym: Mañibhadra Guda) 3 : 23  
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Enhances Bala, Varna, Āyu

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For external use only

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PIPPALYĀDI LAUHA 21 : 3

VIDĀNGA LAUHA 21 : 9

SVARNA BHASMA 18 : 20

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KADALĪ KṢĀRA 10 : 5

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CANDANĀDI LAUHA 21 : 1

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MAKARA DHVAJA	15 : 2
ABHRAKA BHASMA	18 : 1
TĀMRA BHASMA	18 : 5
AŚVAKĀNCUKĪ RASA	20 : 2
KUMĀRAKALYĀNA RASA	20 : 9
LAGHU MĀLINĪVASANTA RASA	20 : 36
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DRĀKSĀDI KVĀTHA CŪRNĀ 4 : 13  
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ŚRĪNRPATIVALLABHA RASA 20 : 48  
PUTAPAKVA VIŚAMA JVARĀNTAKA LAUHA 21 : 4  
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VIDĀRYĀDI KVĀTHA CŪRNĀ 4 : 31  
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KĀNTAVALLABHA RASA 15 : 1  
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VĀSĀVALEHA 3 : 26  
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SAPTA VIMŚATIKA GUGGULU 5 : 11  
SIMHĀNĀDA GUGGULU 5 : 12  
TRIPHALĀ GHṚTA 6 : 14  
DĀDIMĀDI GHṚTA 6 : 19  
MAHĀ KALYĀNAKA GHṚTA 6 : 33

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BALĀ TAILA 8 : 33  
BALĀŚVAGANDHALĀKṢĀDI TAILA 8 : 36  
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KHADIRĀDI GUTIKĀ (KĀSA) 12 : 7  
GOROCANĀDI VATĪ 12 : 9  
DHĀNVANTARA GUTIKĀ 12 : 14  
AMRTAPRĀŚA GHRTA 6 : 2  
AŚOKA GHRTA 6 : 4  
KALYĀNAKA GHRTA 6 : 7  
CHĀGALĀDYA GHRTA 6 : 10  
PAÑCATIKTA GHRTA 6 : 26  
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CANDANĀDI CŪRNA 7 : 9  
JĀTIPHALĀDYA CŪRNA 7 : 12  
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ŚRNGYĀDI CŪRNA	7 : 31
SITOPALĀDI CŪRNA	7 : 34
VĀSĀCANDANĀDI TAILA	8 : 54
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VĀSA KṢĀRA	10 : 13
PRĀṄADĀ GUTIKĀ	12 : 16
PLIHĀRI VATIKĀ	12 : 17
MARICĀDI GUTIKĀ	12 : 20
LAVAṄGĀDI VATĪ	12 : 26
SAUBHĀGYA VATĪ	12 : 33
SŪRĀNA VATĀKA	12 : 34
KĀNTAVALLABHA RASA	15 : 1
ABHRAKA BHASMA	18 : 1
GODANTĪ BHASMA	18 : 4
TĀMRA BHASMA	18 : 5
AŚVAKAṄCUKĪ RASA	20 : 2
KAPHAKETU RASA	20 : 8
KUMĀRAKALYĀNA RASA	20 : 9
MAHĀ LAKSMĪVILĀSA RASA	20 : 27
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ŚRĪNRPATIVALLABHA RASA	20 : 48
PUTĀPAKVA VIṄAMA JVARĀNTAKA LAUHA	21 : 4
PRADARĀNTAKA LAUHA	21 : 5
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VĀTĀGNIKUMĀRA RASA 15 : 7  
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UŚIRĀSAVA 1 : 8  
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KHADIRĀRISTA 1 : 14  
DANTYĀDYARISTA 1 : 17  
MRDVĪKĀRISTA 1 : 29  
RODHRAŚAVA (synonym :Lodhrāsava) 1 : 30  
MIŚREYĀRKA 2 : 4  
CITRAKA HARĪTAKĪ 3 : 10  
MĀNIBHADRA YOGA (synonym: Maṇibhadra Guḍa) 3 : 23  
YOGARĀJA GUGGULU 5 : 7  
SAPTAVIMŚATIKA GUGGULU 5 : 11  
APĀMĀRGA KṢĀRA 10 : 2  
KĀNKĀYANA GUṬIKĀ 12 : 5  
AMR̥TĀ GHṚTA 6 : 1  
PAÑCATIKTA GHṚTA 6 : 26  
KALYĀNA KṢĀRA 10 : 6  
RASAKARPŪRA 15 : 4  
ABHRAKA BHASMA 18 : 1  
SVARNAMĀKṢIKA BHASMA 18 : 21  
PUNARNAVĀDI MANDŪRA 19 : 1  
VIDĀNGA LAUHA 21 : 9  
RASAPUSPA 15 : 5  
LOHA BHASMA 18 : 14  
VĀNGA BHASMA 18 : 15  
ŚRĪNRPATIVALLABHA RASA 20 : 48

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Kṣīṇa Retas

CANDANABALĀLĀKSĀDI TAILA      8 : 15

Kṣīṇendriya

PRAMEHA MIHIRA TAILA      8 : 31

NĀRĀYĀNA TAILA      8 : 23

YOGENDRA RASA 20 : 31

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PRABHAṄJANA VIMARDANA TAILA 8 : 30

CANDRAPRABHĀ VATĪ 12 : 10

AŚOKA GHṚTA 6 : 4

HINGVĀDI CŪRNA 7 : 38

BṛHAT SAINDHAVĀDYA TAILA      8 : 40

ŚRĪNRPATIVALLABHA RASA 20 : 48

PRADARĀNTAKA LAUHA      21 : 5

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PIPPALYĀDI TAILA      8 : 29

