

# THE AYURVEDIC FORMULARY OF INDIA

## PART-II

### PDF — PART 'B'

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## PARIBHĀṢĀ (Glossary of Technical Terms)

## 1. SĀMĀNYA PARIBHĀṢĀ

Sl.No	Name of Paribhasha	Reference Book & Chapter (Adhikara), Verse No.
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8	PRAKSEPA	
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24	TAKRA	Suśruta Saṃhitā, Sūtrasthāna, Adhyāya 45 ; 85
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3	CŪRṆA	Paribhāṣā Pradīpa, Khaṇḍa 2 ; 15
4	PUṬA PĀKA SVARASA	Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 1 ; 22-24 1/2
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6	VĀLUKĀ YANTRA (Syn. Lavaṇa Yantra)	Rasatarāṅgiṅī, Taraṅga 4 ; 29-31
7	TIRYAK PĀTANA YANTRA	Ayurveda Prakāśa, Adhyāya 1 ; 79-81 1/2

#### 1. SĀMĀNYA PARIBHĀṢĀ

##### ANUPĀNA

तत्तद्रोगघ्नभेषज्यं भेषजस्यानुपीयते ।

यच्च साहाभ्यकारि स्यादनुर्पानं तदुच्यते ॥२००॥

(Rasatarāṅgiṅī, Taraṅga 6 ; 200)

Anupāna is an adjunct administered either alongwith or just after the principal medicine, to enhance its therapeutic action. (When administered with the principal medicine it is described as Sahapna, though in practice, the term anupāna connotes both.)

##### AMRTĪKARAṆA

लोहादीनां मृतानां वैशिष्ट दोषापनुत्तये ।

क्रियते यस्तु संस्कार अमृतीकरणं मतम् ॥५८॥

(Rasatarāṅgiṅī, Taraṅga 2 ; 58)

Amṛtīkarana is a process adopted to remove the residual daṣās and to enhance the therapeutic action of drugs, as in the case of tāmra bhasma.

### KŪPĪPĀKA

kūpīpāka is a process by which, formulations are prepared in a kāca kūpī which is heated as directed.

### DHĀLANA

द्रुत लोहस्य निक्षेपो द्रवे तद् ढालनं स्मृतम् ॥४१॥

(Dravyaguṇa Vijanāna, Paribhāṣākhaṇḍa, Adhyāya 4 ; 41)

Dhālana is the process of pouring molten metals into the liquid specified.

### DHŪPANA

Dhūpana means the process of fumigating a pot or a vessel with the prescribed drugs.

### NIRVĀPAṆA/NIMAJJANA

(Rasendracūdāmaṅī, Adhyāya 4 ; 77)

Nirvapāna / Nimajjana is the process of immersing the heated solid ingredients in a liquid specified.

### NIRUTTHA/APUNARBHAVA

गुडगुञ्जां सुखव स्पर्श-मध्याज्यैः सहयोजितम् ।  
नायाति प्रकृतिं ध्मानादपुनर्भवमुच्यते ॥३८॥  
रौप्येण सहसंयुक्तं ध्यातं रौप्येणनो लगेत् ।  
तदानिरुत्थामित्युक्तं लोहं तदपुनर्भवम् ॥३९॥

(Dravyaguṇavijnāna, Paribhāṣā Khaṇḍa, Adhyāya 4 ; 38&39)

Niruttha/Apunarbhava is the condition of bhasma from which it cannot be

reverted to its metallic form even if mixed with mitrapañcaka and heated with the temperature at which the bhasma is prepared.

### PRAKṢEPA

Prakṣepa is the fine powder of drugs added to a kalpa such as leha, āsvāriṣṭa etc.

### PRATINIDHI DRAVYA

Pratinidhi Dravya is a substitute drug as described in Ayurvedic classical texts to be used only when the original drug is not available. No substitute is permissible in the case of principal drug in the formula.

### BHĀNUPĀKA

वराक्वाथयुतं लोहं भानोः प्रखरभानुभिः ।  
शुष्यन् विपच्यते यस्साद् भानुपाकस्ततः स्मृतः ॥२१॥

(Rasatarāṅgiṅī, Tarāṅga 20 ; 21)

Bhānupāka is the process of evaporating the moisture of Kvātha by exposure to sun.

### BHĀVANĀ

यच्चूर्णितस्य धात्वादेर्द्रवैः सम्पेष्य शोषणम् ।  
भावनं तन्मतं विज्ञैर्भावना च निगद्यते ॥४९॥

(Rasatarāṅgiṅī, Tarāṅga 2 ; 49)

Bhāvanā is the process by which powders of drugs are ground to a soft mass with liquid substances and allowed to dry.

### MARDANA

Mardana is the process of trituration of drugs to a fine state of division with or without prescribed liquid.

### MĀRANA

शोधितां लौहधात्वादीन् विमर्द्य स्वरसादिभिः ।

अग्निसंयोगतो भस्मीकरणं मारणं स्मृतम् ।।

(Praribhāṣā Prabandha)

Māraṇa is the process by which metals and minerals are ground with liquids (svarasa, etc.) and when dry reduced to bhasma by heat.

MŪṢĀ

शिखित्रकैर्दग्धतुषैः शणेन सलदिक दण्ड सुकुट्टिता च ।  
यामृत्तिका तदिवहिता तु मूषा सामान्य मूषा कथिता रसज्ञैः ।।७।।

(Rasatarāṅgiṇī, Tarāṅga 3 ; 7)

Mūṣā (Crucible) is a special kind of vessel used in satvapātana etc. It is ordinarily prepared with burnt husk, china clay etc. after making them into a soft pulp.

SARĀVA

Sarāva is a saucer shaped shallow earthen vessel.

ŚODHANA

Śodhana is the process of removal of impurities and potentiation of drugs.

STHĀLĪ PĀKA

त्रिफला क्वथितोपेतं लोहं स्थाल्यां खराग्निना ।  
शुष्यन् विपच्यते यस्मात् स्थालीपाकस्ततः स्मृतः ।।२५।।

(Rasatarāṅgiṇī, Tarāṅga 20 ; 25)

The Pāka of lauha made with triphalā kvātha in a sthālī (ironpan) on strong fire is called Sthālīpāka.

SANDHĀNA

केवलं द्रव द्रव्यं वा भेषजन्नादि संयुक्तम् ।  
चिरकालस्थितं वैधः सन्धानं परिकीर्तितम् ।।

(Paribhāṣā Prabandha)

Sandhāna is the process of fermentation of liquids either along or with drugs, by

keeping them in a closed vessel for a specified time.

### SANDHI LEPANA

मूषादीनां तु यत्सन्धौ किट्टाद्यैः स्याद्विलेपनम् ।  
तत्सन्धिलेपनं ख्यातं तच्चोक्तं सन्धिबन्धनम् ॥५॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 5)

Sandhi Lepana is called sealing the edges of a vessel, with the lid on, at the point of contact, with a paste of clay and cloth.

### SVĀNGAŚĪTA

ज्वलनस्थितमेवेह शीतलत्वमुपैति यत् ।  
स्वांगशीतं तदुद्दिष्टं स्वतः शीतञ्चतन्मतम् ॥४७॥

(Rasatarāṅgiṅī, Taraṅga 2 ; 47)

When heated materials attain atmospheric temperature is sit, it is called svāṅgaśīta.

### KAJJALĪ

निर्द्रवैर्धातुभिश्चाथ गन्धादिभिः ॥  
पेषितः पारदः श्लक्ष्णतां प्रापितः ।  
कज्जलाभो यदा जायतेऽसौ तदा,  
नामतः कोविदेः कज्जलीत्युच्यते ॥२७॥

(Rasatarāṅgiṅī, Taraṅga 2 ; 27)

When Sulphur (gandhaka) is added to Mercury (Pārada) and triturated without adding any liquid till it becomes a very fine black powder, it is called kajjalī.

### KĀÑJIKA

अन्नं शाल्यादिसंसिद्धं प्रक्षिप्तं त्रिगुणे जले ।  
धान्याम्लं सन्धितं प्रोक्तमारनालं च काञ्जिकम् ।  
शालि कोद्रवमण्डैर्वा सन्धिते काञ्जिकं भवेत् ॥

(Paribhāṣā Pradīpa)

Powder of Āśudhānya such as Kulmāṣā, Ṣaṣṭhika rice, etc., along with small



quantity of white radish (mūlaka), cut into pieces 768g) are placed in an earthen pot and 3.72 Litres of water is added. The mouth of the pot is closed and kept for two three weeks during which period the fluid becomes sour. This sour fluid is called Kāñjika, Dhānyāmla or Āranāla.

#### CŪRṆODAKA / SUDHODAKA

रक्तिदयोन्मितं चूर्णं पञ्चतोलकसम्मिते ।  
जलेविनिक्षिपेत्प्राज्ञस्त्रियामं स्थापयेद् बुधः ॥२१६॥  
ततः सारकं पत्रेण सारयेत्काचपात्रके ।  
चूर्णोदकमिति ख्यातं तथैव च सुधोदकम् ॥२१७॥

(Rasatarāṅginī, Tarāṅga 21 ; 216-217)

The filtrate obtained by mixing 60 ml. of water with 250 mg. of lime powder, keeping for 9 hours and then filtering after decantation, is called cūrṇodaka or sudhodaka.

#### TAKRA

मन्थनादिपृथग्भूतं स्नेहं मधोर्दकं च यत् ।  
नाति सान्द्रद्रवं तक्रं स्वाद्वम्लं तुवरं रसे ॥८५॥

(Suśruta Saṃhitā, Sūtrasthāna, Adhyāya 45 ; 85)

Takra is the liquid obtained by adding equal quantity of water to curd (dadhi) and diluting the same by churning.

#### TANḌULODAKA

कण्डितं तण्डुलपलं जलेऽष्टगुणिते क्षिपेत् ।  
भावयित्वा जलं ग्राह्यं देयं सर्वत्र कर्मसु ॥२९॥

(Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 1 ; 29)

Tanḍulodaka is the liquid obtained by mixing 48g. of rice with 385 ml. of water keeping for two hours and thereafter decanting.

#### TUṢĀMBU

तुषाम्बु सन्धितं ज्ञेयमामैर्विदलितैर्यवेः ॥

(Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 10 ; 20 1/2)

Tuṣāmbu is the decanted liquid obtained from a mixture of equal quantity of crushed barley and warm water kept over night.

**DADHI**

श्रुतात् क्षीरात्तु यजजातं गुणवद्धि तत् स्मृतम् ।।७७।।

(Suśruta, Saṃhitā Sūtrasthāna, Adhyāya 45 ; 77)

Curd obtained from boiled milk is called Dadhi.

**PARPAṬĪ**

संद्राविता कज्जलिकाग्नियोगात् सम्भापलाशे चिपटीकृताच ।  
रसागमज्ञैः खलुपर्पटी सा प्रकीर्तिता पर्पटिका च सैव ।।४२।।

(Rasatarāṅgiṇī, Taraṅga 2 ; 42)

Parpaṭī is a thin flake prepared out of melted kajjalī.

**MASTU**

दध्नो मण्डस्तु मस्त्विति ।

(Paribhāṣā Prabandha)

Mastu is the liquid separated from curd.

**YŪṢA**

कल्क द्रव्यं पलं शुण्ठी पिप्पली चार्धकार्षिकी ।  
वारिंप्रस्थेन विपचेत्स द्रवो यूष उच्यते ।।१७२।।

(Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 2 ; 172)

Yūṣa is a fluid preparation obtained by boiling 48 g. of Primary substance (Pradhāna dravya) with 38 g. each of śuṅṭhī and pippalī in 768 ml. of water till the primary substance is cooked, and the mixture is strained.

**LĀKṢĀ RASA**

षडगुणेनाऽम्भसा लाक्षा दोलायन्त्रे ह्युपस्थिता ।

त्रिसप्तधा परिस्त्राव्या लाक्षारसमिदं विदुः ॥६९॥

(Paribhāṣā Pradīpa 2 ; 69)

Lākṣārāsa is the liquid obtained by subjecting the bundled mass of lākṣā in six times of water in dolāyantra and straining it twenty one times.

SURĀ AND PRASANNĀ

परिपक्वान्नसंधानं समुत्पन्नां सुरां जगुः ।

सुरामण्डः प्रसन्ना स्यात् ततः कादम्बरी घना ॥

(Paribhāṣā Prabhandha)

Surā is the supernatant liquid containing self-generated alcohol obtained on subjecting to fermentation mixture of rice or any other cooked cereal. Prasannā is the clear supernatant portion of surā.

## 2. KALPANĀ PARIBHĀṢĀ

KALKA

यः पिण्डोरसपिष्टानां स कल्कः परिकीर्तितः ।

(Paribhāṣā Prabandha)

kalka is the fine paste of macerated fresh plant material.

KVĀTHA

वहनौ तु क्वाथितं द्रव्यं श्रुतमाहुश्चिकित्सकाः ॥

(Caraka Saṃhitā, Sūtrasthāna Adhyāya 4 ; 8-1/2)

Kvātha is the filtrated decoction obtained by boiling coarse powder of drug(s) in proportion of

4, 8 or 16 times (mrdu-4 times, adhyama-8 times and khara 16 times respectively) of water and reduced to one-fourth.

CŪRṆA

अत्यन्त शुष्कं यद्द्रव्यं सुपिष्टं वस्त्रगालितम् ।

चूर्णं तच्च रजः क्षौदतस्य पर्याय उच्चते ॥१५॥

(Paribhāṣā Pradīpa, Khaṇḍa 2 ; 15)

The fine sieved powder of well-dried drug(s) is called Cūrṇa

#### PUṬA PĀKA SVARASA

पुटपाकस्य कल्कस्य स्वरसो गृह्यते यतः ।  
असस्तु पुटपाकानां युक्तिरत्रोच्यते मया ॥२२॥

पुटपाकस्य मात्रेयं लेपस्याङ्गारवर्णता ।  
लेपं च द्वयंगुल स्थूलं कुर्याद्वांगुष्टमात्रकम् ॥२३॥

काश्मरी वटजम्बवादि पत्रैर्वेष्टमुत्तमाम् ।  
पलमात्रं रसो ग्राहयः कर्षमात्रं मधुक्षिपेत् ॥२४॥

कल्कचूर्णद्रवाद्यास्तु देयाः स्वरसवद्बुधैः ।

(Śāraṅgadhara Samhitā, Madhyamakhaṇḍa, Adhyāya 1 ; 22-24 1/2)

Puṭapāka Svarasa is the juice of green herb obtained by the process of puṭapāka. The kalka of green plant material is bundled in leaves of gambhārī, vaṭa, eraṇḍa etc. The bundle is covered with clay in layers of about 2 cm. thickness. When the clay is dried, the bundle is placed amidst fire till it becomes reddish. The bundle is then opened and juice from Kalka is pressed out.

#### PHĀṆṬA

क्षुण्णे द्रव्यपले सम्यग्जलमुष्णं विनिक्षिपेत् ।  
पात्रे चतुः पलमितं ततस्तु स्त्रावयेज्जलम् ॥  
सोऽयं पूतो द्रवः फाण्टो भिषग्भिरभिधीयते ॥२६॥

(Paribhāṣā Pradīpa Khaṇḍa 2 ; 26)

The drug is powdered first. Four times the quantity of boiling water is added to it and kept for some time when cooled, it is filtered and used. The phāṇṭa is thus an infusion obtained by pouring on the powdered drug(s) four times of boiling water and liquid strained when cooled.

#### SVARASA

अहतात्तक्षणा कृष्टादद्रव्यात्क्षुण्णात्समुद्धरेत् ।

वस्त्र निष्पीडितो यः स रसः स्वरस उच्यते ॥२॥

(Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 1 ; 2)

The liquid juice of freshly maceerated plant material obtained by pressing through a cloth is called Svarasa.

HIMA KAṢĀYA

क्षुण्णं द्रव्यं पलं सम्यक् षड्भिर्नीरपलः प्लुतम् ।  
निशोषितं हिमः स स्यात्तथा शीतकषायकः ॥१॥

(Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa, Adhyāya 4 ; 1)

The Hima Kaṣāya is the extractive obtained on straining through cloth 2 1/2 g. of powdered drug(s) soaked in 144 ml. of water overnight.

### 3. PUṬA PARIBHĀṢĀ

PUṬA

रसो परस लोहादैः पाकमान प्रमापकम् ।  
उत्पलाद्यग्नि संयोगात् यत्तदत्र पुटं स्मृतम् ॥३२॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 32)

The Puṭa is a measure of the heating arrangement meant for preparing various kinds of Bhasmas of Mahārāsa, Uparāsa, Loha etc.

KAPOTA PUṬA

वन्योत्पलैरष्टसंख्यैः क्षितौ यद्दीते पुटम् ।  
रसादनान्तु सिद्धयर्थं तत्कपोत्पुटं स्मृतम् ॥३३॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 43)

The Kapotapuṭa is a puṭa capable of using eight cow-dung cakes as fuel (vanyo pala)

GAJA PUṬA

नृपकरचुरस्त्रोत्सेधदैर्घ्ये तु कुण्डे  
छगणगणभृताद्धैर्घ्यैः स्थापयित्वा ।  
पुटनमिह भवेद्याच्छाणपूर्गोऽर्द्धभागे

गजपुटमिहतन्त्रे भाषितं भाषितं तद्रसज्ञैः ॥४०॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 40)

The Gajapuṭa is an arrangement of heating in a pit 90 cm in length, breadth and depth. Half the pit is filled with cow-dung cakes. The Sarāvasamputa is put upon it, the empty space above is filled again with cow-dung cakes and ignited.

VĀRĀHA PUṬA

कुण्डेत्वरत्निमानेन चतुरंस्त्रे तथोच्छिते ।  
पुटं यदीयते तत्तु वाराहपुटमुच्यते ॥४१॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 41)

The Vārāhapuṭa is an arrangement of heating in a pit 42 cms in length, breadth and depth. Half the pit is filled with cow-dung cakes. The sarāva samputa is put upon it, and the empty space above is filled with cow-dung cakes and ignited.

#### 4. YANTRA PARIBHĀṢĀ

ARKAYANTRA

(Synonyms: Mocikayantra, Mayūrayantra)

The Arkayantra is a distillation device with a condenser of double walled cooper jacket.

KHALVA YANTRA

चषकोपममत्यच्छं सुदृढं पिच्छिलोपमम् ।  
सच्छिलाविहितं पात्रं खल्वयन्त्रमिहोच्यते ॥५३॥

(Rasatarāṅgiṅī, Taraṅga 4 ; 53)

Khalvayantra denotes mortar with pestle, made of various stones of good quality in different shapes and sizes. It is also made of metals.

DAMARŪ YANTRA

(Synonyms: Vidyādhara Yantra, Utthāpana Yantra, Adhah Pātana Yantra)

स्थालिकोपरि विन्यस्य स्थालीं न्यूब्जतयापराम् ।

पचेद्यथाक्रमं त्वेतद्यन्त्रं डमरूकाह्वयम् ॥१४१॥

(Rasatarāṅgiṅī, Taraṅga 4 ; 41)

Damarūyantra is a contraption 60-sublimating drugs. It resemble a Damarū and is prepared by using two pots with the mouth of one telescoping into the other and sealing the joint securely.

DARVIKĀ YANTRA

चषकं दर्विका कल्पं दीर्घहस्तक संयुतम् ।  
दर्विका यंत्रमेताद्धि गन्धशोधन साधकम् ॥३९॥

(Rasatarāṅgiṅī, Taraṅga 4 ; 31)

An iron ladle, with a long handle is called Darvikāyantra.

DOLĀ YANTRA

द्रव द्रव्येण भाण्डस्य पूरितार्धोदकस्य च ।  
मुखस्योभयतो द्वारद्वय कृत्वा प्रयत्नः ॥३॥  
तयोस्तु निक्षिपिद्वण्डे तन्मध्ये रसपोटलीम् ।  
बद्ध्वा तु स्वेदयेतद दोलायन्त्रमिति स्मृतम् ॥४॥

(Rasatarāṅgiṅī, Taraṅga 3 ; 4)

Dolāyantra is a contraption consisting of a pot half filled with liquid with a horizontal rod supported on the rim from which is suspended the bundle with material to be heated in the liquid on in its vapour.

VĀLUKĀ YANTRA

(Syn. Lavaṇa Yantra)

सवस्त्र कुट्टितमृदा लिप्ताङ्गञ्च विशोषिताम् ।  
रसादिपूर्णं जठरां काचकूपीन्तु विन्यसेत् ॥२९॥  
स्थाल्यां मृत्तललिप्तायां सुद्वढायां प्रयत्नतः ।  
आकण्ठं कुपिकां तत्र वालुकाभिः प्रपूरयेत् ॥३०॥  
भाण्डाधो ज्वालयेदग्निं यथाकालं यथाक्रमम् ।  
एतद् बुधैः समाख्यातं वलुकायन्त्र संज्ञकम् ॥३१॥

(Rasatarāṅgiṅī, Taraṅga 4 ; 29-31)

Vālukā Yantra is a sand bath heating contraction where in a wide mouthed pot is filled one-fourth with sand and then glass bottle containing the ingredients, and covered with seven layers of mud-smearred cloth is lowered to the bottom of the sand bath and the pot is filled with sand up to the neck of the bottle and then heated for specified time.

#### TIRYAK PĀTANA YANTRA

घटे रसं विनिक्षिप्यं सजलं घटमन्यकम् ।  
तिर्यङ्मुखं द्वयो कृत्वा समुखं रोधयेत्सुधी ॥७९॥  
चुल्लयां तथैव संस्थाप्य यत्नतस्य ततोभिषक् ।  
रसाधौ ज्वालयेदग्नि यावत्सूतो जलं विशेत् ॥८०॥  
तिर्यक पातनमित्युक्तं सिद्धैर्नागर्जुनादिभिः ।  
मिश्रितो चेद्रसे नागवडगो विक्रम हेतुना ॥८१॥  
ताभ्यां स्यात्कृत्रिमो दोषस्तन्मुक्तिः पातनत्रयात् ॥

(Ayurveda Prakāśa, Adhyāya 1 ; 79-81 1/2)

Tiryak Pātana Yantra is an iron retort prepared for distillation of mercury with the delivery tank welded to it at an angle of 45°.



## SHODHANA

## ŚODHANA (Process of Detoxification)

S.No	Name of Śodhana	Reference Book & Chapter (Adhikāra), Verse No (Sloka)
1	AHIPENA ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; 146
2	AÑJANA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 107
3	KANĀKUṢṬHA ŚODHANA	Āyurveda Prakāśa, Adhyāya 2 ; 317
4	KAMPILLAKA ŚODHANA	Āyurveda Prakāśa, Adhyāya 2 ; 346
5	KARAVĪRAMŪLA ŚODHANA	Śāraṅgadhara Saṃhitā, Madhyamakhaṇḍa Adhyāya 12 ; 300
6	KASĪSA ŚODHANA	Rasāmṛta Adhyāya 3 ; 158
7	KAPĪLU ŚODHANA	Rasāmṛta Pariśiṣṭa 8 ; 147
8	KṚṢṆASARPA VIṢA ŚODHANA	Rasatarāṅgiṇī, Taraṅga 24 ; 536-537
9	GANDHAKA ŚODHANA	Rasāmṛta Adhyāya 2 ; 3
10	GUÑJĀ ŚODHANA	Rasāmṛta Pariśiṣṭa 8 ; 147
11	GAIRIKA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 49
12	Gaurīpāṣāṇa Śodhana (Malla)	Rasāmṛta Adhyāya 4 ; 1
13	KAPALA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2 ; 140
14	JAIPĀLA ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; 146
15	ṬAṆKAṆA ŚODHANA	Āyurveda Prakāśa, Adhyāya 2 ; 244
16	TUTTHA ŚODHANA	Rasāmṛta, Adhyāya 3 ; 74 1/2
17	DHATTŪRA ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; 146
18	NARASĀRA ŚODHANA	Rasatarāṅgiṇī, Taraṅga 14 ; 3-4
19	BHALLĀTAKA ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; 147

20	MANAḤŚILĀ ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 96
21	MṚDĀRAŚṚṄGA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 157
22	RAKTA CITRAKA ŚODHANA	Rasataranḡiṇī, Taraṅga 24; 575
23	RASAKA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2 ; 147
24	LĀṄGALĪ ŚODHANA	Āyurveda Prakāśa, Adhyāya 6 ; page 501
25	VATSANĀBHA ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; page 145
26	VARĀṬA (KAPARDIKĀ) ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 141
27	VIJAYĀ ŚODHANA	Rasāmṛta, Pariśiṣṭa 8 ; page 147
28	VIMALA ŚODHANA	Rasaratnasamuccaya, Adhyāya 2 ; 92
29	VṚDDHADĀRAKA ŚODHANA	Rasataranḡiṇī, Taraṅga 24 ; 576
30	ŚILĀJATU ŚODHANA	Rasataranḡiṇī, Taraṅga 22 ; 69-78
31	SAMUDRAPHENA ŚODHANA	Yogarātnākara, Page 140
32	SINDŪRA ŚODHANA	Yogarātnākara, Page 140
33	SNUHĪKṢĪRA ŚODHANA	Rasataranḡiṇī, Taraṅga 34 ; 517-518
34	HARITĀLA ŚODHANA	Rasaratnasamuccaya, Adhyāya 3 ; 75
35	HIṄGU ŚODHANA	Rasataranḡiṇī, Taraṅga 24 ; 578
36	HINDUSA ŚODHANA	Rasāmṛta, Adhyāya 1 ; 54
37	HIṄGULOTTHA PARADA ŚODHANA	Rasāmṛta, Adhyāya 1 ; 16-17

### AṢṬASAṂSKĀRA OF PĀRADA

S.No	Name of Śodhana	Reference Book & Chapter (Adhikāra), Verse No (Sloka)
1	SVEDANA	Rasahr̥dayatantra, Avabodha 2 ; 3
2	MARDANA	Rasahr̥dayatantra, Avabodha 2 ; 4
3	MŪRCCHANA	Rasāmṛta, Adhyāya 1 ; 10
4	UTTHĀPANA	Rasahr̥dayatantra, Avabodha 2 ; 7
5	PĀTANA A. ŪRDHVAPĀTANA	Āyurveda Prakāśa, Adhyāya 1 ; 68-73
	B. ADHAḤ PĀTANA	Āyurveda Prakāśa, Adhyāya 1 ; 75-77
	C. TIRYAK PĀTANA	Āyurveda Prakāśa, Adhyāya 1 ; 79-81 1/2
6	BODHANA/RODHANA	Rasāmṛta, Adhyāya 1 ; 13
7	NIYĀMANA	Rasahr̥dayatantra, Avabodha 2 ; 10
8	DĪPANA / SANDĪPANA	Rasahr̥dayatantra, Avabodha 2 ; 11

### 1. AHIPENA ŚODHANA

अहिफेनं शृङ्गगेवर रसैर्भाव्यं त्रिसप्तधा ।  
शुध्यत्युक्तेषु योगेषु योजयेत्तद्विधानतः ॥

(Rasāmṛta, Pariśiṣṭa 8 ; 146)

- |    |                          |        |                     |
|----|--------------------------|--------|---------------------|
| 1. | Ahiphena                 | (Exd.) | 1 part              |
| 2. | Śṛṅgavera (Ārdraka) Rasa | (Rz)   | Q.S. for<br>bhāvanā |

Method : bhāvanā of Śṛṅgavera (ārdraka) svarasa is given 21 times.

### 2. AÑJANA ŚODHANA

अञ्जनानि विशुद्धयन्ति भृङ्गराजनिज द्रवैः ॥१०७॥

(Rasaratnasamuccaya, Adhyāya 3 ; 107)

1. Añjana 1 part
2. Bhr̥ṅgarāja Drava (Pl.) Q.S. for  
mardana

Method : Mardana with Bhr̥ṅgarāja rasa is done for seven days.

### 3. KAṆKUṢṬHA ŚODHANA

शुण्ठायम्बु भावितं शुद्धिं कङ्कुष्ठमुपगच्छति ॥३१७॥

(Āyurveda Prakāśa, Adhyāya 2 ; 317)

1. Kaṅkuṣṭha 1 part
2. Śunṭhī Jala (Rz.) Q.S. for  
Bhāvanā

Method : Bhāvanā is given in Śunṭhī Jala, 3 times.

### 4. KAMPILLAKA ŚODHANA

साधारणरसाः सर्वमातुलुङ्गार्द्रकाम्बुना ।  
त्रिवारं भाविताः शुष्का भवेयुर्दोष वर्जिता ॥

(Āyurveda Prakāśa, Adhyāya 2 ; 346)

1. Kampillaka (kampilla) Hairs on Fruit 1 part
2. Mātuluṅga Rasa (Fr.) Q.S. for  
Bhāvanā
3. Ārdraka Rasa (Rz.) Q.S. for  
Bhāvanā

Method : Bhāvanā is given three times with ingredients 2 and 3 separately.

### 5. KARAVĪRAMŪLA ŚODHANA

दोलायन्त्रेण गोदुग्धे शोधयेत् करवीरकम् ॥३००॥

(Śāraṅgadhara Saṁhitā, Madhyamakhaṇḍa Adhyāya 12 ; 300)

1. Karavīra (Rt.) 1 Part
2. Go dugdha Q.S. for  
Svedana

Method : Svedana is done in dolā yantra for 2 hours.

## 6. KASĪSA ŚODHANA

काशीशं भृङ्गनीरेण त्रिवारं भगवितं शुचि ॥१५८॥

(Rasāmṛta Adhyāya 3 ; 158)

1. Kāsīsa 1 Part
2. Bhṛṅga Nīra (Bhṛṅgarāja) (Pl.) Q.S. for  
Svedana

Method : Bhāvanā is given with bhṛṅgarāja rasa, 3 times.

## 7. KAPĪLU ŚODHANA

गवां मूत्रे कुपीलुं तु स्थापयेत् सप्तरात्रकम् ।  
तत उद्धृत्य गोद्धुग्धे दोलायन्त्रे विपाचयेत् ॥  
यममात्रं ततः कृत्वा त्वंगकुरविवर्जितम् ।  
नीरेण क्षालयित्वाऽथ रसयोगेषु योजयेत् ॥

(Rasāmṛta Parīśiṣṭa 8 ; 147)

1. Kupīlu (Viṣamuṣṭi) (Sd.) 1 Part
2. Go-Mūtra Q.S. for  
Sthāpanā
3. Go-Dugdha Q.S. for  
Svedana

Method : kupīlu is kept in Go-Mūtra for 7 days. Fresh Go-Mūtra is to be replaced every day.. Thereafter it is removed and washed with water. Svedana is go-dugdha with Dola yantra for 3 hours is done. The testa and embryo are removed, the cotyledon is roasted in ghee and powdered well.

## 8. KRṢṆASARPA VIṢA ŚODHANA

तैलाक्तशुक्तिकामध्यसंचिते जडगमे विषे ।  
पदांशं सार्षपं तैलं न्यस्य घर्मे विशोषयेत् ॥५३६॥  
जायते पीतवर्णं तन्निदाधे परिशोषितम् ।  
कृष्ण सर्पविषं त्वेवं शुद्धि मायात्यनुत्तमाम् ॥५३७॥

(Rasatarāṅgiṇī, Tarāṅga 24 ; 536-537)

1. Kṛṣṇasarpa Viṣa 1 Part

2. Sarṣapa Taila

1/4 part

Method : Sarṣapa Taila is added to kṛṣṇasarpaviṣa and placed in sunrays. The yellowish powder when dried is collected.

9. GANDHAKA ŚODHANA

गन्धे पयसि गन्धं तु भृङ्गराजरसेऽथवा ।  
रसपर्पटिका प्रोक्तविधानेन विशोषयेत् ॥३॥

(Rasāmṛta Adhyāya 2 ; 3)

1. Gandhaka

1 Part

2. Go-Dūgdha

Q.S.

or

Bhṛṅgarāja Rasa (Pl.)

Q.S.

Method : Gandhaka melted in an iron pan, smeared with ghee is poured in a pot containing godugdha or bhṛṅgarāja rasa and collected when cooled. It is washed, dried and then kept for use.

10. GUÑJĀ ŚODHANA

गुञ्जा काञ्जिक संस्विन्ना शुद्धिमायाति यामतः ।

(Rasāmṛta Parīśiṣṭa 8 ; 147)

1. guñjā

1 Part

2. kāñjika

Q.S.

Method : Svedana is done for 3 hours in Dolā Yantra. The outer cover is removed. Thereafter, it is washed, dried and kept.

11. GAIRIKA ŚODHANA

गैरिकं तु गवां दुग्धैर्भावितं शुद्धिमृच्छति ॥४९॥

(Rasaratnasamuccaya, Adhyāya 3 ; 49)

1. Gairika

1 Part

2. Go-Dugdha

Q.S. for

bhāvanā

Method : Bhāvanā is given with go dugdha three times.

12. Gaurīpāṣāṇa Śodhana (Malla)

गवां दुग्धेऽथवा त्वाजे कारवेल्ली रसेऽथवा ।  
द्वियामं स्वेदितः शुद्धो गौरीपाषाणको भवेत् ॥१॥

(Rasāmṛta Adhyāya 4 ; 1)

1. Gauri Pāṣāṇā (Malla) 1 Part
2. Go-Dugdha or Q.S. for  
svedana  
Aja Dugdha or  
Kāravallī Rasa (Fr.)

Method : Svedana is done for 6 hours in dolā yantra.