Kaṭirujā

AJAMODĀDI CŪRNA 7 : 1

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PRASĀRINĪ TAILA 8 : 32

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SVARNABHŪPATI RASA 20 : 51

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HINGUVACĀDI CŪRNA 7 : 39

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GOROCANĀDI VATĪ 12 : 9

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RODHRAŚAVA (synonym :Lodhrāsava) 1 : 30

LOHĀSAVA 1 : 32

MADHUSNUHĪ RASĀYANA 3 : 19

HARIDRĀKHANDĀ 3 : 31

ĀRAGVADHĀDI KVĀTHA CŪRNA 4 : 3

TIKTAKA GHRTA 6 : 13

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NIMBĀDI CŪRNA 7 : 20

VRAṄNARĀKṢASA TAILA 8 : 56

SOMARĀJĪ TAILA 8 : 61

CANDRAPRABHĀ VATĪ 12 : 10

KALYĀNAKA GHRTA 6 : 7  
CANDANABALĀLĀKṢĀDI TAILA 8 : 15  
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RASOTTAMĀDI LEPA CŪRNA 11 : 9  
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CANDRODAYĀ VARTTI 13 : 3  
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BALĀDHĀTRYĀDI TAILA 8 : 35  
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KUMĀRYĀSAVA (A) 1 : 12

KUMĀRYĀSAVA (B) 1 : 13  
DAŚAMŪLĀRIṢṭA 1 : 18  
DRĀKṢĀRIṢṭA 1 : 20  
PIPPALYĀDYĀSAVA 1 : 22  
VĀSAKĀSAVA ( synonyms : Vāsakāriṣṭa, Vāsāriṣṭa) 1 : 33  
AGASTYA HARĪTAKĪ RASAYANA (Synonym : Agastya Harītakī) 3 : 1  
KŪSMĀNḍAKA RASĀYANA (Synonym: Kuṣmāṇḍa Khaṇḍa) 3 : 7  
GUDŪCYĀDI MODAKA 3 : 9  
CITRAKA HARĪTAKĪ 3 : 10  
CYAVANAPRĀŚA 3 : 11  
NĀRIKELA KHANDA 3 : 16  
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VIDĀRYĀDI KVĀTHA CŪRNA 4 : 31  
MAHA YOGARĀJA GUGGULU 5 : 6  
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CHĀGALĀDYA GHṚTA 6 : 10  
VIDĀRYĀDI GHṚTA 6 : 41  
NĀRASIM HA CŪRNA 7 : 18  
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CANDANĀDI TAILA 8 : 14  
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KAPARDIKĀ BHASMA      18 : 2  
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KAPHAKETU RASA      20 : 8  
MAHĀ LAKSMĪVILĀSA RASA      20 : 27  
LAGHU MĀLINĪVASANTA RASA      20 : 36  
PAÑCĀMRĀTA PARPATI      16 : 1  
VAJRA BHASMA      18 : 16  
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TRIPHALĀ GHRTA 6 : 14  
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Netravikāra

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KUṄKUMĀDI TAILA 8 : 8

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MAHA YOGARĀJA GUGGULU 5 : 6  
SIMHANĀDA GUGGULU 5 : 12  
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HUTABHUGĀDI CŪRNA 7 : 40  
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BRHAT GUDŪCĪ TAILA 8 : 38  
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MANḌŪRA BHASMA 18 : 9  
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CATURBUJA RASA 20 : 13  
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CATURMUKHA RASA 20 : 14  
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SVARNABHŪPATI RASA 20 : 51  
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MAHĀTIKTAKA GHRTA 6 : 34  
ELĀDI GHRTA 6 : 6  
CANDANABALĀLĀKṢĀDI TAILA 8 : 15  
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KĀSISĀDI GHRTA 6 : 8  
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SAPTASĀRA KVĀTHA CŪRNA 4 : 33

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BRHAT SAINDHAVĀDYA TAILA 8 : 40

ŚRĪNRPATIVALLABHA RASA 20 : 48

Prṣṭha Rujā

DAŚAMŪLA KATUTRAYA KVĀTHA CŪRNA 4 : 9  
AJAMODĀDI CŪRNA 7 : 1

Prṣṭha Stambha

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Paṅgu

VĀTĀRI GUGGULU 5 : 10  
SIMHANĀDA GUGGULU 5 : 12  
NĀRĀYANA TAILA 8 : 23

Paṅgutva

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MAHĀ NĀRĀYANA TAILA 8 : 45

Paṅguvāta

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Paṭala

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Paṭala Arbuda

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CANDRODAYĀ VARTTI 13 : 3

Paṭala Roga

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KUṄKUMĀDI TAILA      8 : 8

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MUKTĀDI MAHĀÑJANA 13 : 6

Pakṣāghāta

BR̥HANMAṄJIṢṬHĀDI KVĀTHA CŪRNĀ      4 : 24

RĀSNĀDI KVĀTHA CŪRNA (MAHĀ)      4 : 28

KĀRPĀSĀSTHYĀDI TAILA      8 : 6

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EKĀṄGAVĪRA RASA      20 : 6

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Pakṣmakopa

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KARPŪRA RASA 20 : 7

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NĀRASIM HA CŪRNA 7 : 18  
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BHRNGĀMALAKĀDI TAILA 8 : 41  
YAŚTIMADHUKA TAILA 8 : 47  
SŪRANA VATAKA 12 : 34  
DHĀTRĪ LAUHA 21 : 2

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TIKTAKA GHRTA 6 : 13

Parināma Śūla

KUMĀRYĀSAVA (A) 1 : 12  
DĀDIMĀDI GHRTA 6 : 19  
VAIŚ VĀNARA CŪRNA 7 : 30  
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Parikarta

NĀRĀYĀNA CŪRNA 7 : 19

Phakka Roga

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Piḍakā

TIKTAKA GHṚTA 6 : 13

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SOMARĀJĪ TAILA 8 : 61

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PIPPALYĀDI TAILA 8 : 29

Pipāsā

CYAVANAPRĀŚA 3 : 11  
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DRĀKṢĀDI KVĀTHA CŪRNĀ 4 : 13  
PRAMEHA MIHIRA TAILA 8 : 31

Pittārśa

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Pittatīsāra

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Pitta Dāha

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Pitta Jvara

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Pitta Roga

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RASAPUŚPA 15 : 5  
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Pittaja Śvāsa

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DHĀTRYĀDI GHRTA 6 : 21

Pittaja Roga

BALĀDHĀTRYĀDI TAILA 8 : 35

Pittavikāra

MADHŪKĀSAVA 1 : 25

NĀRASIMHA CŪRNA 7 : 18

DHĀTRYĀDI GHRTA 6 : 21

LAGHU MĀLINĪVASANTA RASA 20 : 36

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Pittavyādhī

PAÑCATIKTA GHRTA 6 : 26

Plīhā

RODHRĀSAVA (synonym :Lodhrāsava) 1 : 30  
 ROHĪTAKĀRĪṢṭA 1 : 31  
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 SAPTASĀRA KVĀTHA CŪRNA 4 : 33  
 ṢATPĀLA GHRTA Synonym- Pañcakolādi Ghṛta 6 : 42  
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 GANDHARVĀHASTA TAILA 8 : 12  
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 ABHRAKA BHASMA 18 : 1  
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 SUKUMĀRA GHRTA 6 : 44  
 HIṄGUVCĀDI CŪRNA 7 : 39  
 ELĀDI GUTIKĀ 12 : 3  
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 VAIŚ VĀNARA CŪRNA 7 : 30

ŚIVĀ GUTIKĀ (LAGHU) 12 : 28  
KĀŚIŚA BHASMA 18 : 3  
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ROHITAKA LAUHA 21 : 8  
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DAŚAMŪLA ṢATPALAKA GHRTA 6 : 17  
LAUHA PARPATI 16 : 4  
RAJATA BHASMA 18 : 13  
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CANDRAPRABHĀ VATĪ 12 : 10  
YAKRT ŠŪLAVINAŚINĪ VATIKĀ 12 : 24  
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Pradara

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BRHAT VĀTACINTĀMANI RASA 20 : 26

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CANDANĀDI TAILA 8 : 14

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 UŚIRĀSAVA 1 : 8  
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 TRAIKANṄTAKA GHRTA 6 : 15  
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 DHĀNVANTARA GHRTA 6 : 22  
 AVIPATTIKARA CŪRNA 7 : 2  
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ABHRAKA BHASMA 18 : 1  
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KAIŚORA GUGGULU 5 : 2  
NAVĀYASA CŪRNĀ 7 : 17  
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DHĀNVANTARA GHṚTA 6 : 22

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BRHAT GANGĀDHARA CŪRNA      7 : 25

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PIPPALYĀDI TAILA 8 : 29

AṢṭĀKṢARĪ GŪTIKĀ 12 : 2

RASAKARPŪRA 15 : 4

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KAPARDIKĀ BHASMA 18 : 2

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MAHĀ LAKṢMīVILĀSA RASA 20 : 27

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DAŚAMŪLA HARĪTAKĪ 3 : 14  
NĀRIKELA KHĀNDĀ 3 : 16  
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DHĀTRYĀDI GHṚTA 6 : 21  
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VĀSĀCANDANĀDI TAILA 8 : 54  
MUKTĀ PIṢṬI 17 : 4  
ABHRAKA BHASMA 18 : 1  
DHĀTRĪ LAUHA 21 : 2  
GUDŪCī SATTVA 14 : 1  
PAṄCĀMR̥TA PARPATI 16 : 1  
BOLA PARPATI 16 : 2  
TRṄAKĀNTAMANĪ PIṢṬI (Synonym Kaharubā Piṣṭi) 17 : 1  
ŚRĪNRPATIVALLABHA RASA 20 : 48