13. KAPALA ŚODHANA

जम्बीर कर्कोटक शृङ्गवेरैर्विभावनाभिञ्च पलस्य शुद्धिः ॥१४०॥

(Rasaratnasamuccaya, Adhyāya 2 ; 140)

1. Capala 1 Part
2. Jambīra (Fr.) Q.S. for  
bhāvanā
3. karakoṭaka (Fr.) Q.S. for  
bhāvanā
4. śṛṅgavera (ārdrak) (Rz.) Q.S. for  
bhāvanā

Method : Bhāvanā with svarasa of ingredients 2 to 4 separately in given.

14. JAIPĀLA ŚODHANA

जैपालं निस्तुषं कृत्वा दुग्धे दोलायुतं पचेत् ।  
अन्तर्जिह्वां परित्यज्य निम्बुनीरेण भावयेत् ॥  
एवं शुद्धं तु जैपालं रसयोगेषु योजयेत् ॥

(Rasāmṛta, Pariśiṣṭa 8 ; 146)

1. Jaipāla (Sd.) 1 Part

2. Dugdha (Go Dugdha) Q.S. for  
avedana

3. Nimbu Nīra (Fr.) Q.S. for  
bhāvanā

Method : The testa of jaipāla is removed and the seeds are subjected to svedana in Dola Yantra for three hours. The embryo of the seed is removed powdered and dried. Bhāvanā with nimbu svarasa is given for three days, then it is dried in sun and used.

#### 15. ṬĀŅKAṆA ŚODHANA

अतस्तं शोधयेदेव वह्नावुत्फुल्लितः शुचि ॥२४४॥

(Āyurveda Prakāśa, Adhyāya 2 ; 244 )

Method : Small pieces of ṭāṅkaṇa are placed on fire and collected when dehydrated.

#### 16. TUTTHA ŚODHANA

रक्तचन्दन मञ्जिष्ठा वराक्वाथेन भावितम् ॥७४॥

सप्तवारं प्रयत्नेन शुद्धिमायाति तुत्थकम् ॥

(Rasāmṛta, Adhyāya 3 ; 74 1/2)

1. Tuttha 1 Part

2. Rakta Candana Kvātha Q.S. for  
bhāvanā

3. Mañjiṣṭhā Kvātha Q.S. for  
bhāvanā

4. Varā (Triphalā) Kvātha Q.S. for  
bhāvanā

Method : Bhāvanā with ingredients 2 to 4 separately seven times each is given.

#### 17. DHATTŪRA ŚODHANA

धत्तूरबीजं गोमूत्रे चतुर्यामोषितं पुनः ॥

गव्ये पयसि दोलायां यामैकं घाचितं ततः ॥

कण्डितं निस्तुषं कृत्वा शुद्धं योगेषु योजयेत् ।

(Rasāmṛta, Pariśiṣṭa 8 ; 146)



- |    |                        |       |                     |
|----|------------------------|-------|---------------------|
| 1. | Dhattūra               | (Sd.) | 1 Part              |
| 2. | Go-Mūtra               |       | Q.S.                |
| 3. | Gavya Payas (Go Dugda) |       | Q.S. for<br>bhāvanā |

Method : Dhattūra seeds are soaked in go-mūtra for 12 hours. Then they are washed with water and subjected to svedana in a dolā yantra containing godugdha for 3 hours. The seeds are used after removing testa.

#### 18. NARASĀRA ŚODHANA

नवसारन्तु सलिले त्रिगुणे द्रावयेद्भिषक् ।  
वस्त्रपूतं ततः कृत्वा भाजने स्थापयेत्ततः ॥३॥  
चुल्लिकायां निधायथ पचेत्तीव्राग्निना भृशम् ।  
जले शुष्के तलस्थञ्च नृसारं विमलम् हरेत् ॥४५॥

(Rasatarāṅgiṇī, Taraṅga 14 ; 3-4)

- |    |                     |  |                        |
|----|---------------------|--|------------------------|
| 1. | navasāra (narasāra) |  | 1 Part                 |
| 2. | jala (water)        |  | 2 parts for<br>drāvaṇa |

Method : 3 times water is added to navasādara and a solution is made. This is to be filtered and then boiled till water is evaporated.

#### 19. BHALLĀTAKA ŚODHANA

भल्लातकान् सुपक्वास्तु गोमूत्रे दिनसप्तकम् ।  
तथा च गव्यपयस्ति वासयेद्विनसप्तकम् ॥  
ततो घृष्ट्वेष्टिका चूर्णेः क्षालयित्वाऽम्भसा पुनः ।  
संशोष्य मारुतेनाथ वृन्तं हित्वा प्रयोजयेत् ॥

(Rasāmṛta, Pariśiṣṭa 8 ; 147)

- |    |                         |       |                    |
|----|-------------------------|-------|--------------------|
| 1. | Bhallātaka              | (Fr.) | 1 Part             |
| 2. | Go-Mūtra                |       | Q.S. for<br>vāsana |
| 3. | Gavya Payas (Gu Dugdha) |       | Q.S. for<br>vāsana |

4. Iṣṭikā Cūrṇa Q.S. for  
gharṣaṇa

5. Ambhas (Jala) Q.S. for  
kṣālana

Method : Bhallātaka fruits after removing the attachment of the thalamus are soaked in gomūtra for seven days and thereafter in godugdha for 7 days. The seeds are then put into a bag containing coarse brick powder with which they are rubbed carefully, with a view to reduce the oil content. Then the fruits are washed with water and dried in air.

## 20. MANAḤSILĀ ŚODHANA

अगस्त्यत्रतोयेन भाविता सप्तवारकम् ।  
शृङ्गवेर रसेवाऽपि विशुद्ध्यति मनःशिला ॥९६॥

(Rasaratnasamuccaya, Adhyāya 3 ; 96)

1. manahśilā 1 Part
2. agastya patra svarasa (1f.) Q.S. for  
bhāvanā  
or  
śṛṅgavera (ārdraka) rasa (Rz.)

Method : Bhāvanā is to be given seven times.

## 21. MRDĀRAŚRĪṄGA ŚODHANA

साधारण रसाः सर्वे मातुलुङ्गार्द्रकाम्बुना ।  
त्रिरात्रं भाविताः शुष्का भवेयुदोष वर्जिताः ॥१५७॥

(Rasaratnasamuccaya, Adhyāya 3 ; 157)

1. Mrddāra Śrīṅga 1 Part
2. Mātuluṅga Rasa (Fr.) Q.S. for  
bhāvanā
3. Ārdraka Rasa (Rz.) Q.S. for  
bhāvanā

Method : bhāvanā is given for three days in ingredients 2 and 3 separately.

22. RAKTA CITRAKA ŚODHANA

रक्त चित्रक मूलं तु चूर्णतोये निमज्जयेत् ।  
ततो निदाधसंशुष्कं शुद्धिमायत्यनुत्तमाम् ।।५७५।।

(Rasatarāṅgiṅī, Taraṅga 24; 575)

1. Rakta Citraka Mūla (Rt.) 1 Part
2. Cūrṇodaka Q.S. for  
nimajjana

Method : small pieces of citraka mūla are soaked in lime water and thereafter washed and dried in the sun.

23. RASAKA ŚODHANA

खर्परः परिसन्तप्तः सप्तवारं निमिज्जतः ।  
बीजपूररस्यान्त निर्मलत्वं समश्नुते ।।१४७।।

(Rasaratnasamuccaya, Adhyāya 2 ; 147)

1. Rasaka (Kharpara) 1 Part
2. Bījapūra Rasa Q.S. for  
nimajjana.

Method : Heated pieces of rasaka are immerased in the juice of bījapūraka. The process is repeated seven times.

24. LĀṄGALĪ ŚODHANA

लाङ्गली शुद्धिमायान्ति दिनं गोमूत्र संस्थिता ।  
इति लाङ्गली शुद्धिः ।।

(Āyurveda Prakāśa, Adhyāya 6 ; page 501)

1. lāṅgalī (Rt.) 1 Part
2. gomūtra Q.S.

Method : Small pieces of lāṅgalī mūla are soaked in gomūtra for 24 hours, then washed and dried.

25. VATSANĀBHA ŚODHANA

विषं तु खण्डशः कृत्वा वस्त्र खण्डेन बन्धयेत् ।

गोमूत्र मध्ये निक्षिप्य स्थापयेदातपेत्र्यहम् ।।  
गोमूत्रं तु प्रदातव्यं नूतनं प्रत्यहं बुधैः ।  
महत्तीते तदुद्धृत्य क्षालयित्वा विशोषयेत् ।।

(Rasāmṛta, Pariśiṣṭa 8 ; page 145)

1. Viṣa (Vatsnābhā) (Rt.tub.) 1 Part
2. Go Mūtra Q.S.

Method : small pieces of vatsanabha are bundled in thin muslin cloth and soaked in go m  
ūtra for three days, replacing the later every day. Then they are washed and dried.

26. VARĀṬA (KAPARDIKĀ) ŚODHANA  
वराटाः काञ्जिके स्विन्ना यामाच्छुद्धिमवाप्नुयुः ।।

(Rasaratnasamuccaya, Adhyāya 3 ; 141)

1. Varāṭa (Kapardikā) 1 Part
2. Kāñjika Q.S. for

svedana

Method : svedhana is done for 3 hours in kāñjika

27. VIJAYĀ ŚODHANA  
विजयां वस्त्रं बद्धा तु जलैः प्रक्षालयेद्बुधः ।  
हरिद्वर्णं जलं यावन्ततः शुष्कं प्रयोजयेत् ।।

(Rasāmṛta, Pariśiṣṭa 8 ; page 147)

1. Vijayā (Lf.) 1 Part
2. Jala Q.S. for

prakṣālanā

Method : Vijayā put in a muslin bag and washed in water till free from turbidity and  
then dried.

28. VIMALA ŚODHANA  
आटरूष जले स्विन्नो विमलो विमलो भवेत् ।  
जम्बीर स्वरसे स्विन्नो मेषशृङ्गी रसऽथवा ।।  
आयाति शुद्धिं विमलो धातवश्च यथाऽपरे ।।१२ ।।

(Rasaratnasamuccaya, Adhyāya 2 ; 92)

1. Vimala 1 Part
2. Āṭarūṣa Jala (Rt.) Q.S. for  
svedanā
3. Jambīra Svarasa (Fr.)  
or  
Meṣaśṛṅgī Rasa (Rt.)

Method : vimala powder is bundled in cloth and same is subjected to svedana for three hours in a dolā yantra containing the juice of any one of the ingredient No. two. The vimala powder should be roasted in an iron pan on strong fire till the excess of sulphur is disappeared. The sodhita vimala is used for the māraṇa process.

#### 29. VṚDDHADĀRAKA ŚODHANA

वृद्धदारकं बीजानि दोलायन्त्रे तु यामकम् ।  
स्विन्नानि गव्यपयसा विशुद्धयन्ति न संशयः ॥५७६॥

(Rasatarāṅgī, Tarāṅga 24 ; 576)

1. Vṛddhadāraka Bīja 1 Part
2. Gavya Payas (Godugdha) Q.S. for  
svedanā

Method : Vṛddhadāraka powder is subjected to svedana in dolā yantra for three hours.

#### 30. ŚILĀJATU ŚODHANA

विगताम्बुदे निवाते धरणी तल प्रदेशे ।  
प्रखरे निदाधकाले प्रणयेच्छिलाज शुद्धिम् ॥६९॥

विमलानि भाजनानि त्वयसा विनिर्मितानि ।  
युग सम्मितानि तीव्रे निदधीते समर्यतापे ॥७०॥

सुविचूर्णितं शिलाजं विनिधाम पात्रमध्ये ।  
द्विगुणं प्रतप्तनीं त्रिफलाकषायमर्द्धम् ॥७१॥

गिरिजे प्रदाय यामं निदधीत तीव्रतापे ।  
कमं विमर्द्धं गिरिजं विदधीत वस्त्रपूतम् ॥७२॥

विनिधाय पूर्वपात्रे निदधीत तीव्र तपे ।  
 अथ तीव्र ताप योगाद्विमलं सरं प्रकाशम् ॥७३ ॥  
 मृदुलं प्रगाढकृष्णं यदुपैति नीरपृष्ठै ।  
 विदधीत सोष्ण तोये खलु भाजनेऽपरस्मिन् ॥७४ ॥  
 अथ वै द्वितीय पात्रात् खलु भाजने तृतीये ।  
 अथ भाजनात्तृतीयात् निदधीत तूर्य पात्रे ॥७५ ॥  
 सलिलं तु यावदचञ्छ न् भवेत्तु ताव देवम् ।  
 विदधीत वैद्यवर्यः सततं कृतावधानः ॥७६ ॥  
 सलिलं भवेद्यदाच्छं मलमेत्यधः प्रदेशे ।  
 सलिलोर्ध्वभागसंस्थं गिरिजं हरेद्विशुद्धम् ॥७७ ॥  
 विधिना हयनेन शुद्धिं तदुपैति निर्विशेषाम् ।  
 गिरिजं विशुद्धमेव विनियोजये द्विशङ्कः ॥७८ ॥

(Rasatarāṅginī, Tarāṅga 22 ; 69-78)

- |    |                         |         |
|----|-------------------------|---------|
| 1. | Śilājatu                | 2 Parts |
| 2. | Hot water               | 4 parts |
| 3. | Triphalā Kvātha (Fr.P.) | 1 part  |

**Method :** Powder of śilājatu (stone) vigorously mixed with hot water so as to disengage the soluble matter. It is allowed to settle and the supernated suspension is decanted and is concentrated to thick paste or and amorphus solid.

The above extracted śilājatu or śilājatu as such available in the market is subjected to further śodhana as under.

śilājatu is mixed with double the quantity of hot water and half the quantity of triphalā kvātha and carefully boiled to dryness.

### 31. SAMUDRAPHENA ŚODHANA

अशुद्धः स करोत्यङ्गभङ्गं तस्माद्विशोधयेत् ।  
 समुद्रफेनः सम्पिष्ठो निम्बुतोयेन शुद्धयति ॥

(Yogaratnākara, Page 140)

- |    |                     |          |
|----|---------------------|----------|
| 1. | Samudra Phena       | 1 Part   |
| 2. | Nimbu svarasa (Fr.) | Q.S. for |

mardana

Method : Mardana is done with nimbu svarasa for 3 hours.

### 32. SINDŪRA ŚODHANA

सिन्दूर निम्बुकद्रावैः पिष्ट्वा वह्नौ विशोषयेत् ।  
ततस्तण्डुलतोयेन तथा भूतं विशुध्यति ॥

(Yogarātnākara, Page 140)

- |    |               |       |                     |
|----|---------------|-------|---------------------|
| 1. | Sindūra       |       | 1 Part              |
| 2. | Nimbuka drava | (Fr.) | Q.S. for<br>mardana |
| 3. | Taṇḍula Toya  |       | Q.S. for<br>mardana |

Method : Mardana is done with nimbu svarasa and Taṇḍulodaka separately.

### 33. SNUHĪKṢĪRA ŚODHANA

पलद्वयं सुधादुग्धं तोलकद्वयसम्मिटे ।  
चिञ्चादलद्रवे वस्त्रपूते घर्मे विशोषयेत् ॥५१७॥  
द्रवं विशुष्कं विज्ञाय सुधादुग्धं समाहरेत् ।  
ततः सर्वत्र योगेषु प्रयुञ्जीत भिषग्वरैः ॥५१८॥

(Rasatarāṅginī, Taraṅga 34 ; 517-518)

- |    |                  |       |       |
|----|------------------|-------|-------|
| 1. | Śudhā Dugdha     |       | 48 g. |
| 2. | Ciñcā Dala Drava | (Lf.) | 24 g. |

Method : Ciñcā patra svarasa is mixed with dugdha of Snuhī and dried in the sun.

### 34. HARITĀLA ŚODHANA

स्विन्नं कूष्माण्डतोयेन वा तिलक्षार जलेऽपि वा ।  
तोये वा चूर्णं संयुक्तं दोलायन्त्रेण शुद्धियति ॥

(Rasaratnasamuccaya, Adhyāya 3 ; 75)

- |    |               |  |                     |
|----|---------------|--|---------------------|
| 1. | Haritāla      |  | 1 part              |
| 2. | Kūṣmāṇḍa Toya |  | Q.S. for<br>svedana |

(Kūṣmāṇḍa Jala)

(Fr.)

or

Tilakṣāra Jala

or

Cūrṇa Toya

(Cūrṇodaka)

Method : Small pieces of haritāla are bundled in pottalli and subjected to svedana in dolā yantra containing the ingredient under two above for three hours.