Raktapradara

DRĀKṢĀDI CŪRNĀ 7 : 16

BOLA PARPATĪ 16 : 2

TR̄NAKĀNTAMANĪ PIṢTĪ (Synonym Kaharubā Piṣṭī) 17 : 1

VAṄGA BHASMA 18 : 15

CANDRAKALĀ RASA 20 : 15

#### Raktapravāhikā

KARPŪRA RASA 20 : 7

TR̄NAKĀNTAMANĪ PIṢTĪ (Synonym Kaharubā Piṣṭī) 17 : 1

#### Raktaroga

VAJRAKA GHRTA 6 : 39

MUKTĀŚUKTI BHASMA 18 : 11

#### Raktasrāva

GAGANASUNDARA RASA 20 : 11

#### Raktavātaja Śopha

RĀSNAIRANDĀDI KVĀTHA CŪRNA 4 : 29

#### Raktavami

CANDRAKALĀ RASA 20 : 15

#### Raktavikāra

MADHŪKĀSAVA 1 : 25

SĀRIVĀDYĀSAVA 1 : 37

AŚVAGANDHĀDI LEHYA 3 : 2

KAPARDIKĀ BHASMA 18 : 2

HARITĀLA BHASMA 18 : 22

MAHĀ LAKŚMĪVILĀSA RASA 20 : 27

LAGHU MĀLINĪVASANTA RASA      20 : 36

Rujā

NĀRASIM̄ HA CŪRNA      7 : 18

Sāmadosha

JIRAKĀDI MODAKA      3 : 12

Sūtikā Jvara

LAUHA PARPATI      16 : 4

Sūtikā Roga

DHĀNVANTARA TAILA (Synonym Balā Taila)      8 : 22

SŪTIKĀBHARĀNA RASA 20 : 54

Sūtikā Vāta

VĀTAVIDHVAM̄ SANA RASA      20 : 45

Sūtikāroga

JIRAKĀDYARIŞTA 1 : 16

SAUBHĀGYAŚUNTHI      3 : 30

BṚHAT GARBHACINTĀMANI RASA      20 : 12

LAKŚMINĀRĀYANA RASA      20 : 38

Sañjñānāśa

GOROCANĀDI VATI      12 : 9

Samnyāsa

MĀNASAMITRA VATĀKA      12 : 21

Sahaja Arśoroga

PRĀṄADĀ GUTIKĀ      12 : 16

Samīpa Drṣṭi

MAHĀ TRIPHALĀDYA GHRTA 6 : 35

Sandhi Piḍā

AJAMODĀDI CŪRNA      7 : 1

Sandhigata Vāta

YOGARĀJA GUGGULU 5 : 7

PAṄCATIKTAGUGGULU GHRTA (Synonym Nimbādi Ghṛta) 6 : 27

BRHAT SAINDHAVĀDYA TAILA      8 : 40

Sannipāta Jvara

ĀNANDABHAIRAVA RASA      20 : 3

MRGAMADĀSAVA 1 : 27

MRTASAṄJĪVANĪ SURAĀ 1 : 28

HRDYAVIRECANA LEHA 3 : 32

AMR̄TOTTARA KVĀTHA CŪRNA (synonym: Nāgarādi Kvātha Cūrṇa)

4 : 1

CHINNODBHAVĀDI KVĀTHA CŪRNA 4 : 7

DĀRUNĀGARĀDI KVĀTHA CŪRNA 4 : 12

GOROCANĀDI VATĪ 12 : 9

CUKKUMTIPPALYĀDIGUTIKĀ 12 : 12

MUKKĀMUKKATUVĀDI GUTIKĀ 12 : 22

MRTASAṄJĪVANĪ GUTIKĀ 12 : 23

SAUBHĀGYA VATĪ 12 : 33

Bṛhat Kastūrībhairava Rasa 20 : 24

tribhuvanakīrti rasa 20 : 20

prabhākara rasa 20 : 23

sūcikābharaṇa rasa 20 : 53

### Sannipāta Roga

Lakṣmīnārāyaṇa rasa 20 : 38

Vātavidhvam sana rasa 20 : 45

Samīrapannaga rasa 15 : 8

śvāsakutthāra rasa 20 : 49

svarnabhūpati rasa 20 : 51

### Sarpa Viṣa

Mānasamitra vataKA 12 : 21

### Sarpadamṣṭa

Kāyasthādyā vartti 13 : 2

### Sarpadamśa

sañjīvanī vatī 12 : 35

### Saruja Vraṇa

Jātyādi Ghṛta synonym Vraṇa Śodhanādi Ghṛta 6 : 11

### Sarvāṅga Śotha

Punarnavāṣṭaka kvātha cūrṇa 4 : 22

### Sarvāṅga Grahana

MAHĀ VIṢAGARBHA TAILA 8 : 46

Sarvāṅga Kampa

RĀSNĀDI KVĀTHA CŪRNA (MAHĀ) 4 : 28

Sarvāṅga Vāta

DHĀNVANTARA TAILA (Synonym Balā Taila) 8 : 22

Sarvāṅgaśotha

PUNARNAVĀDI KVĀTHA CŪRNA 4 : 21

Sarvāṅga Graha

LAGHU VIṢAGARBHA TAILA 8 : 48

Sarva Śūla

SVARNABHŪPATI RASA 20 : 51

Sarva Bālaroga

ARAVINDĀSAVA 1 : 4

Sarva Dhātu Śosā

CANDANABALĀLĀKSĀDI TAILA 8 : 15

Sarva Jvara

CANDANABALĀLĀKSĀDI TAILA 8 : 15

BRĀHAT KASTŪRĪBHAIKHA RASA 20 : 24

MRTYUṄJAYA RASA 20 : 30

SARVAJVARAHARA LAUHA 21 : 12

TARUNĀRKA RASA 20 : 19

NAVARATNARĀJAMRGĀNKA RASA 20 : 21

Sarva Kṛcchra Sādhya Roga

PUNARNAVĀSAVA      1 : 23

Sarva Roga

SVARNASINDŪRA 15 : 10

Savrāṇa Śukra

TĀMRĀDI GUTIKĀ 13 : 4

DANTA VARTTI    13 : 5

Sidhma

NIMBĀDI CŪRNA 7 : 20

Sikatā Vartma

CANDRODAYĀ VARTTI 13 : 3

Skandha Śuskatā

ANU TAILA 8 : 1

Smṛti

SĀRASVATA GHRTA    6 : 43

Smṛti Bhramśa

VASANTAKUSUMĀKARA RASA 20 : 42

Smṛti Daurbalya

KALYĀNAKA GHRTA    6 : 7

Smṛti Kṣaya

KUMĀRYĀSAVA (A) 1 : 12

MAHĀ KALYĀNAKA GHRTA 6 : 33

AMRTABHALLĀTAKA GHRTA-Synonym Amṛtabhallātaka Pāka . 6 : 3

BRĀHMĪ GHRTA 6 : 32

Smṛtibhrama

BRAHMA RASĀYANA 3 : 20

Smṛtiḥāni

SVARNA BHASMA 18 : 20

Smṛtikṣīṇa

SĀRASVATĀRIṢṭA 1 : 36

Smṛtināśa

GOROCANĀDI VATĪ 12 : 9

Snāyu Bhagna

MAHĀ NĀRĀYANA TAILA 8 : 45

Snāyudaurbalya

SVARNA BHASMA 18 : 20

Snāyuvāta

TRAYODAŚĀNGA GUGGULU 5 : 4

Somaroga

GUDŪCYĀDI MODAKA 3 : 9

VASANTAKUSUMĀKARA RASA 20 : 42

Sparśā Śūnyatā

MAHĀ VIṢAGARBHA TAILA 8 : 46

Sphoṭa

RASAKARPŪRA 15 : 4

KAPARDIKĀ BHASMA 18 : 2

Sphoṭaka

JĀTYĀDI TAILA 8 : 17

Stanaśūla

HINGVĀDI CŪRNA 7 : 38

Stanyadvesa

KUMĀRAKALYĀNA RASA 20 : 9

Sthāvara Visa

ŚRĪNRPATIVALLABHA RASA 20 : 48

Sthūlatā

RASASINDŪRA 15 : 6

Sthaulya

AYASKRTI 1 : 3

RODHĀRĀSAVA (synonym :Lodhrāsava) 1 : 30

NYAGRODHĀDI KVĀTHA CŪRNA 4 : 16

TRIKATU CŪRNA 7 : 14

TĀMRA BHASMA 18 : 5  
MAHĀ LAKṢMĪVILĀSA RASA 20 : 27  
LAKṢMĪVILĀSA RASA (NĀRADĪYA) 20 : 39

Strīoga

CANDRAPRABHĀ VATĪ 12 : 10  
MAHĀ LAKṢMĪVILĀSA RASA 20 : 27

Supta Vāta

VIŚATINDUKA TAILA 8 : 55

Suptajihvatva

SITOPALĀDI CŪRNA 7 : 34

Svapnadoṣa

VĀNGA BHASMA 18 : 15

Svara Kṣaya

CHĀGALĀDYA GHRTA 6 : 10  
BHRNGĀMALAKĀDI TAILA 8 : 41

Svarabhedā

KŪSMĀNDĀKA RASĀYANA (Synonym: Kuṣmāṇḍa Khanḍa) 3 : 7  
CYAVANAPRĀŚA 3 : 11  
BHĀRNĀGĪ GUDĀ 3 : 22  
KṢIRABALĀ TAILA 8 : 11  
ELĀDI GUTIKĀ 12 : 3  
SVARNA BHASMA 18 : 20  
ŚRĪNRPATIVALLABHA RASA 20 : 48

Svarahīna

AMRTAPRĀŚA GHRTA 6 : 2

Svarakārśya

SĀRASVATĀRISTA 1 : 36

Tūni

AJAMODĀDI CŪRNA 7 : 1

Trt

PŪGAKHĀNDA 3 : 17

SAUBHĀGYA VATĪ 12 : 33

ŚRĪNRPATIVALLABHA RASA 20 : 48

Trṣṇā

KŪŚMĀNDĀKA RASĀYANA (Synonym: Kuśmānda Khaṇḍa) 3 : 7

TRĀYANTYĀDI KVĀTHA CŪRNA 4 : 8

NYAGRODHĀDI KVĀTHA CŪRNA 4 : 16

SADAṄGA KVĀTHA CŪRNA 4 : 32

TIKTAKA GHRTA 6 : 13

GRAHĀNĀMIHIRA TAILA 8 : 13

ELĀDI GUTIKĀ 12 : 3

AMRTAPRĀŚA GHRTA 6 : 2

PLĀHĀRI VATIKĀ 12 : 17

JVARĀRYABHRA 20 : 18

Tamaka Śvāsa

NĀYOPĀYAM KVĀTHA CŪRNA 4 : 14

BALĀJĪRAKĀDI KVĀTHA CŪRNA 4 : 23

ŚIVĀ GUTIKĀ (LAGHU) 12 : 28

MALLASINDŪRA 15 : 3

Tandrā

BRĀHMA RASĀYANA 3 : 20

ŚRĪNRPATIVALLABHA RASA 20 : 48

Taruṇa Jvara

TRIBHUVANAKĪRTI RASA 20 : 20

Tilaka

KŪNKUMĀDI TAILA 8 : 8

Timira

JĪVANTYĀDI GHRTA 6 : 12

TIKTAKA GHRTA 6 : 13

TRIPHALĀ GHRTA 6 : 14

MAHĀ TRIPHALĀDYA GHRTA 6 : 35

PATOLĀDI GHRTA 6 : 28

ELANĪR KUZAMBU (NĀLIKERAÑJANA) 13 : 1

CANDRODAYĀ VARTTI 13 : 3

TĀMRĀDI GUTIKĀ 13 : 4

VIMALA VARTTI 13 : 8

SAPTĀMRTA LAUHA 21 : 11

To prevent post delivery problems of impaired lactation, body pains, arthritis, fever, oedema and kāsa

SAUBHĀGYAŚUNĀTHI 3 : 30

Tridosajātīsāra

SŪTAŠEKHARA RASA 20 : 52

Trika Śūla

HINGUVACĀDI CŪRNA 7 : 39

Trika Śopha

RĀSNAIRANDĀDI KVĀTHA CŪRNA 4 : 29

Trika Rujā

DAŚAMŪLA KATUTRAYA KVĀTHA CŪRNA 4 : 9

Tvagdosa

VAJRAKA TAILA 8 : 53

Tvagrakta dosa

RASAKARPŪRA 15 : 4

Tvagroga

TRIKATŪ CŪRNA 7 : 14

NĀLPĀMARĀDI TAILA1 8 : 24

ABHRAKA BHASMA 18 : 1

MAHĀ LAKSMĪVILĀSA RASA 20 : 27

Tvakrauksya

ANU TAILA 8 : 1

Udāvarta

KUMĀRYĀSAVA (A) 1 : 12  
MRDVĪKĀRİŞTA 1 : 29  
CITRAKA HARĪTAKĪ 3 : 10  
MAHA YOGARĀJA GUGGULU 5 : 6  
GANDHARVAHASTA TAILA 8 : 12  
BRHAT GUĐUCĪ TAILA 8 : 38  
KALYĀNA KṢĀRA 10 : 6  
LAUHA PARPAṬI 16 : 4  
SVARNABHŪPATI RASA 20 : 51  
SŪTAŠEKHARA RASA 20 : 52