### 35. HIṄGU ŚODHANA

रामठं समशुद्धाज्य संयुक्तं दार्विकागतम् ।  
विपक्वग्नितपेन शुद्धिमायात्यनुत्तमाम् ॥५७८ ॥

(Rasatarāṅginī, Tarāṅga 24 ; 578)

1. Rāmāṭha (Hiṅgu) (Exd.) 1 part
2. Ājya (Goghṛta) Q.S.

Method : Hiṅgu is roasted with ghee in a pan till it becomes crisp.

### 36. HINDUSA ŚODHANA

मेषीक्षीरेण दरदं निम्बुनीरेण भावितम् ।  
सप्तवारं प्रयत्नेन गुद्धिमायाति निश्चितम् ॥५४ ॥

(Rasāmṛta, Adhyāya 1 ; 54)

1. Darada (Hiṅgula) 1 part
2. Mesi Kṣīra Q.S. for  
bhāvanā
3. Nimbu Svarasa Q.S. for  
bhāvanā

Method : the Hiṅgula is subjected to one bhāvanā with mesi kṣīra and seven bhāvanā with nimbu svarasa.

### 37. HIṄGULOTTHA PARADA ŚODHANA

अथवा दरदाकुष्ठं स्वित्त्रं लवणाम्बुभिस्तु दोलायम् ।



रसमादाय यथेच्छं कर्तव्यस्तेन भेषजो योगः ॥१६॥  
निम्बुरसेन संपिष्टात् प्रहरं दरदादृढम् ।  
तिर्यक्पातन यन्त्रेण संग्राहयो निर्मलो रसः ॥१७॥

(Rasāmṛta, Adhyāya 1 ; 16-17)

1. Hiṅgula 1 part
2. Nimbu Rasa (Fr.) Q.S. for  
mardana

Method : Hiṅgula should be rubbed well in khalva with lime juice. Sml cakrikās are prepared dried and kept in tiryakpātana yantra and heated. Heating is to be stopped when the whole quantity of pārada is collected.

## AṢṬASAṂSKĀRA OF PĀRADA

In the ancient times mercury (pārada) obtained in a crude form used to be highly contaminated

with several impurities and therefore aṣṭasaṁskāra of mercury was prescribed for its purification and potentiation. However, in modern times mercury can be recovered from Hīṅgula by sublimation or distillation. This mercury is sufficiently pure for medicinal use.

Alternatively the mercury available in the metallic form should be subjected to distillation three times in an iron retort (Tiryak patana yantra). The final distillate is fairly pure for medicinal use.

Aṣṭasaṁskārīta Pārada is also used in the preparation of medicines.

### 1. SVEDANA

आसुरिपटुकटुक त्रयचित्रार्द्रकमूलकैः कलाशैश्च ।  
सूतस्य काञ्जिकेन त्रिदिनं मृदुवह्निना स्वेदयेत् ॥

(Rasaḥṛdayatantra, Avabodha 2 ; 3)

1.	sūta (pārada)		1 part
2.	āsuri (rājikā)		1/16 part
3.	paṭu (saindhava)		1/16 part
4.	śunthī	(Rz.)	1/16 part
5.	marica	(Fr.)	1/16 part
6.	pippalī	(Fr.)	1/16 part
7.	citraka mūla	(Rt.)	1/16 part
8.	ārdra	(Rz.)	1/16 part
9.	mūlaka	(Rt.)	1/16 part
10.	kāñjika		Q.S. for mardana

Method : Poṭṭalī is prepared by taking four fold cloth, Bhūrja Patra or Kadalī Patra is to be placed on this four fold cloth, then besmeer the leaf with prepared kalka, on which Pārada is gently placed. Put the remaining kalka on Pārada, and then tie the Poṭṭalī by a

string. Immerse it in Dolā Yantra containing Kāñjika, then heat it for three days.

After three days heating, take out kalka and pārada from potṭalī wash it with warm water carefully and collect pārada for other saṃskāra i.e. mardana.

## 2. MARDANA

गुडदग्धोर्णालवणैमन्दिरधूमेष्टकासुरी सहितैः ।  
रसषोडशांशमानैः सकाञ्जिकैर्मर्दनं त्रिदिनम् ॥

(Rasahrdayatantra, Avabodha 2 ; 4)

1.	Rasa (Pārada)		1 part
2.	Guḍa		1/16 part
3.	Dadhora		1/16 part
4.	Lavana (Saindhava)		1/16 part
5.	Mandīra Dhūma (Graha Dhūma)		1/16 part
6.	Iṣṭikā Cūrṇa		1/16 part
7.	Āsurī (Rājikā)	(Sd.)	1/16 part
8.	Kāñjika		Q.S. for mardana

Method : Ingredients 2 to 7 are mixed with Pārada, Kāñjika in required quantity is added and rubbed well for three days in a khalva. Thereafter, the mixture of pārada and kalka dravyas are washed with warm water or warm Kāñjika and is squeezed through a thick cloth and the mercury is separated.

## 3. MŪRCCHANA

गृहकन्या हरति मलं त्रिफलाग्निं चित्रकस्य विषम् ।  
तस्मादेभिर्मिश्रेर्वारान् समूर्च्छयेत् सप्त ॥१०॥

(Rasāmṛta, Adhyāya 1 ; 10)

1.	Pārada		1 part
2.	Gṛhakanyā (Kumārī)	(Lf.)	1/16 part
3.	Harītakī	(Fr.p.)	1/16 part
4.	Bibhītaka	(Fr.p.)	1/16 part
5.	Āmalakī	(Fr.p.)	1/16 part

6. Citraka

(Rt.)

1/16 part

**Method :** Ingredients 2 to 6 are mixed with Pārada and rubbed well in khalva for three days or till Mūrccana stage of Pārada is reached. Then this mercury is ready for subjecting to Utthāpana Samskāra.

#### 4. UTTHĀPANA

अमूना विरेचनेन हि शुविशुद्धो नागवंगपरिमुक्तः ॥  
सूतः पातन यन्त्रे समुत्थितः काञ्जिक क्वाथात् ॥७॥

(Rasahrdayatantra, Avabodha 2 ; 7)

1. Pārada

1 part

2. Kāñjika

Q.S. for

washing

**Method :** Mūrccita Pārada is subjected to the process of tiryak pātana (distillation). Thereafter the distillate (mercury) is to be washed with (warm) kāñjika.

Pātana is of three types viz. Ūrdhva Pātana, Adhah Pātana and Tiryak Pātana.

Details of their procedure is as below.

#### A. ŪRDHVAPĀTANA

भागस्त्रयो रसस्यार्क चूर्णस्पैकोऽथ निम्बुकैः ॥६८॥

एतत्संमर्दयेत्तावद्यावदायाति पिण्डताम् ।  
तत्पिण्डं तल भाण्डस्थ मूर्ध्वभाण्डे जले क्षिपेत् ॥६९॥

कृत्वाऽलवालं केनापि दत्त्वा चार्द्रं हि प्लोतकम् ।  
संमुद्रयाग्निमधस्तस्य चतुर्यामं प्रबोधयेत् ॥७०॥

युक्तयोर्ध्वभाण्डसलंग्नं गृहणीयात् पारदं ततः ।  
ऊर्ध्वपातनमित्युक्तं भिषग्भिः सूतशोधने ॥७१॥

ससूतभाण्डरन्ध्रे तु ह्यन्यद्विशति भाण्डकम् ।  
तथा सन्धिर्द्वयोः कर्यः पातनात्रययन्त्रके ॥७२॥

यन्त्र प्रमाणं वदनांगुरोर्ज्ञेयं विचक्षणैः ।  
रसस्य माना नियमात्कथितं नैव शक्यते ॥७३॥

(Āyurveda Prakāśa, Adhyāya 1 ; 68-73)

1.	Rasa (Pārada)		3 parts
2.	Arka Cūrṇa (Tāmra Cūrṇa)		1 part
3.	Jambīra (Nimbu) Rasa	(Fr.)	Q.S. for mardana.

**Method :** Ravi (Tāmra) Cūrṇa is added to Pārada and rubbed well in a khalva with nimbu svarasa. This is to be pasted in the lower pot of Ḍamarū Yantra and heated for three hours. The Pārada is collectd from the inside of upper pot, which is kept cool, with a wet cloth - pad.

#### B. ADHAḤ PĀTANA

त्रिफला शिग्रुचित्रैश्च लवणासुरिकायुतैः ।

नष्टपिष्टं रसं कृत्वा लेपयेदूर्ध्वं भाण्डके ॥७५॥

ऊर्ध्वं भाण्डोदरं लिप्तवां ह्यधोभाण्डेजलं क्षिपेत् ।

सन्धिलेपं द्वयोः कृत्वा तद्यन्त्रं भुवि पूरयेत् ॥७६॥

उपरिष्ठात्पुटे दत्ते जले पदति पारदः ।

अधः पातनमित्युक्तं सिद्धाद्यैः सूतकर्मणि ॥७७॥

(Āyurveda Prakāśa, Adhyāya 1 ; 75-77)

1.	Pārada		1 part
2.	Harītakī	(Fr.p.)	1/16 part
3.	Bibhītaka	(Fr.p.)	1/16 part
4.	Āmalakī	(Fr.p.)	1/16 part
5.	Āsurī (Rājikā)	(Sd.)	1/16 part
6.	Saindhava		1/16 part
7.	Citra (Eraṇḍa)	(Rt.)	1/16 part
8.	Śigru Tvak	(Rt.)	1/16 part
9.	Nimbu Rasa	(Fr.)	Q.S. for mardana

**Method :** Mercury is triturated with ingredients Nos. 2 to 8 in a khalva using lemon juice as a macerating agent till it reaches extremely fine paste form. From this paste, mercury should be collected through Adhah Pātana Yantra.

### C. TIRYAK PĀTANA

घटे रसं विनिक्षिप्य सजलं घटमन्यकम्।  
तिर्यङ्मुखे द्वयोः कृत्वा सम्मुखं रोधयेत्सुधीः॥७९॥

चुल्लयां तथैव संस्थाप्य यत्नतस्तु ततोभिषक्।  
रसाधो ज्वालयेदग्निं यावत्सूतो जलं विशेत्॥८०॥

तिर्यक्पातनमित्युक्तं सिद्धैर्नागार्जुनादिभिः।  
मिश्रितो चद्रसे नागवङ्गौ विक्रम हेतुना॥८१॥  
ताभ्यां स्यात्कृत्रिमो दोषस्तन्मुक्तिः पातनत्रयात्।

(Āyurveda Prakāśa, Adhyāya 1 ; 79-81 1/2)

Method : Mercury obtained from adhah pātana saṃskāra and mercury is collected through Tiryak pātana yantra.

### 6. BODHANA/RODHANA

जलसैन्धवयुक्तस्य रसस्य दिवसत्रयम्।  
स्थितिराप्यायनी कुम्भे याऽसौ बोधनमुच्यते॥१३॥

(Rasāmṛta, Adhyāya 1 ; 13)

- |                   |        |
|-------------------|--------|
| 1. Rasa (Pārada)  | 1 part |
| 2. Saindhava Jala | Q.S.   |

Method : Pārada is kept in an earthen or glass pot containing saindhava jala. (This is to be prepared by adding 480 g. of saindhava to 2.304 l. of water). The mouth of the pot is sealed and left for three days buried inside soil.

### 7. NIYĀMANA

इति लब्धवीर्यः सम्यक् चपलोऽसौ नियम्यते तदनु।  
फणि लशुनाम्बुजमार्कव कर्कोटी चिञ्चिका स्वेदात्॥१०॥

(Rasahrdayatantra, Avabodha 2 ; 10)

- |                       |         |           |
|-----------------------|---------|-----------|
| 1. Pārada             |         | 1 part    |
| 2. Phaṇī (Nāga Vallī) | (Lf.)   | 1/16 part |
| 3. Laśuna             | (bulb.) | 1/16 part |
| 4. Ambuja             |         | 1/16 part |

5.	Mārkava (Bhr̥ngarāja)		1/16 part
6.	Karkoṭī (Karkoṭaka)	(Pl.)	1/16 part
7.	Ciñcikā (Ciñcā)	(Fr.)	1/16 part
8.	Kāñjika	(Fr.)	Q.S. for svedana

Method : Kalka of ingredients 2 to 7 is prepared first. This is mixed with Kāñjika in a pot. Pārada is bundled in a Poṭṭalī and svedana is done by Dolā yantra for one day.

#### 8. DĪPANA / SANDĪPANA

भुखग टंकण मरिचैर्लवणासुरि शिग्रु काञ्जिकैस्त्रिदिनम् ।  
स्वेदेन दीपितोऽसौ ग्रासार्थी जायते सूतः ॥१११॥

(Rasahrdayatantra, Avabodha 2 ; 11)

1.	Sūta (Pārada)		1 part
2.	Bhū (Saurāṣṭrī)		1/16 part
3.	Khaga (Kāsīsa)		1/16 part
4.	Tañkaṇa		1/16 part
5.	Marica	(Fr.)	1/16 part
6.	Lavaṇa		1/16 part
7.	Āsurī (Rājikā)	(Sd.)	1/16 part
8.	Śigru	(St.Bk.)	1/16 part
9.	Kāñjika		Q.S. for svedana

Method : Kalka of ingredients 2 to 8 is prepared first and added to Kāñjika in a pot. Pārada is bundled in a Poṭṭalī and svedana is done by Dolā yantra for three days.

## THERAPEUTIC INDICES

### A. FORMULA WISE

#### 1 : 1 DRĀKṢĀSAVA

Arśa, Aruci, Hṛdroga, Pāṇḍu, Raktapitta, Udararoga, Kṣata, Śoṣa, Jvara

#### 1 : 2 PUNARNAVĀDYARIṢṬA

Hṛdroga, Pāṇḍu, Śoṣa, Plīhā Vṛddhi, Bhrama, Baddhapurīṣa, Halīmaka, Gulma, Bhagandara, Kāsa, Śvāsa, Grahaṇī, Kuṣṭha, Kaṇḍū

#### 1 : 3 BABBŪLARIṢṬA

Kṣaya, Kuṣṭha, Atīsāra, Prameha, Śvāsa, Kāsa

#### 2 : 1 PŪDĪNĀRKA

Chardi, Ajīrṇa, Udaraśūla, Agnimāndya

#### 2 : 2 YAVĀNYARKA

Trika Śūla, Agnimāndya

#### 3 : 1 AṢṬĀṄGĀVALEHA

Vāta Kapha Jvara, Kāsa, Śvāsa, Aruci, Chardi

#### 3 : 2 ĀRDRAKA KHAṆḌA AVALEHA

Śītapitta, Uarda, Koṭha, Rājayakṣmā, Raktapitta, Kāsa, Śvāsa, Aruci, Vāta Gulma, Udāvarta, Śoṣa, Kaṇḍū, Kṛmi Roga

#### 3 : 3 ERAṆḌA PĀKA

Śūla, Śopha, Ānāha, Bastirujā, Gulma, Āmavāta, Kaṭi Graha, Urograha, Hanustambha



3 : 4 KALYĀṆĀVALEHA

Svarabheda, Mūkatā

3 : 5 PŪGA KHAṆḌA (APARAḤ)

Amlapitta, Chardi, Bhrama, Hṛdroga, Mūrcchā, Śūla, Āmavāta, Meha, Medovikāra, Pīḥā Roga, Pāṇḍu, Aśmarī, Mūtrakṛcchra, Vandhyatva, Raktārśa

3 : 6 VYĀGHRĪ HARĪTAKĪ

Kāsa, Pratiśyāya, Śvāsa, Svava Kṣaya, Pīnasa, Rājajakṣmā

3 : 7 ŚRI BĀHUŚĀLA GUḌA

Arśa, Gulma, Prameha, Halīmaka, Udararoga, Pīnasa, Pratiśyāya, Āḍhyavāta, Pāṇḍu

4 : 1 AṅGAMARDAPRAŚAMANA KAṢĀYA CŪRṆA

Aṅgamarda

4 : 2 ARKĀDI KVĀTHA CŪRṆA

Dhanurvāta, Dantabandha, Gātra Śaitya, Śvāsa, Kāsa, Sūtikā Roga, Vātaroga

4 : 3 AŚMARĪHARA KAṢĀYA CŪRṆA

Aśmarī, Śarkarāmeha, Vṛkkaśūla

4 : 4 KUṬAJĀṢṬAKA KVĀTHA CŪRṆA

Dāha, Raktātīsāra, Śūla, Āmadoṣa, Sarvātīsāra

4 : 5 KṚMIGHNA KAṢĀYA CŪRṆA

Kṛmi Roga

4 : 6 GUḌŪCYĀDI GAṆA KVĀTHA CŪRṆA

Sarva Jvara, Dāha, Hṛllāsa, Tṛṣṇā, Chardi, Aruci

4 : 7 GOJHVĀDI KVĀTHA CŪRṆA

Pratiśyāya, Śleṣmajvara, Kāsa, Śvāsa

4 : 8 TRṆAPAÑCAMŪLA KVĀTHA CŪRṆA

Mūtrakṛcchra

4 : 9 TRIPHALĀ KVĀTHA CŪRṆA (ŚOTHAROGA)