Udakodara

DAŚAMŪLAPANÇAKOLĀDI KVĀTHA CŪRNĀ 4 : 11

Udara

ABHAYĀRİŞTA 1 : 1  
KUMĀRYĀSAVA (A) 1 : 12  
KUMĀRYĀSAVA (B) 1 : 13  
DANTYĀDYARIŞTA 1 : 17  
DAŚAMŪLĀRİŞTA 1 : 18  
PIPPALYĀDYĀSAVA 1 : 22  
PUNARNAVĀSAVA 1 : 23  
ĀVITTOLĀDI BHASMA (KṢĀRA) 10 : 4  
ROHĪTAKĀRİŞTA 1 : 31  
KALYĀNAKA GUĐA 3 : 5  
GUĐAPIPPALI 3 : 8  
JĪRAKĀDI MODAKA 3 : 12  
DANTĪ HARĪTAKĪ 3 : 13  
MĀÑIBHADRA YOGA (synonym: Mañībhadra Guđa) 3 : 23

ŚIVĀ GUTIKĀ 3 : 28  
SAPTASĀRA KVĀTHA CŪRNA 4 : 33  
MAHA YOGARĀJA GUGGULU 5 : 6  
SAPTA VIMŚATIKA GUGGULU 5 : 11  
SIMHANĀDA GUGGULU 5 : 12  
TIKTAKA GHRTA 6 : 13  
ṢATPALA GHRTA Synonym- Pancakolādi Ghṛta 6 : 42  
SUKUMĀRA GHRTA 6 : 44  
NĀRASIM HA CŪRNA 7 : 18  
NIMBĀDI CŪRNA 7 : 20  
BHĀSKARA LAVANA CŪRNA (Synonym Lavanabhāskara Cūrṇa) 7 : 27  
GANDHARVAHASTA TAILA 8 : 12  
DUGDHA VATĪ 12 : 13  
INDUKĀNTA GHRTA 6 : 5  
YAVĀNYĀDI CŪRNA Synonm Kapitthāṣṭaka Cūrṇa 7 : 7  
VAIŚ VĀNARA CŪRNA 7 : 30  
HINGVĀDI CŪRNA 7 : 38  
PANAVIRALĀDI BHASMA (KṢĀRA) 10 : 8  
YAVA KṢĀRA 10 : 11  
VAJRA KṢĀRA 10 : 12  
ŚULAVAJRINĪ VATIKĀ 12 : 31  
ABHRAKA BHASMA 18 : 1  
HARITĀLA BHASMA 18 : 22  
BRHAT NRPAVALLABHA RASA 20 : 25  
MAHĀ LAKSMĪVILĀSA RASA 20 : 27  
LAKSMĪVILĀSA RASA (NĀRADĪYA) 20 : 39  
VARISOSĀNA RASA 20 : 47  
ŚRINRPATIVALLABHA RASA 20 : 48  
YAKRDĀRI LAUHA 21 : 7

VAJRA BHASMA 18 : 16

NAVARATNARĀJAMRGĀNKA RASA 20 : 21

SVARṄABHŪPATI RASA 20 : 51

Udaraśūla

APĀMĀRGA KṢĀRA 10 : 2

MUKTĀŚUKTI BHASMA 18 : 11

Udararoga

KARPŪRĀSAVA 1 : 10

DAŚAMŪLAPĀNCAKOLĀDI KVĀTHA CŪRNĀ 4 : 11

PUNARNAVĀDI KVĀTHA CŪRNĀ 4 : 21

PUNARNAVĀṢṭAKA KVĀTHA CŪRNĀ 4 : 22

YOGARĀJA GUGGULU 5 : 7

DĀDHika GHRTA 6 : 20

MAHĀ PAÑCAGAVYA GHRTĀ 6 : 36

NĀRĀYAṄA CŪRNĀ 7 : 19

PAṄCASAMA CŪRNĀ 7 : 22

BHALLĀTAKA RASĀYANA 7 : 26

HINGUTRIGUNĀ TAILA 8 : 62

ŚAṄKHA DRĀVAKA 9 : 1

ARKA LAVĀṄA 10 : 1

KALYĀṄA KṢĀRA 10 : 6

TĀMRA BHASMA 18 : 5

ICCHĀBHEDI RASA 20 : 5

DAŚAMŪLAṢATPALAKA GHRTA 6 : 18

LOHA BHASMA 18 : 14

Udararujā

ROHĪTAKĀRĪŞTA 1 : 31

Udarda

HARIDRĀKHANDĀ 3 : 31

Ugra Atīśāra

AHIPHENĀSAVA 1 : 7

Unmāda

AŚVAGANDHĀDYARIŞTA 1 : 6

JATĀMĀMSYĀRKA 2 : 3

ŚIVĀ GUTIKĀ 3 : 28

SAPTAVIMŚATIKA GUGGULU 5 : 11

TIKTAKA GHRTA 6 : 13

DĀDHika GHRTA 6 : 20

CANDANĀDI TAILA 8 : 14

BALĀŚVAGANDHALĀKŚĀDI TAILA 8 : 36

SAHACARĀDI TAILA 8 : 59

DHĀTRYĀDI GHRTA 6 : 21

DHĀNVANTARA GHRTA 6 : 22

PAṄCAGAVYA GHRTA 6 : 25

BRĀHMī GHRTA 6 : 32

TUṄGADRUMĀDI TAILA 8 : 19

MAHĀ NĀRĀYĀNA TAILA 8 : 45

MĀNASAMITRA VĀTAKA 12 : 21

KĀYASTHĀDYA VARTTI 13 : 2

MUKTĀ PIŞTī 17 : 4

YOGENDRA RASA 20 : 31

SVARNA BHASMA 18 : 20

SVARNA BHASMA	18 : 20
CATURBUJA RASA	20 : 13
CATURMUKHA RASA	20 : 14
CINTĀMANI CATURMUKHA RASA	20 : 17

#### Upadamśa

SĀRIVĀDYĀSAVA	1 : 37
AŚVAGANDHĀDI LEHYA	3 : 2
BRĀHMANMAṄJIṢṬHĀDI KVĀTHA CŪRNĀ	4 : 24
KĀSISĀDI GHRTA	6 : 8
ŚRĪNRPATIVALLABHA RASA	20 : 48