Vātaśleṣmaja Vṛṣṇaśoṭha

4 : 10 TRIPHALĀ KAṢĀYA CŪRṆA

Netraroga (Dhāvanārtha), Mukha Roga (Kavala), Kāmalā

4 : 11 DĀRVYĀDI KVĀTHA CŪRṆA

Pradara

4 : 12 DEVADĀRVĀDI KVĀTHA CŪRṆA

Śūla, Kāsa, Jvara, Śvāsa, Mūrcchā Kampa, Śirorujā, Pralāpa, Dāha, Atīśāra, Chardi, Ś  
ūtikāroga

4 : 13 DHĀNYAPAÑCAKA KVĀTHA CŪRṆA

Āmaśūla, Āmātīśāra, Aruci

4 : 14 NIMBĀDI KVĀTHA CŪRṆA

Masūrikājvara, Viṣarpa

4 : 15 PATHYĀDI KVĀTHA (ṢAḌAṄGA) CŪRṆA

Śiroroga, Bhrū-Śaṅkha-Karṇaśūla, Ardhāvabhedaka, Sūryāvarta, Dantapīḍā ,  
Naktāndhya

4 : 16 PHALATRIKĀDI KVĀTHA CŪRṆA

Jvara, Chardi, Amlapitta

4 : 17 MĀṢĀBALĀDI KVĀTHA CŪRṆA

Pakṣāghāta, Manyā Stambha, Karṇanāda, Karṇarujā, Arditavāta

4 : 18 MŪTRAVIRECANĪYA KAṢĀYA CŪRṆA

Mūtravirecanārtha, Mūtrakṛcchra

4 : 19 MŪTRASANĠGRAHAṆĪYA KAṢĀYA CŪRṆA

Bahumūtra, Prameha

4 : 20 RĀSNĀSAPTAKA KVĀTHA CŪRṆA

Jaṅghāśūla, Ūruśūla, Pārśva Śūla, Trika Śūla, Pṛṣṭha Śūla

4 : 21 VATSAKĀDI KVĀTHA CŪRṆA

Atīsāra

4 : 22 VARUṆĀDI KVĀTHA CŪRṆA

Aśmarī

4 : 23 ŚVĀSAHARA KAṢĀYA CŪRṆA

Śvāsa

4 : 24 STANYAJANANA KAṢĀYA CŪRṆA

Stanya Kṣaya

4 : 25 STANYAŚODHANA KAṢĀYA CŪRṆA

Stanya Duṣṭi

5 : 1 PAÑCĀMRṬA LAUHA GUGGULU

Mastiṣkaroga, Snāyurujā, Vātaroga

5 : 2 PUNARNAVĀ GUGGULU

Vātarakta, Vṛddhiroga, Gṛdhrasī, Jaṅghoru-Prṣṭhatriksthāna and Vastigataśūla,  
Āmavāta

6 : 1 ARJUNA GHṚTA

Hṛdroga

6 : 2 BR̥HAT AŚVAGANDHĀ GHṚTA

Kṣīṇa Śukra, Hīnamāṃsa, Vandhyatva, Timira, Vāta Vyādhi, Valī Palita, Kṣaya,  
Kāsa, Śvāsa, Hikkā, Viṣamajvara

6 : 3 BR̥HACCHĀGALĀDYA GHṚTA

Vātaroga, Unmāda, Vibandha, Śīroroga, Gṛdhrasī, Hṛcchūla, Apasmāra, Ānāha, Arśa,  
Naṣṭaśukra, Daurbalya

6 : 4 ŚATĀVARYĀDI GHṚTA

Mūtrakṛcchra, Mūtradoṣa, Mūtra Śarkarā

7 : 1 AGNIMUKHA CŪRṆA

Udāvarta, Ajīrṇa, Plīhā Roga, Udararoga, Arśa, Śūla, Gulma, Kāsa, Śvāsa, Kṣaya

7 : 2 AŚVAGANDHĀDI CŪRṆA

Tridoṣakṣaya

7 : 3 AṢṬĀṄGALAVANA CŪRṆA

Agnimāndya, Madātyaya, Srotorodha

7 : 4 KATPHALĀDI CŪRṆA

Jvara, Kāsa, Śvāsa, Aruci, Chardi, Vāyusūla

7 : 5 GANDHAKA RASĀYANA

Kaṇḍū, Kuṣṭha, Viṣa Vikāra, Vīryakṣaya, Agnimāndya, Atīsāra, Grahaṇī, Śūla, Jīrṇajvara, Meha

7 : 6 DAŚANA SAṂSKĀRA CŪRṆA

Mukha Roga, Danta Roga

7 : 7 DĀDIMĀṢṬAKA CŪRṆA

Grahaṇī

7 : 8 NĀRĀCA CŪRṆA

Ādhmāna, Udararoga, Kaphapittajaśūla, Gaḍhaviṭkatā

7 : 9 NĀSIKĀ CŪRṆA

Duṣṭapīnasa, Śiraḥkampa, Sūryāvarta, Śirorujā, Mukhadurgandha, Nasikādurgandha, Ūrdhva Jatrugata Roga

7 : 10 PAÑCAKOLA CŪRṆA

Aruci, Ānāha, Plīhā Vṛddhi, Gulma, Śūla, Śleṣmodara

7 : 11 PAÑCANIMBA CŪRṆA

Kṣudra Kuṣṭha, Mahākuṣṭha

7 : 12 PALĀŚABĪJĀDI CŪRṆA

Kṛmi Roga

7 : 13 MUSALĪ CŪRṆA

Śukra Kṣaya, Dhvajabhaṅga

7 : 14 LAGHUGAṄGĀDHARA CŪRṆA

Atīsāra, Pravāhikā

7 : 15 LAGHULĀI CŪRṆA

Śūla, Ānāha, Atīsāra

7 : 16 LAVAṄGĀDI CŪRṆA

Grahaṇī, Atīsāra, Āmātīsāra, Raktātīsāra, Śūla, Śoṭha

7 : 17 VIDĀṄGĀDI CŪRṆA

Kṛmi Roga

7 : 18 SAMA ŚARKARĀ CŪRṆA

Agnimāndya, Kāsa, Aruci, Śvāsa, Kaṅṭharoga, Hṛdroga

7 : 19 SĀRASVATA CŪRṆA

Apasmāra, Unmāda

8 : 1 APĀMĀRGA KṢĀRA TAILA

Karṇanāda, Bādhirya

8 : 2 AŚVAGANDHĀ TAILA

Vātaroga, Raktapitta, Asṛgdara, Yoni Vikāra, Māṃsa Kṣaya

8 : 3 KUBJAPRASĀRAṆĪ TAILA

Vātaroga, Kubjatā, Stimita, Paṅgutva, Gṛdhrasī, Khudaka, Ardita, Hanustambha, P  
rṣṭha Stambha, Śirograha, Grīvā Stambha, Vataśleṣmaja Roga

8 : 4 KṢĀRA TAILA

Pūyasrāva, Karṇanāda, Karṇaśūla, Badhīratva, Karṇa Kṛmi

8 : 5 GUDŪCYĀDI TAILA

Vātarakta, Sveda, Kaṇḍū, Rujā, Āyāma, Śiraḥkampa, Ardita, Varṇa Vikāra

8 : 6 DAŚAMŪLA TAILA

Śīroroga, Ūrdhva Jatrugata Roga, Ardhāvabhedaka, Sūryāvarta, Karṇa Roga

8 : 7 PAÑCA GUṆA TAILA

Sandhivāta, Karṇaśūla, Vraṇopacāra

8 : 8 PIPPALYĀDI TAILA

Gudabhraṃśa, Guda Śūla, Mūtrakṛcchra, Pravāhikā, Kaṭiūruprṣṭha Daurbālya, Ānāha, Picchāsrāva, Guda Śopha

8 : 9 BṚHANMARICĀDYA TAILA

Kuṣṭha, Vraṇa, Vātarakta, Pāmā, Visphoṭa, Vicarcikā

8 : 10 MADHYAMA NĀRĀYAṆA TAILA

Pakṣāghāta, Hanustambha, Manyāstambha, Galagraha, Kubjatā, Badhīratva, Kaṭi Graha, Gātraśoṣa, Śukra Kṣaya, Jvara, Kṣaya, Āntra Vṛddhi, Danta Roga, Pārśva Śūla, Paṅgutva, Gṛdhrasī, Vātaroga

8 : 11 MARICĀDYA TAILA

Dadru, Śvitra, Kuṣṭha

8 : 12 MAHĀLĀKṢĀDI TAILA

Jvara, Viṣamajvara, Kāsa, Śvāsa, Pratiśyāya, Kaṇḍū, Trika Śūla, Prṣṭha Śūla, Kaṭi Śūla, Gātraśūla

8 : 13 MŪṢIKĀDYA TAILA

Gudabhraṃśa, Yonibhraṃśa

8 : 14 VĀYUCCHĀYA SURENDRA TAILA

Vātavikāra, Kṛcchrārtava, Retovikāra, Marmavāta, Gātra Kampa, Hikkā, Śvāsa, Kāsa, Apasmāra, Unmāda

8 : 15 VIṢṆU TAILA

Hṛcchūla, Ardhāvabhedaka, Aśmarī, Kṣaya, Ardita, Vātarakta, It removes Napuṃsakatā when used with uṣṇa jala.

8 : 16 VYĀGHRĪ TAILA

Śvāsa, Kāsa, Jvara, Agnivikāra, Tvagdoṣa

8 : 17 ŚAMBŪKĀDYA TAILA

Karṇagata Nāḍīvrāṇa

8 : 18 HĪṄGVĀDI TAILA

Karṇaśūla

9 : 1 ASTHISANDHĀNAKA LEPA

Śūla, Śoṭha, Asthi Bhaṅga, Asthi Cyuti

9 : 2 GANDHAKĀDYAMALAHARA

Pāmā

9 : 3 PĀRADĀDI LEPA

Upadaṃśa, Vraṇa



9 : 4 VR̥DDHIHARA LEPA

Vṛddhi

9 : 5 ŚVETA MALAHAMA

Agnidagdha, Vraṇa

10 : 1 ABHAYĀ VAṬĪ

Jīrṇajvara, Plīhā Roga, Udararoga, Kāmalā, Ajīrṇa, Pāṇḍu Roga, Kumbhakāmalā

10 : 2 ARKA VAṬĪ

Kaphaja Agnimāndya

10 : 3 ARŚOGHNĪ VAṬĪ

Raktārśa, Śuṣkārśa

10 : 4 KUṬAJAGHANA VAṬĪ

Atīsāra, Grahaṇī, Jvarātīsāra

10 : 5 JVARAGHNĪ GUṬIKĀ

Jvara

10 : 6 DRĀKṢĀDI GUṬIKĀ

Amlapitta, Hṛddāha, Kaṇṭhadāha, Tṛṣṇā, Mūrcchā, Bhrama, Agnimāndya, Āmavāta

10 : 7 BOLĀDI VAṬĪ

Ārtavadoṣa, Kaṣṭārtava

10 : 8 BHUVANĒSVARA VAṬĪ

Atīsāra

10 : 9 MAHĀŚĀṆKHA VAṬĪ

Arśa, Grahaṇī, Agnimāndya

10 : 10 MAHĀGANDHAKA VAṬĪ

Atīsāra, Grahaṇī, Pravāhikā

10 : 11 SARPAGANDHĀGHANA VAṬĪ

Anidrā

10 : 12 SARVATOBHADRĀ VAṬĪ

Vṛkkaroga, Bastigataroga

10 : 13 SAṂŚĀMANĪ VAṬĪ (GUḌŪCĪ GHANA VAṬĪ)

Jvara, Jīrṇajvara, Rājayakṣmā, Daurbalya, Pāṇḍu Roga, Viṣamajvara

10 : 14 SUKHAVIRECANA VAṬĪ

Virecanārtha

11 : 1 NAYANĀMṚTĀÑJANA

Netraroga

11 : 2 NĀGĀRJUNĀÑJANA

Timira Roga, Paṭala Roga

12 : 1 TĀMRA PARPAṬĪ

Grahaṇī, Meha, Pāṇḍu, Śūla, Dadru, Śvitra, Kuṣṭha, Yakṛtplīhodara

12 : 2 ŚVETA PARPAṬĪ (KṢĀRA PARPAṬĪ)

Amlapitta, Aśmarī, Mūtrakṛcchra, Mūtrāghāta

13 : 1 AKĪKA PIṢṬI

Hṛddāha, Pitta Roga, Vātaroga, Kāsa, Hṛdroga, Kṣaya, Śīroroga

13 : 2 JAHARAMOHARĀ PIṢṬI

Hṛdayadaurbalya, Chardi, Dāha, Viṣūcikā

14 : 1 AKĪKA BHASMA

Hṛddāha, Pitta Roga, Vātaroga, Kāsa, Hṛdroga, Kṣaya, Śīroroga

14 : 2 JAHARAMOHARĀ BHASMA

Śvāsa, Hṛdroga, Kāsa, Raktapitta, Arśa

14 : 3 SPHAṬIKĀ BHASMA

Vātapittakapha Vraṇa, Śvitra, Visarpa, Yonisaṅkocaka

14 : 4 HAJARULAYAHŪDA BHASMA

Aśmarī

14 : 5 VARĀṬIKĀ BHASMA

Karṇa Srāva, Netraroga, Agnimāndya, Paktiśūla, Grahaṇī, Kṣaya, Sphoṭa

15 : 1 TĀRĀMAṆḌŪRA GUḌA

Paktiśūla, Kāmalā, Pāṇḍu, Śoṭha, Agnimāndya, Arśa, Grahaṇī, Kṛmi Roga, Gulma, Amlapitta, Sthaulya

15 : 2 TRIPHALĀ MAṆḌŪRA

Amlapitta

15 : 3 ŚOTHĀRI MAṆḌŪRA

Sarvāṅga Śoṭha

16 : 1 AJĪRṆA KAṆṬAKA RASA

Ajīrṇa, Agnimāndya, Kapharoga

16 : 2 ARŚAKUṬHĀRA RASA

Arśa

16 : 3 ĀMAVĀTĀRI RASA

Āmavāta

16 : 4 UNMĀDAGAJAKEŚARĪ RASA

Unmāda, Apasmāra, Bhūtonmāda, Jvara

16 : 5 KANAKASUNDARA RASA

Grahaṇī, Agnimāndya, Jvara, Atīsāra

16 : 6 KASTŪRĪ BHAIRAVA RASA

Sannipāta Jvara

16 : 7 KĀÑCANĀBHRA RASA

Kṣaya, Śleṣmapittaja Kāsa, Prameha, Vātaroga

16 : 8 KĀNTAVALLABHA RASA

Pāṇḍu, Kṣaya, Kāsa, Śvāsa, Plīhodara

16 : 9 KĀMADUDHĀ RASA (MAUKTIKA YUKTA)

Pittavikāra, Amlapitta, Dāha, Mūrccā, Bhrama, Śiraḥśūla, Somaroga, Pradara,

Raktapitta

16 : 10 KĀLAKŪṬA RASA

Jvara

16 : 11 KRAVYĀDA RASA

Gulma, Plīhā Vṛddhi, Jalodara, Śūla, Grahaṇī, Atīsāra

16 : 12 KṚMI KUṬHĀRA RASA

Kṛmi Roga

16 : 13 GAṄḌAMĀLĀ KAṄḌANA RASA

Galagaṇḍa, Gaṇḍamālā

16 : 14 GARBHAPĀLA RASA

Garbhapāta, Garbhasrāva, Garbhinī Roga, Pradara, Śūla, Vibandha, Śiroroga, Chardi, Agnimāndya

16 : 15 GARBHA CINTĀMAṆI RASA

Garbhinī Jvara, Pradara, Sūtikāroga

16 : 16 GULMA KĀLĀNALA RASA

Gulma

16 : 17 GRAHAṆĪ KAPĀṬA RASA

Grahaṇī Roga, Agnimāndya, Kṣaya, Śvāsa, Urahkṣata

16 : 18 CANDRĀMŚU RASA

Yoniśūla, Jarāyu Doṣa

16 : 19 JALODARĀRI RASA

Jalodara

16 : 20 JAVĀHARA MOHARĀ

Hṛddaurbalya

16 : 21 JVARĀÑKUŚĀ RASĀ (KA)

Viṣamajvara, Jvarātīśāra, Agnimāndya

16 : 22 JVARĀÑKUŚĀ RASA (KHA)