#### Upadamśaja Vraṇa

TUTTHĀDI LEPA	11 : 5
SINDŪRĀDI LEPA	11 : 12

#### Upajihvikā

NILIKĀDYA TAILA	8 : 25
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#### Urahksata

DRĀKSĀRISTA	1 : 20
KŪŚMĀṄDAKA RASĀYANA (Synonym: Kuśmāṅda Khaṇḍa)	3 : 7
VIDĀRYĀDI GHRTA	6 : 41
CHĀGALĀDYA GHRTA	6 : 10
VĀSĀCANDANĀDI TAILA	8 : 54
VAIKRĀNTA BHASMA	18 : 17

#### Urastoya

VĀRIŚOṢĀNA RASA	20 : 47
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ŚR̥NGA BHASMA 18 : 19

Urograha

MAHA YOGARĀJA GUGGULU 5 : 6

Uroroga

CYAVANAPRĀŚA 3 : 11

CHĀGALĀDYA GHṚTA 6 : 10

used as a Rasāyana

GUDŪCYĀDI MODAKA 3 : 9

ŚATĀVARĪ GUDA 3 : 27

Used as Balya, Rasāyana, Vājīkaraṇa

AŚVAGANDHĀDI LEHYA 3 : 2

Used as Rasāyana

AGASTYA HARĪTAKĪ RASAYANA (Synonym : Agastya Harītakī) 3 : 1

MADHUSNUHĪ RASĀYANA 3 : 19

MAHA YOGARĀJA GUGGULU 5 : 6

KṢĪRABALĀ TAILA 8 : 11

AMRTABHALLĀTAKA GHṚTA-Synonym Amṛtabhallātaka Pāka . 6 : 3

ELĀDI GHṚTA 6 : 6

BRŪHAT PHALA GHṚTA 6 : 31

ABHRAKA BHASMA 18 : 1

used as Rasāyana, Medhya, Smṛtiprada

CYAVANAPRĀŚA 3 : 11

used as Rasāyana, Vājīkara, Medhya, Smṛtivardhaka

SVARNA BHASMA 18 : 20

Used as Vājīkara and Rasāyana

NĀRASIMHA GHRTA RASAYANA 6 : 23

MAKARA DHVAJA 15 : 2

used as Vṛṣya Rasāyana Medhya

SŪRANA VATAKA 12 : 34

Used as Virecaka

DANTĪ HARĪTAKĪ 3 : 13

used in Pum̄savānakriyā

KALYĀNAKA GUḍA 3 : 5

Utkleśa

DANTĪ HARĪTAKĪ 3 : 13

Vājīkarana

MAHĀ LAKŚMIVILĀSA RASA 20 : 27

Vākdosa

MĀNASAMITRA VATAKA 12 : 21

Vāksvara Bhanga

BRĀHMĪ GHRTA 6 : 32

Vāta Ślesma Roga

PRASĀRINĪ TAILA      8 : 32

Vāta Gulma

DĀDHIIKA GHRTA 6 : 20

PRABHAÑJANA VIMARDANA TAILA 8 : 30

Vāta Kapha Jvara

KASTŪRYĀDI (VĀYU) GUTIKĀ 12 : 4

TRIBHUVANAKIRTI RASA 20 : 20

Vāta Kapha Roga

DAŚAMŪLA GHRTA 6 : 16

DĀDIMĀDI GHRTA 6 : 19

LAGHVĀNANDA RASA 20 : 37

Vāta Kaphaja Gulma

BHĀSKARA LAVĀNA CŪRNA (Synonym Lavanabhāskara Cūrṇa) 7 : 27

Vāta Kaphaja Roga

SŪRANA VATAKA 12 : 34

MALLASINDŪRA 15 : 3

MAHĀ VĀTAGAJĀNKUŚA RASA 20 : 28

ŚVĀSAKUTHĀRA RASA 20 : 49

Vāta Pittaja Roga

BRHAT VĀTACINTĀMANI RASA 20 : 26

Vāta Vaigunya

KASTŪRYĀDI (VĀYU) GUTIKĀ 12 : 4

Vāta Vidradhi

PRABHAṄJANA VIMARDANA TAILA 8 : 30

Vāta Vyādhi

KUMĀRYĀSAVA (B) 1 : 13

DAŚAMŪLĀRIṢṭA 1 : 18

PRAMEHA MIHIRA TAILA 8 : 31

BALĀ TAILA 8 : 33

SAHACARĀDI TAILA 8 : 59

PAṄCATIKTA GHRTA 6 : 26

VIṢATINDUKA TAILA 8 : 55

NAVARATNARĀJAMRGĀNKA RASA 20 : 21

Vātaśūla

RĀSNAIRANDĀDI KVĀTHA CŪRNA 4 : 29

KĀNTAVALLABHA RASA 15 : 1

Vātaślesma Jvara

RASAMĀNIKYA 20 : 33

Vātaślesma Pratiśyāya

JĀTĪPHALĀDYA CŪRNA 7 : 12

Vātaślesmajaksaya

RĀJAMRGĀNKA RASA 20 : 35

Vātaśonita

ŚIVĀ GUTIKĀ 3 : 28

KAIŚORA GUGGULU      5 : 2

Vātaja Śūla

SĀMUDRĀDYA CŪRNA 7 : 33

VĀTAVIDHVAM SANA RASA 20 : 45

Vātaja Śirorujā

KACCŪRĀDI CŪRNA 11 : 2

Vātaja Grahanī

VĀTAVIDHVAM SANA RASA 20 : 45

Vātaja Kāsa

DAŚAMŪLA GHRTA 6 : 16

Vātajaroga

BALĀRISTA 1 : 24

Vātakaphaja Grahanī

KADALĪ KṢĀRA 10 : 5

Vātakapharoga

AJAMODĀRKA 2 : 1

TRAYODAŚĀNGA GUGGULU 5 : 4

Vātakundalikā

GUDŪCYĀDI MODAKA 3 : 9

Vātapitta Jvara

DRAKṢĀDI KVĀTHA CŪRNĀ 4 : 13

Vātapitta Roga

ŚATĀVARĪ GUDA 3 : 27

YOGENDRA RASA 20 : 31

CANDRAKALĀ RASA 20 : 15

Vātapittaja Vastiropa

VASTYĀMAYĀNTAKA GHRTA 6 : 40

Vātarakta

SĀRIVĀDYĀSAVA 1 : 37

CYAVANAPRĀŚA 3 : 11

MADHUSNUHĪ RASĀYANA 3 : 19

BRĀHMANMAÑJIṢṬHĀDI KVĀTHA CŪRNĀ 4 : 24

RĀSNAIRANDĀDI KVĀTHA CŪRNĀ 4 : 29

GOKṢURĀDI GUGGULU 5 : 3

MAHA YOGARĀJA GUGGULU 5 : 6

VĀTĀRI GUGGULU 5 : 10

SIMHĀNĀDA GUGGULU 5 : 12

MAHĀTIKTAKA GHRTA 6 : 34