Jvara

16 : 23 TĀRAKEŚVARA RASA

Bahumūtra

16 : 24 TRIVIKRAMA RASA

Aśmarī

16 : 25 DANTODBHEDA GADĀNTAKA RASA

Dantodbhava Kālīna Jvara, Atīśāra, Ākṣepa

16 : 26 NĀRĀCA RASA

Udararoga, Vibandha

16 : 27 NĀGĀRJUNĀBHRA RASA

Hṛdroga, Śūla, Arśa, Hṛllāsa, Raktapitta, Kṣataja Kṣaya, Śoṭha, Viṣamajvara

16 : 28 NITYĀNANDA RASA

Ślīpada, Arbuda

16 : 29 NIDRODAYA RASA

Anidrā, Śīghra Śukra Skhalana, Balavarṇa Kṣaya

16 : 30 NR̥PATIVALLABHA RASA

Grahaṇī, Agnimāndya, Āmadoṣa, Viṣūcikā, Gulma, Udararoga, Pāṇḍu, Ānāha, Śūla

16 : 31 PAÑCĀNANA RASA

Pāṇḍu, Udararoga, Śoṭha, Meha, Halīmaka, Kāmalā, Atīsāra, Arśa, Kuṣṭha, Agnimāndya

16 : 32 PĪYŪṢAVALLĪ RASA

Atīsāra, Jvara, Raktātīsāra, Grahaṇī, Śoṭha, Āmaja Śūla, Vibandha, Hṛllāsa, Aruci, Chardi, Gudabhraṃśa, Plīhā Vṛddhi, Gulma, Udararoga, Sūtikā Roga, Asṛgdara, Kāmalā, Pāṇḍu, Prameha

16 : 33 PUṢPADHANVĀ RASA

Used as Vājīkara and Rasāyana

16 : 34 PŪRṆACANDRA RASA

Vājīkaraṇa

16 : 35 PRATĀPALANKEŚVARA RASA

Prasūtavāta, Dantabandha, Arśa, Sannipāta Jvara, Atīsāra, Grahaṇī

16 : 36 PRADARĀNTAKA RASA

Pradara

16 : 37 PRAVĀLA PAÑCAMṚTA RASA

Ānāha, Gulma, Udararoga, Plīhā Roga, Kāsa, Śvāsa, Agnimāndya, Ajīrṇa, Grahaṇī, Atīsāra, Hṛdroga

16 : 38 BĀLĀRKA RASA

Vātaśleṣmātīsāra, Kṛmi, Kāsa, Jvara

16 : 39 BRHADAGNIKUMĀRA RASA

Agnimāndya, Ajīrṇa, Pāṇḍu, Arśa, Grahaṇī

16 : 40 BRHAT CANDRODAYA MAKARADHVAJA (PŪRṆA CANDRODAYA RASA)

Used as Vājīkara and Rasāyana

16 : 41 BRHAT PŪRṆACANDRA RASA

Kaṭi Śūla, Daurbalya, Aṣṭhīlā, Kāsa, Śvāsa, Āmaja Śūla, Hṛcchūla, Prameha, Bhagandara, Pāṇḍu, Kṣīṇa Śukra

16 : 42 BRHAT VAṄGEŚVARA RASA

Prameha, Mūtrakṛcchra, Mūtrātisāra, Somaroga, Pāṇḍu, Dhātustha Jvara, Halīmaka, Raktapitta, Grahaṇī, Āmadoṣa, Agnimāndya, Aruci

16 : 43 BRHAT VIDYĀDHARĀBHRA RASA

Śūlaroga, Aruci

16 : 44 BRHACCHRṄGĀRĀBHRA RASA

Kāsa, Śvāsa, Agnimāndya, Pāṇḍu, Kāmalā, Udararoga, Śoṭha, Jvara, Grahaṇī, Rājayakṣmā

16 : 45 BRĀHMĪ VAṬĪ

Vātaroga, Sannipāta Jvara, Apatantraka, Ākṣepa, Santatajvara, Hṛddaurbalya, Bhrama, Manoroga

16 : 46 MANMATHĀBHRA RASA

Rasāyanārthi, Vājīkaraṇārtha, Dhvajabhaṅga



16 : 47 MAHĀJVARĀṆKUŚĀ RASA

Jvara

16 : 48 MAHĀTARUṆĀRKA RASA

Sannipāta Jvara

16 : 49 MAHĀ VĀTA VIDHVAMŚANA RASA

Vātavikāra, Śūla, Mūḍhatā, Apasmāra, Plīhā Roga, Arśa

16 : 50 MĀṆIKYA RASA

Kuṣṭha, Vātarakta, Śītapitta, Hikkā, Vātaroga, Pāṇḍu, Kaṇḍū

16 : 51 MEHAMUDGARA RASA

Prameha, Mūtrakṛcchra, Pāṇḍu, Dhātustha Jvara, Halīmaka, Raktapitta, Grahaṇī, Āmadoṣa, Agnimāndya

16 : 52 YĀKUTĪ

Hṛddaurbalya, Sannipāta Jvara, Svedādhikya

16 : 53 LAGHU SŪTAŚEKHARA RASA

Pittaja Śiraḥśūla, Ardhāvabhedaka, Sūryāvarta, Pittaja Unmāda, Dāha, Ūrdhvaraktapitta, Mukha Pāka

16 : 54 LĪLĀVILĀSA RASA

Amlapitta

16 : 55 VAJRAKAPĀṬA RASA

Vātaja Grahaṇī

16 : 56 VASANTATILAKA RASA

Kāsa, Śvāsa, Pāṇḍu, Kṣaya, Śūla, Grahaṇī, Viṣa, Prameha, Hṛdroga, Jvara

16 : 57 VĀTAGAJĀNKUŚA RASA

Ḡṛdhrasī, Kroṣṭuka Sīrṣa, Avabāhuka, Manyā Stambha, Ūrustambha, Pakṣāghāta

16 : 58 ŚVĀSAKĀSACINTĀMAṆI RASA

Śvāsa, Kāsa

16 : 59 ŚIRAḤŚŪLĀDI VAJRA RASA

Śiroroga

16 : 60 ŚRṆĠĀRĀBHRA RASA

Jvara, Udaraśūla, Rājayakṣmā, Kāsa, Śvāsa, Śoṣa, Meha, Manovikāra, Chardi, Amlapitta, Gulma, Pāṇḍu, Raktapitta, Pīnasa, Plīhā Roga

16 : 61 ŚRĪ JAYAMAṆGALA RASA

Jīṛṇajvara

16 : 62 ŚRĪ RĀMABĀṆA RASA

Grahaṇī, Āmavāta, Agnimāndya

16 : 63 SŪTAŚEKHARA RASA

Amlapitta, Śūla, Gulma, Kāsa, Grahaṇī, Atīsāra, Śvāsa, Agnimāndya, Hikkā, Udāvarta, Rājayakṣmā

16 : 64 SMṚTISĀGARA RASA

Apasmāra, Smṛti, Daurbalya

16 : 65 SVACCHANDABHAIRAVA RASA

Jīrṇajvara, Śīta Jvara, Sannipāta Jvara, Viṣamajvara, Pīnasa, Pratiśyāya,  
Agnimāndya, Chardi, Viṣūcikā, Śīroroga

16 : 66 HEMAGARBHA POTṬALĪ RASA

Sannipāta Jvara

16 : 67 HEMANĀTHA RASA

Prameha, Bahumūtra, Somaroga, Kṣaya, Śvāsa, Kāsa, Uraḥkṣata

16 : 68 HINGULEŚVARA RASA

Vāta Jvara

16 : 69 HIRANYAGARBHAPOTṬALĪ RASA

Mandāgni, Grahaṇī, Viṣamajvara, Gudānkura (Arśa), Atīsāra, Śvāsa, Kāsa, Pīnasa,  
Śoṭha, Pāṇḍu, Yakṛtplīhāroga

17 : 1 GUDŪCĪ LAUHA

Vātarakta

17 : 2 NAVĀYASA LAUHA (CŪRṆA)

Pāṇḍu, Hṛdroga, Kuṣṭha, Arśa, Kāmalā

17 : 3 BRĤAT VIṢAMAJVARĀNTAKA LAUHA

Aṣṭa Jvara, Saptadhātugata Jvara, Satatādi Jvara, Abhighātābhicārī Jvara, Jīrṇajvara

17 : 4 BRĤAT SARVAJVARAHARA LAUHA

Jvara

17 : 5 YAKṚTPLĪHĀRI LAUHA

Udararoga, Ānāha, Jvara, Pāṇḍu, Kāmalā, Śoṭha, Halīmaka, Mandāgni, Aruci, Yak  
ṛtṣplīhāroga

17 : 6 YOGARĀJA

Pāṇḍu Roga, Viṣa, Kāsa, Yakṣmā, Viṣamajvara, Kuṣṭha, Meha, Śoṣa, Śvāsa, Arocaka,  
Apsmāra, Kāmalā

17 : 7 RAKTAPITTĀNTAKA LAUHA

Raktapitta, Amlapitta

17 : 8 ŚĀTAMŪLYĀDI LAUHA

Trṣṇā, Dāha, Jvara, Chardi, Raktapitta

17 : 9 ŚILĀJITVĀDI LAUHA

Raktakṣaya

## B. DISEASE WISE

### Śīghra Śukra Skhalana

NIDRODAYA RASA 16 : 29

### Śīta Jvara

SVACCHANDABHAIRAVA RASA 16 : 65

### Śītapitta

ĀRDRĀKA KHAṆḌA AVALEHA 3 : 2

MĀṆIKYA RASA 16 : 50

### Śūla

ERAṆḌA PĀKA 3 : 3

KUṬAJĀṢṬAKA KVĀTHA CŪRṆA 4 : 4

DEVADĀRVĀDI KVĀTHA CŪRṆA 4 : 12

AGNIMUKHA CŪRṆA 7 : 1

GANDHAKA RASĀYANA 7 : 5

PAÑCAKOLA CŪRṆA 7 : 10

LAGHULĀI CŪRṆA 7 : 15

LAVAṄGĀDI CŪRṆA 7 : 16

ASTHISANDHĀNAKA LEPA 9 : 1

TĀMRA PARPAṬĪ 12 : 1

KRAVYĀDA RASA 16 : 11

GARBHAPĀLA RASA 16 : 14

NĀGĀRJUNĀBHRA RASA 16 : 27

NR̥PATIVALLABHA RASA 16 : 30

MAHĀ VĀTA VIDHVAM̐SANA RASA 16 : 49

VASANTATILAKA RASA 16 : 56

SŪTAŚĒKHARA RASA 16 : 63

Śūlaroga

BR̥HAT VIDYĀDHARĀBHRA RASA 16 : 43

Śūtikāroga

DEVADĀRVĀDI KVĀTHA CŪRṆA 4 : 12

Aṅgamarda

AṅGAMARDAPRAŚAMANA KAṢĀYA CŪRṆA 4 : 1

Aśmarī

PŪGA KHAṆḌA (APARAḤ) 3 : 5

AŚMARĪHARA KAṢĀYA CŪRṆA 4 : 3

VARUṆĀDI KVĀTHA CŪRṆA 4 : 22

VIṢṆU TAILA 8 : 15

ŚVETA PARPAṬĪ (KṢĀRA PARPAṬĪ) 12 : 2

HAJARULAYAHŪDA BHASMA 14 : 4

TRIVIKRAMA RASA 16 : 24

Aṣṭa Jvara

BR̥HAT VIṢAMAJVARĀNTAKA LAUHA 17 : 3

Aṣṭhīlā

BR̥HAT PŪRṆACANDRA RASA 16 : 41

Śarkarāmeha

AŚMARĪHARA KAṢĀYA CŪRṆA 4 : 3

Abhighātābhicārī Jvara

BR̥HAT VIṢAMAJVARĀNTAKA LAUHA 17 : 3

## Agnidagdha

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## Agnimāndya

PŪDĪNĀRKA 2 : 1  
YAVĀNYARKA 2 : 2  
AṢṬĀṄGALAVAṆA CŪRṆA 7 : 3  
GANDHAKA RASĀYANA 7 : 5  
SAMA ŚARKARĀ CŪRṆA 7 : 18  
DRĀKṢĀDI GUṬIKĀ 10 : 6  
MAHĀŚAṆKHA VAṬĪ 10 : 9  
VARĀṬIKĀ BHASMA 14 : 5  
TĀRĀMAṆḌŪRA GUḌA 15 : 1  
AJĪRṆA KAṆṬAKA RASA 16 : 1  
KANAKASUNDARA RASA 16 : 5  
GARBHAPĀLA RASA 16 : 14  
GRAHAṆĪ KAPĀṬA RASA 16 : 17  
JVARĀṆKUŚA RASĀ (KA) 16 : 21  
NR̥PATIVALLABHA RASA 16 : 30  
PAÑCĀNANA RASA 16 : 31  
PRAVĀLA PAÑCAMṚTA RASA 16 : 37  
BṚHADAGNIKUMĀRA RASA 16 : 39  
BṚHAT VAṄGEŚVARA RASA 16 : 42  
BṚHACCHR̥ṄGĀRĀBHRA RASA 16 : 44  
MEHAMUDGARA RASA 16 : 51  
ŚRĪ RĀMABĀṆA RASA 16 : 62  
SŪTAŚĒKHARA RASA 16 : 63  
SVACCHANDABHAIRAVA RASA 16 : 65

Agnivikāra

VYĀGHRĪ TAILA 8 : 16

Śiraḥśūla

KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9

Śiraḥkampa

NĀSIKĀ CŪRṆA 7 : 9

GUDŪCYĀDI TAILA 8 : 5

Śirograha

KUBJAPRASĀRĀṆĪ TAILA 8 : 3

Śiroroga

PATHYĀDI KVĀTHA (ṢAḌAṄGA) CŪRṆA 4 : 15

BRHACCHĀGALĀDYA GHRṬA 6 : 3

DAŚAMŪLA TAILA 8 : 6

AKĪKA PIṢṬI 13 : 1

AKĪKA BHASMA 14 : 1

GARBHAPĀLA RASA 16 : 14

ŚIRAḤŚŪLĀDI VAJRA RASA 16 : 59

SVACCHANDABHAIRAVA RASA 16 : 65

Śirorujā

DEVADĀRVĀDI KVĀTHA CŪRṆA 4 : 12

NĀSIKĀ CŪRṆA 7 : 9

Ajīrṇa

PŪDĪNĀRKA 2 : 1

AGNIMUKHA CŪRṆA 7 : 1



ABHAYĀ VAṬĪ 10 : 1  
AJĪRṆA KAṆṬAKA RASA 16 : 1  
PRAVĀLA PAÑCAMṚTA RASA 16 : 37  
BṚHADAGNIKUMĀRA RASA 16 : 39

### Ślīpada

NITYĀNANDA RASA 16 : 28

### Śleṣmajvara

GOJHVĀDI KVĀTHA CŪRṆA 4 : 7

### Śleṣmapittaja Kāsa

KĀÑCANĀBHRA RASA 16 : 7

### Śleṣmodara

PAÑCAKOLA CŪRṆA 7 : 10

### Amlapitta

PŪGA KHAṆḌA (APARAḤ) 3 : 5  
PHALATRIKĀDI KVĀTHA CŪRṆA 4 : 16  
DRĀKṢĀDI GUṬIKĀ 10 : 6  
ŚVETA PARPAṬĪ (KṢĀRA PARPAṬĪ) 12 : 2  
TĀRĀMAṆḌŪRA GUḌA 15 : 1  
TRIPHALĀ MAṆḌŪRA 15 : 2  
KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9  
LĪLĀVILĀSA RASA 16 : 54  
ŚṚṄĀRĀBHRA RASA 16 : 60  
SŪTĀŚEKHARA RASA 16 : 63  
RAKTAPITTĀNTAKA LAUHA 17 : 7

Anidrā

SARPAGANDHĀGHANA VAṬĪ 10 : 11

NIDRODAYA RASA 16 : 29

Śoṣa

DRĀKṢĀSAVA 1 : 1

ŚRĠGARĀBHRA RASA 16 : 60

YOGARĀJA 17 : 6

Śopha

ERAṆḌA PĀKA 3 : 3

Śoṭha

PUNARNAVĀDYARIṢṬA 1 : 2

ĀRDRAKA KHAṆḌA AVALEHA 3 : 2

LAVAṄGĀDI CŪRṆA 7 : 16

ASTHISANDHĀNAKA LEPA 9 : 1

TĀRĀMAṆḌŪRA GUḌA 15 : 1

NĀGARJUNĀBHRA RASA 16 : 27

PAÑCĀNANA RASA 16 : 31

PĪYŪṢAVALLĪ RASA 16 : 32

BṚHACCHRĠGARĀBHRA RASA 16 : 44

HIRAṆYAGARBHAPOTṬALĪ RASA 16 : 69

YAKṚTPLĪHĀRI LAUHA 17 : 5

Apasmāra

BṚHACCHĀGALĀDYA GHṚTA 6 : 3

SĀRASVATA CŪRṆA 7 : 19

VĀYUCCHĀYA SURENDRA TAILA 8 : 14

UNMĀDAGAJAKEŚARĪ RASA 16 : 4

MAHĀ VĀTA VIDHVAMŚANA RASA 16 : 49  
SMṚTISĀGARA RASA 16 : 64  
YOGARĀJA 17 : 6

Apatantraka

BRĀHMĪ VAṬĪ 16 : 45

Arśa

DRĀKṢĀSAVA 1 : 1  
ŚRI BĀHUŚĀLA GUḌA 3 : 7  
BṚHACCHĀGALĀDYA GHRṬA 6 : 3  
AGNIMUKHA CŪRṆA 7 : 1  
MAHĀŚAN̄KHA VAṬĪ 10 : 9  
JAHARAMOHARĀ BHASMA 14 : 2  
TĀRĀMAṆḌŪRA GUḌA 15 : 1  
ARŚAKUṬHĀRA RASA 16 : 2  
NĀGĀRJUNĀBHRA RASA 16 : 27  
PAÑCĀNANA RASA 16 : 31  
PRATĀPALAN̄KEŚVARA RASA 16 : 35  
BṚHADAGNIKUMĀRA RASA 16 : 39  
MAHĀ VĀTA VIDHVAMŚANA RASA 16 : 49  
NAVĀYASA LAUHA (CŪRṆA) 17 : 2

Arbuda

NITYĀNANDA RASA 16 : 28

Ardhāvabhedaka

PATHYĀDI KVĀTHA (ṢAḌAṆGA) CŪRṆA 4 : 15  
DAŚAMŪLA TAILA 8 : 6  
VIṢṆU TAILA 8 : 15

LAGHU SŪTASĒKHARA RASA 16 : 53

Ardita

KUBJAPRASĀRAṆĪ TAILA 8 : 3

GUḌŪCYĀDI TAILA 8 : 5

VIṢṆU TAILA 8 : 15

Arditavāta

MĀṢABALĀDI KVĀTHA CŪRṆA 4 : 17

Arocaka

YOGARĀJA 17 : 6

Aruci

DRĀKṢĀSAVA 1 : 1

AṢṬĀṄGĀVALEHA 3 : 1

ĀRDRĀKA KHAṆḌA AVALEHA 3 : 2

GUḌŪCYĀDI GAṆA KVĀTHA CŪRṆA 4 : 6

DHĀNYAPAÑCAKA KVĀTHA CŪRṆA 4 : 13

KATPHALĀDI CŪRṆA 7 : 4

PAÑCAKOLA CŪRṆA 7 : 10

SAMA ŚARKARĀ CŪRṆA 7 : 18

PĪYŪṢAVALLĪ RASA 16 : 32

BRĤAT VAṄGEŚVARA RASA 16 : 42

BRĤAT VIDYĀDHARĀBHRA RASA 16 : 43

YAKṚTPLĪHĀRI LAUHA 17 : 5

Asṛgdara

AŚVAGANDHĀ TAILA 8 : 2

PĪYŪṢAVALLĪ RASA 16 : 32

Asthi Bhaṅga

ASTHISANDHĀNAKA LEPA 9 : 1

Asthi Cyuti

ASTHISANDHĀNAKA LEPA 9 : 1

Atisāra

BABBŪLARIṢṬA 1 : 3  
DEVADĀRVĀDI KVĀTHA CŪRṆA 4 : 12  
VATSAKĀDI KVĀTHA CŪRṆA 4 : 21  
GANDHAKA RASĀYANA 7 : 5  
LAGHUGAṅGĀDHARA CŪRṆA 7 : 14  
LAGHULĀI CŪRṆA 7 : 15  
LAVAṅGĀDI CŪRṆA 7 : 16  
KUṬAJAGHANA VAṬĪ 10 : 4  
BHUVANEŚVARA VAṬĪ 10 : 8  
MAHĀGANDHAKA VAṬĪ 10 : 10  
KANAKASUNDARA RASA 16 : 5  
KRAVYĀDA RASA 16 : 11  
DANTODBHEDA GADĀNTAKA RASA 16 : 25  
PAÑCĀNANA RASA 16 : 31  
PĪYŪṢAVALLĪ RASA 16 : 32  
PRATĀPALAṅKEŚVARA RASA 16 : 35  
PRAVĀLA PAÑCAMṚTA RASA 16 : 37  
SŪTAŚEKHARA RASA 16 : 63  
HIRAṆYAGARBHAPOTṬALĪ RASA 16 : 69

Śuṣkārśa

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MADHYAMA NĀRĀYAṆA TAILA	8 : 10

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PUNARNAVĀDYARIṢṬA	1 : 2
BABBŪLARIṢṬA	1 : 3
AṢṬĀṄGĀVALEHA	3 : 1
ĀRDRĀKA KHAṆḌA AVALEHA	3 : 2
VYĀGHRĪ HARĪTAKĪ	3 : 6
ARKĀDI KVĀTHA CŪRṆA	4 : 2
GOJHVĀDI KVĀTHA CŪRṆA	4 : 7
DEVADĀRVĀDI KVĀTHA CŪRṆA	4 : 12
ŚVĀSAHARA KAṢĀYA CŪRṆA	4 : 23
BṚHAT AŚVAGANDHĀ GHRṬA	6 : 2
AGNIMUKHA CŪRṆA	7 : 1
KATPHALĀDI CŪRṆA	7 : 4
SAMA ŚĀRKARĀ CŪRṆA	7 : 18
MAHĀLĀKṢĀDI TAILA	8 : 12
VĀYUCCHĀYA SURENDRA TAILA	8 : 14
VYĀGHRĪ TAILA	8 : 16
JAHARAMOHARĀ BHASMA	14 : 2
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PRAVĀLA PAÑCAMṚTA RASA	16 : 37
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SŪTAŚEKHARA RASA 16 : 63  
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KĀMADUDHĀ RASA (MAUKTIKA YUKTA)	16 : 9
BRĀHMĪ VAṬĪ	16 : 45
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PŪDĪNĀRKA	2 : 1



AṢṬĀṄGĀVALEHA	3 : 1
PŪGA KHAṆḌA (APARAḤ)	3 : 5
GUḌŪCYĀDI GAṆA KVĀTHA CŪRṆA	4 : 6
DEVADĀRVĀDI KVĀTHA CŪRṆA	4 : 12
PHALATRIKĀDI KVĀTHA CŪRṆA	4 : 16
KATPHALĀDI CŪRṆA	7 : 4
JAHARAMOHARĀ PIṢṬI	13 : 2
GARBHAPĀLA RASA	16 : 14
PĪYŪṢAVALLĪ RASA	16 : 32
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SVACCHANDABHAIRAVA RASA	16 : 65
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Ākṣepa

DANTODBHEDA GADĀNTAKA RASA 16 : 25

BRĀHMĪ VAṬĪ 16 : 45

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DHĀNYAPAÑCAKA KVĀTHA CŪRṆA 4 : 13

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Āmaśūla

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BRĤACCHĀGALĀDYA GHRṬA 6 : 3

KUBJAPRASĀRAṆĪ TAILA 8 : 3

MADHYAMA NĀRĀYAṆA TAILA 8 : 10

VĀTAGAJĀṆKUŚĀ RASA 16 : 57

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MAHĀŚAṆKHA VAṬĪ 10 : 9

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VARĀṬIKĀ BHASMA 14 : 5

TĀRĀMAṆḌŪRA GUḌA 15 : 1

KANAKASUNDARA RASA 16 : 5

KRAVYĀDA RASA 16 : 11

NR̥PATIVALLABHA RASA 16 : 30

PĪYŪṢAVALLĪ RASA 16 : 32

PRATĀPALAṆKEŚVARA RASA 16 : 35

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PRAVĀLA PAÑCAMṚTA RASA 16 : 37  
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ARJUNA GHRṬA	6 : 1
SAMA ŚARKARĀ CŪRṆA	7 : 18
AKĪKA PIṢṬI	13 : 1
AKĪKA BHASMA	14 : 1
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VĀYUCCHĀYA SURENDRA TAILA 8 : 14  
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MADHYAMA NĀRĀYAṆA TAILA 8 : 10

MAHĀLĀKṢĀDI TAILA 8 : 12

VYĀGHRĪ TAILA 8 : 16

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SAṂSAMANĪ VAṬĪ (GUḌŪCĪ GHANA VAṬĪ) 10 : 13

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PĪYŪṢAVALLĪ RASA 16 : 32

BĀLĀRKA RASA 16 : 38  
 BRĤACCHṚṄGĀRĀBHRA RASA 16 : 44  
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 VASANTATILAKA RASA 16 : 56  
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 TĀRĀMAṄḌŪRA GUḌA 15 : 1  
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AGNIMUKHA CŪRṆA	7 : 1
KATPHALĀDI CŪRṆA	7 : 4
SAMA ŚARKARĀ CŪRṆA	7 : 18
MAHĀLĀKṢĀDI TAILA	8 : 12
VĀYUCCHĀYA SURENDRA TAILA	8 : 14
VYĀGHRĪ TAILA	8 : 16
AKĪKA PIṢṬI	13 : 1
AKĪKA BHASMA	14 : 1
JAHARAMOHARĀ BHASMA	14 : 2
PRAVĀLA PAÑCAMṚTA RASA	16 : 37
BĀLĀRKA RASA	16 : 38
BṚHAT PŪRṆACANDRA RASA	16 : 41
BṚHACCHRṆĠĀRĀBHRA RASA	16 : 44
VASANTATILAKA RASA	16 : 56
ŚVĀSAKĀSACINTĀMAṆI RASA	16 : 58
ŚRṆĠĀRĀBHRA RASA	16 : 60
SŪTAŚEKHARA RASA	16 : 63
HEMANĀTHA RASA	16 : 67
HIRAṆYAGARBHAPOTṬALĪ RASA	16 : 69
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PUNARNAVĀDYARIṢṬA 1 : 2  
ĀRDRĀKA KHAṄḌA AVALEHA 3 : 2

GANDHAKA RASĀYANA 7 : 5  
GUḌŪCYĀDI TAILA 8 : 5  
MAHĀLĀKṢĀDI TAILA 8 : 12  
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DRĀKṢĀSAVA 1 : 1

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MADHYAMA NĀRĀYAṆA TAILA 8 : 10  
VIṢṆU TAILA 8 : 15  
AKĪKA PIṢṬI 13 : 1  
AKĪKA BHASMA 14 : 1  
VARĀṬIKĀ BHASMA 14 : 5  
KĀÑCANĀBHRA RASA 16 : 7  
GRAHAṆĪ KAPĀṬA RASA 16 : 17  
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BṚHANMARICĀDYA TAILA 8 : 9

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PAÑCĀNANA RASA 16 : 31

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MADHYAMA NĀRĀYAṆA TAILA 8 : 10

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ŚATĀVARYĀDI GHR̥TA	6 : 4
PIPPALYĀDI TAILA	8 : 8
ŚVETA PARPAṬĪ (KṢĀRA PARPAṬĪ)	12 : 2
BR̥HAT VAṄGEŚVARA RASA	16 : 42
MEHAMUDGARA RASA	16 : 51

Mūtradoṣa

ŚATĀVARYĀDI GHR̥TA	6 : 4
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Mūtravirecanārtha

MŪTRAVIRECANĪYA KAṢAYA CŪRṆA	4 : 18
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Madātyaya

AṢṬĀṄGALAVANA CŪRṆA	7 : 3
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Mahākuṣṭha

PAÑCANIMBA CŪRṆA	7 : 11
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Mandāgni

HIRAṆYAGARBHAPOTṬALĪ RASA	16 : 69
YAKṚTPLĪHĀRI LAUHA	17 : 5

Manoroga

BRĀHMĪ VAṬĪ	16 : 45
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Manovikāra

ŚR̥ṄĀRĀBHRA RASA 16 : 60

Manyā Stambha

MĀṢABALĀDI KVĀTHA CŪRṆA 4 : 17

VĀTAGAJĀṆKUŚĀ RASA 16 : 57

Manyāstambha

MADHYAMA NĀRĀYAṆA TAILA 8 : 10

Marmavāta

VĀYUCCHĀYA SURENDRA TAILA 8 : 14

Masūrikājvara

NIMBĀDI KVĀTHA CŪRṆA 4 : 14

Mastiṣkaroga

PAÑCĀMṚTA LAUHA GUGGULU 5 : 1

Medovikāra

PŪGA KHAṆḌA (APARAḤ) 3 : 5

Meha

PŪGA KHAṆḌA (APARAḤ) 3 : 5

GANDHAKA RASĀYANA 7 : 5

TĀMRA PARPAṬĪ 12 : 1

PAÑCĀNANA RASA 16 : 31

ŚR̥ṄĀRĀBHRA RASA 16 : 60

YOGARĀJA 17 : 6

Mukha Pāka

LAGHU SŪTAŚEKHARA RASA 16 : 53

Mukha Roga

DAŚANA SAṂSKĀRA CŪRṆA 7 : 6

Mukha Roga (Kavala)

TRIPHALĀ KAṢĀYA CŪRṆA 4 : 10

Mukhadurgandha

NĀSIKĀ CŪRṆA 7 : 9

Naṣṭaśukra

BRHACCHĀGALĀDYA GHRṬA 6 : 3

Naktāndhya

PATHYĀDI KVĀTHA (ṢAḌAṄGA) CŪRṆA 4 : 15

Nasikādurgandha

NĀSIKĀ CŪRṆA 7 : 9

Netraroga

NAYANĀMṚTĀÑJANA 11 : 1

VARĀṬIKĀ BHASMA 14 : 5

Netraroga (Dhāvanārtha)

TRIPHALĀ KAṢĀYA CŪRṆA 4 : 10

Pāṇḍu

DRĀKṢĀSAVA 1 : 1

PUNARNAVĀDYARIṢṬA 1 : 2

PŪGA KHAṆḌA (APARAḤ)	3 : 5
ŚRI BĀHUŚĀLA GUḌA	3 : 7
TĀMRA PARPAṬĪ	12 : 1
TĀRĀMAṆḌŪRA GUḌA	15 : 1
KĀNTAVALLABHA RASA	16 : 8
NR̥PATIVALLABHA RASA	16 : 30
PAÑCĀNANA RASA	16 : 31
PĪYŪṢAVALLĪ RASA	16 : 32
BR̥HADAGNIKUMĀRA RASA	16 : 39
BR̥HAT PŪRṆACANDRA RASA	16 : 41
BR̥HAT VAṄGEŚVARA RASA	16 : 42
BR̥HACCHR̥ṄGĀRĀBHRA RASA	16 : 44
MĀṆIKYA RASA	16 : 50
MEHAMUDGARA RASA	16 : 51
VASANTATILAKA RASA	16 : 56
ŚR̥ṄGĀRĀBHRA RASA	16 : 60
HIRAṆYAGARBHAPOTṬALĪ RASA	16 : 69
NAVĀYASA LAUHA (CŪRṆA)	17 : 2
YAKṚTPLĪHĀRI LAUHA	17 : 5

#### Pāṇḍu Roga

ABHAYĀ VAṬĪ	10 : 1
SAMŚAMANĪ VAṬĪ (GUḌŪCĪ GHANA VAṬĪ)	10 : 13
YOGARĀJA	17 : 6

#### Pāmā

BR̥HANMARICĀDYA TAILA	8 : 9
GANDHAKĀDYAMALAHARA	9 : 2

#### Pārśva Śūla

RĀSNĀSAPTAKA KVĀTHA CŪRṆA 4 : 20  
MADHYAMA NĀRĀYAṆA TAILA 8 : 10

Pīnasa

VYĀGHRĪ HARĪTAKĪ 3 : 6  
ŚRI BĀHUŚĀLA GUḌA 3 : 7  
ŚRṆĠGĀRĀBHRA RASA 16 : 60  
SVACCHANDABHAIRAVA RASA 16 : 65  
HIRAṆYAGARBHAPOTṬALĪ RASA 16 : 69