NIMBĀDI CŪRNĀ 7 : 20

KUṢṬHARĀKṢASA TAILA 8 : 9

KṢĪRABALĀ TAILA 8 : 11

BALĀGUDŪCYĀDI TAILA 8 : 34

BRĀHAT GUDŪCĪ TAILA 8 : 38

SOMARĀJĪ TAILA 8 : 61

AMRTĀ GHRTA 6 : 1

KĀSISĀDI GHRTA 6 : 8

DHĀTRYĀDI GHRTA 6 : 21  
DHĀNVANTARA GHRTA 6 : 22  
PAÑCATIKTAGUGGULU GHRTA (Synonym Nimbādi Ghṛta) 6 : 27  
SUKUMĀRA GHRTA 6 : 44  
MADHUYAŚTYĀDI TAILA 8 : 44  
VIŚATINDUKA TAILA 8 : 55  
GRĀDHŪMĀDI LEPA 11 : 4  
HARITĀLA BHASMA 18 : 22  
VĀTARAKTĀNTAKA RASA 20 : 44  
NAVARATNARĀJAMRGĀNKA RASA 20 : 21  
ŚRĪNRPATIVALLABHA RASA 20 : 48

#### Vātaraktarujā

PINḌA TAILA 8 : 28

#### Vātaroga

AŚVAGANDHĀDYARIṢṭA 1 : 6  
DEVADĀRVĀRIṢṭA 1 : 19  
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RĀSNĀDI KVĀTHA CŪRNĀ 4 : 27  
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MAHA YOGARĀJA GUGGULU 5 : 6  
SIMHANĀDA GUGGULU 5 : 12  
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MIŚRAKA SNEHA 6 : 37  
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KOTTAMCUKKĀDI TAILA	8 : 10
KŚIRABALĀ TAILA	8 : 11
PRABHAÑJANA VIMARDANA TAILA	8 : 30
BALĀDHĀTRYĀDI TAILA	8 : 35
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KALYĀNAKA GHRTA 6 : 7  
DHĀTRYĀDI GHRTA 6 : 21  
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BRĀHAT PHALA GHRTA 6 : 31  
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HINGUTRIGUNĀ TAILA      8 : 62

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BR̥HATMĀṢA TAILA 8 : 39  
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LAŚUNĀDI VATĪ 12 : 27  
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DHĀNVANTARA GHṚTA 6 : 22  
CATURJĀTA CŪRNA 7 : 10  
MRTASAÑJĪVANĪ GUTĪKA 12 : 23  
ABHRAKA BHASMA 18 : 1  
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SVARNA BHASMA 18 : 20  
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TRIPHALĀ GHRTA	6 : 14
MAHĀ PAÑCAGAVYA GHRTĀ	6 : 36
CANDANĀDI TAILA	8 : 14
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TRIPHALĀ CŪRNA	7 : 15
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SUKUMĀRA GHṚTA 6 : 44  
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SĀMUDRĀDYA CŪRNA 7 : 33

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TRIPHALĀ GHRTA 6 : 14

MAHĀTIKTAKA GHRTA 6 : 34

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KĀSISĀDI GHRTA 6 : 8

PAṬOLĀDI GHRTA 6 : 28

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KĀŚIŚA BHASMA 18 : 3

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CATURBUJA RASA 20 : 13

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HARIDRĀKHANDĀ 3 : 31  
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SINDŪRĀDI LEPA 11 : 12  
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Vyādhikarśita Naṣṭaśukra

AMṚTAPRĀŚA GHRTA 6 : 2

Vyāṅga

TIKTAKA GHRTA 6 : 13

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SUDARŚANA CŪRNA 7 : 35

ŚAṄKHA BHASMA 18 : 18

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ABHAYĀ LAVANA 10 : 3

LOKANĀTHA RASA 20 : 40

Yakṛt roga

TĀMRA BHASMA 18 : 5

ŚRĪNRPATIVALLABHA RASA 20 : 48

Yakṛtvṛddhi

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DANTYĀDYARIṢṭA 1 : 17

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CANDANĀDI TAILA 8 : 14

DHĀNVANTARA GUTIKĀ 12 : 14

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Yoniroga

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RĀSNĀDI KVĀTHA CŪRNA (MAHĀ)      4 : 28  
MAHĀ KALYĀNAKA GHRTA      6 : 33  
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