Pūyasrāva

KṢĀRA TAILA 8 : 4

Prṣṭha Śūla

RĀSNĀSAPTAKA KVĀTHA CŪRṆA 4 : 20  
MAHĀLĀKṢĀDI TAILA 8 : 12

Prṣṭha Stambha

KUBJAPRASĀRAṆĪ TAILA 8 : 3

Paṅgutva

KUBJAPRASĀRAṆĪ TAILA 8 : 3  
MADHYAMA NĀRĀYAṆA TAILA 8 : 10

Paṭala Roga

NĀGĀRJUNĀÑJANA 11 : 2

Pakṣāghāta

MĀṢĀBALĀDI KVĀTHA CŪRṆA 4 : 17  
MADHYAMA NĀRĀYAṆA TAILA 8 : 10

VĀTAGAJĀṆKUŚĀ RASA 16 : 57

Paktiśūla

VARĀṬIKĀ BHASMA 14 : 5

TĀRĀMAṆḌŪRA GUḌA 15 : 1

Picchāsrāva

PIPPALYĀDI TAILA 8 : 8

Pitta Roga

AKĪKA PIṢṬI 13 : 1

AKĪKA BHASMA 14 : 1

Pittaja Śiraḥśūla

LAGHU SŪTAŚEKHARA RASA 16 : 53

Pittaja Unmāda

LAGHU SŪTAŚEKHARA RASA 16 : 53

Pittavikāra

KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9

Plīhā Roga

PŪGA KHAṆḌA (APARAḤ) 3 : 5

AGNIMUKHA CŪRṆA 7 : 1

ABHAYĀ VAṬĪ 10 : 1

PRAVĀLA PAÑCAMṚTA RASA 16 : 37

MAHĀ VĀTA VIDHVAMŚANA RASA 16 : 49

ŚRṄGĀRĀBHRA RASA 16 : 60



Plīhā Vṛddhi

PUNARNAVĀDYARIṢṬA 1 : 2

PAÑCAKOLA CŪRṆA 7 : 10

KRAVYĀDA RASA 16 : 11

PĪYŪṢAVALLĪ RASA 16 : 32

Pradara

DĀRVYĀDI KVĀTHA CŪRṆA 4 : 11

KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9

GARBHAPĀLA RASA 16 : 14

GARBHA CINTĀMAṆI RASA 16 : 15

PRADARĀNTAKA RASA 16 : 36

Pralāpa

DEVADĀRVĀDI KVĀTHA CŪRṆA 4 : 12

Prameha

BABBŪLARIṢṬA 1 : 3

ŚRI BĀHUŚĀLA GUḌA 3 : 7

MŪTRASANĠGRAHAṆĪYA KAṢĀYA CŪRṆA 4 : 19

KĀÑCANĀBHRA RASA 16 : 7

PĪYŪṢAVALLĪ RASA 16 : 32

BṚHAT PŪRṆACANDRA RASA 16 : 41

BṚHAT VAṆGEŚVARA RASA 16 : 42

MEHAMUDGARA RASA 16 : 51

VASANTATILAKA RASA 16 : 56

HEMANĀTHA RASA 16 : 67

Prasūtavāta

PRATĀPALAṆKEŚVARA RASA 16 : 35

### Pratiśyāya

VYĀGHRĪ HARĪTAKĪ	3 : 6
ŚRI BĀHUŚĀLA GUḌA	3 : 7
GOJHVĀDI KVĀTHA CŪRṆA	4 : 7
MAHĀLĀKṢĀDI TAILA	8 : 12
SVACCHANDABHAIRAVA RASA	16 : 65

### Pravāhikā

LAGHUGAṄGĀDHARA CŪRṆA	7 : 14
PIPPALYĀDI TAILA	8 : 8
MAHĀGANDHAKA VAṬĪ	10 : 10

### Rājayakṣmā

ĀRDRĀKA KHAṆḌA AVALEHA	3 : 2
VYĀGHRĪ HARĪTAKĪ	3 : 6
SAMŚAMANĪ VAṬĪ (GUḌŪCĪ GHANA VAṬĪ)	10 : 13
BṚHACCHRṆĠGĀRĀBHRA RASA	16 : 44
ŚṚṆĠGĀRĀBHRA RASA	16 : 60
SŪTAŚEKHARA RASA	16 : 63

### Raktapitta

DRĀKṢĀSAVA	1 : 1
ĀRDRĀKA KHAṆḌA AVALEHA	3 : 2
AŚVAGANDHĀ TAILA	8 : 2
JAHARAMOHARĀ BHASMA	14 : 2
KĀMADUDHĀ RASA (MAUKTIKA YUKTA)	16 : 9
NĀGĀRJUNĀBHRA RASA	16 : 27
BṚHAT VAṄGEŚVARA RASA	16 : 42
MEHAMUDGARA RASA	16 : 51

ŚRĠGĀRĀBHRA RASA 16 : 60  
RAKTAPITTĀNTAKA LAUHA 17 : 7  
ŚATAMŪLYĀDI LAUHA 17 : 8

#### Raktārśa

PŪGA KHAᅇᅇA (APARAᅇ) 3 : 5  
ARŚOGHNĪ VAᅇĪ 10 : 3

#### Raktātīsāra

KUᅇAJĀᅇᅇAKA KVĀTHA CŪRᅇA 4 : 4  
LAVAᅇGĀDI CŪRᅇA 7 : 16  
PĪYŪᅇAVALLĪ RASA 16 : 32

#### Raktakᅇaya

ŚILĀJITVĀDI LAUHA 17 : 9

#### Raktapitta

DRĀKᅇĀSAVA 1 : 1  
ĀRᅇRAKA KHAᅇᅇA AVALEHA 3 : 2  
AŚVAGANDHĀ TAILA 8 : 2  
JAHARAMOHARĀ BHASMA 14 : 2  
KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9  
NĀGĀRJUNĀBHRA RASA 16 : 27  
BRᅇHAT VAᅇGEŚVARA RASA 16 : 42  
MEHAMUDGARA RASA 16 : 51  
ŚRĠGĀRĀBHRA RASA 16 : 60  
RAKTAPITTĀNTAKA LAUHA 17 : 7  
ŚATAMŪLYĀDI LAUHA 17 : 8

#### Rasāyanārthi

MANMATHĀBHRA RASA 16 : 46

Retovikāra

VĀYUCCHĀYA SURENDRA TAILA 8 : 14

Rujā

GUḌŪCYĀDI TAILA 8 : 5

Sūryāvarta

PATHYĀDI KVĀTHA (ṢAḌAṄGA) CŪRṆA 4 : 15

NĀSIKĀ CŪRṆA 7 : 9

DAŚAMŪLA TAILA 8 : 6

LAGHU SŪTAŚEKHARA RASA 16 : 53

Sūtikā Roga

ARKĀDI KVĀTHA CŪRṆA 4 : 2

PĪYŪṢAVALLĪ RASA 16 : 32

Sūtikāroga

GARBHA CINTĀMAṆI RASA 16 : 15

Sandhivāta

PAÑCA GUṆA TAILA 8 : 7

Sannipāta Jvara

KASTŪRĪ BHAIKAVA RASA 16 : 6

PRATĀPALAṆKEŚVARA RASA 16 : 35

BRĀHMĪ VAṬĪ 16 : 45

MAHĀTARUṆĀRKA RASA 16 : 48

YĀKUTĪ 16 : 52

SVACCHANDABHAIRAVA RASA 16 : 65

HEMAGARBHA POṬṬALĪ RASA 16 : 66

Santatajvara

BRĀHMĪ VAṬĪ 16 : 45

Saptadhātugata Jvara

BRĤAT VIṢAMAJVARĀNTAKA LAUHA 17 : 3

Sarvāṅga Śoṭha

ŚOTHĀRI MAṆḌŪRA 15 : 3

Sarvātisāra

KUṬAJĀṢṬAKA KVĀTHA CŪRṆA 4 : 4

Sarva Jvara

GUDŪCYĀDI GAṆA KVĀTHA CŪRṆA 4 : 6

Satatādi Jvara

BRĤAT VIṢAMAJVARĀNTAKA LAUHA 17 : 3

Smṛti

SMṚTISĀGARA RASA 16 : 64

Snāyurujā

PAÑCĀMṚTA LAUHA GUGGULU 5 : 1

Somaroga

KĀMADUDHĀ RASA (MAUKTIKA YUKTA) 16 : 9

BRĤAT VAṄGEŚVARA RASA 16 : 42

HEMANĀTHA RASA	16 : 67
Sphoṭa	
VARĀṬIKĀ BHASMA	14 : 5
Srotorodha	
AṢṬĀṄGALAVANA CŪRṆA	7 : 3
Stanya Duṣṭi	
STANYAŚODHANA KAṢĀYA CŪRṆA	4 : 25
Stanya Kṣaya	
STANYAJANANA KAṢĀYA CŪRṆA	4 : 24
Sthaulya	
TĀRĀMAṆḌŪRA GUḌA	15 : 1
Stimita	
KUBJAPRASĀRAṆĪ TAILA	8 : 3
Svara Kṣaya	
VYĀGHRĪ HARĪTAKĪ	3 : 6
Svarabheda	
KALYĀṆĀVALEHA	3 : 4
Svedādhikya	
YĀKUTĪ	16 : 52
Sveda	

GUDŪCYĀDI TAILA 8 : 5

Tr̥ṣṇā

GUDŪCYĀDI GAṆA KVĀTHA CŪRṆA 4 : 6

DRĀKṢĀDI GUṬIKĀ 10 : 6

ŚATAMŪLYĀDI LAUHA 17 : 8

Timira

BR̥HAT AŚVAGANDHĀ GHR̥TA 6 : 2

Timira Roga

NĀGĀRJUNĀÑJANA 11 : 2

Tridoṣakṣaya

AŚVAGANDHĀDI CŪRṆA 7 : 2

Trika Śūla

YAVĀNYARKA 2 : 2

RĀSNĀSAPTAKA KVĀTHA CŪRṆA 4 : 20

MAHĀLĀKṢĀDI TAILA 8 : 12

Tvagdoṣa

VYĀGHRĪ TAILA 8 : 16

Udāvarta

ĀRDRĀKA KHAṆḌA AVALEHA 3 : 2

AGNIMUKHA CŪRṆA 7 : 1

SŪTAŚEKHARA RASA 16 : 63

Udaraśūla

PŪDĪNĀRKA 2 : 1  
ŚRĪŅĠĠĀRĀBHRA RASA 16 : 60

Udararoga

DRĀKṢĀSAVA 1 : 1  
ŚRI BĀHUŚĀLA GUḌA 3 : 7  
AGNIMUKHA CŪRṆA 7 : 1  
NĀRĀCA CŪRṆA 7 : 8  
ABHAYĀ VAṬĪ 10 : 1  
NĀRĀCA RASA 16 : 26  
NṚPATIVALLABHA RASA 16 : 30  
PAÑCĀNANA RASA 16 : 31  
PĪYŪṢAVALLĪ RASA 16 : 32  
PRAVĀLA PAÑCAMṚTA RASA 16 : 37  
BṚHACCHṚĠĠĀRĀBHRA RASA 16 : 44  
YAKṚTPLĪHĀRI LAUHA 17 : 5

Udarda

ĀRDRĀKA KHAṆḌA AVALEHA 3 : 2

Unmāda

BṚHACCHĀGALĀDYA GHRṬA 6 : 3  
SĀRASVATA CŪRṆA 7 : 19  
VĀYUCCHĀYA SURENDRA TAILA 8 : 14  
UNMĀDAGAJAKEŚARĪ RASA 16 : 4

Upadaṃśa

PĀRADĀDI LEPA 9 : 3

Uraḥkṣata



GRAHAṆĪ KAPĀṬA RASA 16 : 17  
HEMANĀTHA RASA 16 : 67

Urograha

ERAṆḌA PĀKA 3 : 3

Used as Vājīkara and Rasāyana

PUṢPADHANVĀ RASA 16 : 33

BRĤAT CANDRODAYA MAKARADHVAJA (PŪRṆA CANDRODAYA  
RASA) 16 : 40

Vājīkaraṇārtha

MANMATHĀBHRA RASA 16 : 46

Vājīkaraṇa

PŪRṆACANDRA RASA 16 : 34

Vāta Gulma

ĀRDRĀKA KHAṆḌA AVALEHA 3 : 2

Vāta Jvara

HIṄGULEŚVARA RASA 16 : 68

Vāta Kapha Jvara

AṢṬĀṄGĀVALEHA 3 : 1

Vāta Vyādhi

BRĤAT AŚVAGANDHĀ GHRṬA 6 : 2

Vātaśleṣmātīśāra

BĀLĀRKA RASA 16 : 38

Vātaśleṣmaja Vṛṣṇaśoṭha

TRIPHALĀ KVĀTHA CŪRṆA (ŚOṬHAROGA) 4 : 9

Vātaja Grahaṇī

VAJRAKAPĀṬA RASA 16 : 55

Vātapittakapha Vraṇa

SPHAṬIKĀ BHASMA 14 : 3

Vātarakta

PUNARNAVĀ GUGGULU 5 : 2

GUḌŪCYĀDI TAILA 8 : 5

BṚHANMARICĀDYA TAILA 8 : 9

VIṢṆU TAILA 8 : 15

MĀṆIKYA RASA 16 : 50

GUḌŪCĪ LAUHA 17 : 1

Vātaroga

ARKĀDI KVĀTHA CŪRṆA 4 : 2

PAÑCĀMṚTA LAUHA GUGGULU 5 : 1

BṚHACCHĀGALĀDYA GHRṬA 6 : 3

AŚVAGANDHĀ TAILA 8 : 2

KUBJAPRASĀRAṆĪ TAILA 8 : 3

MADHYAMA NĀRĀYAṆA TAILA 8 : 10

AKĪKA PIṢṬI 13 : 1

AKĪKA BHASMA 14 : 1

KĀÑCANĀBHRA RASA 16 : 7

BRĀHMĪ VAṬĪ 16 : 45

MĀṆIKYA RASA 16 : 50

Vātavikāra

VĀYUCCHĀYA SURENDRA TAILA 8 : 14

MAHĀ VĀTA VIDHVAMSA RASA 16 : 49

Vāyuśūla

KATPHALĀDI CŪRṆA 7 : 4

Vīryakṣaya

GANDHAKA RASĀYANA 7 : 5

Vṛddhi

VṚDDHIHARA LEPA 9 : 4

Vṛddhiroga

PUNARNAVĀ GUGGULU 5 : 2

Vṛkkaśūla

AŚMARĪHARA KAṢĀYA CŪRṆA 4 : 3

Vṛkkaroga

SARVATOBHADRĀ VAṬĪ 10 : 12

Valī Palita

BṚHAT AŚVAGANDHĀ GHRṬA 6 : 2

Vandhyatva

PŪGA KHAṆḌA (APARAḤ) 3 : 5

BṚHAT AŚVAGANDHĀ GHRṬA 6 : 2

Varna Vikāra

GUDŪCYĀDI TAILA 8 : 5

Vataśleşmaja Roga

KUBJAPRASĀRAṆĪ TAILA 8 : 3

Vişucikā

JAHARAMOHARĀ PIṢṬI 13 : 2

NRPATIVALLABHA RASA 16 : 30

SVACCHANDABHAIRAVA RASA 16 : 65

Vişa

VASANTATILAKA RASA 16 : 56

YOGARĀJA 17 : 6

Vişa Vikāra

GANDHAKA RASĀYANA 7 : 5

Vişamajvara

BRĤAT AŚVAGANDHĀ GHṚTA 6 : 2

MAHĀLĀKṢĀDI TAILA 8 : 12

SAMŚAMANĪ VAṬĪ (GUDŪCĪ GHANA VAṬĪ) 10 : 13

JVARĀṆKUŚA RASĀ (KA) 16 : 21

NĀGĀRJUNĀBHRA RASA 16 : 27

SVACCHANDABHAIRAVA RASA 16 : 65

HIRAṆYAGARBHAPOTṬALĪ RASA 16 : 69

YOGARĀJA 17 : 6

Vişarpa

NIMBĀDI KVĀTHA CŪRṆĀ 4 : 14

Vibandha

BR̥HACCHĀGALĀDYA GHR̥TA 6 : 3

GARBHAPĀLA RASA 16 : 14

NĀRĀCA RASA 16 : 26

PĪYŪṢAVALLĪ RASA 16 : 32

Vicarcikā

BR̥HANMARICĀDYA TAILA 8 : 9

Virecanārtha

SUKHAVIRECANA VAṬĪ 10 : 14

Visarpa

SPHAṬIKĀ BHASMA 14 : 3

Visphoṭa

BR̥HANMARICĀDYA TAILA 8 : 9

Vraṇa

BR̥HANMARICĀDYA TAILA 8 : 9

PĀRADĀDI LEPA 9 : 3

ŚVETA MALAHAMA 9 : 5

Vraṇopacāra

PAÑCA GUṆA TAILA 8 : 7

Yakṛtplīhāroga

HIRAṆYAGARBHAPOTṬALĪ RASA 16 : 69

YAKṚTPLĪHĀRI LAUHA 17 : 5

Yakṛtplīhodara

TĀMRA PARPAṬĪ 12 : 1

Yakṣmā

YOGARĀJA 17 : 6

Yoni Vikāra

AŚVAGANDHĀ TAILA 8 : 2

Yoniśūla

CANDRĀṢŪ RASA 16 : 18

Yonibhraṃśa

MŪṢIKĀDYA TAILA 8 : 13

Yonisaṅkocaka

SPHAṬIKĀ BHASMA 14 : 3